

## **SUMMARY OF PRODUCT CHARACTERISTICS**

### **1 NAME OF THE MEDICINAL PRODUCT**

Prospan Cough Syrup Sachets

### **2 QUALITATIVE AND QUANTITATIVE COMPOSITION**

Each sachet (5 ml) contains 35 mg of extract (as dry extract) from ivy leaf (*Hedera helix* L.) (5-7.5:1).

Extraction solvent: ethanol 30% w/w.  
For a full list of excipients, see section 6.1.  
Each sachet (5 ml) contains 1926 mg sorbitol.

### **3 PHARMACEUTICAL FORM**

Syrup  
Light brown, slightly cloudy syrup.

### **4 CLINICAL PARTICULARS**

#### **4.1 Therapeutic indications**

Traditional herbal medicinal product used to relieve chesty coughs associated with the common cold based on traditional use only.

#### **4.2 Posology and method of administration**

For oral use only.  
Massage the sachet gently before using in order to mix the contents.  
Adults, the elderly, children aged 12 years and over: take one sachet (5 ml) 3 times daily.

Empty the contents of the sachet directly into the mouth.

The sachet should be taken in the morning, at midday and in the evening.

### **Duration of use**

If symptoms worsen or persist after 7 days, a doctor or qualified healthcare practitioner should be consulted.

The product should not be used for more than 2 weeks.

The use in children under 12 years of age is not recommended (see Section 4.4 Special warnings and precautions for use)

## **4.3 Contraindications**

Hypersensitivity to the active ingredient, ivy leaf or to any of the excipients.

## **4.4 Special warnings and precautions for use**

Do not exceed the stated dose.

The use of this product in children under 12 years of age is not recommended because data are not sufficient and medical advice should be sought.

Concomitant use with antitussives such as codeine or dextromethorphan is not recommended without medical advice.

Caution is recommended in patients with gastritis or gastric ulcer.

If dyspnoea, fever or purulent sputum occurs, a doctor or a qualified healthcare practitioner should be consulted.

If symptoms worsen or persist for more than 7 days, a doctor or a qualified healthcare practitioner should be consulted.

Contains sorbitol. Patients with rare hereditary problems of fructose intolerance should not take this medicine.

#### **4.5 Interaction with other medicinal products and other forms of interaction**

No interaction studies have been performed.

#### **4.6 Pregnancy and lactation**

The safety of this product during pregnancy and lactation has not been established, therefore the use of this product during pregnancy and lactation is not recommended.

#### **4.7 Effects on ability to drive and use machines**

No studies on the effect on the ability to drive and use machines have been performed.

#### **4.8 Undesirable effects**

Allergic reactions (urticaria, skin rash, dyspnoea) and gastrointestinal reactions (nausea, vomiting, diarrhoea) have been reported.

The frequency is not known.

If other adverse side effects not mentioned above occur, a doctor or a qualified healthcare practitioner should be consulted.

#### **Reporting of suspected adverse reactions**

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance

of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard).

#### **4.9 Overdose**

Ingestion of significantly higher amounts (more than three times the daily dose) may lead to nausea, vomiting, diarrhoea and excitation. Symptomatic and supportive measures should be taken as appropriate.

### **5 PHARMACOLOGICAL PROPERTIES**

#### **5.1 Pharmacodynamic properties**

Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended.

#### **5.2 Pharmacokinetic properties**

Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended.

#### **5.3 Preclinical safety data**

Tests on reproductive toxicity, genotoxicity and carcinogenicity have not been performed.

### **6 PHARMACEUTICAL PARTICULARS**

#### **6.1 List of excipients**

Potassium sorbate

Anhydrous citric acid  
Xanthan gum  
Cherry flavour  
Sorbitol liquid 70% (crystallising)  
Purified water

## **6.2 Incompatibilities**

Not applicable.

## **6.3 Shelf life**

Unopened:

3 years

Opened:

To be used immediately.

## **6.4 Special precautions for storage**

No special precautions for storage.

## **6.5 Nature and contents of container**

Packs with 21 sachets of 5 ml.

## **6.6 Special precautions for disposal**

Any unused product or waste material should be disposed of in accordance with local requirements.

**7      MARKETING AUTHORISATION HOLDER**

Engelhard Arzneimittel GmbH & co kg  
Herzbergstrasse 3  
Niederdorfelden  
D-61138  
Germany

**8      MARKETING AUTHORISATION NUMBER(S)**

THR 35693/0002

**9      DATE OF FIRST AUTHORISATION/RENEWAL OF THE  
AUTHORISATION**

28/02/2011

**10     DATE OF REVISION OF THE TEXT**

06/07/2015

**11     DOSIMETRY (IF APPLICABLE)**

**12     INSTRUCTIONS FOR PREPARATION OF  
RADIOPHARMACEUTICALS (IF APPLICABLE)**