

# Chesty Cough Expectorant

NUMARK

## Interaction with other medicines:

There is an increased risk of side effects such as dry mouth, blurred vision or difficulty passing urine if this medicine is taken with: **parkinson's medicines** e.g. Procyclidine, Orphenadrine, Trihexiphenidyl; **antipsychotics** e.g. Chlorpromazine, Clozapine, Thioridazine; **antispasmodics** e.g. Atropine, Propantheline; **tricyclic antidepressants** e.g. Amitriptyline, Clomipramine.

There is an increased risk of drowsiness if this medicine is taken with any of the following: **alcohol**, **antipsychotics** e.g. Chlorpromazine; **barbiturates** e.g. Phenobarbital; **anxiety medicines** e.g. Diazepam, Temazepam; **sleeping tablets** e.g. Zopiclone; **strong painkillers** e.g. Morphine, Codeine.

## Further Warnings:

- Harmful for those suffering from alcoholism. This medicinal product contains 7.2 vol% ethanol (alcohol), i.e. up to 568mg per 10ml dose, equivalent to 14.1ml of beer or 6ml of wine per 10ml dose.
- To be taken into account by patients on a controlled Sodium diet. This medicinal product contains 33mg of Sodium per 10ml dose.
- May cause allergic reactions (possibly delayed); contains Amaranth (E123) and Methylhydroxybenzoate (E218).
- Contains 7.8g of Sucrose per 10ml dose. This should be taken into account in patients with diabetes mellitus.

## Full Ingredients List:

Diphenhydramine Hydrochloride 14mg per 5ml, Ammonium Chloride 130mg per 5ml. Sodium Citrate E331, Levomenthol, Saccharin Sodium E954, Glucose, Sucrose, Sorbitol E420, Citric Acid E330, Ethanol, Methylhydroxybenzoate E218, Cherry Flavour, Caramel E150c, Amaranth E123 and Purified Water.

## Storage:

Keep all medicines out of the sight and reach of children.

Do not store above 25°C.

Store in the original container.

## Dosage:

**Adults and children over 12 years:** Take one or two 5ml spoonfuls (5ml to 10ml) every two or three hours.

**Children from 6 to 12 years:** Take one 5ml spoonful every three or four hours.

Not to be used on children for more than five days without the advice of a doctor. Medical attention should be sought if the child's condition deteriorates during treatment.

## Do not give to children under 6 years.

Do not take more medicine than the label tells you to.

If you accidentally take too much contact your nearest hospital.

## Side Effects:

**Caution: This medicine may cause drowsiness, if affected, do not drive or operate machinery.**

## Avoid alcoholic drink.

All medicines can have side effects although they don't affect everyone.

- Allergic reactions including swelling of the face or difficulty breathing.
- Skin rashes or unexplained bruising.
- Irregular heartbeat.
- Difficulty passing urine.

If you notice these or any other side effects, stop using the product and consult your doctor or pharmacist.

## Common side effects:

Drowsiness (usually diminishes within a few days), excitation, headache, movement (coordination) disorder, urinary retention, dry mouth, blurred vision, stomach upset, thickened chest mucous.

## Rare side effects:

Low blood pressure, involuntary muscle spasm, dizziness, confusion, depression, sleep disturbances, tremor, fits, palpitation, irregular heartbeat, allergy reactions, blood disorders and liver dysfunction.

## Reporting of side effects:

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed on the carton. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

NUMARK

# Chesty Cough Expectorant

## Diphenhydramine Hydrochloride, Ammonium Chloride

Oral solution for soothing, effective relief from chesty coughs



200 ml e



PIP 272-8780



## Numark Chesty Cough Expectorant

**About this product:** Numark Chesty Cough Expectorant is taken to relieve symptoms of cough associated with upper chest infections.

## Warnings:

### Do not use:

- If you are allergic to Diphenhydramine or any of the other ingredients of Numark Chesty Cough Expectorant.
- If you are breast-feeding or if you have liver or kidney problems.
- If you are taking medicines for depression such as Tranylcypromine, Phenelzine or Isocarboxazid or within 14 days of stopping taking these medicines.

### Do not take if you are pregnant.

### Talk to your doctor before use:

- If you are suffering from a chronic or persistent cough, if you have asthma, suffering from acute asthma attack or where the cough is accompanied by excessive secretions.
- If you are suffering from an enlarged prostate, urinary retention, angle closure (glaucoma), liver disease.
- If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product (contains Glucose, Sucrose and Sorbitol).

### Do not use to sedate a child.

**Produced for:** Numark, Amber Close, Tamworth, Staffordshire, B77 4RP, UK.

### Manufacturer and Product Licence Holder:

Bell, Sons & Co. (Druggists) Ltd., Southport, PR9 9AL, UK.

