

Package leaflet: Information for the user

ATOMAID 10, 18, 25, 40, 60, 80 and 100 mg Capsules, Hard

Atomoxetine

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

- 1. What ATOMAID is and what it is used for**
- 2. What you need to know before you take ATOMAID**
- 3. How to take ATOMAID**
- 4. Possible side effects**
- 5. How to store ATOMAID**
- 6. Contents of the pack and other information**

1. What ATOMAID is and what it is used for

What it is used for

ATOMAID capsules contain atomoxetine and is used to treat attention-deficit and hyperactivity disorder (ADHD). It is used

- in children over six years of age
- in young people
- in adults.

It is used only as a part of the total treatment of the disease which also requires treatments which do not involve medicines, such as counselling and behavioural therapy.

It is not for use as a treatment for ADHD in children under 6 years of age as it is not known if the drug works or is safe in these people.

In adults, ATOMAID is used to treat ADHD when the symptoms are very troublesome and affect your work or social life and when you have had symptoms of the disease as a child.

How it works

Atomoxetine increases the amount of noradrenaline in the brain. This is a chemical that is produced naturally, and increases attention and decreases impulsiveness and hyperactivity in patients with ADHD. This medicine has been prescribed to help control the symptoms of ADHD. This medicine is not a stimulant and is therefore not addictive. It may take a few weeks after you start the medicine for your symptoms to fully improve.

About ADHD

Children and young people with ADHD find it:

- hard to sit still and
- hard to concentrate.

It is not their fault that they cannot do these things. Many children and young people struggle to do these things. However, with ADHD this can cause problems with everyday life. Children and young people with ADHD may have difficulty learning and doing homework. They find it hard to behave well at home, at school or in other places. ADHD does not affect the intelligence of a child or young person.

Adults with ADHD find it difficult to do all the things that children find difficult; however this may mean they have problems with:

- work
- relationships
- low self esteem
- education.

2. What you need to know before you take ATOMAID

Do NOT take ATOMAID if you:

- are **allergic** to atomoxetine or any of the other ingredients of this medicine (listed in section 6)
- took a medicine known as a **monoamine oxidase inhibitor** (MAOI), for example phenelzine, in the last two weeks. An MAOI is sometimes used for depression and other mental-health problems; taking ATOMAID with an MAOI could cause serious side effects or be life-threatening. You also need to wait at least 14 days after you stop taking ATOMAID before you take an MAOI
- have an eye disease called **narrow-angle glaucoma** (increased pressure in your eye)
- have serious problems with your heart which may be affected by an increase in heart rate and/or blood pressure, as this may be an effect of ATOMAID
- have serious problems with the blood vessels in your brain - such as a stroke, swelling and weakening of part of a blood vessel (aneurysm) or narrow or blocked blood vessels
- have a tumour of your adrenal gland (phaeochromocytoma).

Do not take ATOMAID if any of the above applies to you. If you are not sure, talk to your doctor or pharmacist before you take ATOMAID. This is because ATOMAID can make these problems worse.

Warnings and precautions

Both adult and children should be aware of the following warnings and precautions. Talk to your doctor or pharmacist before taking ATOMAID if you have:

- thoughts about **killing yourself** or trying to kill yourself

- **problems with your heart** (including heart defects) or an increased heartbeat. Atomoxetine can increase your heart rate (pulse). Sudden death has been reported in patients with heart defects
- **high blood pressure.** ATOMAID can increase blood pressure
- **low blood pressure.** ATOMAID can cause dizziness or fainting in people with low blood pressure
- problems with sudden changes in your **blood pressure** or your **heart rate**
- **cardiovascular disease** or past medical history of stroke
- **liver problems.** You may need a lower dose
- psychotic symptoms including **hallucinations** (hearing voices or seeing things which are not there), believing things that are not true or being suspicious
- **mania** (feeling elated or over-excited, which causes unusual behaviour) and agitation
- **aggressive feelings**
- **unfriendly and angry** (hostility) **feelings**
- a **history of epilepsy** or have had seizures for any other reason. ATOMAID might lead to an increase in seizure frequency
- different moods than usual (mood swings) or feel very unhappy
- hard-to-control, repeated twitching of any parts of the body or you repeat sounds and words.

