

Viscotears[®] single dose unit

(carbomer)

Please read this leaflet carefully before you start to use Viscotears. It contains important information. Keep the leaflet in a safe place because you may want to read it again.

Do not share these eye drops with anyone else just in case you have an eye infection which you could pass on.

If you have any other questions, or if there is something you don't understand, please ask your pharmacist.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

The name of your medicine is Viscotears single dose unit but will be referred to as Viscotears throughout this leaflet.

In this leaflet:

1. What Viscotears is and what it's used for
2. Things to consider before you start to use Viscotears
3. How to use Viscotears
4. Possible side effects
5. How to store Viscotears
6. Further information

1. What Viscotears is and what it's used for

Viscotears contains the active ingredient, carbomer (polyacrylic acid). Viscotears is used to make your eyes more comfortable when they feel dry. It is one of a group of eye drops called 'artificial tears'.

2. Things to consider before you start to use Viscotears

DO NOT use Viscotears if:

- If you are allergic to carbomer or any of the other ingredients of this medicine (listed in section 6).

Take special care:

- in children and adolescents aged to 18 years, the safety and efficacy of Viscotears at the posology recommended in adults has been established by clinical experience, but no clinical trial data are available.

Warnings and precautions

- Only use Viscotears in your eye(s).
- If you have problems with your eyes apart from sore or dry eyes talk to your doctor or pharmacist before you start to use Viscotears.
- If you experience eye pain, vision changes, irritation of the eyes, persistent redness, or if the condition worsens or persists, discontinue use and consult your doctor.
- If you are taking other medicines. Please, also read the section 'Using other medicines'.

Other medicines and Viscotears

Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines.

If you are using other eye drop or eye ointment medicines, wait at least 5 minutes between each medicine. Viscotears should always be the last eye drops used.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

If you wear contact lenses, you should remove them before using Viscotears and wait at least 15 minutes before putting your lenses back in.

Driving and using machines

Some people may find that their vision is blurred immediately after using Viscotears. If affected, wait until your vision clears before you drive or use machinery.

3. How to use Viscotears

If your doctor has prescribed Viscotears he/ she will tell you how and when to use it and the dose will be on the pharmacist's label.

The usual dosage is:

Adults (including the elderly): One drop in each affected eye, three or four times a day.

Children and adolescents aged to 18 years:

The safety and efficacy of Viscotears in children and adolescents at the posology recommended in adults has been established by clinical experience, but no clinical trial data are available.

If you are not sure ask your doctor or pharmacist.

Each Viscotears should only be used once. Use immediately after you open it. Follow these instructions carefully and ask your pharmacist if there is anything you do not understand.

How to use your eye drops

- 1 Wash your hands.
- 2 If you wear contact lenses, remove them before using the drops and do not replace for at least 15 minutes.
- 3 Remove one SDU from the strip, shake the gel to the tip of the SDU and twist off the cap.
- 4 Tilt your head backwards.
- 5 Rest one hand on your cheek and gently pull down your lower lid.
- 6 Look upwards.
- 7 Gently squeeze the SDU to insert one drop in your eye.
- 8 Blink a few times to spread the liquid gel evenly over your eye.

- 9 Wipe away any excess gel from around the eyelids.
- 10 Take another SDU and repeat for the other eye if required.

NOTE: Do not touch your eye or the surrounding area with the tip of the dropper as this may cause injury to the eye and contaminate the gel.

If you use more Viscotears than you should, it is not expected that you will suffer any side effects from this, however, should you notice any problems you think are related, seek medical attention.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. You may experience the following reactions in your eyes:

Very common side effects (may affect more than 1 in 10 people): blurred vision

Common side effects (may affect up to 1 in 10 people): eye discomfort, eyelid crusting, eye irritation.

Uncommon side effects (may affect up to 1 in 100 people): eye swelling, eye pain, itchy eye, eye redness, increased tear production.

Or, reactions in other parts of your body:

Uncommon side effects (may affect up to 1 in 100 people): skin inflammation.

Additional side effects from post-marketing experience that have been reported for which the frequency is not known: Allergic reactions (symptoms may include itching, redness, swelling, or pain of the eye or redness, swelling or rash of the skin around the eye).

