

## SUMMARY OF PRODUCT CHARACTERISTICS

### 1 NAME OF THE MEDICINAL PRODUCT

Difflam 3 mg Lozenges, eucalyptus flavour

### 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each lozenge contains 3 mg of benzydamine hydrochloride equivalent to 2.68 mg of benzydamine.

Excipients with known effects: each lozenge contains 3124.43 mg of isomalt (E 953) and fragrance with d-Limonene.

For the full list of excipients, see section 6.1

### 3 PHARMACEUTICAL FORM

Lozenge.

Dark-green square-shaped lozenges, with a central cavity.

### 4 CLINICAL PARTICULARS

#### 4.1 Therapeutic indications

Difflam is indicated in adults and children over 6 years of age, for symptomatic local treatment for the relief of pain and irritation of mouth and throat.

#### 4.2 Posology and method of administration

##### Posology

Adults and children over 6 years of age: one lozenge 3 times a day.  
The treatment must not exceed 7 days.

##### Paediatric population

Children 6-11 years of age:

The medicinal product should be administered under adult supervision.

Children below 6 years of age:

Due to the type of the pharmaceutical form, the administration should be restricted to children of more than 6 years of age.

##### Method of administration

For oropharyngeal use.  
Lozenge should be dissolved slowly in the mouth.  
Do not swallow. Do not chew.

#### **4.3 Contraindications**

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

#### **4.4 Special warnings and precautions for use**

Benzylamine use is not advisable in patient with hypersensitivity to salicylic acid or other NSAIDs.

Bronchospasm may be precipitated in patients suffering from or with a previous history of bronchial asthma. Caution should be exercised in these patients.

In a minority of patients, buccal/pharyngeal ulceration may be caused by serious disease processes. Patients whose symptoms worsen or do not improve within 3 day, or who appear feverish or have other symptoms, must therefore seek the advice of their doctor or dentist as appropriate.

Difflam contains:

**Isomalt:** patients with rare hereditary problems of fructose intolerance should not take this medicine.

**Fragrance with d-Limonene:** it may cause allergic reactions.

#### **4.5 Interaction with other medicinal products and other forms of interaction**

No interaction studies have been performed.

#### **4.6 Fertility, pregnancy and lactation**

##### *Pregnancy*

There are no or limited amount of data from the use of benzylamine in pregnant women, and animal studies are insufficient with respect to reproductive toxicity (see section 5.3).

Difflam lozenges should not be used during pregnancy.

##### *Breastfeeding*

There is insufficient information on the excretion of benzylamine in human milk.

Difflam lozenges should not be used during breastfeeding.

#### 4.7 Effects on ability to drive and use machines

Difflam has no influence on the ability to drive and use machine, when it is used at the recommended dose.

#### 4.8 Undesirable effects

Within each frequency grouping, undesirable effects are presented in order of decreasing seriousness

The following rate values have been used: Very common ( $\geq 1/10$ ), Common ( $\geq 1/100$  to  $<1/10$ ), Uncommon ( $\geq 1/1,000$  to  $<1/100$ ), Rare ( $\geq 1/10,000$  to  $<1/1,000$ ) and Very rare ( $<1/10,000$ ), not known (cannot be estimated from the available data).

System-Organ Class	Frequency	Undesirable effect
<b>Immune system disorders</b>	<i>Not Known</i>	Anaphylactic reaction, Hypersensitivity reaction
<b>Respiratory, thoracic, and mediastinal disorders</b>	<i>Very rare</i>	Laryngospasm
<b>Gastrointestinal Disorders</b>	<i>Rare</i> <i>Not known</i>	Burning mouth, Dry mouth Hypoaesthesia oral
<b>Skin and subcutaneous tissue disorders</b>	<i>Uncommon</i> <i>Very rare</i>	Photosensitivity Angioedema

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA yellow car in the Google Play or Apple App Store.

#### 4.9 Overdose

##### *Symptoms*

No overdose with the lozenge formulation has been reported. However, very rarely in children excitation, convulsions, sweating, ataxia, tremor and vomiting have been reported after the oral administration of benzydamine dosages about 100 times higher than those of the lozenge.

##### *Management*

In the event of acute overdose only symptomatic treatment is possible; the stomach should be emptied by inducing vomiting or by gastric lavage, and the

patient carefully observed and given supportive treatment. Adequate hydration must be maintained.

## **5 PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group: other throat preparations *ATC code: R02AX03.*

*Clinical efficacy and safety*

Clinical studies demonstrate that benzydamine is effective in relieving suffering from localised irritation processes of the mouth and pharynx. In addition, benzydamine possesses a moderate local anaesthetic effect.

### **5.2 Pharmacokinetic properties**

*Absorption*

The absorption through the mucosa of the mouth and pharynx was demonstrated by the presence of measurable quantities of benzydamine in the human plasma.

*Distribution*

About 2 hours after the 3 mg lozenge administration, benzydamine peak plasma values of 37.8 ng/ml with an AUC of 367 ng/ml\*h were observed. However, these levels are not sufficient to produce pharmacological systemic effects.

When locally applied benzydamine has been shown to accumulate in inflamed tissues where it reaches effective concentrations because of its capacity to penetrate the epithelial lining

*Biotransformation and elimination*

The excretion occurs mainly in the urine and mostly in the form of inactive metabolites or conjugation products.

### **5.3 Preclinical safety data**

Development and peri-post natal toxicity was seen in reproductive toxicity studies in rats and rabbits at plasma concentration much higher (up to 40 times) than those observed after a single therapeutic oral dose. No teratogenic effects were seen in those studies. Available kinetic data do not allow to establish the clinical relevance of the reproductive toxicity studies. As the preclinical studies had shortcomings and therefore are of restricted value, they do not provide additional information relevant for the prescriber beyond that included in other sections of the SPC.

## **6 PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

Isomalt (E 953),  
Eucalyptus oil,  
Citric acid, monohydrate,  
Acesulfame potassium,  
Levomenthol,  
Quinoline yellow (E 104),  
Indigotin (E132).

### **6.2 Incompatibilities**

Not applicable.

### **6.3 Shelf life**

4 years

### **6.4 Special precautions for storage**

Do not store above 30°C.  
Store in original package in order to protect from moisture.

### **6.5 Nature and contents of container**

Lozenge is wrapped in paraffin paper.

Ten lozenges form one stick, packaged in printed polyethylene-paper-aluminium trilaminated material.

Lozenges can be packaged also in PVC/PE/PVDC – ALU blister.

Pack sizes of 20 or 30 lozenges.

Not all pack size may be marketed.

### **6.6 Special precautions for disposal**

No special requirements .

Any unused product or waste material should be disposed of in accordance with local requirements.

**7      MARKETING AUTHORISATION HOLDER**

Cooper Consumer Health B.V.,  
Verrijn Stuartweg 60, 1112 AX Diemen,  
The Netherlands

**8      MARKETING AUTHORISATION NUMBER(S)**

PL 60682/0010

**9      DATE OF FIRST AUTHORISATION/RENEWAL OF THE  
AUTHORISATION**

30/05/2013

**10     DATE OF REVISION OF THE TEXT**

17/06/2025