ASPAR
Aspar Dispersible Aspirin 75mg

Docment Information

File Prepared: 05.02.25

FILE VERSION : V35 Item code: DA-75/13

Font used: HELVETICA Condensed (Med, Bold & Italic)
Font Size 8.5pt / spaced as 10.2

Document size 150 x 250 mm
Printed two sides in Black

Software: Illustrator CS6 presented as PDF Proof

Patient Information Leaflet for

Dispersible Aspirin Tablets 75mg

Read this leaflet carefully before taking these tablets.
It does not contain all the information about your medicine that you may need to know, so ask your doctor or pharmacist if you have any questions.
This leaflet only applies to Dispersible Aspirin Tablets 75mg

1. What these tablets do

These tablets contain Aspirin which is used to help prevent heart attacks and strokes in people who have previously suffered these conditions or who have under gone by-pass surgery.

2. Check before you take

Before starting long term use of Aspirin you must consult your doctor who will discuss the benefits and risks of this therapy with you.

Do not take these tablets if you:

- Are allergic to Aspirin, NSAIDs which includes those when in attacks of asthma, angioedema, urticaria or rhinitis have been precipitated by aspirin or any other NSAID or any of the other ingredients listed in section 6
- Suffer from gout or had in the past.
- Have a stomach ulcer or have had problems with ulcers in the past.
- Suffer from haemophilia or any other bleeding condition.
- Are taking blood thinning (anti-coagulant) medication
- Are in the last three months of pregnancy, you must not use higher doses than 100 mg per day (see section "pregnancy, breast feeding and fertility").
- Are breast feeding.

Important warning:
Do not give this medicine to children under the age of 16 unless your doctor tells you.
This is because there is a possible association between Aspirin and Reye's Syndrome when given to children. Reye's syndrome is a very rare disease, which can be fatal.

Take special care and tell your doctor if you:

- Have liver or kidney disease
- Have asthma or have ever had it in the past
- Are suffering from dehydration (feeling constantly thirsty)
- Have been told you are deficient in glucose-6-phosphate dehydrogenase

Tell your doctor or pharmacist if you are already taking any of the following medicines, as their effectiveness may be influenced by aspirin if they are taken at the same time.

- Metoclopramide (for sickness and digestive disorders)
- Blood thinning medicines such as Heparin, Warfarin or nicoumalone
- Corticosteroids e.g. hydrocortisone (which can be used for arthritis, asthma and inflammatory conditions)
- Anti-inflammatory medicines or steroids for pain and inflammation e.g. ibuprofen
- High blood pressure medicines e.g diuretic/water tablets, Angio-II receptor antagonists or ACE inhibitors
- Epilepsy medicines e.g. Phenytoin, Sodium valproate
- Methotrexate (for psoriasis, arthritis or tumours)
- Antacids for indigestion
- Probenecid or sulphinpyrazone for gout
- Antidepressants e.g. citalopram

Before using aspirin inform your doctor about the medicines you are taking. If you are using aspirin regularly seek advice of your doctor before taking any other medicine (including other medicines that you have bought).
Metamizole (substance to decrease pain and fever) may reduce the effect of acetylsalicylic acid on platelet aggregation (blood cells sticking together and forming a blood clot), when taken concomitantly. Therefore, this combination should be used with caution in patients taking low dose aspirin for cardioprotection.

Pregnancy, breast-feeding and fertility
If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

If you continue or start treatment with Dispersible Aspirin 75 mg Tablets during pregnancy per instruction of the physician, then use Dispersible Aspirin 75 mg tablets as advised by your doctor and do not use a higher dose than is recommended.

Pregnancy - last trimester
Do not take Dispersible Aspirin 75 mg Tablets higher than 100 mg per day if you are in the last 3 months of pregnancy as it could harm your unborn child or cause problems at delivery. It can cause kidney and heart problems in your unborn baby. It may affect your and your baby's tendency to bleed and cause labour to be later or longer than expected.
If you take Dispersible Aspirin 75 mg Tablets at low doses (up to and including 100 mg per day), you need strict obstetric monitoring as advised by your doctor.

