

PATIENT INFORMATION LEAFLET
GAVISCON PEPPERMINT LIQUID RELIEF

Sodium alginate, Sodium bicarbonate, Calcium carbonate

Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.

What is Gaviscon Peppermint Liquid Relief and what is it used for?
Gaviscon Peppermint Liquid Relief belongs to a group of medicines called 'reflux suppressants', which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort. Gaviscon Peppermint Liquid Relief is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur, for example, following meals or during pregnancy.

Before using Gaviscon Peppermint Liquid Relief
Do not take this product if:

- You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for full ingredients list).

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Take special care before treatment with Gaviscon Peppermint Liquid Relief:
This medicine contains 285.2 mg (12.4 mmol) of sodium per 20 ml dose. If you have been advised to follow a low sodium (salt) diet ask your doctor before taking this product. The maximum recommended daily dose of this medicinal product contains 1140.8 mg sodium (found in table salt). This is equivalent to 57 % of the adult recommended maximum daily dietary intake for sodium. Talk to your doctor or pharmacist if you need this product on a daily basis for a prolonged period, especially if you have been advised to follow a low salt (sodium) diet.

This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed). You can take this product if you are pregnant or breast feeding.

Taking Other Medicines
Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals such as ketoconazole, digoxin and beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for

page 2

inflammatory and autoimmune disorders), neuroleptics (for mental illness), thyroid hormones, chloroquine (for malaria), estramustine (for prostate cancer) and bisphosphonates (for osteoporosis).

How to take Gaviscon Peppermint Liquid Relief
Check that the cap seal is unbroken before first using this product. For oral use. Shake well before use.

Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime, up to four times a day.

Children under 12 years: Should be given only on medical advice.

If you take too much of this product you may feel bloated and experience some abdominal discomfort. It is unlikely to cause you any harm, but please consult your doctor or pharmacist.

If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Peppermint Liquid Relief:
If symptoms persist after 7 days consult your doctor.

Turn the leaflet for the further information.

page 3

Possible side effects
Very rarely (less than 1 in 10,000 patients treated) an allergic reaction to the ingredients may occur. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side-effects stop taking the product and consult your doctor or pharmacist.

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How to store Gaviscon Peppermint Liquid Relief
Keep all medicines out of the reach and sight of children.
Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C. Do not refrigerate or freeze.

page 4

Further information
Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients. The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoates, sodium saccharin, peppermint oil, sodium hydroxide and water. This product does not contain sugar or gluten.

Gaviscon Peppermint Liquid Relief is available in bottles of 150, 200, 300 and 600ml. Not all pack sizes may be marketed.

Product License Holder and Manufacturer:
Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS.
Text revised : July 2019.
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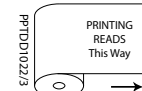
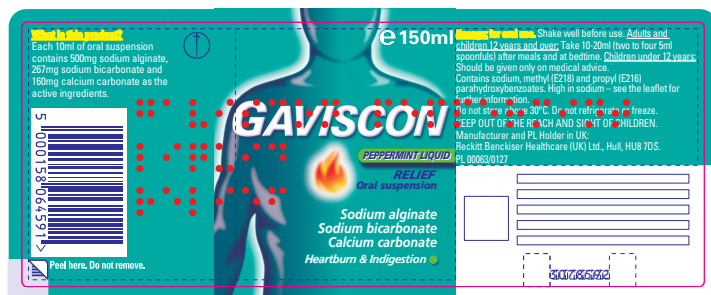
page 5

page 6

CUSTOMER INFO:
Minimum Point Size = 7.00pt
(Front label only)
Leaflet measures at 9pt