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the **Google Play** or **Apple App Store**. By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Viscotears

- Keep out of the sight and reach of children.
- Do not store above 25° C.
- Store in the original container in order to protect from light.
- Use immediately after first opening.
- Do not use the gel after the expiry date which is stated on the carton and blister labels after 'Exp'. The expiry date refers to the last day of that month.
- If the gel becomes discoloured or show any signs of deterioration, seek the advice of your pharmacist.
- Remember if your doctor tells you to stop taking this medicine, return any unused medicine to your pharmacist for safe disposal. Only keep this medicine if your doctor tells you to.

- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Further information

What Viscotears contains

The active ingredient in the Viscotears is carbomer. Each gram of gel contains 2mg carbomer. The other ingredients are Sorbitol (Ph.Eur.), Sodium hydroxide (for pH adjustment) and water for injections.

What Viscotears looks like and contents of the pack

Viscotears is a clear colorless eye gel.

It is available in packs of 30 single-dose containers with 0.6 ml of each eye gel.

Manufactured by: Dr. Robert Winzer Pharma GmbH, Brunsbutteler Damm 165-173, 13581 Berlin, Germany.

Procured within the EU and repackaged by the Product Licence holder: B&S Healthcare, Unit 4, Bradfield Road, Ruislip, Middlesex, HA4 0NU, UK.

Viscotears® single dose unit; PL 18799/3054

Leaflet Date: 04.10.2018



Viscotears is the registered trademark of Dr. Gerhard Mann Chemisch-Pharmazeutische.

**Blind or partially sighted?
Is this leaflet hard to see or read?**

Call 0208 515 3763 to obtain the leaflet in a format suitable for you.

Carbomer 2mg/g eye gel single dose unit

Please read this leaflet carefully before you start to use Carbomer. It contains important information. Keep the leaflet in a safe place because you may want to read it again.

Do not share these eye drops with anyone else just in case you have an eye infection which you could pass on.

If you have any other questions, or if there is something you don't understand, please ask your pharmacist.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

The name of your medicine is Carbomer 2mg/g eye gel single dose unit but will be referred to as Carbomer throughout this leaflet.

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1. What Carbomer is and what it's used for
2. Things to consider before you start to use Carbomer
3. How to use Carbomer
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1. What Carbomer is and what it's used for

Carbomer contains the active ingredient, carbomer (polyacrylic acid). Carbomer is used to make your eyes more comfortable when they feel dry. It is one of a group of eye drops called 'artificial tears'.

2. Things to consider before you start to use Carbomer

DO NOT use Carbomer if:

- If you are allergic to carbomer or any of the other ingredients of this medicine (listed in section 6).

Take special care:

- in children and adolescents aged to 18 years, the safety and efficacy of Carbomer at the posology recommended in adults has been established by clinical experience, but no clinical trial data are available.

Warnings and precautions

- Only use Carbomer in your eye(s).
- If you have problems with your eyes apart from sore or dry eyes talk to your doctor or pharmacist before you start to use Carbomer.
- If you experience eye pain, vision changes, irritation of the eyes, persistent redness, or if the condition worsens or persists, discontinue use and consult your doctor.
- If you are taking other medicines. Please, also read the section 'Using other medicines'.

Other medicines and Carbomer

Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines.

If you are using other eye drop or eye ointment medicines, wait at least 5 minutes between each medicine. Carbomer should always be the last eye drops used.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

If you wear contact lenses, you should remove them before using Carbomer and wait at least 15 minutes before putting your lenses back in.

Driving and using machines

Some people may find that their vision is blurred immediately after using Carbomer. If affected, wait until your vision clears before you drive or use machinery.

3. How to use Carbomer

If your doctor has prescribed Carbomer he/ she will tell you how and when to use it and the dose will be on the pharmacist's label.

The usual dosage is:

Adults (including the elderly): One drop in each affected eye, three or four times a day.

Children and adolescents aged to 18 years:

The safety and efficacy of Carbomer in children and adolescents at the posology recommended in adults has been established by clinical experience, but no clinical trial data are available.

If you are not sure ask your doctor or pharmacist.

Each Carbomer should only be used once. Use immediately after you open it. Follow these instructions carefully and ask your pharmacist if there is anything you do not understand.

How to use your eye drops

- 1 Wash your hands.
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- 3 Remove one SDU from the strip, shake the gel to the tip of the SDU and twist off the cap.
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NOTE: Do not touch your eye or the surrounding area with the tip of the dropper as this may cause injury to the eye and contaminate the gel.

If you use more Carbomer than you should, it is not expected that you will suffer any side effects from this, however, should you notice any problems you think are related, seek medical attention.

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