

## **SUMMARY OF PRODUCT CHARACTERISTICS**

### **1 NAME OF THE MEDICINAL PRODUCT**

Hydroxyzine hydrochloride 10mg Film-coated Tablets

### **2 QUALITATIVE AND QUANTITATIVE COMPOSITION**

Each film-coated tablet contains Hydroxyzine hydrochloride 10mg.

Excipient with known effect

Each film-coated tablet contains 60mg lactose monohydrate.

For the full list of excipients, see section 6.1.

### **3 PHARMACEUTICAL FORM**

Film-coated tablets  
(tablets)

White, circular, biconvex film-coated tablets with X10 debossed on one side having a diameter of 6.1 mm.

### **4 CLINICAL PARTICULARS**

#### **4.1 Therapeutic indications**

Hydroxyzine Tablets are indicated to assist in the management of anxiety in adults.

Hydroxyzine Tablets are indicated for the management of pruritus associated with acute and chronic urticaria, including cholinergic and physical types, and atopic and contact dermatitis in adults and children.

#### **4.2 Posology and method of administration**

Posology

Hydroxyzine Tablets should be used at the lowest effective dose and for the shortest possible duration.

In adults and children over 40 kg in weight, the maximum daily dose is 100mg per day.

#### Anxiety

**Adults** 50-100mg daily in divided doses

#### Pruritis

**Adults** Starting dose of 25mg at night increasing as necessary to 25mg three or four times daily.

#### ***Elderly***

In the elderly, the maximum daily dose is 50 mg per day (see section 4.4). A reduced dose is advised. This is due to a possible increase in the volume of distribution, prolonged action and the possible effect of age-related changes on pharmacologic functions, including hepatic metabolism and renal excretion (see Section 5.2 'Pharmacokinetic properties')

#### ***Paediatric Population***

In children up to 40 kg in weight, the maximum daily dose is 2 mg/kg/day.

From 6 months to 6 years, 5-15mg daily in divided doses adjusted depending on the child's weight.

In children and adolescents over 40kg in weight, the maximum daily dose is 100mg per day.

For children over 6 years, starting at 15-25mg and increasing to 50-100mg daily in divided doses adjusted according to the child's weight.

As with all medications, the dosage should be adjusted according to the patient's response to therapy.

#### ***Hepatic impairment***

The total daily dose should be reduced by 33%. Use in patients with severe liver disease should be avoided (see Section 4.4 'Special Warnings and Precautions for Use').

#### ***Renal impairment***

For patients with moderate or severe renal impairment, it is recommended that the total daily dosage should be reduced by 50% (see section 4.4 'Special Warnings and Precautions for Use').

Method of administration: Oral

### 4.3 Contraindications

Hydroxyzine Tablets are contra-indicated in the following:

- patients who have shown previous hypersensitivity to hydroxyzine hydrochloride, cetirizine, other piperazine derivatives, aminophylline or ethylenediamine, or any of the excipients of Hydroxyzine Tablets (for a full list of excipients see section 6.1 'List of excipients')
- Patients with a known acquired or congenital QT interval prolongation.
- Patients with a known risk factor to QT interval prolongation including a known
- cardiovascular disease, significant electrolytes imbalance (hypokalaemia, hypomagnesaemia), family history of sudden cardiac death, significant bradycardia, concomitant use with drugs known to prolong the QT interval and/or induce Torsade de Pointes (see sections 4.4 and 4.5).
- asthmatics who have previously experienced a serious anti-histamine-induced adverse bronchopulmonary effect
- porphyria
- pregnancy and breast-feeding (see section 4.6 'Fertility, pregnancy and lactation')

Hydroxyzine Tablets contain lactose (see section 6.1). Patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine.

### 4.4 Special warnings and precautions for use

#### Cardiovascular effects

Hydroxyzine has been associated with prolongation of the QT interval on the electrocardiogram. During post-marketing surveillance, there have been cases of QT interval prolongation and torsade de pointes in patients taking hydroxyzine. Most of these patients had other risk factors, electrolyte abnormalities and concomitant treatment that may have been contributory (see section 4.8).

Hydroxyzine should be used at the lowest effective dose and for the shortest possible duration.

Treatment with hydroxyzine should be stopped if signs or symptoms occur that may be associated with cardiac arrhythmia, and the patients should seek immediate medical attention.

