

Magnesium Hydroxide Mixture 8% w/w Oral suspension
Magnesium Hydroxide

Laxative for oral use for the relief of mild constipation

Keep out of the sight and reach of children

PL 25298/0464

Contains the active ingredient: magnesium oxide 275mg/5ml

Other ingredients: levomenthol, sodium saccharin, phenoxyethanol, purified water.

Precautions before use.

Do not use if:

- You have a serious digestive or stomach (gastro-intestinal) condition.
- You have problems with your kidney or liver.
- You are physically fragile or weak.

Avoid use during early pregnancy.

If you are taking any other medication, prescribed or otherwise, talk to your doctor or pharmacist before use. The antacid properties of this product can reduce the effectiveness of some other medicines including some (but not all):

- non-steroidal anti-inflammatory drugs (NSAIDs).
- antibiotics or medicines used to treat infections.
- epileptic therapy (phenytoin)
- malaria treatment (chloroquine, hydroxychloroquine).
- antipsychotic therapy (phenothiazines).
- osteoporosis therapy (biphosphonates).
- rheumatoid arthritis treatment (penicillamine).
- preventative heart attack or stroke treatments.

Store below 25°C. Do not freeze. Use within 1 months of opening. Do not use after the expiry date shown.

Dosage, as required:

Shake bottle before use. To be taken by mouth.

5ml = 1 teaspoon.

Adults (12 years +) & elderly: 25 – 50 ml (max daily dose 50ml)

Children 6 – 12 years: 10 – 25 ml (max daily dose 25ml)

Children 1 – 6 years: 5 – 10 ml (max daily dose 10ml)

Not to be taken by children under 1 year old.

Only use occasionally. If your symptoms do not improve, or in the event of an overdose, stop use and seek medical advice immediately.

Side Effects:

This medication can cause colic (waves of pain in the stomach). Persistent over-use may result in high levels of magnesium in the blood stream (hypermagnesaemia). Symptoms include weakness, drowsiness, decreased reflexes and an altered heart rhythm.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed on this label. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard

By reporting side effects you can help provide more information on the safety of this medicine.

UK Only

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Manufacturer: Pharmasol Ltd, North Way, Andover, Hampshire, SP10 5AZ

This leaflet was last revised February 2026.