

## PACKAGE LEAFLET: INFORMATION FOR THE USER

### Seroquel® 25mg Tablets

(quetiapine fumarate)

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See Section 4.

The name of your medicine is Seroquel 25mg Tablets but will be referred to as Seroquel throughout the remainder of the leaflet. Seroquel is also available in the following strengths 100mg, 150mg, 200mg and 300mg.

#### In this leaflet:

1. What Seroquel is and what it is used for
2. What you need to know before you take Seroquel
3. How to take Seroquel
4. Possible side effects
5. How to store Seroquel
6. Contents of the pack and other information

#### **1. What Seroquel is and what it is used for**

Seroquel contains a substance called quetiapine.

This belongs to a group of medicines called anti-psychotics.

Seroquel can be used to treat several illnesses, such as:

- Bipolar depression: where you feel sad. You may find that you feel depressed, feel guilty, lack energy, lose your appetite or can't sleep.
- Mania: where you may feel very excited, elated, agitated, enthusiastic or hyperactive or have poor judgment including being aggressive or disruptive.
- Schizophrenia: where you may hear or feel things that are not there, believe things that are not true or feel unusually suspicious, anxious, confused, guilty, tense or depressed.

Your doctor may continue to prescribe Seroquel even when you are feeling better.

#### **2. What you need to know before you take Seroquel**

Do not take Seroquel:

- if you are allergic to quetiapine or any of the other ingredients of this medicine (listed in section 6).
- if you are taking any of the following medicines:
  - Some medicines for HIV
  - Azole medicines (for fungal infections)
  - Erythromycin or clarithromycin (for infections)
  - Nefazodone (for depression).

If you are not sure, talk to your doctor or pharmacist before taking Seroquel.

#### **Warnings and Precautions**

Talk to your doctor or pharmacist before taking Seroquel:

- if you, or someone in your family, have or have had any heart problems, for example heart rhythm problems, weakening of the heart muscle or inflammation of the heart or if you are taking any medicines that may have an impact on the way your heart beats.
- if you have low blood pressure.
- if you have had a stroke, especially if you are elderly.
- if you have problems with your liver.
- if you have ever had a fit (seizure).
- if you have diabetes or have a risk of getting diabetes. If you do, your doctor may check your blood sugar levels while you are taking Seroquel.

- if you know that you have had low levels of white blood cells in the past (which may or may not have been caused by other medicines).
- if you are an elderly person with dementia (loss of brain function). If you are, Seroquel should not be taken because the group of medicines that Seroquel belongs to may increase the risk of stroke, or in some cases the risk of death, in elderly people with dementia.
- if you are an elderly person with Parkinson's disease/parkinsonism.
- if you or someone else in your family has a history of blood clots, as medicines like these have been associated with formation of blood clots.
- if you have or have had a condition where you stop breathing for short periods during your normal nightly sleep (called "sleep apnoea") and are taking medicines that slow down the normal activity of the brain ("depressants").
- if you have or have had a condition where you can't completely empty your bladder (urinary retention), have an enlarged prostate, a blockage in your intestines, or increased pressure inside your eye. These conditions are sometimes caused by medicines (called "anti-cholinergics") that affect the way nerve cells function in order to treat certain medical conditions.
- if you have a history of alcohol or drug abuse.

#### Tell your doctor immediately if you experience any of the following after taking Seroquel:

- A combination of fever, severe muscle stiffness, sweating or a lowered level of consciousness (a disorder called "neuroleptic malignant syndrome"). Immediate medical treatment may be needed.
- Uncontrollable movements, mainly of your face or tongue.
- Dizziness or a severe sense of feeling sleepy. This could increase the risk of accidental injury (fall) in elderly patients.
- Fits (seizures).
- A long-lasting and painful erection (Priapism).

These conditions can be caused by this type of medicine.

#### Tell your doctor as soon as possible if you have:

- A fever, flu-like symptoms, sore throat, or any other infection, as this could be a result of a very low white blood cell count, which may require Seroquel to be stopped and/or treatment to be given.
- Constipation along with persistent abdominal pain, or constipation which has not responded to treatment, as this may lead to a more serious blockage of the bowel.
- **Thoughts of suicide and worsening of your depression** If you are depressed you may sometimes have thoughts of harming or killing yourself. These may be increased when first starting treatment, since these medicines all take time to work, usually about two weeks but sometimes longer. These thoughts may also be increased if you suddenly stop taking your medication. You may be more likely to think like this if you are a young adult. Information from clinical trials has shown an increased risk of suicidal thoughts and/or suicidal behaviour in young adults aged less than 25 years with depression.