Patients should be advised to promptly report any cardiac symptoms.

### **Patients with hepatic impairment**

Due to its sedative properties, use of hydroxyzine should be avoided in severe liver disease due to an increased risk of coma, and in patients with hepatic failure due to possibility of hepatic encephalopathy.

Hydroxyzine elimination is impaired in patients with hepatic dysfunction secondary to primary biliary cirrhosis. Dosage should be modified for patients with hepatic impairment (see Section 4.2 'Posology and Method of Administration')

### **Patients with renal impairment**

Hydroxyzine Tablets should be used with caution in patients with impaired renal function (see Section 4.2 'Posology and Method of Administration'). It is uncertain whether the drug may accumulate or have other adverse effects in such patients.

Hydroxyzine Tablets are completely metabolised and one of the metabolites is the active metabolite cetirizine. Cetirizine is renally excreted and clearance is reduced in patients with moderate renal impairment and on dialysis compared to normal volunteers.

### **Elderly patients**

Hydroxyzine is not recommended in elderly patients because of a decrease of hydroxyzine elimination in this population as compared to adults and the greater risk of adverse reactions (e.g. anticholinergic effects) (see sections 4.2 and 4.8). In elderly patients, it is recommended to reduce the dose of hydroxyzine due to a possible increase in the volume of distribution, prolonged action, and the possible effect of age-related changes on pharmacologic functions, including hepatic metabolism and renal excretion (see Section 4.2 'Posology and Method of Administration' and Section 5.2 'Pharmacokinetic properties')

Because of its potential antimuscarinic actions, Hydroxyzine Tablets should be used with caution in patients suffering from angle-closure glaucoma, urinary retention, prostatic hyperplasia, or pyrodoodenal obstruction.

Caution is required in patients suffering the following conditions:

- seizure disorders including epilepsy
- myasthenia gravis
- dementia
- decreased GI motility
- bladder outflow obstruction
- stenosing peptic ulcer
- patients with breathing problems (e.g. emphysema, chronic bronchitis)
- increased intraocular pressure
- hyperthyroidism
- cardiovascular disease
- hypertension

Dosage adjustments may be required if Hydroxyzine Tablets are used simultaneously with other CNS depressants or with drugs having antimuscarinic properties (see section 4.5 'Interaction with other medicinal products and other forms of interaction').

The concomitant use of alcohol and hydroxyzine should be avoided (see section 4.5 'Interaction with other medicinal products and other forms of interaction').

Treatment should be stopped for one week before skin testing for allergy is undertaken, and for 96 hours prior to a methocholine test.

Children and the elderly are more susceptible to side-effects.

Patients should be warned of impaired judgement and dexterity.

#### **4.5 Interaction with other medicinal products and other forms of interaction**

##### **Associations contraindicated**

Co-administration of hydroxyzine with drugs known to prolong the QT interval and/or induce Torsade de Pointes e.g. class IA (e.g. quinidine, disopyramide) and III antiarrhythmics (e.g. amiodarone, sotalol), some antihistamines, some antipsychotics (e.g. haloperidol), some antidepressants (e.g. citalopram, escitalopram), some antimalarial drugs (e.g. mefloquine), some antibiotics (e.g. erythromycin, levofloxacin, moxifloxacin), some antifungal agents (e.g. pentamidine), some gastro-intestinal medicines (e.g. prucalopride), some medicines used in cancer (e.g., toremifene, vandetanib),

methadone, increase the risk of cardiac arrhythmia. Therefore, the combination is contra-indicated (see section 4.3).

### **Associations requiring precaution of use**

Caution with bradycardia and hypokalaemia-inducing drugs.

Hydroxyzine is metabolized by alcohol dehydrogenase and CYP3A4/5 and an increase in hydroxyzine blood concentrations may be expected when hydroxyzine is coadministered with drugs known to be potent inhibitors of these enzymes.

