Package leaflet: Information for the user

HYPROMELLOSE EYE DROPS BP

Hypromellose

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.
Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse.
- Your medicine, Hypromellose Eye Drops BP will be referred to as Hypromellose in this leaflet.

What is in this leaflet

1. What Hypromellose is and what it is used for
2. What you need to know before you use Hypromellose
3. How to use Hypromellose
4. Possible side effects
5. How to store Hypromellose
6. Contents of the pack and other information

1. What Hypromellose is and what it is used for

Hypromellose, is an artificial tear used to relieve dry eye conditions (e.g. conditions associated with the use of VDUs and TVs, infrequent blinking, certain medical treatments, atmospheric pollution and drying atmospheres e.g. air-conditioning, central heating, wind and sun). It is also used to moisten hard contact lenses and to lubricate artificial eyes.

2. What you need to know before you use Hypromellose

Do not use Hypromellose

- If you are allergic to Hypromellose or any of the other ingredients of this medicine (listed in section 6).

Warnings and precautions

- Talk to your doctor or pharmacist before using Hypromellose.
- If you develop an eye infection during this treatment.
- If you are wearing contact lenses.

Take special care with Hypromellose Eye Drops if:

- your eye irritation persists or worsens
- you have headache or eye pain
- your vision changes or continued redness occur

If any of the above apply to you, stop using Hypromellose Eye Drops and contact your doctor or pharmacist.

Other medicines and Hypromellose

Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines.
Tell your doctor or pharmacist if you are applying any other type of eye drops or eye ointment before you start to use this medicine.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines

Hypromellose may cause a temporary blurring of vision immediately after using the drops. Do not drive or operate machines if you experience any visual disturbance after using the product. Wait until this clears before driving or using machines.

Hypromellose contains benzalkonium chloride

This medicine contains 0.10 mg/ml benzalkonium chloride as preservative.
Benzalkonium chloride may be absorbed by soft contact lenses and may change the colour of the contact lenses. You should remove contact lenses before using this medicine and put them back 15 minutes afterwards.
Benzalkonium chloride may also cause eye irritation, especially if you have dry eyes or disorders of the cornea (the clear layer at the front of the eye). If you feel abnormal eye sensation, stinging or pain in the eye after using this medicine, talk to your doctor.

3. How to use Hypromellose

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.
The recommended dose is one or two drops three times daily as needed, or as directed by your doctor.
If you are using in combination with another eye drop medicine, wait 5-15 minutes before applying the second eye drops.

Instructions for use

- First wash your hands
- Avoid touching any part of the eye (or any other surface) with the tip of the bottle
- This product contains benzalkonium chloride and should not be used if soft contact lenses are being worn. However if you wear soft contact lenses, they should be removed before using the eye drops and wait at least 15 minutes before reinserting
- These drops are supplied as a sealed bottle with a spiked cap. When using the bottle for the first time, screw the cap down tightly in order to pierce the tip of the bottle





Bottle as received



Screw down the cap on the nozzle to make a opening on the tip of bottle. Do not overtighten the cap.



The spike in the cap will pierce the tip of the bottle.

FDC Limited	LEAFLET	Minipharma Code no. **Front: 3579 Back: 3594**
Size	110 (L) x 320 (H) mm	
Folded Size		
No. of Folds		
GSM	40 gsm	
Paper	Bible paper	
Colour	CMYK	
Edge Code	3 (L) x 12 (H) mm (Right hand side front bottom)	
SAP Code:	Draft: 8	Supercedes SAP Code: 2000017334
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- Tilt your head back and look at the ceiling



Tilt head backwards. Dispense drops with gentle pressure. Do not touch dropper tip to the surface of the eye.

- Pull the lower eyelid gently downwards
- Hold the bottle upside down above the eye and gently squeeze the bottle to release a drop into your eye
- Keep the affected eye closed and press your fingertip against the inside corner of the closed eye, and hold for 1 minute
- Repeat for the other eye if necessary
- Replace and tighten the cap immediately after use



Replace cap after every use, and screw the cap down

Be careful not to touch the tip of the bottle on your eye or on any other surface.
Eye solutions, if handled wrongly, can become contaminated by common bacteria and cause eye infections. If you do develop any other eye condition whilst using this product, see your doctor immediately.

If you use more Hypromellose than you should

It can be washed out of your eye with warm water.

If you forget to use Hypromellose

Apply the drops as soon as you remember. However, if it is almost time for your next dose, do not take a double dose to make up for a forgotten dose.

If you stop using Hypromellose

You should speak to your doctor or pharmacist, if you want to stop taking Hypromellose.
If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.
Possible side effects include:

- vision blurred
- eye pain
- foreign body sensation in eyes
- eye irritation
- redness of eye

These effects should wear off after a short time. If these effects persist or get worse, or you notice any side effects not listed in this leaflet **stop using Hypromellose and talk to your doctor or pharmacist.**

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Hypromellose

Keep this medicine out of the sight and reach of children.
Do not use this medicine after the expiry date which is stated on the bottle after Expiry Dt.. The expiry date refers to the last day of the month.
Do not store above 25°C.
Protect from light. A harmless slight haziness may develop in the unopened bottle.

Discard the bottle 28 days after opening, even if there is solution remaining.

Do not throw away any medicine via wastewater or household waste. Ask your pharmacist how to throw away the medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Hypromellose contains

The active substance is Hypromellose 0.3% w/v.
The other ingredients are Sodium Chloride, Potassium Chloride, Borax, Boric Acid, Benzalkonium Chloride Solution (as preservative) 0.01% w/v, Sodium Hydroxide Solution, Hydrochloric Acid and Water for Injections.

What Hypromellose looks like and contents of the pack

Hypromellose Eye Drops is a clear to slightly opalescent colourless, slightly viscous solution
Each bottle contains 10 ml of solution.

Marketing Authorisation Holder and Manufacturer

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