

Package leaflet: information for the user

colofac[®]
tablets 135mg

Mebeverine hydrochloride

Read all of this leaflet carefully before you start taking this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects becomes serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

- 1 What Colofac Tablets 135 mg are and what they are used for
- 2 Before you take Colofac Tablets 135 mg
- 3 How to take Colofac Tablets 135 mg
- 4 Possible side effects
- 5 How to store Colofac Tablets 135 mg
- 6 Further information

1. What Colofac Tablets 135 mg are and what they are used for

Colofac Tablets 135 mg contain Mebeverine hydrochloride. This belongs to a group of medicines called antispasmodics.

This medicine is used to treat symptoms of irritable bowel syndrome (IBS) and similar problems such as chronic irritable colon, spastic constipation, mucous colitis and spastic colitis. Irritable bowel syndrome (IBS) is a very common condition which causes spasm and pain in the gut or intestine.

The intestine is a long muscular tube which food passes down so it can be digested. If the intestine goes into spasm and squeezes too tightly, you get pain. The way this medicine works is by relieving the spasm, pain and other symptoms of IBS.

The main symptoms of irritable bowel syndrome (IBS) include:

- stomach pain and spasm
- feeling bloated and having wind
- having diarrhoea (with or without constipation)
- small, hard, pellet-like or ribbon-like stools (faeces)

These symptoms may vary from person to person.

Talk to your doctor if these symptoms do not improve after a while if you develop new symptoms or you are concerned about your symptoms.

Your diet and lifestyle can also help treat IBS:

How you restrict your diet depends on the way IBS affects you. If you find that certain foods bring on the symptoms, then it makes sense not to eat them. A high fibre diet may help, but ask your pharmacist for more information.

Some people find that learning to relax can help to lessen their symptoms of IBS. You may find it helpful to set aside a few moments each day to relax and gently unwind.

2. Before you take Colofac Tablets 135 mg

Do not take Colofac Tablets 135 mg if:

- You are allergic to any of the tablet ingredients (see section 6 for a list of ingredients).

If any of the above applies to you, do not take this medicine and talk to your doctor or pharmacist.

**Take special care with Colofac Tablets
135 mg**

Check with your doctor or pharmacist
before taking your medicine if:

- You have developed new symptoms or your symptoms have become worse.
- You have liver or kidney problems.

If the above applies to you (or you are not sure), talk to your doctor or pharmacist before taking this medicine.



Taking Colofac Tablets 135 mg with food and drink

You can drink alcohol while you are taking Colofac ablets 135 mg.

Taking other medicines

No interactions with other medicines are known.

Pregnancy and breast-feeding

You should talk to your doctor or pharmacist before taking Colofac Tablets 135 mg if you are pregnant or might become pregnant. There is only limited information about the safety of Mebeverine for pregnant women. Your doctor may advise you to stop taking Colofac Tablets before you become pregnant or as soon as you know you are pregnant. Colofac Tablets should not be used during breast-feeding.

Driving and using machines


This medicine is not likely to affect you being able to drive or use any tools or machines.

Important information about some of the ingredients of Colofac Tablets 135 mg

This medicine contains lactose and sucrose (types of sugar). If you have been told by your doctor that you cannot tolerate or digest some sugars (have an intolerance to some sugars), talk to your doctor before taking this medicine.

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Description		Mebeverine Hydrochloride 135 mg 100		Date: 04 JUN 2024		Time: 15:06	
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Superseded Supplier Code	1502158						
Packing Site/Printer	Mylan Laboratories SAS (Chatillon sur Chalaronne - FR)						
Sign-offs							

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