Hydroxyzine Tablets may also have the following interactions:

<b>Methocholine test</b>	Treatment should be stopped for 96 hours prior to a methocholine test, to avoid effects on the test results (see section 4.4 'Special warnings and precautions for use')
<b>Skin testing for allergy</b>	Treatment should be stopped at least one week before skin testing for allergy to avoid effects on the test results (see section 4.4 'Special warnings and precautions for use')
<b>CNS depressants</b>	Patients should be warned that Hydroxyzine Tablets may enhance their response to alcohol, barbiturates, benzodiazepines, hypnotics, opioids, anxiolytics, antipsychotics, antidepressants, antiemetics, antiepileptics, other antihistamines, skeletal muscle relaxants, sedatives, anaesthetics and other CNS depressants (see section 4.4 'Special warnings and precautions for use')
<b>Antimuscarinics</b>	Antimuscarinic side effects (both peripheral and central) may be increased if Hydroxyzine Tablets are given with antimuscarinics such as atropine and some antidepressants (both tricyclics and MAOIs) (see section 4.4 'Special warnings and precautions for use')
<b>Adrenaline</b>	Hydroxyzine has been shown to inhibit and reverse the vasopressor effect of adrenaline (see Section 4.9 'Overdose')
<b>Anticholinergic agents</b>	Additive anticholinergic effects may occur if hydroxyzine is administered concomitantly with other anticholinergic agents
<b>Anticholinesterase drugs</b>	Hydroxyzine may antagonise the effects of anticholinesterase drugs
<b>Betahistine</b>	Hydroxyzine may antagonise the effects of betahistine
<b>Cimetidine</b>	Cimetidine, 600mg twice a day, has been shown to increase the serum concentrations of hydroxyzine and to decrease peak concentrations of the metabolite cetirizine
<b>CYP2D6 &amp; cytochrome P450</b>	Hydroxyzine is an inhibitor of CYP2D6 and may cause drug-drug interactions with CYP2D6 substrates. Cetirizine does not interact with other drug substances via

	cytochrome P450
<b>Drugs which have effects on the brain</b>	Drugs which have effects on the brain will interact with antihistamines
<b>Drugs that affect the hepatic microsomal enzyme system</b>	Metabolism may be reduced in patients concomitantly receiving drugs that affect the hepatic microsomal enzyme system. Decreased metabolism may result in accumulation of potentially toxic concentrations of unchanged antihistamine
<b>Ototoxic drugs</b>	It has been suggested that some sedating antihistamines could mask the warning signs of damage caused by ototoxic drugs such as aminoglycoside antibiotics
<b>Porter-Silber reaction or the Glenn-Nelson method</b>	Hydroxyzine has been reported to cause falsely elevated urinary concentrations of 17-hydroxycorticosteroids when the Porter-Silber reaction or the Glenn-Nelson method is used

## 4.6 Pregnancy and lactation

### Pregnancy

Hydroxyzine Tablets should not be used during pregnancy (see section 4.3 'Contraindications').

Clinical data in humans are inadequate to establish safety in early pregnancy.

The use of sedating antihistamines in the latter part of the third trimester may cause adverse effects in neonates such as irritability, paradoxical excitability, and tremor.

Animal studies have shown reproductive toxicity. Foetal abnormalities have been reported when hydroxyzine was administered, at doses substantially above the human therapeutic dose, to the pregnant mouse, rat and rabbit.

Hydroxyzine crosses the placental barrier which may lead to higher foetal than maternal concentrations.

In neonates whose mothers received Hydroxyzine Tablets during late pregnancy and/or labour, the following events were observed immediately or only a few hours after birth: hypotonia, movement disorders including extrapyramidal disorders, clonic movements, CNS depression, neonatal hypoxic conditions, or urinary retention.

### Breast-feeding

It is expected that Hydroxyzine Tablets may be excreted into breast milk. The effects on the nursing infant are unknown. Hydroxyzine Tablets should not be given to nursing mothers (see section 4.3 'Contraindications').

#### Fertility

No human data on the effect of hydroxyzine on fertility are available.

### **4.7 Effects on ability to drive and use machines**

Patients should be warned that Hydroxyzine Tablets may impair their ability to perform activities requiring mental alertness or physical co-ordination such as operating machinery or driving a vehicle. Concomitant use of hydroxyzine with alcohol or other CNS depressants should be avoided as this may aggravate these effects (see section 4.5 'Interaction with other medicinal products and other forms of interaction').

