



PACKAGE LEAFLET INFORMATION FOR THE USER

Pyridoxine hydrochloride 50mg Tablets

Pyridoxine hydrochloride

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

The full name of your medicine is pyridoxine hydrochloride 50mg tablets. It is referred to as pyridoxine tablets in the rest of this leaflet.

What is in this leaflet:

1. What Pyridoxine Tablets are and what they are used for
2. What you need to know before you take Pyridoxine Tablets
3. How to take Pyridoxine Tablets
4. Possible side effects
5. How to store Pyridoxine Tablets
6. Contents of the pack and other information

1. WHAT PYRIDOXINE TABLETS ARE AND WHAT THEY ARE USED FOR

The active ingredient in Pyridoxine Tablets is pyridoxine hydrochloride, which is Vitamin B6.

It is used to treat low levels of Vitamin B6 in the body and in the treatment of a condition called idiopathic sideroblastic anaemia where the red cells in the blood do not form properly.

Pyridoxine can also be used to treat damage to the nerves (peripheral neuritis) caused by isoniazid, a drug used to treat tuberculosis.

2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE PYRIDOXINE TABLETS

Do not take Pyridoxine Tablets if:

- you are allergic to pyridoxine hydrochloride or any of the other ingredients of this medicine (listed in section 6)

Warnings and Precautions

Talk to your doctor before taking Pyridoxine Tablets if:

- the patient is a child. **Pyridoxine Tablets are not recommended for children.**

Other Medicines and Pyridoxine Tablets

Tell your doctor or pharmacist if you are taking, have recently taken, or might take any other medicines.

In particular tell your doctor or pharmacist if you are taking any of the following medicines, as they may affect how this medicine works:

- levodopa, a drug used in the treatment of Parkinson's disease
- isoniazid, used to treat tuberculosis
- oral contraceptives
- penicillamine, used to treat arthritis and other conditions.

If you have any doubts about whether you should take this medicine then discuss matters with your doctor before taking it.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Driving and operating machines

Pyridoxine Tablets have no known influence on the ability to drive and use machines.

3. HOW TO TAKE PYRIDOXINE TABLETS

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Unless instructed differently, take your tablets with a glass of water.

The recommended dose is:

For the treatment of low levels of Vitamin B6 in the body

The usual dose in adults is 50 to 150mg daily in divided doses.

For the treatment of idiopathic sideroblastic anaemia

The usual adult dose is 100 to 400mg daily in divided doses.

For the treatment of nerve damage (peripheral neuritis) caused by isoniazid

The usual adult dose is 50mg three times a day.

Elderly

If you are elderly you will require similar doses to those given above.

Children

Pyridoxine Tablets are not recommended for use in children.

If you take more Pyridoxine Tablets than you should

If you accidentally take too many tablets contact your doctor or pharmacist or nearest hospital casualty department. Take this leaflet and any remaining tablets with you to show the doctor or pharmacist.

If you forget to take Pyridoxine Tablets

If you forget to take a dose, take another as soon as you remember. If it is almost time for your next dose, then do not take the missed dose at all.

Product: Pyridoxine Hydrochloride Tablets Joint PIL

Dimensions: 140 x 460mm

Item Code: UNIXP072KPA **Proof:** 3

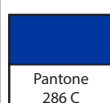
Date: 20/06/2023

Revision: Addition of Pyridoxine to UK Portfolio

ARTWORK FOR SUBMISSION

Supersedes: N/A

Colours



Text Area

Do not take a double dose to make up for a forgotten tablet.

If you stop taking Pyridoxine Tablets

You should continue to take Pyridoxine Tablets for as long as your doctor tells you to. Do not stop taking the medicine without talking to your doctor first.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If you take large doses of Pyridoxine Tablets for a long time you may develop problems with your nerves (peripheral neuritis). One of the symptoms of peripheral neuritis can be pins and needles.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

5. HOW TO STORE PYRIDOXINE TABLETS

Keep this medicine out of the sight and reach of children.

Do not take this medicine after the expiry date which is stated on the label. The expiry date refers to the last day of that month.

Pyridoxine Tablets should not be taken if they show signs of deterioration.

This medicinal product does not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Pyridoxine Tablets contain

The active substance in pyridoxine tablets is pyridoxine hydrochloride. Each tablet contains 50 milligrams of pyridoxine hydrochloride.

The other ingredients are calcium hydrogen phosphate, cellulose microcrystalline, maize starch, sodium lauryl sulfate and magnesium stearate.

What Pyridoxine Tablets look like and contents of the pack

Pyridoxine Tablets are white to off white, round biconvex tablets debossed with "17" on one side and plain on the other side.

Pyridoxine Tablets are available in Opaque white PVC/PVDC – Aluminum blister pack, in packs of 28 tablets.

Marketing Authorisation Holder:

Kent Pharma UK Limited, 2nd Floor, Connect 38, 1 Dover Place, Ashford, Kent, England, TN23 1FB.

Manufacturer:

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This leaflet was last revised in June 2023