Serotonin syndrome

Serotonin syndrome is a potentially life-threatening condition which may occur when taking ATOMAID in combination with some other medicines (see section 2 “Other medicines and ATOMAID”). Signs and symptoms of serotonin syndrome may include a combination of the following: confusion, restlessness, incoordination and rigidity, hallucinations, coma, fast heart beat, increased body temperature, fast changes in blood pressure, sweating, flushing, tremor, overactive reflexes, nausea, vomiting, and diarrhoea. Contact a doctor or go to your nearest emergency department immediately if you think serotonin syndrome is happening to you.

Treatment with ATOMAID may make you feel aggressive, hostile or violent; or aggravate these symptoms if they were present before treatment. It may also cause you to have unusual changes in behaviour or mood (including physical assault, threatening behaviour and thoughts of harming others). If you or your family and/or friends notice any of these reactions, talk to your doctor or pharmacist right away.

Tell your doctor or pharmacist if any of the above applies to you before starting treatment. This is because ATOMAID can make these problems worse. Your doctor will want to monitor how the medicine affects you.

Checks that your doctor will make before you start to take ATOMAID

These checks are to decide if ATOMAID is the correct medicine for you.

Your doctor will measure your

- blood pressure and your heart rate (pulse) before and during the time you take ATOMAID

- your height and weight if you are a child or teenager during the time you take ATOMAID.

Your doctor will talk to you about:

- any other medicines you are taking
- whether there is any family history of sudden unexplained death
- any other medical problems (such as heart problems) you or your family may have.

It is important that you provide as much information as you can. This will help your doctor decide if ATOMAID is the correct medicine for you. Your doctor may decide that other medical tests are needed before you start taking this medicine.

Other medicines and ATOMAID

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. This includes non-prescription medicines. Your doctor will decide if you can take ATOMAID with your other medicines and in some cases your doctor may need to adjust your dose or increase your dose much more slowly.

Do not take ATOMAID with medicines called MAOIs (monoamine oxidase inhibitors) used for depression. See section 2 “Do not take ATOMAID”.

If you are taking other medicines, ATOMAID may affect how well they work or may cause side effects. If you are taking any of the following medicines, check with your doctor or pharmacist before taking ATOMAID:

- medicines that **increase blood pressure** or are used to control blood pressure
- medicines such as **antidepressants**, for example imipramine, venlafaxine, mirtazapine, fluoxetine and paroxetine
- some **cough and cold remedies** which contain medicines that can affect blood pressure. It is important to check with your pharmacist when you get any of these products
- some medicines used to treat **mental health conditions**
- medicines that are known to **increase the risk of seizures**
- some medicines that cause ATOMAID to stay in the body for longer than normal (such as quinidine and terbinafine)
- **salbutamol** (a medicine to treat asthma) when taken by mouth or injected may make you feel as if your heart is racing, but this will not make your asthma worse.

ATOMAID may affect or be affected by other medicines. These include:

- some **antidepressants, opioids as tramadol**, and medicines used to treat **migraine** called **triptans**. These medicines may interact with ATOMAID and can lead to **serotonin syndrome**, a potentially life-threatening condition. (See section 2, Warnings and Precautions, Serotonin Syndrome).

The medicines below may lead to an increased risk of an abnormal rhythm of the heart when taken with ATOMAID:

- medicines used to control the rhythm of the heart

- medicines which change the concentration of salts in the blood
- medicines for malaria prevention and treatment
- some antibiotic medicines (such as erythromycin and moxifloxacin).

If you are not sure about whether any medicines you are taking are included in the list above, ask your doctor or pharmacist before taking ATOMAID.