### **4.8 Undesirable effects**

The most common adverse effect of the sedating antihistamines is CNS depression. Effects vary from slight drowsiness to deep sleep, and include lassitude, dizziness, and incoordination. Paradoxical stimulation may occasionally occur, especially at high doses and in children and the elderly. If sedative effects occur, they may diminish after a few days of treatment. Other common adverse effects include headache, psychomotor impairment and antimuscarinic effects.

Adverse events are listed below by system Organ Class and frequency.

Assessment of undesirable effects is based on the following frequency groupings:

Very common:  $\geq 1/10$

Common:  $\geq 1/100$  to  $< 1/10$

Uncommon:  $\geq 1/1000$  to  $< 1/100$

Rare:  $\geq 1/10,000$  to  $< 1/1000$

Very rare:  $< 1/10,000$

Not known: cannot be estimated from the available data

<b>System Organ Class</b>	<b>Undesirable Effect</b>	<b>Frequency</b>
Blood and lymphatic system disorders	blood disorders, including agranulocytosis, leucopenia, haemolytic anaemia, and thrombocytopenia	Not known
Immune system disorders	Hypersensitivity reactions, anaphylaxis, angioedema	Not known
Metabolic and	porphyria, anorexia	Not known

nutritional disorders		
-----------------------	--	--

Psychiatric disorders	agitation, confusion, disorientation, hallucinations, sleep disturbances, depression, increased anxiety, nightmares	Not known
Nervous system disorders	Dyskinesia <sup>4</sup> , insomnia, sedation, drowsiness, dizziness, weakness, headache, tremor <sup>1</sup> , convulsions <sup>2</sup> , psychomotor impairment, paraesthesias, extrapyramidal effects, seizure, coma, somnolence, disturbance in attention, involuntary motor activity <sup>3</sup> , ataxia, slurred speech, bitter taste in mouth, faintness	Not known
Eye disorders	Accommodation disorder, blurred vision	Not known
Ear and labyrinth disorders	tinnitus, labyrinthitis, vertigo	Not known
Cardiac disorders	Ventricular arrhythmias (e.g. Torsade de Pointes), QT interval prolongation (see section 4.4), tachycardia, palpitation	Not known
Vascular disorders	hypotension, flushing	Not known
Respiratory, thoracic and mediastinal disorders	bronchospasm, thickened respiratory tract secretions, wheezing, nasal stuffiness, dryness of throat	Not known
Gastrointestinal disorders	constipation, dryness of the mouth, nausea, vomiting, increased gastric reflux, diarrhoea, epigastric pain, increased GI peristalsis	Not known
Hepatobiliary disorders	liver dysfunction	Not known
Skin and subcutaneous tissue disorders	dermatitis, fixed drug eruption, pruritis, erythema, papular rash, sweating increased, urticaria, hair loss, eczema, acute generalised exanthematous pustulosis (AGEP), toxic epidermal necrolysis Stevens-Johnson syndrome, erythema multiforme	Very rare
Musculoskeletal and connective tissue disorders	myalgia	Not known
Renal and urinary disorders	urinary retention, dysuria	Not known
Reproductive system and breast disorders	priapism, impotence, early menses	Not known

General disorders and administration site conditions	fatigue, malaise, lassitude, pyrexia, dryness of respiratory mucosae, asthenia, tightness of chest, irritability, chills	Not known
Investigations	liver function tests abnormal, weight increased	Not known

#### Footnotes

<sup>1,2,3</sup> reported usually with doses considerably higher than those recommended. Continuous therapy with over 1g/day has been employed in some patients without these effects having been encountered.

<sup>4</sup> dyskinesia may follow termination of prolonged antihistamine therapy.

Children and the elderly are more susceptible to side-effects.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via Yellow Card Scheme, Website: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store.

## 4.9 Overdose

Overdosage with sedating antihistamines is associated with antimuscarinic, extrapyramidal, and CNS effects. If CNS stimulation predominates over CNS depression, ataxia, excitement, seizures, tremors, psychoses, hallucinations, convulsions and hyperpyrexia can occur. Coma and cardiorespiratory collapse may follow. CNS stimulation is more likely in children and elderly. In adults, CNS depression is more common with drowsiness, postictal depression, coma, and convulsions, progressing to respiratory failure and cardiovascular collapse. In children and adults, cerebral oedema and upper nephron nephrosis, a deepening coma, tachycardia, QRS widening, heart block, cardiorespiratory collapse/arrest, cardiogenic shock, and death may occur.

