



PATIENT INFORMATION LEAFLET
GAVISCON ORIGINAL ANISEED RELIEF

Sodium alginate
Sodium bicarbonate
Calcium carbonate

Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.

What is Gaviscon Original Aniseed Relief and what is it used for?
Gaviscon Original Aniseed Relief belongs to a group of medicines called "reflux suppressants", which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works in the food pipe causing pain and discomfort. Gaviscon Original Aniseed Relief is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur for example following meals or during pregnancy.

page 1

Before using Gaviscon Original Aniseed Relief
Do not take this product if:

- You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list of ingredients).

Take special care before treatment with Gaviscon Original Aniseed Relief :
This medicine contains 142.6 mg sodium (main component of cooking/table salt) in each 10 ml. This is equivalent to 7.1% of the recommended maximum daily dietary intake of sodium for an adult. If you have been advised to follow a low sodium (salt) diet ask your doctor before taking this product. The maximum recommended daily dose of this medicinal product contains 1140.8 mg sodium (found in table salt). This is equivalent to 57% of the adult recommended maximum daily dietary intake for sodium. Talk to your doctor or pharmacist if you need this product on a daily basis for a prolonged period, especially if you have been advised to follow a low salt (sodium) diet.
This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed).

page 2

This medicine contains 1.1 mg benzyl alcohol in each 10 ml. Benzyl alcohol may cause allergic reactions.
Ask your doctor or pharmacist for advice if you are pregnant or breast-feeding. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called "metabolic acidosis").
Ask your doctor or pharmacist for advice if you have a liver or kidney disease. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called "metabolic acidosis").
You can take this product if you are pregnant or breast feeding.

Taking Other Medicines
Do **not** take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals such as ketoconazole, digoxin and beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for inflammatory and autoimmune disorders), neuroleptics

Turn the leaflet for further information.

page 3

(for mental illness), thyroid hormones, chloroquine (for malaria), estramustine (for prostate cancer) and bisphosphonates (for osteoporosis).

How to take Gaviscon Original Aniseed Relief
Check that the cap seal is unbroken before first using this product. For oral use. Shake well before use.
Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime, up to four times a day.
Children under 12 years: Should be given only on medical advice.
If you take too much of this product you may feel bloated and experience some abdominal discomfort.
It is unlikely to cause you any harm, but please consult your doctor or pharmacist.
If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Original Aniseed Relief:
If symptoms persist after 7 days consult your doctor.

Possible side effects
Very rarely (less than 1 in 10,000 patients treated) an allergic reaction to the

page 4

ingredients may occur. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side-effects stop taking the product and consult your doctor or pharmacist.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: "http://www.mhra.gov.uk/yellowcard" or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

How to store Gaviscon Original Aniseed Relief
Keep all medicines out of the reach and sight of children.
Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C. Do not refrigerate or freeze.

Further information
Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients. The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoate,

page 5

benzyl alcohol, saccharin sodium, fennel flavour, erythrosine, sodium hydroxide and water. This product does not contain sugar or gluten.
Gaviscon Original Aniseed Relief is available in bottles of 100, 150, 200, 250, 300, 500, and 600ml. Not all pack sizes may be marketed.

Product License Holder and Manufacturer:
Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS.
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page 6

English TBR2642-D8346142

gaviscon original
aniseed
relief

Module 1.3.2



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Possible side effects
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page 6

English TBR2642-D8346142

gaviskon original
aniseed
relief

Module 1.3.2

FOP



FACE PAGE

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PAGE ONE

antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals such as ketoconazole, digoxin and beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for inflammatory and autoimmune disorders), neuroleptics (for mental illness), thyroid hormones, chloroquine (for malaria), estramustine (for prostate cancer) and bisphosphonates (for osteoporosis).

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Ask your doctor or pharmacist for advice if you have a liver or kidney disease. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called "metabolic acidosis").
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Taking Other Medicines
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PAGE TWO

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Further information
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PAGE FOUR

English TBR3079-D8346681

gavison original
aniseed
relief

File 1.3.2

FOP



FACE PAGE

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If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviskon Original Aniseed Relief:
If symptoms persist after 7 days consult your doctor.

Possible side effects
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- Ask your doctor or pharmacist for advice if you have a liver or kidney disease. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called "metabolic acidosis").
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How to store Gaviskon Original Aniseed Relief
Keep all medicines out of the reach and sight of children.
Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C. Do not refrigerate or freeze.

Further information
Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients. The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoate, benzyl alcohol, saccharin sodium, fennel flavour, erythrosine, sodium hydroxide and water. This product does not contain sugar or gluten.
Gaviskon Original Aniseed Relief is available in bottles of 100, 150, 200, 250, 300, 500, and 600ml. Not all pack sizes may be marketed.

