

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your doctor or pharmacist if you need more information or advice.
- If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

- What is in this leaflet:**
1. What Paracetamol Tablets are and what they are used for
 2. What you need to know before you take Paracetamol Tablets
 3. How to take Paracetamol Tablets
 4. Possible side effects
 5. How to store Paracetamol Tablets
 6. Contents of the pack and other information

1. What Paracetamol Tablets are and what they are used for

Paracetamol reduces pain and fever.

Paracetamol 500 mg Tablets are used in the treatment of painful and feverish conditions such as headache, migraine, colds, influenza, neuralgia and rheumatic aches and pain.

2. What you need to know before you take Paracetamol Tablets

Do NOT take Paracetamol Tablets if:

- you are allergic (hypersensitive) to paracetamol or any of the other ingredients of this medicine (listed in section 6).

Do not take with anything else containing Paracetamol while taking this medicine.

Warnings and precautions

Talk to your doctor or pharmacist before you take this medicine if:

- you have severe kidney or liver disease,
- you suffer from alcohol dependence
- you suffer from asthma and are sensitive to aspirin
- you have a depleted level of glutathione (an antioxidant) in your body.

During treatment with Paracetamol Tablets, tell your doctor straight away if you have severe illnesses, including severe renal impairment or sepsis (when bacteria and their toxins circulate in the blood leading to organ damage), or you suffer from malnutrition, chronic alcoholism or if you are also taking flucloxacillin (an antibiotic). A serious condition called metabolic acidosis (a blood and fluid abnormality) has been reported in patients in these situations when paracetamol is used at regular doses for a prolonged period or when paracetamol is taken together with flucloxacillin. Symptoms of metabolic acidosis may include: serious breathing difficulties with deep rapid breathing, drowsiness, feeling sick (nausea) and being sick (vomiting).

Other medicines and Paracetamol Tablets

Tell your doctor or pharmacist before taking

these tablets if you are taking, have recently taken or might take any other medicines, including any medicines you have bought yourself, particularly any of the following:

- anticoagulants to thin the blood e.g. warfarin
- colestyramine (to lower cholesterol levels)
- metoclopramide or domperidone (for feeling sick or being sick)
- imatinib or busulfan (treatments for cancer/ leukaemia)
- flucloxacillin (antibiotic), due to a serious risk of blood and fluid abnormality (called metabolic acidosis) that must have urgent treatment(see section 2).
- carbamazepine, phenytoin, phenobarbital, primidone (for epilepsy), rifampicin (antibiotic for infections), and also St. John's wort (hypericum perforatum) as the risk of liver damage is greater when these are taken in combination with the maximum recommended doses of paracetamol.

Paracetamol with alcohol

Avoid drinking alcohol while you are taking this medicine as together they can affect your liver function.

Pregnancy, breast-feeding and fertility

Talk to your doctor before taking these tablets if:

- You are pregnant, think you may be pregnant or plan to get pregnant.
- You are breast-feeding or planning to breast-feed

Paracetamol can be used during pregnancy. You should use the lowest possible dose that reduces your pain and/or your fever and use it for the shortest time possible. Contact your doctor or midwife if the pain and/or fever are not reduced or if you need to take the medicine more often.

3. How to take Paracetamol Tablets

Always take paracetamol exactly as instructed on this leaflet. Check with your doctor or pharmacist if you are not sure.

Do not take more than the recommended dose.

If you need to use this medicine for more than three days at a time, see your doctor.

Adults and children over 16

The usual dose of paracetamol is 2 tablets. Swallow the tablets whole with a drink of water. Wait at least 4 hours before taking another dose. Do not take more than 4 doses in any 24-hour period.



1423



Product:	Paracetamol 500mg Tablets (Crescent Medical) - 100's
Item Code:	P3460T
Size:	296 x 180 mm
Min. Point size:	9pt
O. Artwork	13/02/25
Proof No.	1
Amendment Date	
Pharma Code	1423

Colours Used	
	Process Black
	Keyline - does not print

Use in children aged 10 to 15

Take one tablet every four to six hours when necessary to a maximum of four doses in 24 hours.

Use in children under 10

Paracetamol 500mg Tablets should not be given to children under 10 years of age. Do not take more medicine than the label tells you to. If you do not get better, talk to your doctor.

If you take more paracetamol than you should

Talk to a doctor at once if you take too much of this medicine even if you feel well. This is because too much paracetamol can cause delayed, serious liver damage.

If you forget to take paracetamol

If you forget to take a dose at the right time, take it as soon as you remember. However, do not take a double dose to make up for a forgotten dose. Remember to leave at least 4 hours between doses.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. The following side effects may happen with this medicine.

If any of the following very rare side effects occur (may affect up to 1 in 10,000 people), STOP taking the tablets and contact your doctor IMMEDIATELY:

- allergic reactions which may be severe, such as skin rash and itching, sometimes with swelling of the mouth or face or shortness of breath
- skin rash or peeling, or mouth ulcers
- breathing problems. These are more likely if you have experienced them before when taking other painkillers such as ibuprofen or aspirin
- unexplained bruising or bleeding (may be signs of a problem with your blood)
- feeling sick, sudden weight loss, loss of appetite and yellowing of the eyes and skin (may be signs of a problem with your liver function).

Very rare cases of serious skin reactions have been reported.
Not known (frequency cannot be estimated from the available data):
A serious condition that can make blood more acidic (called metabolic acidosis), in patients with severe illness using paracetamol (see section 2).

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Paracetamol Tablets

Keep this medicine out of the sight and reach of children.

Store below 25°C.
Store in the original container in order to protect the tablets from light and moisture. Do not use after the expiry date printed on the pack.

6. Contents of the pack and other information

What Paracetamol Tablets contain:

- The active ingredient in each tablet is paracetamol 500mg.
- The other ingredients are maize starch, colloidal anhydrous silica, magnesium stearate, potassium sorbate (E202).

What Paracetamol Tablets look like and contents of the pack:

- The tablets are white, round and flat with “PARA” and “500” on either side of a breakline on one side and plain on the other.
- They are available in blister packs of 2, 4, 6, 8, 10, 12, 15,16, 20, 24, 30, 32, 45, 48, 50, 56, 60, 75, 84, 96 or 100 tablets and in plastic tubes of 100, 250, 500 or 1000 tablets. Packs of 32 are available only from your pharmacist, and packs sizes over 32 tablets are available only on prescription.
*Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder:
Crescent Pharma Ltd., Key House, Sarum Hill, Basingstoke, RG21 8SR, UK.

Manufacturer:
Crescent Medical UK, Bolton, BL5 2AL, UK.

This leaflet was last revised in February 2025.

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