

increase to two if necessary.

When your bowel regularity has returned to normal, the dose can usually be stopped.

125 mm 15mm

7mm

If you take more Almus Constipation Relief Adult Tablets than you should Imbalance of fluid and salts in the body. This can affect the tightness of muscles such as Low levels of potassium in the blood (called 'hypokalaemia'). This can make you tired, dizzy, Dehydration, making you thirsty, feel faint and giving you headaches. It can also mean you If you take more of this medicine than you should, talk to a doctor or go to a hospital straight away. Take the medicine pack with you; this is so the doctor knows what you have taken. If you have any questions on the use of this product, ask your pharmacist or doctor. Like all medicines, Almus Constipation Relief Adult Tablets can cause side effects, although not everybody gets them. If you experience any of the following side effects, please stop taking the Severe allergic reactions which may cause swelling of the face or throat and difficulty in breathing or dizziness. If you have a severe allergic reaction, stop taking this medicine and Colitis (inflammation of the large intestine which causes abdominal pain and diarrhoea) If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety Do not take Almus Constipation Relief Adult Tablets after the expiry date which is stated on the carton and blister after EXP. The expiry date refers to the last day of that month Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect The active ingredient (the ingredient which makes this medicine work) is bisacodyl. The tablets also contain: lactose, maize starch, cellulose acetate phthalate, diethyl phthalate, sucrose, povidone, magnesium stearate, pregelatinised maize starch, talc, Almus Constipation Relief Adult Tablets are round yellow, sugar-coated tablets. They are packed in cartons containing blister strips. The cartons contain 8, 10 or 20 tablets. If you want to know more about your medicine, ask your doctor or pharmacist who can give you This leaflet was revised in March 2024 Almus Constipation Relief Adult 5mg © Dr. Reddy's Laboratories (UK) Ltd 125 mm 15mm