Pregnancy and breastfeeding

It is not known if this medicine can affect an unborn baby or pass into breast milk.

- This medicine should not be used during pregnancy, unless your doctor has advised you to do so.
- You should either avoid taking this medicine if you are breastfeeding or discontinue breastfeeding.

If you are:

- pregnant or breastfeeding
- thinking that you may be pregnant or are planning to have a baby
- planning to breastfeed your baby

ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines

You may feel tired, sleepy or dizzy after taking ATOMAID. You should be careful if you are driving a car or operating machinery until you know how ATOMAID affects you. If you feel tired, sleepy or dizzy you should not drive or operate machinery.

Important information about the content of the capsules

Do not open ATOMAID capsules because the contents of the capsule can irritate the eye. If the contents of the capsules come into contact with the eye, the affected eye should be flushed immediately with water, and medical advice obtained. Hands and any other part of the body that may have come into contact with the capsule contents should also be washed as soon as possible.

3. How to take ATOMAID

- Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure. This is usually one or two times a day (morning and late afternoon or early evening).
- Children should not take this medicine without the help from an adult.
- If you are taking ATOMAID once a day and experience sleepiness or feel sick, your doctor may change your treatment schedule to twice a day.
- The capsules should be swallowed whole, either with or without food.
- The capsules should not be opened and the contents inside the capsules should not be removed and taken in any other way.
- Taking the medicine at the same time each day may help you remember to take it.

How much to take

If you are a child or teenager (6 years or older):

Your doctor will tell you how much ATOMAID you should take and will calculate this according to your weight. He/she will normally start you on a lower dose before increasing the amount of ATOMAID you need to take according to your body weight.

- Body weight up to 70 kg: a starting total daily dose of 0.5 mg per kg of body weight for a minimum of 7 days. Your doctor may then decide to increase this to the usual maintenance dose of about 1.2 mg per kg of body weight daily.
- Body weight over 70 kg: a starting total daily dose of 40 mg for a minimum of 7 days. Your doctor may then decide to increase this to the usual maintenance dose of 80 mg daily. The maximum daily dose your doctor will prescribe is 100 mg.

Adults

- ATOMAID should be started at a total daily dose of 40 mg for a minimum of 7 days. Your doctor may then decide to increase this to the usual maintenance dose of 80 mg-100 mg daily. The maximum daily dose your doctor will prescribe is 100 mg.

If you have problems with your liver your doctor may prescribe a lower dose.

If you take more ATOMAID than you should contact your doctor or the nearest hospital casualty department immediately and tell them how many capsules you have taken. The most commonly reported symptoms accompanying overdoses are gastrointestinal symptoms, sleepiness, dizziness, tremor, and abnormal behaviour. Very rarely, serotonin syndrome has also been reported, a potentially life-threatening condition. (See section 2, Warnings and precautions, Serotonin Syndrome).

If you forget to take ATOMAID

If you miss a dose, you should take it as soon as possible, but you should not take more than your total daily dose in any 24-hour period. Do not take a double dose to make up for a forgotten dose.

If you stop taking ATOMAID

If you stop taking ATOMAID there are usually no side effects but your ADHD symptoms may return. You should talk to your doctor first before you stop treatment.

Things your doctor will do when you are on treatment

Your doctor will do some tests

- before you start - to make sure that ATOMAID is safe and will be of benefit
- after you start - they will be done at least every 6 months, but possibly more often.

They will also be done when the dose is changed. These tests will include:

- measuring height and weight in children and young people
- measuring blood pressure and heart rate
- checking whether you have any problems or if side effects have got worse while taking ATOMAID.

Long-term treatment

ATOMAID does not need to be taken for ever. If you take ATOMAID for more than a year, your doctor will review your treatment, to see if the medicine is still needed.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. Although some people get side effects most people find that ATOMAID helps them. Your doctor will talk to you about these side effects.