Common features include excessive sedation, nausea, vomiting, flushing, dilated pupils, dry mouth and tongue, hot dry skin, fever, sinus tachycardia, hypertension, ataxia, nystagmus, delirium, agitation, psychosis and visual hallucinations. Uncommon systemic features include myoclonic jerking, muscle rigidity, coma, convulsions, cardiac conduction abnormalities, QT prolongation and arrhythmias, cardiovascular collapse, paralytic ileus, urinary retention, hyperkalaemia, metabolic acidosis and rhabdomyolysis.

Peak concentrations occur approximately two hours post ingestion, and elimination half-life has been reported approximately 14 hours and 20 hours post ingestion (see section 5.2 'Pharmacokinetic properties').

There is no specific antidote. It is doubtful whether haemodialysis or peritoneal dialysis has any value in the treatment of overdose with Hydroxyzine Tablets. However, if other agents such as barbiturates have been ingested concomitantly, dialysis may be indicated.

Consider activated charcoal only if the patient presents within 1 hour of ingestion of a potentially toxic amount. Gastric lavage is rarely required; for substances that cannot be removed effectively by other means, it should be considered only if a life-threatening amount has been ingested within the previous hour. It should be carried out only if the airway can be protected adequately. Induction of emesis is not recommended.

General supportive care, including frequent monitoring of the vital signs and close observation of the patient is indicated. Clear airways should be maintained, and there should be adequate ventilation. Assisted ventilation is indicated if hypercapnia is present. Observation for 6 hours after ingestion, without any other specific treatment, will be sufficient for the majority of patients. Monitor BP, pulse and body temperature. In symptomatic patients measure U&Es and creatine kinase. Perform a 12-lead ECG and monitor cardiac rhythm. Patients who have been unconscious may be hypothermic.

Hypotension, though unlikely, may be controlled with intravenous fluids. In adults, if severe hypotension persists, determine the cause and consider treatment with the following; if hypotension is mainly due to decreased systemic vascular resistance, drugs such as noradrenaline or high dose dopamine may be beneficial, if hypotension is due to reduced cardiac output dobutamine, or in severe cases adrenaline may be beneficial. However it should be noted that hydroxyzine has been shown to inhibit and reverse the vasopressor effect of adrenaline.

Analeptic agents should not be used since they may cause seizures.

As in the management of overdose with any drug, it should be borne in mind that

multiple agents may have been taken.

## **5 PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group: Anxiolytics

ATC code: N05B B01

Hydroxyzine hydrochloride is unrelated chemically to benzodiazepines, phenothiazines, reserpine and meprobamate.

### **Mechanism of Action**

Hydroxyzine is a first generation antihistamine, a piperazine derivative, with antimuscarinic and sedative properties.

Antihistamines act as competitive antagonists of histamine at H1 histamine receptors, thus inhibiting H1 receptor-mediated reactions, such as vasodilation, flare and itch reactions and sneezing.

First-generation H1 antagonists easily cross the blood-brain barrier, consequently producing well-documented sedative and anticholinergic effects.

First-generation antihistamines also have affinity for 5-HT receptors, alphaadrenoreceptors, and muscarinic receptors. They also reduce cyclic GMP concentrations, increase atrioventricular nodal conduction, and inhibit activation of airway vagal afferent nerves.

### **Pharmacodynamic effects**

Hydroxyzine has CNS depressant, anticholinergic, antispasmodic, and local anaesthetic activity, in addition to antihistaminic effects. The drug also has sedative, antiemetic and primary skeletal muscle relaxant activity.

An onset of sedative action of hydroxyzine is usually noted within 15 to 30 minutes after oral administration. Sedative effects persist for 4-6 hours following administration of a single dose.

Hydroxyzine suppresses the inflammatory response (wheal and flare reaction) and pruritus for up to 4 days after intradermal skin tests with allergens and histamine.

The therapeutic range for plasma hydroxyzine concentrations and the relationship of plasma concentration to clinical response or toxicity have not been established.

Hydroxyzine does not appear to increase gastric secretions or acidity, and usually has mild antisecretory effects.

