

## SUMMARY OF PRODUCT CHARACTERISTICS

### 1 NAME OF THE MEDICINAL PRODUCT

Vamin 14 Electrolyte-Free solution for infusion

### 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

A 1000ml solution for infusion contains:

Alanine	12.0 g
Arginine	8.4 g
Aspartic Acid	2.5 g
L-Cysteine/Cystine	420 mg
Glutamic Acid	4.2 g
Glycine	5.9 g
L-Histidine	5.1 g
Isoleucine	4.2 g
Leucine	5.9 g
Lysine	6.8 g
L-Methionine	4.2 g
Phenylalanine	5.9 g
Proline	5.1 g
Serine	3.4 g
L-Threonine	4.2 g
L-Tryptophan	1.4 g
L-Tyrosine	170 mg
Valine	5.5 g

For the full list of excipients, see section 6.1

### 3. PHARMACEUTICAL FORM

Solution for infusion

A clear and colourless to slightly yellow solution.

### 4 CLINICAL PARTICULARS

#### 4.1 Therapeutic indications

For the prophylactic or therapeutic treatment of protein depletion, where sufficient enteral feeding is impossible or impracticable.

#### 4.2 Posology and method of administration

Posology

## **Adults**

Depending upon patient requirements up to one litre intravenously per 24 hours.

Vamin 14 Electrolyte-Free is administered by slow intravenous infusion at approximately 40 drops per minute or slower corresponding to an infusion time of at least eight hours per litre.

## Paediatric population

### **Infants**

Can be administered at the physician's discretion. An amino acid solution containing larger amounts of cysteine/cystine and tyrosine may be more appropriate in infants.

### **Elderly**

Age per se requires no adjustment of the adult dosage.

However, caution should be exercised in the "frail" elderly, and indeed in all patients with poor renal, cardiac or liver function, where smaller volumes should be used depending on the individual patient's requirements and condition.

## Method of administration

For intravenous use only.

When used in children below 2 years, the solution (in bags and administration sets) should be protected from light exposure until administration is completed (see section 4.4, 6.3 and 6.6).

## **4.3 Contraindications**

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1 Vamin14 Electrolyte-Free is contraindicated in patients with irreversible liver damage and in severe uraemia when dialysis facilities are not available.

## **4.4 Special warnings and precautions for use**

- Care must be exercised in the administration of large volume infusion fluids to patients with cardiac insufficiency.
- Amino acid infusions must also be administered with caution to patients with disturbances in protein metabolism.
- Hyperkalaemia, hypernatraemia and acidosis should be corrected prior to commencement of intravenous nutrition; serum electrolytes, blood glucose levels, acid-base balance, and fluid levels should be regularly monitored.
- Light exposure of solutions for intravenous parenteral nutrition, especially after admixture with trace elements and/or vitamins, may lead to generation of peroxides and other degradation products. When used in children below 2 years, Vamin 14 Electrolyte-Free should be protected from ambient light until administration is completed (see section 4.2, 6.3 and 6.6).

## **4.5 Interaction with other medicinal products and other forms of interaction**

Amino acid solutions may precipitate acute folate deficiency and folic acid should be given daily.

#### **4.6 Fertility, pregnancy and lactation**

Animal reproduction studies have not been carried out with Vamin 14 Electrolyte-Free. However, there are published reports on the successful and safe infusion of amino acid solutions during pregnancy in the human.

#### **4.7 Effects on ability to drive and use machines**

Not relevant.

#### **4.8 Undesirable effects**

Vomiting, flushing and sweating may occur, rarely, particularly if the recommended rate of infusion is exceeded. Abnormal liver function tests have been observed during intravenous infusion, but these return to normal when artificial feeding is stopped.

Cholestasis has been reported in some patients receiving intravenous nutrition.

Thrombophlebitis may occur when peripheral veins are used but the incidence is reduced by the simultaneous infusion of fat emulsion.

#### Reporting of suspected adverse reactions

Reporting of suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the Yellow Card scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard).

#### **4.9 Overdose**

(In general, significant overdosage with Vamin 14 Electrolyte free does not occur). Excessive infusion rates may result in nausea, vomiting, flushing and sweating.

The effects of overdosage are likely to be due to the volume infused and the hypertonicity of the solution, i.e. circulating overload. The amount required to produce this effect will vary depending on the patients' condition, cardiac and renal status.

There are no specific antidotes for overdosage.

In case of suspicion of overdosage the infusion should immediately be stopped.

Emergency procedure should be general supportive measures: respiratory and cardiovascular. Close biochemical monitoring would be essential and specific abnormalities treated appropriately, perhaps by the careful infusion of hypotonic solutions and concomitant diuretic therapy, and administration of sodium bicarbonate for metabolic acidosis.

## **5 PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

Vamin 14 Electrolyte free is formulated to supply amino acids in the physiological L-form for intravenous nutrition.

### **5.2 Pharmacokinetic properties**

Vamin 14 Electrolyte free is an amino acid solution without interest for pharmacokinetic studies.

### **5.3 Preclinical safety data**

No data available.

## **6 PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

Acetic Acid Glacial Ph. Eur.

Water for Injections Ph. Eur.

### **6.2 Incompatibilities**

Additives may only be added to Vamin 14 Electrolyte free where compatibility is known.

### **6.3 Shelf life**

24 months.

When used in children below 2 years, the solution (in bags and administration sets) should be protected from light exposure until administration is completed (see section 4.2, 4.4 and 6.6).

### **6.4 Special precautions for storage**

Store below 25°C.

### **6.5 Nature and contents of container**

Light weight glass bottle (Ph.Eur. Type II) with butyl rubber stopper, 31mm (FM 157) containing 500 or 1000 ml of solution.

Not all pack sizes may be marketed.

## **6.6 Special precautions for disposal**

Any unused medicinal product or waste material should be disposed of in accordance with local requirements.

When used in children below 2 years, protect from light exposure, until administration is completed. Exposure of Vamin 14 Electrolyte-Free to ambient light, especially after admixture with trace elements and/ or vitamins, generates peroxides and other degradation products that can be reduced by protection from light exposure (see section 4.2, 4.4 and 6.3).

## **7 MARKETING AUTHORISATION HOLDER**

Fresenius Kabi Limited

Cestrian Court

Eastgate Way

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WA7 1NT

## **8 MARKETING AUTHORISATION NUMBER(S)**

PL 08828/0119

## **9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

10/03/2009

## **10 DATE OF REVISION OF THE TEXT**

27/04/2026