Pregnancy – first and second trimester
You should not take Dispersible Aspirin 75 mg Tablets during the first 6 months of pregnancy unless absolutely necessary and advised by your doctor. If you need treatment during this period or while you are trying to get pregnant, the lowest dose for the shortest time possible should be used. If taken for more than a few days from 20 weeks of pregnancy onward, Dispersible Aspirin 75 mg Tablets can cause kidney problems in your unborn baby that may lead to low levels of amniotic fluid that surrounds the baby (oligohydramnios) or narrowing of a blood vessel (ductus arteriosus) in the heart of the baby. If you need treatment for longer than a few days, your doctor may recommend additional monitoring.

Breast-feeding
Do not take this medicine if you are breast-feeding.

Dispersible Aspirin 75 mg Tablets Contains Lactose and Sodium
If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.
This medicine contains less than 1mmol Sodium (23mg) per 150mg tablet, that is to say essentially 'Sodium-free'.



3. How to take the Tablets

Do not take these tablets without discussing it with your doctor first.
Dosage in adults, the elderly and children over the age of 16 years:
The usual dosage is 1 to 2 tablets dissolved in water, once a day.
In some people a higher dose of up to 4 tablets a day may be prescribed.
Do not take this many tablets unless told to by your doctor.
When taking this medicine, it is important to remember the following:
- The tablets must be dissolved in a glass of water before taking
- Do not give to children aged under 16 years unless told to by your doctor
- Seek medical attention **IMMEDIATELY** if you accidentally take too many tablets
- If you miss a dose, do not take a double dose to make up for the missed dose



4. Possible side effects

Most people will not have problems, but some may get some.
If you get any of these serious side effects, stop taking the tablets. **See a doctor at once:**
- You are sick and it contains blood or dark particles that look like coffee grounds
- Pass blood in your stools or pass black tarry stools
- Stomach problems including pain, indigestion or heartburn
- Allergic reactions such as skin rash, swelling of the face, neck or throat, worsening of asthma, difficulty in breathing
- Bleeding on the brain which may cause a severe headache or stroke

These other effects are less serious. If they bother you talk to a pharmacist:
- Feeling sick, being sick, changes to the stomach lining (swelling or ulcers)
- Increased bleeding time when you cut yourself, bleeding under the skin which may look like bruising
- Nose bleeds (if a nose bleed is severe or lasts for a long time, talk to a doctor straight away)
- Hearing problems (e.g. ringing in the ears) feeling dizzy (vertigo), feeling confused

Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme, Website: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.
By reporting side effects you can help provide more information on the safety of this medicine.



5. Storing your medicine

Keep your medicine in a safe place where children cannot see or reach it.
Do not store above 25°C. Store in the original packaging to protect from light and moisture.
Do not use this medicine after the expiry date printed on the packaging.



6. More about your medicine

The active ingredient in these tablets is 75mg aspirin. The inactive ingredients are starch, sodium saccharin, lactose, citric acid, calcium carbonate, talc and sodium lauryl sulphate.
Dispersible Aspirin 75 mg tablets are white, round, uncoated tablets with a bevelled edge. The tablets have 'aD'and '75' debossed (stamped into) one side and plain on the other side.

The product licence holder and manufacturer is Aspar Pharmaceuticals Ltd.,
Albany House, Acrewood Way, St Albans, AL4 0JY, United Kingdom.

PL 08977/0007

Dispersible Aspirin 75mg tablets are available in blister packs of 24, 28, 56 and 100 tablets and they are also available in container packs of 25, 28, 32, 50, 60, 100 or 1000 tablets
(Not all pack sizes are marketed).

Date of text revision: February 2026

RFO/35

DA-75/13