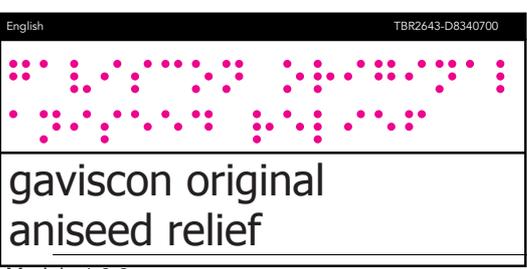
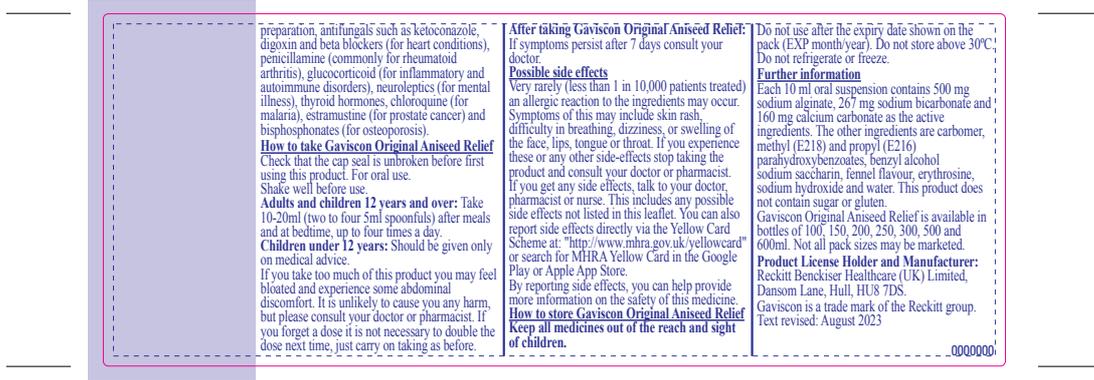
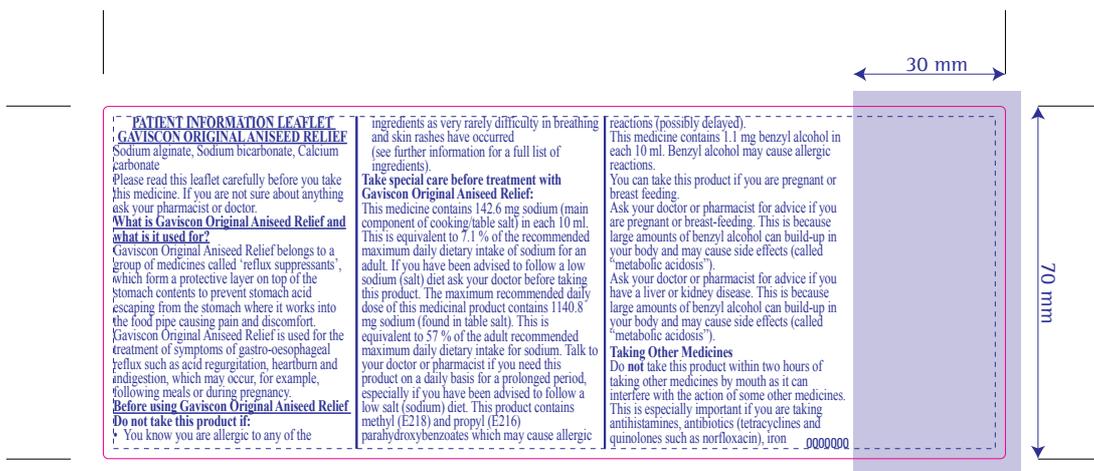
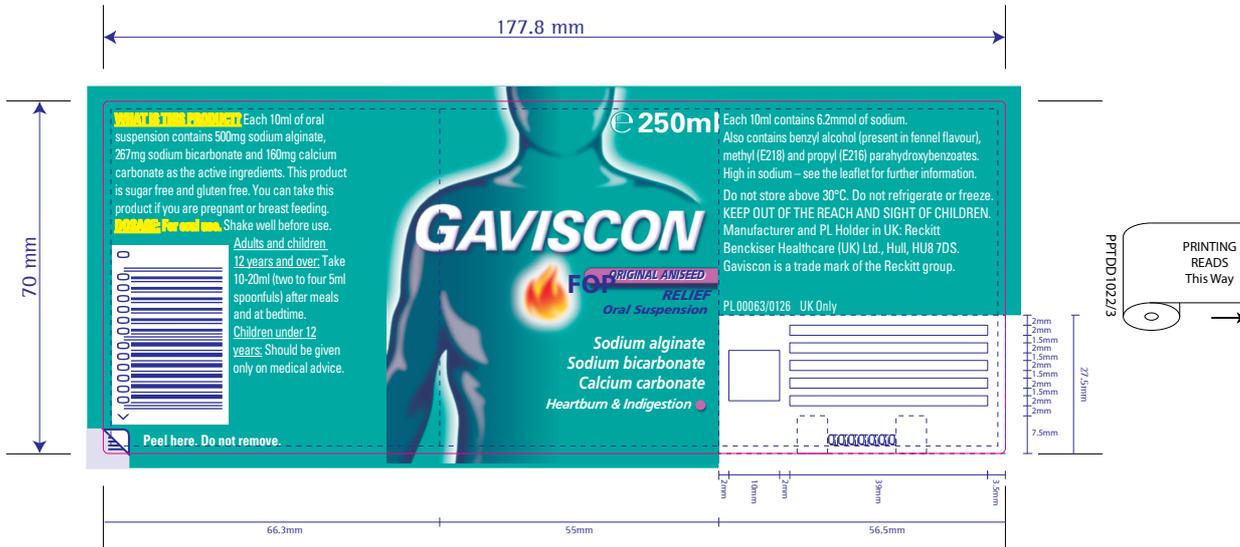
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