It induces a calming effect in anxious tense adults. It is not a cortical depressant, but its action may be due to a suppression of activity in certain key regions of the subcortical area of the central nervous system

### **Clinical efficacy and safety**

Hydroxyzine Tablets has been shown clinically to be a rapid-acting anxiolytic with a wide margin of safety.

Antihistamine effects have been demonstrated experimentally and confirmed clinically; it is highly effective in alleviating pruritus

### **Paediatric population**

The pharmacokinetics and antipruritic effects of hydroxyzine were studied in 12 children (mean age 6.1 +/- 4.6 years) with severe atopic dermatitis, each given a single 0.7 mg/kg oral dose. Pruritus was significantly suppressed from 1 to 24 hours after the administration of the dose, with greater than 85% suppression from 2 to 12 hours. The potent antipruritic effect persists even when serum concentrations of the drug are low (only 10% of the maximum levels achieved). In children, the biologic effects of hydroxyzine appear to be much more prolonged than would be predicted from the half life values.

## **5.2 Pharmacokinetic properties**

### **Absorption**

Hydroxyzine is rapidly absorbed from the gastrointestinal tract.

After a single oral dose of hydroxyzine, 0.7 mg/kg (mean dose 39.0 +/- 5.4 mg) a mean maximum serum hydroxyzine concentration of 72.5 +/- 11.1 ng/ml has been shown to occur at a mean time of 2.1 +/- 0.4 hours.

### **Distribution**

Distribution of hydroxyzine into human body tissues and fluids has not been fully characterised. Following administration of hydroxyzine to animals, the drug is widely distributed into most body tissues and fluids with highest concentrations in the liver, lungs, spleen, kidneys, and adipose tissue. The drug is also distributed into bile in animals.

Hydroxyzine crosses the placental barrier which may lead to higher foetal than maternal concentrations.

Serum hydroxyzine concentrations do not necessarily reflect hydroxyzine tissue binding or distribution to skin receptor sites. Suppression of wheals, flares, and associated pruritus has been shown to persist even when serum hydroxyzine concentrations are low.

First-generation H1 antagonists easily cross the blood-brain barrier.

In a study group of healthy adults, the mean apparent volume of distribution has been found to be 16.0 +/- 3.0 L/kg.

### **Biotransformation**

Hydroxyzine is metabolised in the liver. Metabolites include cetirizine, which has antihistaminic activity. Cetirizine is formed from hydroxyzine via an oxidative biotransformation step.

### **Elimination**

An elimination half life of 20.0 +/- 4.1 hours and of 14.0 hours has been reported for hydroxyzine.

Total body clearance in adults is generally in the range of 5 to 12 ml/min/kg.

Hydroxyzine is eliminated by hepatic metabolism in humans. Cetirizine is mainly renally excreted.

### **Special populations**

#### **Elderly patients**

The pharmacokinetics of hydroxyzine were studied in nine healthy elderly (mean age

69.5 +/- 3.7 years) subjects who ingested a single dose of hydroxyzine, 0.7 mg/kg (mean dose 49.0 +/- 6.7 mg). The mean serum elimination half life value of hydroxyzine in this elderly group was 29.3 +/-10.1 hours (range 20.2 to 53.3 hours), which was significantly longer than that reported in younger subjects. The mean apparent volume of distribution of hydroxyzine in this elderly group was 22.5 +/- 6.3

L/kg (range 13.4 to 30.7L/kg), which was significantly larger than that reported to be found in young adults. Hydroxyzine has a long mean serum elimination half life value, a large volume of distribution and a prolonged pharmacodynamic effect (suppressive effect on wheal and flare response to histamine) in the elderly.

In the elderly a number of age-related biological and physiological changes may have an effect on the pharmacology of hydroxyzine and its metabolite, cetirizine. These changes may impact upon the pharmacologic functions of absorption, distribution, metabolism, excretion, and receptor sensitivity.

Dosage reduction may be appropriate in elderly patients (see section 4.2 'Posology and Method of Administration').