TBR2444-DB346142 - English

Gaviscon Peppermint Liquid Relief



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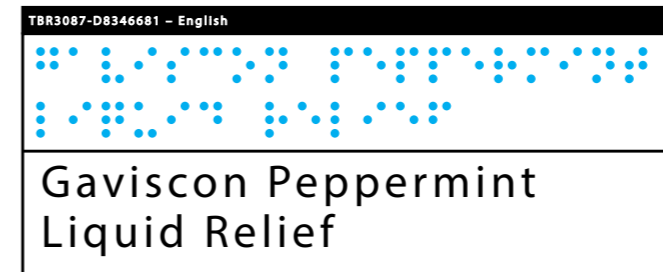
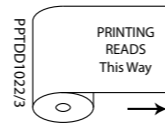
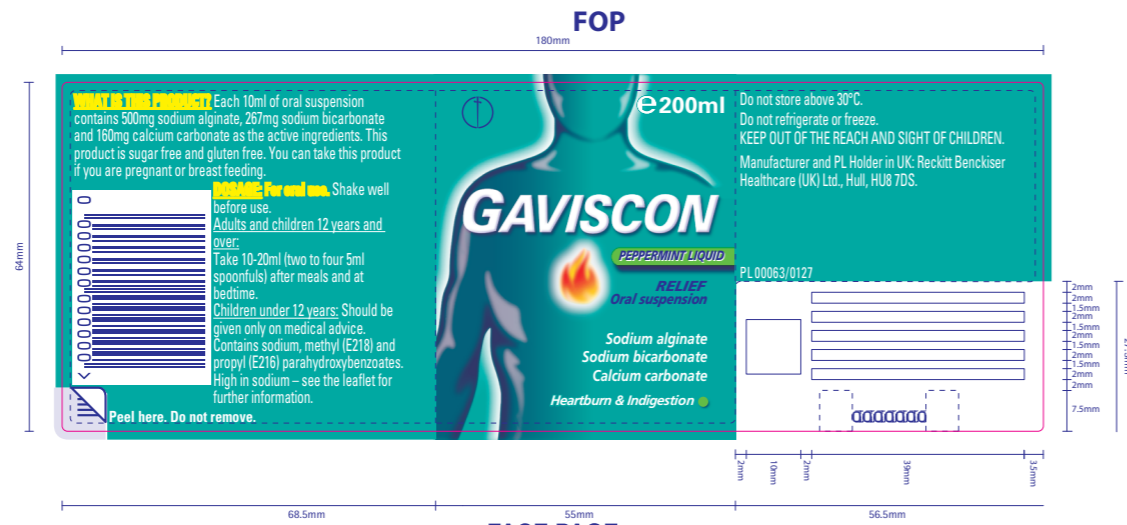
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PAGE ONE

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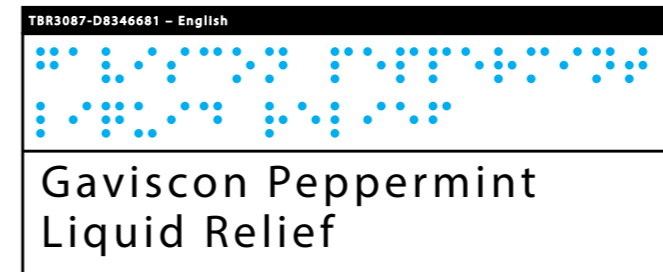
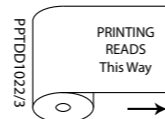
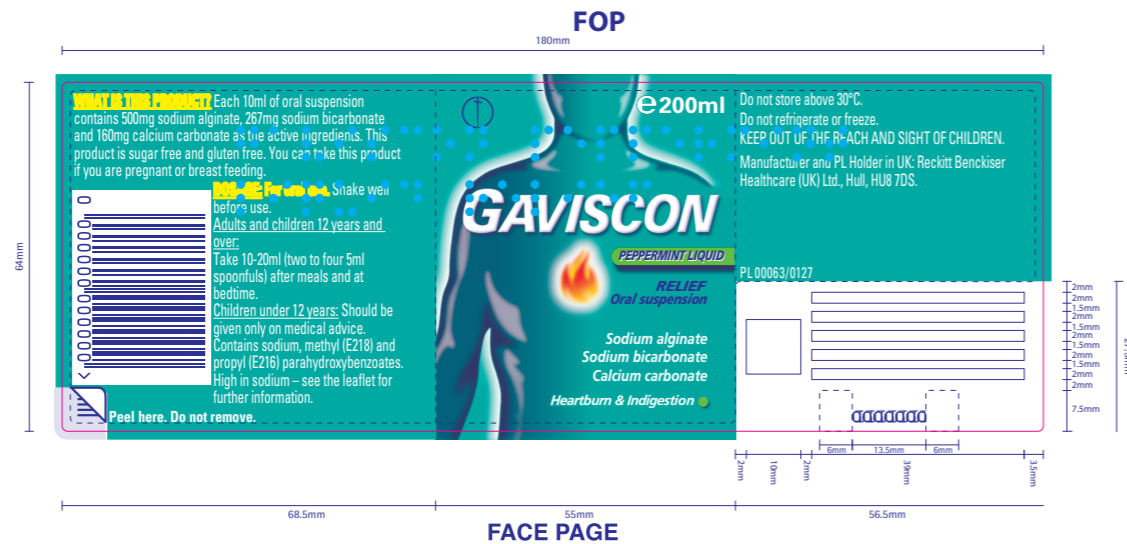
How to store Gaviscon Peppermint Liquid Relief
Keep all medicines out of the reach and sight of children. Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C. Do not refrigerate or freeze.