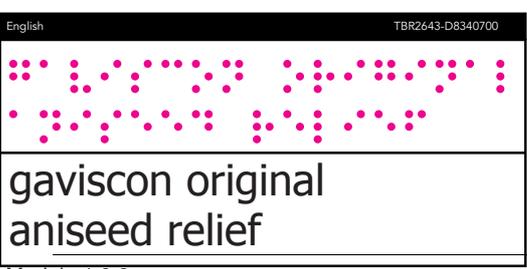
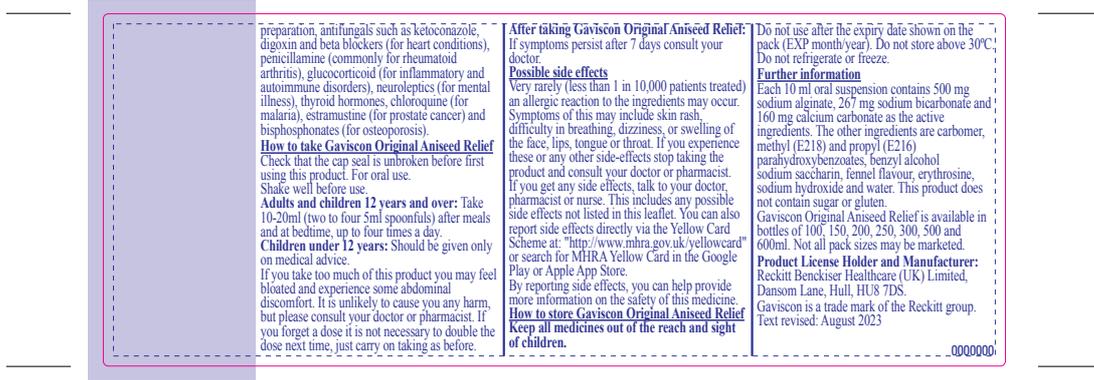
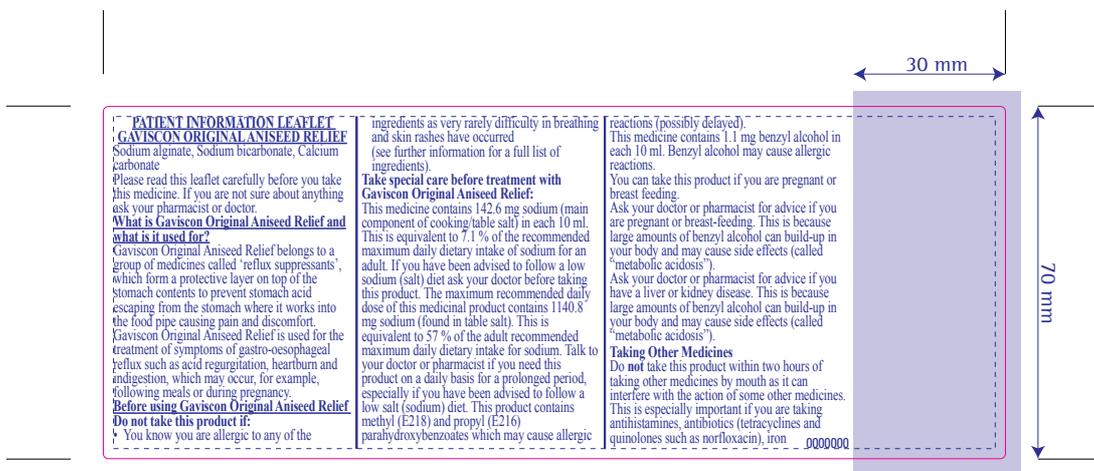
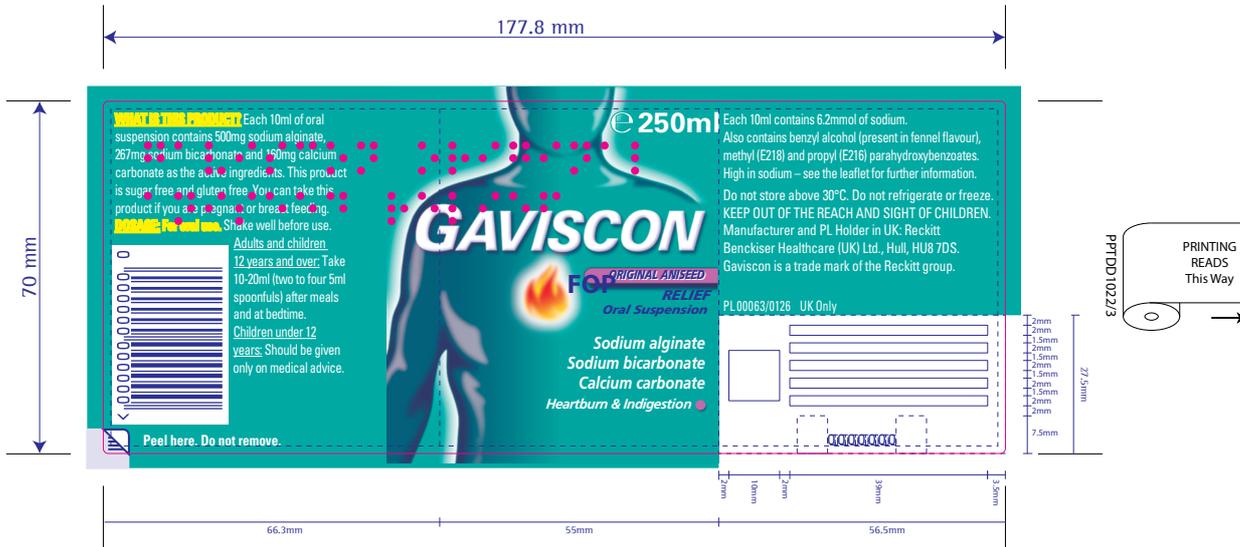
PAGE FOUR

