PRINT LAYOUT DIAGRAM
65MM X 170MM MULTIPEEL WITH 5 MM HINGE LEFT

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NEW FORMULA

Care

Magnesium Trisilicate Mixture

Magnesium Carbonate, Magnesium Trisilicate, Sodium Hydrogen Carbonate

Relieves indigestion & heartburn

IMPORTANT: Peel this label at corner and read BEFORE use. Do not tear off, re-fix for future use.

For symptomatic relief of indigestion, heartburn and dyspepsia.
SHAKE THE BOTTLE. Take the mixture by mouth.
Adults, the elderly and children over 12 years: Take 2 to 4 x 5ml spoonfuls in a little water. Take three times a day or as required.
Children 5 to 12 years: Take 1 to 2 x 5ml spoonfuls in a little water. Take three times a day or as required.
Do not give to children under 5 years old unless your doctor tells you to.
If symptoms persist consult your doctor.
Peel where shown for further precautions.

Active ingredients per 5ml: magnesium trisilicate 250mg, magnesium carbonate 250mg, sodium hydrogen carbonate 250mg.
Also contains amongst other ingredients sodium parahydroxybenzoates (E219, E217). Sodium 73.4mg/5ml.
Peel where shown for full list of ingredients.
Do not store above 25°C. Once opened use within 28 days.
Keep out of the sight and reach of children.
Manufactured by the licence holder L.C.M. Ltd., Huddersfield, HD7 5QH, UK for Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK.
PL 12965/0025 92774802007
200ml ℮

Peel Here

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FRONT FACE REVERSE:

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This medicine contains antacids to reduce excess stomach acid.

1. Before you use this medicine

Do not use the medicine if you or your child have....
- An **allergy** to any of the ingredients listed in section 3.
- **Severe kidney failure.**
- **High** levels of **alkali** in the **blood.**
- **Low** levels of **calcium or phosphate** in the **blood.**
- **Reduced stomach acid.**
- **Heart failure.**
- **High blood pressure.**
- **Liver problems.**
- Or you are on a **low salt (sodium) diet.**

Talk to your doctor or pharmacist if you or your child have....
- Water retention.
- Kidney problems.
- High levels of acid or low levels of potassium in the blood.
- Or are taking steroids.

Talk to your doctor or pharmacist if you or your child are taking....
Any other medicines, including medicines obtained without a prescription, as antacids can interfere with their action, e.g.
- ACE inhibitors for high blood pressure.
- Medicines for bacterial, fungal or viral infections (e.g. tetracyclines, methenamine, fluoroquinolones, rifampicin, azithromycin, atazanavir, tipranavir, cephalosporins).
- Medicines to prevent blood clotting (e.g. dipyridamole).
- Medicines for mental illness (e.g. barbiturates, phenothiazines, sulpiride, lithium).
- Gabapentin or phenytoin (for epilepsy).
- Chloroquine, hydroxychloroquine or proguanil to prevent or treat malaria.
- Bisphosphonates for osteoporosis.
- Fexofenadine (an antihistamine).
- Deflazacort (a corticosteroid).
- Lansoprazole (for a stomach ulcer).
- Rosuvastatin (for high cholesterol).
- Levothyroxine (for thyroid problems).
- Penicillamine (for rheumatoid arthritis).
- Digoxin (for heart failure).
- Ulipristal (morning after pill).
- Mycophenolate (an immunosuppressant medicine).
- Eltrombopag to treat low platelet counts.
- Polystyrene sulphonate resins.
- Erlotinib (a cancer medicine).
- Aspirin.
- Bile acids.
- Iron preparations.

Magnesium Trisilicate Mixture may affect the action of these and other medicines, so allow 2 to 4 hours between taking this and any other medicine.

Pregnant or breastfeeding....
Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding.

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Important ingredient information
- This medicine contains 73.5mg sodium(main component of cooking/table salt) in each 5ml dose. This is equivalent to 3.7% of the recommended maximum daily dietary intake of sodium for an adult. Talk to your doctor or pharmacist if you need 6 or more 5ml spoonfuls daily for a prolonged period, especially if you have been advised to follow a low salt (sodium) diet.
- It also contains sodium methyl and sodium propyl parahydroxybenzoates (E219, E217) which may cause allergic reactions (possibly delayed).

2. Possible side effects

Like all medicines, Magnesium Trisilicate Mixture can have side effects, although these don't affect everyone.
Possible side effects are:
- Diarrhoea.
- Stomach cramps.
- Wind.
- Overuse for a long time may cause kidney stones. If you notice these or any other side effects, stop use and tell your doctor or pharmacist. They will tell you what to do.

Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard
By reporting side effects you can help provide more information on the safety of this medicine.

3. Further information

If you accidentally take too much see a doctor straight away. Take the pack with you to show which medicine you have swallowed.
- Do not use after the expiry date. The expiry date refers to the last day of that month.
- Return any unused medicine to the pharmacy for disposal.

The active ingredients per 5ml are: magnesium trisilicate 250mg, magnesium carbonate 250mg, sodium hydrogen carbonate 250mg.

The other ingredients are: sodium methyl and sodium propyl parahydroxybenzoates (E219, E217), saccharin sodium, xanthan gum (E415), peppermint flavour, menthol flavour and purified water.
What the medicine looks like
Magnesium Trisilicate Mixture is a white suspension which separates on standing.
It is supplied in 200ml bottles.
This label was last revised in September 2020

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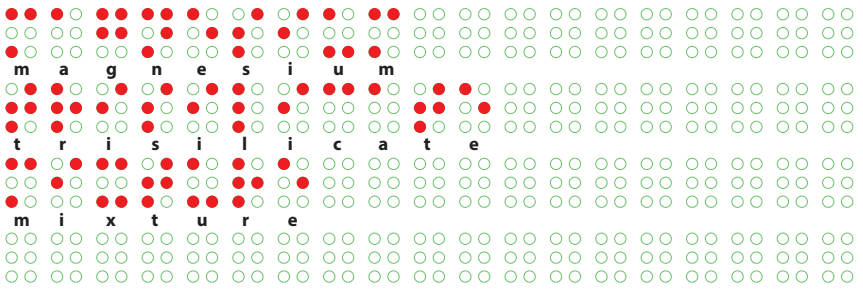
Braille reads:



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This Braille is set to the Marburg Medium format unless you have requested otherwise.

When you sign this proof you are signifying full approval of the Braille text and specification.