Zopiclone Tablets 5mg Tablets

For more information about possible side effects, which could affect your driving, see section 4 of this leaflet.

Zopiclone contains Lactose. This medicine contains lactose. If you have been told by your doctor or pharmacist that you have an intolerance to某些食品, contact your doctor before taking this medicine.

3. HOW TO TAKE ZOPICLONE TABLETS

Always take the medicine exactly as your doctor has told you. Check with your doctor or pharmacist before you take more. Do not take more than the recommended dose.

Zopiclone Tablets should be swallowed whole without chewing, crushing or swallowing a small glass of water before you go to bed. Take the recommended dose is:

The usual adult dose is 3.75mg (½ a tablet).

Patients with liver or kidney problems

The usual starting dose is 3.75mg (½ a tablet).

Use with Respiratory Insufficiency

A reduced dosage is recommended

In children and adolescents

Zopiclone Tablets are NOT recommended for children.

Your treatment will usually be for less than 4 weeks, and the doctor may reduce your dose step by step until you are off it. Zopiclone longer than this, the medicine may not work as well, you may become dependent and you may have withdrawal symptoms when you stop taking it. If you have the impression that the effect of Zopiclone is going down or you have any trouble, talk to your doctor or pharmacist.

Sedation

Zopiclone can change the levels of other medicines you are taking. This may mean that you are not working properly. If you are in doubt about this, it is important to tell your doctor that you are taking Zopiclone.

If you take more of this medicine than you should

If you take more than Zopiclone Tablets than you should, or if a child swallow any tablets, go to your nearest accident and emergency immediately. Take the medicine pack with you and show it to the doctor or pharmacist. Unwanted medicine should not be disposed of in household waste. Follow the instructions on the disposal of any medicines that are out of date or no longer needed.

If you forget to take your medicine

Zopiclone Tablets must only be taken before going to bed. If you forget to take the next tablet at the usual time, DO NOT take two at the same time.

If you stop taking this medicine

Remember your doctor’s advice about stopping your treatment to help prevent any withdrawal effects and discomfort. If you feel that you have to stop your treatment, contact your doctor before doing so.

Withdrawal symptoms

Some patients experience withdrawal symptoms when they stop taking this medicine. If you do not feel well immediately after you get any of the following symptoms:

• Nausea
• Headache
• Dry mouth

If you get any side effects, talk to your doctor or pharmacist. If you think this medicine may be making you feel very bad, or if the side effects get worse, stop treatment.

Zopiclone tablets will not usually cure any underlying condition. They will help you to fall asleep and stay asleep for about 7 to 8 hours. They are not a substitute for medical treatment of any underlying cause for sleep problems such as sleep apnoea.

3. POSSIBLE SIDE EFFECTS

You may experience some or all of the following symptoms when they stop taking this medicine. If you do not feel well immediately after you get any of the following symptoms:

• Nausea (feeling sick)
• Vomiting (being sick)
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Customer: Kent
Originated by: DOB (AWG)
Product: Zopiclone 5mg Tablets
Dimensions: 140mm x 450mm
Item Code: CP.20F7-5TIS.V8P2
Proof No and Date: 2 11/11/2021
Version: Review (RfP-24) 11/2021
ARTWORK FOR REVIEW SUBMISSIONS
Supersedes: CP.20F7-5TIS.V8P2

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