English TBR3079-D8346681

gaviskon original
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File 1.3.2

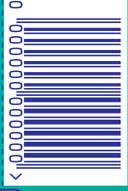




WHAT IS THIS PRODUCT? Each 10ml of oral suspension contains 500mg sodium alginate, 267mg sodium bicarbonate and 160mg calcium carbonate as the active ingredients. This product is sugar free and gluten free. You can take this product if you are pregnant or breast feeding. **WARNING: For oral use.** Shake well before use.

Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime.

Children under 12 years: Should be given only on medical advice.



Peel here. Do not remove.



FOR ORIGINAL ANISEED RELIEF
Oral Suspension

**Sodium alginate
Sodium bicarbonate
Calcium carbonate**

Heartburn & Indigestion

Each 10ml contains 62mmol of sodium. Also contains benzyl alcohol (present in fennel flavour), methyl (E218) and propyl (E216) parahydroxybenzoates. High in sodium – see the leaflet for further information.

Do not store above 30°C. Do not refrigerate or freeze. **KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.**
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PL 00063/0126 UK Only

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How to take Gaviscon Original Aniseed Relief

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Shake well before use.

Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime, up to four times a day.

Children under 12 years: Should be given only on medical advice.

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After taking Gaviscon Original Aniseed Relief:

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Possible side effects

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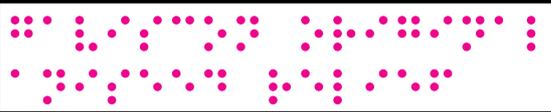
Gaviscon Original Aniseed Relief is available in bottles of 100, 150, 200, 250, 300, 500, and 600ml. Not all pack sizes may be marketed.

Product License Holder and Manufacturer: Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS.

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English TBR2643-D8340700



gaviscon original
Module 1.3.2
aniseed relief

WHAT IS THIS PRODUCT? Each 10ml of oral suspension contains 500mg sodium alginate, 267mg sodium bicarbonate and 160mg calcium carbonate as the active ingredients. This product is sugar free and gluten free. You can take this product if you are pregnant, or breastfeeding. **HOW TO USE:** For oral use. Shake well before use.

Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime.

Children under 12 years: Should be given only on medical advice.

300ml

GAVISCON

FOR ORIGINAL ANISEED RELIEF

Oral Suspension

Sodium alginate
Sodium bicarbonate
Calcium carbonate

Heartburn & Indigestion

Each 10ml contains 62mmol of sodium. Also contains benzyl alcohol (present in fennel flavour), methyl (E218) and propyl (E216) parahydroxybenzoates. High in sodium – see the leaflet for further information.

Do not store above 30°C. Do not refrigerate or freeze. **KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.** PL Holder: Reckitt Benckiser Healthcare (UK) Ltd., Hull, HU8 7DS.

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Peel here. Do not remove.

PATIENT INFORMATION LEAFLET
GAVISCON ORIGINAL ANISEED RELIEF

Sodium alginate, Sodium bicarbonate, Calcium carbonate.

Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.

What is Gaviscon Original Aniseed Relief and what is it used for?