Further information:
Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients. The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoates, sodium saccharin, peppermint oil, sodium hydroxide and water. This product does not contain sugar or gluten.
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PAGE FOUR

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PAGE ONE

How to take Gaviscon Peppermint Liquid Relief

Take after meals and at bedtime, up to 4 times a day. Check that the cap seal is unbroken before first using this product. For oral use.

Shake well before use.

Adults and children 12 years and over:
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If you take too much of this product you may feel bloated and experience some abdominal discomfort. It is unlikely to cause you any harm, but please consult your doctor or pharmacist. If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Peppermint Liquid Relief:
If symptoms persist after 7 days consult your doctor.

Possible side effects
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This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed).
You can take this product if you are pregnant or breast feeding.

Taking Other Medicines
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PAGE FOUR

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177.8 mm

70 mm

What is this product? Each 10ml of oral suspension contains 500mg sodium alginate, 267mg sodium bicarbonate and 160mg calcium carbonate as the active ingredients. This product is sugar free and gluten free. You can take this product if you are pregnant or breast feeding.

How to use: For oral use. Shake well before use.

Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime.

Children under 12 years: Should be given only on medical advice. Contains sodium, methyl (E218) and propyl (E216) parahydroxybenzoates. High in sodium – see the leaflet for further information.

e 250ml

GAVISCON

PEPPERMINT LIQUID

RELIEF

Oral suspension

Sodium alginate
Sodium bicarbonate
Calcium carbonate

Heartburn & Indigestion

Do not store above 30°C. Do not refrigerate or freeze. KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.

Manufacturer and PL Holder in UK: Reckitt Benckiser Healthcare (UK) Ltd., Hull, HU8 7DS. Gaviscon is a trade mark of the Reckitt group.