If you have thoughts of harming or killing yourself at any time, contact your doctor or go to a hospital straight away. You may find it helpful to tell a relative or close friend that you are depressed, and ask them to read this leaflet. You might ask them to tell you if they think your depression is getting worse, or if they are worried about changes in your behaviour.

- **Drug Rash with Eosinophilia and Systemic Symptoms (DRESS).**

Widespread rash, high body temperature, liver enzyme elevations, blood abnormalities (eosinophilia), enlarged lymph nodes and other body organs involvement (Drug Rash with Eosinophilia and Systemic Symptoms which is also known as DRESS or drug hypersensitivity syndrome). Stop using Seroquel if you develop these symptoms and contact your doctor or seek medical attention immediately.

#### **Weight gain**

Weight gain has been seen in patients taking Seroquel. You and your doctor should check your weight regularly.

#### **Children and adolescents**

Seroquel is not for use in children and adolescents below 18 years of age.

#### **Other medicines and Seroquel**

Tell your doctor if you are taking, have recently taken or might take any other medicines.

Do not take Seroquel if you are taking any of the following medicines:

- Some medicines for HIV.
- Azole medicines (for fungal infections).
- Erythromycin or clarithromycin (for infections).
- Nefazodone (for depression).

Tell your doctor if you are taking any of the following medicines:

- Epilepsy medicines (like phenytoin or carbamazepine).
- High blood pressure medicines.
- Barbiturates (for difficulty sleeping).
- Thioridazine or Lithium (other anti-psychotic medicines).
- Medicines that have an impact on the way your heart beats, for example, drugs that can cause an imbalance in electrolytes (low levels of potassium or magnesium) such as diuretics (water pills) or certain antibiotics (drugs to treat infections).
- Medicines that can cause constipation.
- Medicines (called "anti-cholinergics") that affect the way nerve cells function in order to treat certain medical conditions.

Before you stop taking any of your medicines, please talk to your doctor first.

#### **Seroquel with food, drink and alcohol**

- Seroquel can be taken with or without food.
- Be careful how much alcohol you drink. This is because the combined effect of Seroquel and alcohol can make you sleepy.
- Do not drink grapefruit juice while you are taking Seroquel. It can affect the way the medicine works.

#### **Pregnancy and breast-feeding**

If you are pregnant or breast-feeding, think you may be pregnant or planning to have a baby ask your doctor for advice before taking this medicine. You should not take Seroquel during pregnancy unless this has been discussed with your doctor. Seroquel should not be taken if you are breast-feeding.

The following symptoms which can represent withdrawal may occur in newborn babies of mothers that have used Seroquel in the last trimester (last three months of their pregnancy): shaking, muscle stiffness and/or weakness, sleepiness, agitation, breathing problems, and difficulty in feeding. If your baby develops any of these symptoms you may need to contact your doctor.

#### **Driving and using machines**

Your tablets may make you feel sleepy. Do not drive or use any tools or machines until you know how the tablets affect you.

#### **Seroquel contains lactose**

Seroquel contains lactose which is a type of sugar. If you have been told by your doctor that you have an intolerance to some sugars, talk to your doctor before taking this medicine.

#### **Effect on Urine Drug Screens**

If you are having a urine drug screen, taking Seroquel may cause positive results for methadone or certain drugs for depression called tricyclic antidepressants (TCAs) when some test methods are used, even though you may not be taking methadone or TCAs. If this happens, a more specific test can be performed.

#### **3. How to take Seroquel**

Always take this medicine exactly as your doctor has told you.

Check with your doctor or pharmacist if you are not sure. Your doctor will decide on your starting dose. The maintenance dose (daily dose) will depend on your illness and needs but will usually be between 150 mg and 800 mg.

- You will take your tablets once a day, at bedtime or twice a day, depending on your illness.
- Swallow your tablets whole with a drink of water.
- You can take your tablets with or without food.
- Do not drink grapefruit juice while you are taking Seroquel. It can affect the way the medicine works.
- Do not stop taking your tablets even if you feel better, unless your doctor tells you.

#### **Liver problems**

If you have liver problems your doctor may change your dose.

#### **Elderly people**

If you are elderly your doctor may change your dose.