Gaviscon Original Aniseed Relief belongs to a group of medicines called 'reflux suppressants', which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort. Gaviscon Original Aniseed Relief is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur, for example, following meals or during pregnancy.

Before using Gaviscon Original Aniseed Relief

Do not take this product if:

- You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list of ingredients).

Take special care before treatment with Gaviscon Original Aniseed Relief:

This medicine contains 142.6 mg sodium (main component of cooking/table salt) in each 10 ml. This is equivalent to 7.1% of the recommended maximum daily dietary intake of sodium for an adult. If you have been advised to follow a low sodium (salt) diet ask your doctor before taking this product. The maximum recommended daily dose of this medicinal product contains 1140.8 mg sodium (found in table salt). This is equivalent to 57% of the adult recommended maximum daily dietary intake for sodium. Talk to your doctor or pharmacist if you need this product on a daily basis for a prolonged period, especially if you have been advised to follow a low salt (sodium) diet. This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed). This medicine contains 1.1 mg benzyl alcohol in each 10 ml. Benzyl alcohol may cause allergic reactions. You can take this product if you are pregnant or breast feeding. Ask your doctor or pharmacist for advice if you are pregnant or breast-feeding. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called 'metabolic acidosis'). Ask your doctor or pharmacist for advice if you have a liver or kidney disease. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called 'metabolic acidosis').

Taking Other Medicines

Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron

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preparation, antifungals such as ketoconazole, digoxin and beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for inflammatory and autoimmune disorders), neuroleptics (for mental illness), thyroid hormones, chloroquine (for malaria), estramustine (for prostate cancer) and bisphosphonates (for osteoporosis).

How to take Gaviscon Original Aniseed Relief

Check that the cap seal is unbroken before first using this product. For oral use. Shake well before use.

Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime, up to four times a day.

Children under 12 years: Should be given only on medical advice.

If you take too much of this product you may feel bloated and experience some abdominal discomfort. It is unlikely to cause you any harm, but please consult your doctor or pharmacist. If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Original Aniseed Relief:

If symptoms persist after 7 days consult your doctor.

Possible side effects

Very rarely (less than 1 in 10,000 patients treated) an allergic reaction to the ingredients may occur. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side-effects stop taking the product and consult your doctor or pharmacist. If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: "http://www.mhra.gov.uk/yellowcard" or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

How to store Gaviscon Original Aniseed Relief

Keep all medicines out of the reach and sight of children.

Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C. Do not refrigerate or freeze.

Further information

Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients. The other ingredients are carborner, methyl (E218) and propyl (E216) parahydroxybenzoates, benzyl alcohol, sodium saccharin, fennel flavour, erythrosine, sodium hydroxide and water. This product does not contain sugar or gluten.

Gaviscon Original Aniseed Relief is available in bottles of 100, 150, 200, 250, 300, 500, and 600ml. Not all pack sizes may be marketed.

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English TBR2643-D8340700

gaviscon original
Module 1.3.2
aniseed relief

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Each 10ml of oral suspension contains 500mg sodium alginate, 267mg sodium bicarbonate and 160mg calcium carbonate as the active ingredients. This product is sugar free and gluten free. You can take this product if you are pregnant or breast feeding.

Shake well before use. Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime.

Children under 12 years: Should be given only on medical advice.

Gaviscon is a trade mark of the Reckitt group.

500ml

GAVISCON

ORIGINAL ANISEED RELIEF
Oral Suspension

Sodium alginate
Sodium bicarbonate
Calcium carbonate

Heartburn & Indigestion

Each 10ml contains 6.2mmol of sodium. Also contains benzyl alcohol (present in fennel flavour), methyl (E218) and propyl (E216) parahydroxybenzoates. High in sodium – see the leaflet for further information.

Do not store above 30°C.
Do not refrigerate or freeze.
KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.

Manufacturer and PL Holder in UK: Reckitt Benckiser Healthcare (UK) Ltd., Hull, HU8 7DS.
PL 00063/0126 UK Only

Peel here. Do not remove.

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LEAFLET COPY : 9pt

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PATIENT INFORMATION LEAFLET
GAVISCON ORIGINAL ANISEED RELIEF

Sodium alginate, Sodium bicarbonate, Calcium carbonate

Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.

What is Gaviscon Original Aniseed Relief and what is it used for?

Gaviscon Original Aniseed Relief belongs to a group of medicines called "reflux suppressants", which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort. Gaviscon Original Aniseed Relief is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur, for example, following meals or during pregnancy.

Before using Gaviscon Original Aniseed Relief
Do not take this product if:

- You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list of ingredients).