PL 00063/0127 UK Only

5 0114 1759 1062

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PRINTING READS This Way

27.5mm

66.3mm

55mm

56.5mm

30 mm

70 mm

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7.5mm

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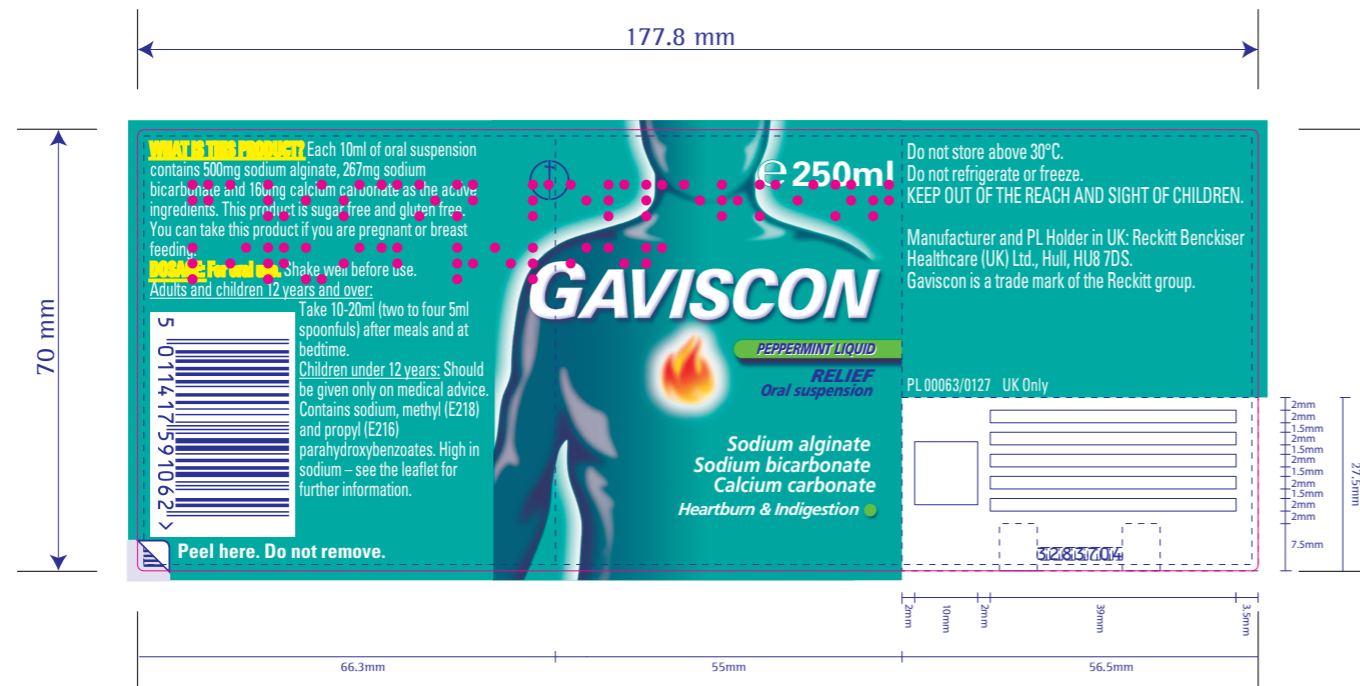
English TBR2645-D8340700

gaviscon peppermint liquid relief

BARCODE INFO

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Magnification: 90 %
Overall Height: 20.77 mm
Bar Height: 18 mm
BWR Applied: 50 Micrometre

N/A
N/A



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Children under 12 years: Should be given only on medical advice.

If you take too much of this product you may feel bloated and experience some abdominal discomfort. It is unlikely to cause you any harm, but please consult your doctor or pharmacist. If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Peppermint Liquid Relief:
 If symptoms persist after 7 days consult your doctor.

Possible side effects
 Very rarely (less than 1 in 10,000 patients treated)

an allergic reaction to the ingredients may occur. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat.

If you experience these or any other side-effects stop taking the product and consult your doctor or pharmacist.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: <http://www.mhra.gov.uk/yellowcard> or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

How to store Gaviscon Peppermint Liquid Relief
 Keep all medicines out of the reach and sight of children. Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C. Do not refrigerate or freeze.

Further information:
 Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients. The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoates, sodium saccharin, peppermint oil, sodium hydroxide and water. This product does not contain sugar or gluten.

Gaviscon Peppermint Liquid Relief is available in bottles of 100, 150, 200, 250, 300, 500 and 600ml. Not all pack sizes may be marketed.

Product License Holder and Manufacturer:
 Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS.

Gaviscon is a trade mark of the Reckitt group. Text revised: August 2023

3283704



BARCODE INFO	
Barcode Type:	EAN 13
Code Value:	5011417591062
Magnification:	90 %
Overall Height:	20.77 mm
Bar Height:	18 mm
BWR Applied:	50 Micrometre

N/A
N/A

WHAT IS THIS PRODUCT? Each 10ml of oral suspension contains 500mg sodium alginate, 267mg sodium bicarbonate and 160mg calcium carbonate as the active ingredients. This product is sugar free and gluten free. You can take this product if you are pregnant or breast feeding.

How to use: Shake well before use.
Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime.
Children under 12 years: Should be given only on medical advice. Contains sodium, methyl (E218) and propyl (E216) parahydroxybenzoates. High in sodium – see the leaflet for further information.

Do not store above 30°C. Do not refrigerate or freeze. KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.

Manufacturer and PL Holder in UK: Reckitt Benckiser Healthcare (UK) Ltd., Hull, HU8 7DS.

PL 00063/0127

Peel here. Do not remove.



PATIENT INFORMATION LEAFLET
GAVICON PEPPERMINT LIQUID
RELIEF
 Sodium alginate, Sodium bicarbonate, Calcium carbonate.

Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.