#### **Use in children and adolescents**

Seroquel should not be used by children and adolescents aged under 18 years.

#### **If you take more Seroquel than you should**

If you take more Seroquel than prescribed by your doctor, you may feel sleepy, feel dizzy and experience abnormal heart beats. Contact your doctor or nearest hospital straight away. Keep the Seroquel tablets with you.

#### **If you forget to take Seroquel**

If you forget to take a dose, take it as soon as you remember. If it is almost time to take the next dose, wait until then. Do not take a double dose to make up for a forgotten tablet.

#### **If you stop taking Seroquel**

If you suddenly stop taking Seroquel, you may be unable to sleep (insomnia), or you may feel sick (nausea), or you may experience headache, diarrhoea, being sick (vomiting), dizziness or irritability. Your doctor may suggest you reduce the dose gradually before stopping treatment.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

#### **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

#### **Very common: may affect more than 1 in 10 people**

- Dizziness (may lead to falls), headache, dry mouth.
- Feeling sleepy (this may go away with time, as you keep taking Seroquel) (may lead to falls).
- Discontinuation symptoms (symptoms which occur when you stop taking Seroquel) include not being able to sleep (insomnia), feeling sick (nausea), headache, diarrhoea, being sick (vomiting), dizziness and irritability. Gradual withdrawal over a period of at least 1 to 2 weeks is advisable.
- Putting on weight.

- Abnormal muscle movements. These include difficulty starting muscle movements, shaking, feeling restless or muscle stiffness without pain.
- Changes in the amount of certain fats (triglycerides and total cholesterol).

**Common: may affect up to 1 in 10 people**

- Rapid heartbeat.
- Feeling like your heart is pounding, racing or has skipped beats.
- Constipation, upset stomach (indigestion).
- Feeling weak.
- Swelling of arms or legs.

- Low blood pressure when standing up. This may make you feel dizzy or faint (may lead to falls).
- Increased levels of sugar in the blood.
- Blurred vision.
- Abnormal dreams and nightmares.
- Feeling more hungry.
- Feeling irritated.
- Disturbance in speech and language.
- Thoughts of suicide and worsening of your depression.
- Shortness of breath.
- Vomiting (mainly in the elderly).
- Fever.
- Changes in the amount of thyroid hormones in your blood.
- Decreases in the number of certain types of blood cells.
- Increases in the amount of liver enzymes measured in the blood.
- Increases in the amount of the hormone prolactin in the blood. Increases in the hormone prolactin could in rare cases lead to the following:
  - Men and women to have swelling breasts and unexpectedly produce breast milk.
  - Women to have no monthly periods or irregular periods.

**Uncommon: may affect up to 1 in 100 people**

- Fits or seizures.
- Allergic reactions that may include raised lumps (weals), swelling of the skin and swelling around the mouth.
- Unpleasant sensations in the legs (also called restless legs syndrome).
- Difficulty swallowing.
- Uncontrollable movements, mainly of your face and tongue.
- Sexual dysfunction.
- Diabetes.
- Change in electrical activity of the heart seen on ECG (QT prolongation).
- A slower than normal heart rate which may occur when starting treatment and which may be associated with low blood pressure and fainting.
- Difficulty in passing urine.
- Fainting (may lead to falls).
- Stuffy nose.
- Decrease in the amount of red blood cells.
- Decrease in the amount of sodium in the blood.
- Worsening of pre-existing diabetes.

**Rare: may affect up to 1 in 1,000 people**

- A combination of high temperature (fever), sweating, stiff muscles, feeling very drowsy or faint (a disorder called “neuroleptic malignant syndrome”).
- Yellowing of the skin and eyes (jaundice).
- Inflammation of the liver (hepatitis).
- A long-lasting and painful erection (priapism).
- Swelling of breasts and unexpected production of breast milk (galactorrhoea).
- Menstrual disorder.
- Blood clots in the veins especially in the legs (symptoms include swelling, pain and redness in the leg), which may travel through blood vessels to the lungs causing chest pain and difficulty in breathing. If you notice any of these symptoms seek medical advice immediately.

- Walking, talking, eating or other activities while you are asleep.
- Body temperature decreased (hypothermia).
- Inflammation of the pancreas.
- A condition (called “metabolic syndrome”) where you have a combination of 3 or more of the following: an increase in fat around your abdomen, a decrease in “good cholesterol” (HDL-C), an increase in a type of fat in your blood called triglycerides, high blood pressure and an increase in your blood sugar.
- Combination of fever, flu-like symptoms, sore throat, or any other infection with very low white blood cell count, a condition called agranulocytosis.
- Bowel obstruction.
- Increased blood creatine phosphokinase (a substance from the muscles).