Some side effects could be serious. **If you have any of the side effects below, see a doctor straight away.**

Uncommon (may affect up to 1 in 100 people)

- feeling or having a very fast heartbeat, abnormal rhythms of the heart
- thinking about or feeling like killing yourself
- feeling aggressive
- feeling unfriendly and angry (hostility)
- mood swings or mood changes
- serious allergic reaction with symptoms of
 - swelling of the face and throat
 - difficulty breathing
 - hives (small raised, itchy patches of skin)
- seizures
- psychotic symptoms including hallucinations (hearing voices or seeing things which are not there), believing things that are not true or being suspicious

Children and young adults aged under 18 have an increased risk of side effects such as:

- thinking about or feeling like killing yourself (may affect up to 1 in 100 people)
- mood swings or mood changes (may affect up to 1 in 10 people)

Adults have a reduced risk (may affect up to 1 in 1,000 people) **of side effects such as:**

- seizures
- psychotic symptoms including hallucinations (hearing voices or seeing things which are not there), believing things that are not true or being suspicious

Rarely (may affect up to 1 in 1,000 people)

- liver injury

You should stop taking ATOMAID and call your doctor immediately if you have any of the following:

- dark urine
- yellow skin or yellow eyes

- tummy pain which is sore when you press it (tenderness) on the right side just below your ribs
- a feeling of sickness (nausea) that is unexplained
- tiredness
- itching
- feeling that you are coming down with flu

Other side effects reported include the following. If they get serious, tell your doctor or pharmacist.

Very common side effects (may affect more than 1 in 10 people)	
CHILDREN and YOUNG PEOPLE over 6 years	ADULTS
<ul style="list-style-type: none"> - headache - pain in the stomach - decreased appetite (not feeling hungry) - feeling or being sick - sleepiness - increased blood pressure - increased heart rate (pulse) <p>These effects may disappear after a while in most patients.</p>	<ul style="list-style-type: none"> - feeling sick - dry mouth - headache - decreased appetite (not feeling hungry) - problems getting to sleep, staying asleep and waking early - increased blood pressure - increased heart rate (pulse)

Common side effects (may affect up to 1 in 10 people)	
CHILDREN and YOUNG PEOPLE over 6 years	ADULTS
<ul style="list-style-type: none"> - being irritable or agitated - problems sleeping including waking early - depression - feeling sad or hopeless - feeling anxious - tics - large pupils (the dark centre of the eye) - dizziness - constipation - loss of appetite - upset stomach, indigestion - swollen, reddened and itchy skin - rash - feeling lazy (lethargy) - chest pain - tiredness - weight loss 	<ul style="list-style-type: none"> - feeling agitated - decreased interest in sex - sleep disturbance - depression - feeling sad or hopeless - feeling anxious - dizziness - an abnormal taste or change in taste that will not go away - tremor - tingling or numbness in the hands or feet - sleepiness, drowsy, feeling tired - constipation - stomach ache - indigestion - wind (flatulence) - being sick - hot flush or flushing - feeling or having a very fast heartbeat - swollen, reddened and itchy skin - increased sweating - rash - problems going to the toilet such as not be able to urinate, frequent or hesitant

	<ul style="list-style-type: none"> urinating, pain on urinating - inflammation of the prostate gland (prostatitis) - groin pain in men - failure to obtain an erection - retarded orgasm - difficulty maintaining an erection - menstrual cramps - lack of strength or energy - tiredness - feeling lazy (lethargy) - chills - feeling, irritable, jittery - feeling thirsty - weight loss
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Uncommon side effects (may affect up to 1 in 100 people)	
CHILDREN and YOUNG PEOPLE over 6 years	ADULTS
<ul style="list-style-type: none"> - fainting - tremor - migraine - blurred vision - abnormal skin sensation, such as burning, prickling, itching, or tingling - tingling or numbness in the hands or feet - seizure (fits) - feeling or having a very fast heartbeat (QT prolongation) - shortness of breath - increased sweating - itchy skin - lack of strength or energy 	<ul style="list-style-type: none"> - restlessness - tics - fainting - migraine - blurred vision - heart rhythm abnormal (QT prolongation) - feeling cold in fingers and toes - chest pain - shortness of breath - raised red itchy rashes (hives) - muscle spasms - an urge to urinate - abnormal or absence of orgasm - irregular menstruation - ejaculation failure

