	Read all of this leaflet carefully before you start using this medicine because it contains important information for you. This medicine is available without prescription. However, you still need to use Vicks VapoRub carefully to get the best results from it. Keep this leaflet. You may need to read it again. Ask your pharmacist if you need more information or advice. If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4. You must contact a doctor if your symptoms worsen or do not improve. What is in this leaflet What Vicks VapoRub is and what it is used for What you need to know before you use Vicks VapoRub How to use Vicks VapoRub Possible side effects How to store Vicks VapoRub Contents of the pack and other information
300	1. What Vicks VapoRub is and what it is used for Vicks VapoRub is an ointment which is used to relieve nasal catarrh (inflammation of mucous membranes in the nose and throat), congestion (a blocked nose), sore throat and coughs due to colds. Vicks VapoRub contains four active ingredients: Camphor, Turpentine oil, Levomenthol and Eucalyptus oil. • Levomenthol and camphor calm a cough. • Eucalyptus oil and Levomenthol relieve nasal congestion (blocked nose). • Eucalyptus oil relieves catarrh. 2. What you need to know before you use Vicks VapoRub Do not use Vicks VapoRub: • if you are allergic to any of the actives or other ingredients of this medicine (see section 6), • on children under 2 years, • as an inhalation for children under 12 years, • on broken skin, wounds, or mucous membranes. • Do not swallow or apply directly onto the nostrils, eyes, mouth, or face. Vicks Vaporub is for external use only. Warnings and precautions • Talk to your doctor or pharmacist before taking this medicine if you have a history of airway disease or asthma. • Do not bandage tightly. Do not use with heat wrap. • Do not use boiling water to prepare inhalations. • Do not smoke or go near naked flames - risk of severe burns. Fabric (clothing, bedding, dressings, etc.) that has been in contact with this product burns more easily and is a serious fire hazard. Washing clothing and bedding may reduce product build-up but not totally remove it. Other medicines and Vicks VapoRub This product can be used with other medicines. No interactions known. Pregnancy and breast-feeding If you are pregnant or breast-feeding preastfeeding as there is a very low chance that the baby's
	ask your doctor or pharmacist for advice before using this medicine. Vicks VapoRub should not be

Do not try to induce vomiting. If symptoms persist or in case of fever, consult your doctor or pharmacist.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist. 4. Possible side effects Like all medicines, Vicks VapoRub can cause side effects, although not everybody gets them. Redness or irritation of the skin, irritation of the eyes (by inhalation) or allergic reactions can occur. These are usually mild and occur rarely. Burns at application site may occur, but the frequency is not known. Reporting of side effects If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard, or search for MHRA Yellow card in Google Play or Apple App store. By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Vicks VapoRub Keep this medicine out of the sight and reach of children.

Do not store above 25°C. Do not use Vicks VapoRub after the expiry date which is printed on the label and carton after EXP. The expiry date refers to the last day of the month stated. Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment. 6. Contents of the pack and other information What Vicks VapoRub contains: Active ingredients: levomenthol, camphor, eucalyptus oil and turpentine oil.

Other ingredients: thymol, cedarwood oil and white soft paraffin. What Vicks VapoRub looks like and contents of the pack <u>Jar</u>: 50g or 100g opaque, blue polypropylene jar, closed with a green polypropylene thread screw cap placed into a carton. Easy applicator: 35g blue polypropylene and High Density Polyethylene applicator placed into a carton.

Marketing Authorisation Holder: Procter & Gamble (Health & Beauty Care) Limited, The Heights, Brooklands, Weybridge, Surrey, KT13 0XP, United Kingdom

Manufacturer: Procter & Gamble Manufacturing GmbH, Procter & Gamble Strasse 1, 64521 Gross-Gerau, Germany.

This leaflet was last revised in February 2024 For information in larger print or alternative formats, please contact: 0800 169 4907 SAW000670 00000000