**Very rare: may affect up to 1 in 10,000 people**

- Severe rash, blisters, or red patches on the skin.
- A severe allergic reaction (called anaphylaxis) which may cause difficulty in breathing or shock.
- Rapid swelling of the skin, usually around the eyes, lips and throat (angioedema).
- A serious blistering condition of the skin, mouth, eyes and genitals (Stevens-Johnson syndrome).
- Inappropriate secretion of a hormone that controls urine volume.
- Breakdown of muscle fibers and pain in muscles (rhabdomyolysis).

Not known: frequency cannot be estimated from the available data

- Skin rash with irregular red spots (erythema multiforme).
- Serious, sudden allergic reaction with symptoms such as fever and blisters on the skin and peeling of the skin (toxic epidermal necrolysis).
- Symptoms of withdrawal may occur in newborn babies of mothers that have used Seroquel during their pregnancy.
- Stroke.

The class of medicines to which Seroquel belongs can cause heart rhythm problems, which can be serious and in severe cases may be fatal.

Some side effects are only seen when a blood test is taken. These include changes in the amount of certain fats (triglycerides and total cholesterol) or sugar in the blood, changes in the amount of thyroid hormones in your blood, increased liver enzymes, decreases in the number of certain types of blood cells, decrease in the amount of red blood cells, increased blood creatine phosphokinase (a substance in the muscles), decrease in the amount of sodium in the blood and increases in the amount of the hormone prolactin in the blood. Increases in the hormone prolactin could in rare cases lead to the following:

- Men and women to have swelling of the breasts and unexpectedly produce breast milk.
- Women to have no monthly period or irregular periods.

Your doctor may ask you to have blood tests from time to time.

**Additional side effects in children and adolescents**

The same side effects that may occur in adults may also occur in children and adolescents. The following side effects have been seen more often in children and adolescents or have not been seen in adults:

**Very common: may affect more than 1 in 10 people**

- Increase in the amount of a hormone called prolactin, in the blood. Increases in the hormone prolactin could in rare cases lead to the following:
  - Boys and girls to have swelling of breasts and unexpectedly produce breast milk
  - Girls to have no monthly period or irregular periods.
- Increased appetite.
- Vomiting.

- Abnormal muscle movements. These include difficulty starting muscle movements, shaking, feeling restless or muscle stiffness without pain.
- Increase in blood pressure.

**Common: may affect up to 1 in 10 people**

- Feeling weak, fainting (may lead to falls).
- Stuffy nose.
- Feeling irritated.

**Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed on this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

**5. How to store Seroquel**

- Do not store above 30°C. Keep your medicine in the original package.
- Keep your Seroquel tablets in a safe place, where children cannot see or reach them.
- Do not take your tablets after the expiry date which is stated on the container. The expiry date refers to the last day of the month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines that are no longer required. These measures will help to protect the environment.

**6. Contents of the pack and other information**

**What Seroquel looks like and contains**

Each Seroquel 25mg Tablet is peach coloured, round, bi-convex, film coated impressed with SEROQUEL 25 on one side containing 28.78mg quetiapine fumarate equivalent to 25mg quetiapine as active ingredient.

Each Seroquel 25mg Tablet also contains several inactive ingredients which allow it to be made. These are: calcium hydrogen phosphate dibasic, hypromellose, lactose monohydrate, magnesium stearate, microcrystalline cellulose, polyethylene glycol (macrogol), povidone, sodium starch glycollate type A, titanium dioxide (E171), iron oxide yellow (E172) and iron oxide red (E172).

Seroquel 25mg Tablets are available in blister packs of 6, 30 and 60 tablets.

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You can also get information on mental health from the following national organisations.

- MIND (National Association for Mental Health)
- Mindinfoline (London): 020 8522 1728, (outside London): 0345 660163
- NSF (National Schizophrenia Fellowship)
- Advice Service: 0208 974 6814 VOICES FORUM: 0208 547 3937
- NSF (Scotland): 0131 226 2025 Carelinkline: 01224 213034 (for Grampian region)
- SANELINE Helpline (London): 0207 724 8000, (outside London): 0345 678 000

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