Rare side effects (may affect up to 1 in 1,000 people)	
CHILDREN and YOUNG PEOPLE over 6 years	ADULTS
<ul style="list-style-type: none"> - poor blood circulation which makes toes and fingers numb and pale (Raynaud's disease) - problems going to the toilet such as frequent or hesitant urinating, pain on urinating - prolonged and painful erections - groin pain in males 	<ul style="list-style-type: none"> - poor blood circulation which makes toes and fingers numb and pale (Raynaud's disease) - prolonged and painful erections

Not known side effects (cannot be estimated from the available data)	
CHILDREN and YOUNG PEOPLE over 6 years	ADULTS
<ul style="list-style-type: none"> - Involuntary teeth grinding (bruxism) 	

Effects on growth

Some children experience reduced growth (weight and height) when they start taking **ATOMAID**. However, with long-term treatment, children recover to the weight and height for their age range.

Your doctor will watch your child's height and weight over time. If your child is not growing or gaining weight as expected, your doctor may change your child's dose or decide to stop **ATOMAID** temporarily.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store ATOMAID

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date stated on the carton and blister after 'Exp'. The expiry date refers to the last day of that month.

Do not store above 30°C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

6. Contents of the pack and other information

What ATOMAID 10, 18, 25, 40, 60, 80 and 100 mg capsules contain

- The active substance is atomoxetine hydrochloride. Each hard capsule contains atomoxetine hydrochloride equivalent to 10 mg, 18 mg, 25 mg, 40 mg, 60 mg, 80 mg or 100 mg of atomoxetine.
- The other ingredients are pregelatinized starch and colloidal silicon dioxide.
- The capsule shells contain sodium laurilsulfate and gelatin. The capsule shell colourants are:
 - iron oxide yellow (E172) (18 mg, 60 mg, 80 mg and 100 mg)
 - titanium dioxide (E171) (10 mg, 18 mg, 25 mg, 40 mg, 60 mg, 80 mg and 100 mg)
 - FD&C blue 2 (indigo carmine) (E132) (25 mg, 40 mg and 60 mg)
 - iron oxide red (E172) (80 mg and 100mg)

Printing ink:

shellac (E904), dehydrated alcohol (E1510), isopropyl alcohol, butyl alcohol, propylene glycol (E1520), strong ammonia solution (E527), black iron oxide (E172), potassium hydroxide (E525).

What ATOMAID looks like and contents of the pack

10 mg: Opaque white cap/opaque white body size “3” capsules containing white to off white powder, with ‘I 23’ on body imprinted with black ink.

18 mg: Gold cap/opaque white body size “3” capsules containing white to off white powder, with ‘I 24’ on body imprinted with black ink.

25 mg: Opaque blue cap/opaque white body size “3” capsules containing white to off white powder, with ‘I 25’ on body imprinted with black ink.

40 mg: Opaque blue cap/opaque blue body size “3” capsules containing white to off white powder, with ‘I 26’ on body imprinted with black ink.

60 mg: Opaque blue cap/gold body size “2” capsules containing white to off white powder, with ‘I 27’ on body imprinted with black ink.

80 mg: Opaque brown cap/opaque white body size “2” capsules containing white to off white powder, with ‘I 28’ on body imprinted with black ink.

100 mg: Opaque brown cap/opaque brown body size “1” capsules containing white to off white powder, with ‘I 29’ on body imprinted with black ink.

The capsules are packed in Clear PVC/PVdC – Aluminium Blister.

Pack sizes: 7, 28 or 56 capsules.

Not all pack sizes may be marketed.

Marketing Authorisation Holder & Manufacturer

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