Take special care before treatment with Gaviscon Original Aniseed Relief:

This medicine contains 142.6 mg sodium (main component of cooking/table salt) in each 10 ml. This is equivalent to 7.1 % of the recommended maximum daily dietary intake of sodium for an adult. If you have been advised to follow a low sodium (salt) diet ask your doctor before taking this product. The maximum recommended daily dose of this medicinal product contains 1140.8 mg sodium (found in table salt). This is equivalent to 57 % of the adult recommended maximum daily dietary intake for sodium. Talk to your doctor or pharmacist if you need this product on a daily basis for a prolonged period, especially if you have been advised to follow a low salt (sodium) diet. This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed). This medicine contains 1.1 mg benzyl alcohol in each 10 ml. Benzyl alcohol may cause allergic reactions. Ask your doctor or pharmacist for advice if you are pregnant or breast-feeding. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called "metabolic acidosis").

Ask your doctor or pharmacist for advice if you have a liver or kidney disease. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called "metabolic acidosis").

You can take this product if you are pregnant or breast feeding.

Taking Other Medicines

Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals

such as ketoconazole, digoxin and beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for inflammatory and autoimmune disorders), neuroleptics (for mental illness), thyroid hormones, chloroquine (for malaria), estramustine (for prostate cancer) and bisphosphonates (for osteoporosis).

How to take Gaviscon Original Aniseed Relief

Check that the cap seal is unbroken before first using this product. For oral use. Shake well before use.

Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime, up to four times a day.

Children under 12 years: Should be given only on medical advice.

If you take too much of this product you may feel bloated and experience some abdominal discomfort. It is unlikely to cause you any harm, but please consult your doctor or pharmacist. If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Original Aniseed Relief:

If symptoms persist after 7 days consult your doctor.

Possible side effects

Very rarely (less than 1 in 10,000 patients treated) an allergic reaction to the ingredients may occur. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side-effects stop taking the product and consult your doctor or pharmacist.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: "http://www.mhra.gov.uk/yellowcard" or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects, you can help provide more information on the safety of this medicine.

How to store Gaviscon Original Aniseed Relief

Keep all medicines out of the reach and sight of children.

Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C. Do not refrigerate or freeze.

Further information

Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients. The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoates, benzyl alcohol, sodium saccharin, fennel flavour, erythrosine, sodium hydroxide and water. This product does not contain sugar or gluten.

Gaviscon Original Aniseed Relief is available in bottles of 100, 150, 200, 250, 300, 500 and 600ml. Not all pack sizes may be marketed.

Product License Holder and Manufacturer:
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Text revised: August 2023



English TBR2644-D8340705

gaviscon original aniseed relief



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LABEL COPY : 9pt

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PATIENT INFORMATION LEAFLET
GAVISCON ORIGINAL ANISEED RELIEF
 Sodium alginate, Sodium bicarbonate, Calcium carbonate

Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.

What is Gaviscon Original Aniseed Relief and what is it used for?
 Gaviscon Original Aniseed Relief belongs to a group of medicines called "reflux suppressants", which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort. Gaviscon Original Aniseed Relief is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur, for example, following meals or during pregnancy.

Before using Gaviscon Original Aniseed Relief
 Do not take this product if:

- You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list of ingredients).
- Take special care before treatment with Gaviscon Original Aniseed Relief:**
 This medicine contains 142.6 mg sodium (main component of cooking/table salt) in each 10 ml. This is equivalent to 7.1 % of the recommended maximum daily dietary intake of sodium for an adult. If you have been advised to follow a low sodium (salt) diet ask your doctor before taking this product. The maximum recommended daily dose of this medicinal product contains 1140.8 mg sodium (found in table salt). This is equivalent to 57 % of the adult recommended maximum daily dietary intake for sodium. Talk to your doctor or pharmacist if you need this product on a daily basis for a prolonged period, especially if you have been advised to follow a low salt (sodium) diet. This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed). This medicine contains 1.1 mg benzyl alcohol in each 10 ml. Benzyl alcohol may cause allergic reactions. Ask your doctor or pharmacist for advice if you are pregnant or breast-feeding. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called "metabolic acidosis"). Ask your doctor or pharmacist for advice if you have a liver or kidney disease. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called "metabolic acidosis"). You can take this product if you are pregnant or breast feeding.
- Taking Other Medicines**
 Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals

such as ketoconazole, digoxin and beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for inflammatory and autoimmune disorders), neuroleptics (for mental illness), thyroid hormones, chloroquine (for malaria), estramustine (for prostate cancer) and bisphosphonates (for osteoporosis).

How to take Gaviscon Original Aniseed Relief
 Check that the cap seal is unbroken before first using this product. For oral use. Shake well before use.

- Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime, up to four times a day.
- Children under 12 years: Should be given only on medical advice.
- If you take too much of this product you may feel bloated and experience some abdominal discomfort. It is unlikely to cause you any harm, but please consult your doctor or pharmacist. If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Original Aniseed Relief:
 If symptoms persist after 7 days consult your doctor.

Possible side effects
 Very rarely (less than 1 in 10,000 patients treated) an allergic reaction to the ingredients may occur. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side-effects stop taking the product and consult your doctor or pharmacist. If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: "http://www.mhra.gov.uk/yellowcard" or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

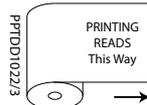
How to store Gaviscon Original Aniseed Relief
 Keep all medicines out of the reach and sight of children.

Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C. Do not refrigerate or freeze.

Further information
 Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients. The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoates, benzyl alcohol, sodium saccharin, fennel flavour, erythrosine, sodium hydroxide and water. This product does not contain sugar or gluten. Gaviscon Original Aniseed Relief is available in bottles of 100, 150, 200, 250, 300, 500 and 600ml. Not all pack sizes may be marketed.

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 Text revised: August 2023



English TBR2644-D8340705

gaviscon original aniseed relief

WHAT IS IT FOR? (E218) Each 10ml of oral suspension contains 500mg sodium alginate, 267mg sodium bicarbonate and 160mg calcium carbonate as the active ingredients. This product is sugar free and gluten free. You can take this product if you are pregnant or breast feeding.

HOW TO USE: For oral use. Shake well before use. **Adults and children 12 years and over:** Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime. **Children under 12 years:** Should be given only on medical advice.

600ml

GAVISCON ORIGINAL ANISEED RELIEF Oral Suspension

**Sodium alginate
Sodium bicarbonate
Calcium carbonate
Heartburn & Indigestion**

Each 10ml contains 6.2mmol of sodium. Also contains benzyl alcohol (present in fennel flavour), methyl (E218) and propyl (E216) parahydroxybenzoates. High in sodium – see the leaflet for further information.

Do not store above 30°C.
Do not refrigerate or freeze.
KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.

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Peel here. Do not remove.

**PATIENT INFORMATION LEAFLET
GAVISCON ORIGINAL ANISEED RELIEF**

Sodium alginate, Sodium bicarbonate, Calcium carbonate.

Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.

What is Gaviscon Original Aniseed Relief and what is it used for?

Gaviscon Original Aniseed Relief belongs to a group of medicines called 'reflux suppressants', which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort. Gaviscon Original Aniseed Relief is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur, for example, following meals or during pregnancy.

Before using Gaviscon Original Aniseed Relief
Do not take this product if:

- You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list of ingredients).
- You have a liver or kidney disease. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called "metabolic acidosis").
- You are taking other medicines which may interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals

Take special care before treatment with Gaviscon Original Aniseed Relief:

This medicine contains 142.6 mg sodium (main component of cooking/table salt) in each 10 ml. This is equivalent to 7.1% of the recommended maximum daily dietary intake of sodium for an adult. If you have been advised to follow a low sodium (salt) diet ask your doctor before taking this product. The maximum recommended daily dose of this medicinal product contains 1140.8 mg sodium (found in table salt). This is equivalent to 57% of the adult recommended maximum daily dietary intake for sodium. Talk to your doctor or pharmacist if you need this product on a daily basis for a prolonged period, especially if you have been advised to follow a low salt (sodium) diet.

This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed). This medicine contains 1.1 mg benzyl alcohol in each 10 ml. Benzyl alcohol may cause allergic reactions. Ask your doctor or pharmacist for advice if you are pregnant or breast-feeding. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called "metabolic acidosis").

Ask your doctor or pharmacist for advice if you have a liver or kidney disease. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called "metabolic acidosis").

You can take this product if you are pregnant or breast feeding.

Taking Other Medicines
Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals

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such as ketoconazole, digoxin and beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for inflammatory and autoimmune disorders), neuroleptics (for mental illness), thyroid hormones, chloroquine (for malaria), estramustine (for prostate cancer) and bisphosphonates (for osteoporosis).

How to take Gaviscon Original Aniseed Relief

Check that the cap seal is unbroken before first using this product. For oral use. Shake well before use.

Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime, up to four times a day.

Children under 12 years: Should be given only on medical advice.

If you take too much of this product you may feel bloated and experience some abdominal discomfort.

It is unlikely to cause you any harm, but please consult your doctor or pharmacist. If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Original Aniseed Relief:
If symptoms persist after 7 days consult your doctor.

Possible side effects
Very rarely (less than 1 in 10,000 patients treated) an allergic reaction to the ingredients may occur. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side-effects stop taking the product and consult your doctor or pharmacist.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: "http://www.mhra.gov.uk/yellowcard" or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects, you can help provide more information on the safety of this medicine.

How to store Gaviscon Original Aniseed Relief
Keep all medicines out of the reach and sight of children.

Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C. Do not refrigerate or freeze.

Further information

Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients. The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoates, benzyl alcohol, sodium saccharin, fennel flavour, erythrosine, sodium hydroxide and water. This product does not contain sugar or gluten.

Gaviscon Original Aniseed Relief is available in bottles of 100, 150, 200, 250, 300, 500, and 600ml. Not all pack sizes may be marketed.

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Text revised: February 2024.