#### **Paediatric patients**

The pharmacokinetics and antipruritic effects of hydroxyzine hydrochloride was studied in 12 children aged 1 to 14 years (mean age 6.1 +/- 4.6 years)

with severe atopic dermatitis. The children were given a single orally administered dose of 0.7 mg/kg hydroxyzine. The mean peak serum concentration of 47.4 +/- 17.3 ng/ml occurred at a mean time of 2.0 +/- 0.9 hours. Terminal elimination half life was shorter in children than in adults, at a mean of 7.1 +/- 2.3 hours. This resulted from a larger clearance rate in children of 32.08 +/- 11.05 ml/min/kg. The elimination half life values increased with increasing age. Half life values were approximately 4 hours in the 1 year old patients and 11 hours in the 14 year old patient.

Dosage should be adjusted in the paediatric population (see section 4.2 'Posology and Method of Administration').

### **Hepatic impairment**

The pharmacokinetics and pharmacodynamics of hydroxyzine were studied in eight patients (mean age 53.4 +/- SD11.2 years) with primary biliary cirrhosis, given a single dose of 0.7 mg/kg (mean dose 43.9 +/- 6.6mg) hydroxyzine. All patients had abnormal liver biochemistry tests, all had biopsies compatible with primary biliary cirrhosis, and seven of eight had positive tests for antimitochondrial antibodies.

Hydroxyzine elimination was found to be impaired in patients with primary biliary cirrhosis. Mean peak hydroxyzine levels occurring at 2.3 +/- 0.7 hours were found to be 116.5 +/- 60.6 ng/ml, which was significantly higher than in other patient groups studied previously. Mean serum elimination half-life of hydroxyzine was 36.6 +/-

13.1 hours, which was significantly longer than in patients with normal hepatic function studied previously.

Dosage should be adjusted in patients with hepatic impairment (see section 4.2 'Posology and Method of Administration').

### **Renal impairment**

The pharmacokinetics of hydroxyzine and of its active metabolite cetirizine were studied in patients with reduced kidney function. Eight healthy volunteers and eight patients with renal insufficiency received a single peroral dose of 50 mg hydroxyzine. With regards to hydroxyzine, results showed moderate elevation of the average terminal half-life in the patients group ( $t_{1/2}$  14 vs. 23 h). The areas under the concentration-time curves (AUC) were 996 ng·h·ml<sup>-1</sup> in the healthy volunteers group and 1621 ng·h·ml<sup>-1</sup> in the patients group. For cetirizine, AUC measured 6036 ng·h·ml<sup>-1</sup> in the healthy volunteers group and 31635 ng·h·ml<sup>-1</sup> in the patients group. The study concluded that the reduced renal clearance of cetirizine may be of clinical importance in patients with renal failure.

Dosage should be adjusted in patients with renal impairment (see section 4.2 'Posology and Method of Administration')

### **5.3 Preclinical safety data**

Preclinical data reveal no special hazard for humans based on conventional studies of safety pharmacology, repeated dose toxicity, toxicity to reproduction, genotoxicity or carcinogenicity.

## **6 PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

#### *Tablet Core:*

Lactose monohydrate;  
Microcrystalline cellulose;  
Croscarmellose sodium;  
Silica, colloidal anhydrous;  
Magnesium stearate.

#### *Tablet Coating:*

Opadry white Y-1-7000 which contains  
Hypromellose 2910,  
Titanium dioxide (E 171),  
Polyethylene glycol 400 (E 1520).

### **6.2 Incompatibilities**

Hydroxyzine hydrochloride has been reported to be incompatible with aminophylline, benzylpenicillin salts, chloramphenicol sodium succinate, dimenhydrinate, doxorubicin hydrochloride (in a liposomal formulation), thioridazine, and some soluble barbiturates.

### **6.3 Shelf life**

3 years

### **6.4 Special precautions for storage**

This medicinal product does not require any special storage conditions.

**6.5 Nature and contents of container**

PVC/Aclar-Alu blister pack containing packs of 7, 10, 14, 15, 20, 28, 30, 56, 60, 84, 90, 100, 112 and 120 tablets are available.

Not all pack sizes may be marketed.

**6.6 Special precautions for disposal**

No special requirements.

**7 MARKETING AUTHORISATION HOLDER**

Morningside Healthcare Ltd,  
Unit C, Harcourt Way  
Leicester, LE19 1WP, UK

**8 MARKETING AUTHORISATION NUMBER(S)**

PL 20117/0317

**9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

27/08/2025

**10 DATE OF REVISION OF THE TEXT**

27/08/2025