PL 03105/0050

C51-1460 Ver. J

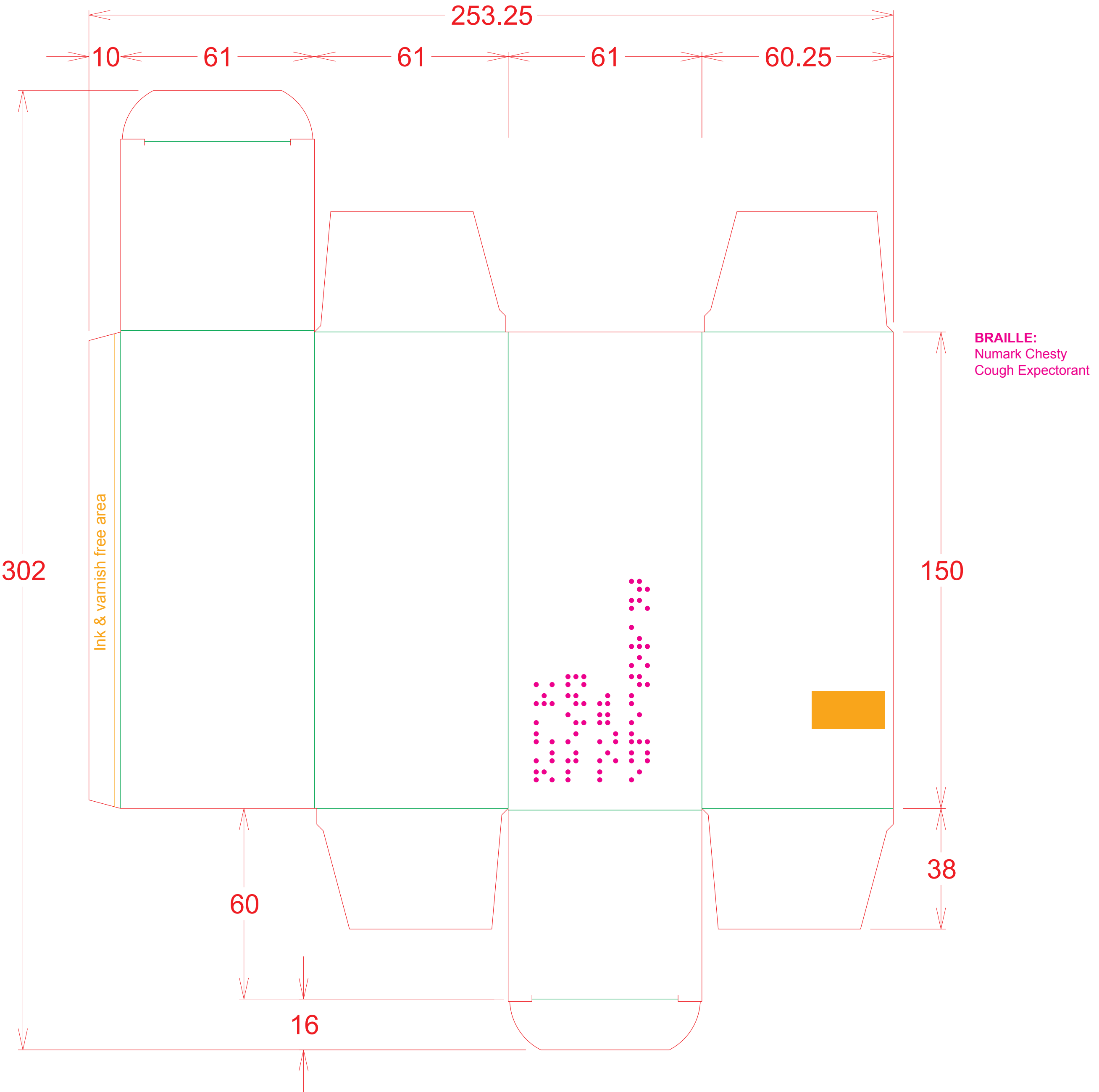
Revised October 2019

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200 ml e

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**BRAILLE:**  
Numark Chesty  
Cough Expectorant



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### Numark Chesty Cough Expectorant

**About this product:** Numark Chesty Cough Expectorant is taken to relieve symptoms of cough associated with upper chest infections.

**Dosage: Adults and children over 12 years:** Take one or two 5ml spoonfuls (5ml to 10ml) every two or three hours.

**Children from 6 to 12 years:** Take one 5ml spoonful every three or four hours.

#### Warnings:

##### Do not use:

- If you are allergic to Diphenhydramine or any of the other ingredients of Numark Chesty Cough Expectorant.
- **Do not give to children under 6 years.**
- **Do not take if you are pregnant.**

#### Side Effects

**Caution:** This medicine may cause drowsiness, if affected, do not drive or operate machinery.

**Avoid alcoholic drink.**

If you notice these or any other side effects, stop using the product and consult your doctor or pharmacist.

NUMARK+

## Chesty Cough Expectorant

**Diphenhydramine Hydrochloride, Ammonium Chloride**

Oral solution for soothing, effective relief from chesty coughs



**Active Ingredients:** Diphenhydramine Hydrochloride 14mg per 5ml, Ammonium Chloride 130mg per 5ml.

**Also contains:** Sucrose, E123 and E218.

**Storage:** Keep all medicines out of the sight and reach of children.

Do not store above 25°C.

Store in the original container.

**Manufacturer and Product Licence Holder:**

Bell, Sons & Co. (Druggists) Ltd., Southport, PR9 9AL, UK.

**Produced For:**

Numark, Amber Close, Tamworth, Staffordshire, B77 4RP, UK.

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