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English TBR2644-D8340705

gaviscon original aniseed relief

WHAT IS IT FOR? (E218) Each 10ml of oral suspension contains 500mg sodium alginate, 267mg sodium bicarbonate and 160mg calcium carbonate as the active ingredients. This product is sugar free and gluten free. You can take this product if you are pregnant or breast feeding.

HOW TO USE: For oral use. Shake well before use. Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime. Children under 12 years: Should be given only on medical advice.



600ml

GAVISCON

ORIGINAL ANISEED RELIEF Oral Suspension

Sodium alginate
Sodium bicarbonate
Calcium carbonate
Heartburn & Indigestion

Each 10ml contains 6.2mmol of sodium. Also contains benzyl alcohol (present in fennel flavour), methyl (E218) and propyl (E216) parahydroxybenzoates. High in sodium – see the leaflet for further information.

Do not store above 30°C.
Do not refrigerate or freeze.
KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.

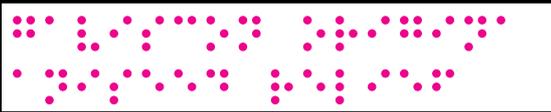
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Peel here. Do not remove.

<p>PATIENT INFORMATION LEAFLET GAVISCON ORIGINAL ANISEED RELIEF</p> <p>Sodium alginate, Sodium bicarbonate, Calcium carbonate.</p> <p>Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.</p> <p>What is Gaviscon Original Aniseed Relief and what is it used for?</p> <p>Gaviscon Original Aniseed Relief belongs to a group of medicines called 'reflux suppressants', which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort. Gaviscon Original Aniseed Relief is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur, for example, following meals or during pregnancy.</p> <p>Before using Gaviscon Original Aniseed Relief Do not take this product if:</p>	<ul style="list-style-type: none"> You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list of ingredients). <p>Take special care before treatment with Gaviscon Original Aniseed Relief:</p> <p>This medicine contains 142.6 mg sodium (main component of cooking/table salt) in each 10 ml. This is equivalent to 7.1% of the recommended maximum daily dietary intake of sodium for an adult. If you have been advised to follow a low sodium (salt) diet ask your doctor before taking this product. The maximum recommended daily dose of this medicinal product contains 1140.8 mg sodium (found in table salt). This is equivalent to 57% of the adult recommended maximum daily dietary intake for sodium. Talk to your doctor or pharmacist if you need this product on a daily basis for a prolonged period, especially if you have been advised to follow a low salt (sodium) diet.</p> <p>This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause</p>	<p>allergic reactions (possibly delayed). This medicine contains 1.1 mg benzyl alcohol in each 10 ml. Benzyl alcohol may cause allergic reactions. Ask your doctor or pharmacist for advice if you are pregnant or breast-feeding. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called 'metabolic acidosis').</p> <p>Ask your doctor or pharmacist for advice if you have a liver or kidney disease. This is because large amounts of benzyl alcohol can build-up in your body and may cause side effects (called 'metabolic acidosis').</p> <p>You can take this product if you are pregnant or breast feeding.</p> <p>Taking Other Medicines</p> <p>Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals</p>
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<p>such as ketoconazole, digoxin and beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for inflammatory and autoimmune disorders), neuroleptics (for mental illness), thyroid hormones, chloroquine (for malaria), estramustine (for prostate cancer) and bisphosphonates (for osteoporosis).</p> <p>How to take Gaviscon Original Aniseed Relief</p> <p>Check that the cap seal is unbroken before first using this product. For oral use. Shake well before use.</p> <p>Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime, up to four times a day.</p> <p>Children under 12 years: Should be given only on medical advice.</p> <p>If you take too much of this product you may feel bloated and experience some abdominal discomfort.</p> <p>It is unlikely to cause you any harm, but please consult your doctor or pharmacist. If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.</p>	<p>After taking Gaviscon Original Aniseed Relief: If symptoms persist after 7 days consult your doctor.</p> <p>Possible side effects</p> <p>Very rarely (less than 1 in 10,000 patients treated) an allergic reaction to the ingredients may occur. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side-effects stop taking the product and consult your doctor or pharmacist.</p> <p>If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: "http://www.mhra.gov.uk/yellowcard" or search for MHRA Yellow Card in the Google Play or Apple App Store.</p> <p>By reporting side effects, you can help provide more information on the safety of this medicine.</p> <p>How to store Gaviscon Original Aniseed Relief Keep all medicines out of the reach and sight of children.</p>	<p>Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C. Do not refrigerate or freeze.</p> <p>Further information</p> <p>Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients. The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoates, benzyl alcohol, sodium saccharin, fennel flavour, erythrosine, sodium hydroxide and water. This product does not contain sugar or gluten.</p> <p>Gaviscon Original Aniseed Relief is available in bottles of 100, 150, 200, 250, 300, 500, and 600ml. Not all pack sizes may be marketed.</p> <p>Product License Holder and Manufacturer: Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS.</p> <p>Gaviscon is a trade mark of the Reckitt group. Text revised: February 2024.</p>
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