What is Gaviscon Peppermint Liquid Relief and what is it used for?
 Gaviscon Peppermint Liquid Relief belongs to a group of medicines called 'reflux suppressants', which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort. Gaviscon Peppermint Liquid Relief is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur, for example, following meals or during pregnancy.

Before using Gaviscon Peppermint Liquid Relief
Do not take this product if:
 • You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list of ingredients).
 Takes special care before treatment with Gaviscon Peppermint Liquid Relief:
 This medicine contains 285.2 mg (12.4 mmol) of sodium per 20 ml dose. If you have been advised to follow a low sodium (salt) diet ask your doctor before taking this product. The maximum recommended daily dose of this medicinal product contains 1140.8 mg sodium (found in table salt). This is equivalent to 57% of the adult recommended maximum daily dietary intake for sodium. Talk to your doctor or pharmacist if you need this product on a daily basis for a prolonged period, especially if you have been advised to follow a low salt (sodium) diet.

This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed). You can take this product if you are pregnant or breast feeding.

Taking Other Medicines
 Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking anticholinergics, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparations, antifungals such as ketoconazole, digoxin and beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for inflammatory and autoimmune disorders), neuroleptics (for mental illness), thyroid hormones, chloroquine (for malaria), oestrogenic (for prostate cancer) and bisphosphonates (for osteoporosis).

3078598

How to take Gaviscon Peppermint Liquid Relief
 Take after meals and at bedtime, up to 4 times a day. Check that the cap seal is unbroken before first using this product. For oral use.
 Shake well before use.
Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls).
Children under 12 years: Should be given only on medical advice.
 If you take too much of this product you may feel bloated and experience some abdominal discomfort. It is unlikely to cause you any harm, but please consult your doctor or pharmacist. If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.
After taking Gaviscon Peppermint Liquid Relief:
 If symptoms persist after 7 days consult your doctor.
Possible side effects
 Very rarely (less than 1 in 10,000 patients treated) an allergic reaction to the ingredients may occur. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat.
 If you experience these or any other side-effects stop taking the product and consult your doctor or pharmacist.
 If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: <http://www.mhra.gov.uk/yellowcard> or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.
How to store Gaviscon Peppermint Liquid Relief
 Keep all medicines out of the reach and sight of children. Do not use after the expiry date shown on the pack (EXP monthly/year). Do not store above 30°C. Do not refrigerate or freeze.
Further information:
 Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients. The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoates, sodium saccharin, peppermint oil, sodium hydroxide and water. This product does not contain sugar or gluten.
 Gaviscon Peppermint Liquid Relief is available in bottles of 150, 200, 300 and 600ml. Not all pack sizes may be marketed.
Product License Holder and Manufacturer: Reckitt Benckiser Healthcare (UK) Limited, Danem Lane, Hull, HU8 7DS.
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 Text revised: July 2019

3078598

CUSTOMER INFO:
 Minimum Point Size = 7.00pt
 (Leaflet text is a minimum of 9 pt)

TBR2645-D8340700 - English

Gaviscon Peppermint Liquid Relief

WHAT IS THIS PRODUCT? Each 10ml of oral suspension contains 500mg sodium alginate, 267mg sodium bicarbonate and 160mg calcium carbonate as the active ingredients. This product is sugar-free and gluten-free. You can take this product if you are pregnant or breast feeding.

How to use: Shake well before use. Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime. Children under 12 years: Should be given only on medical advice. Contains sodium, methyl (E218) and propyl (E216) parahydroxybenzoates. High in sodium – see the leaflet for further information.

Do not store above 30°C. Do not refrigerate or freeze. KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.

Manufacturer and PL Holder in UK: Reckitt Benckiser Healthcare (UK) Ltd., Hull, HU8 7DS.

PL 00063/0127

300ml

GAVISCON

PEPPERMINT LIQUID RELIEF Oral suspension

Sodium alginate
Sodium bicarbonate
Calcium carbonate
Heartburn & Indigestion

Peel here. Do not remove.



PATIENT INFORMATION LEAFLET

GAVISCON PEPPERMINT LIQUID RELIEF

RELIEF

Sodium alginate, Sodium bicarbonate, Calcium carbonate.

Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.

What is Gaviscon Peppermint Liquid Relief and what is it used for?

Gaviscon Peppermint Liquid Relief belongs to a group of medicines called 'reflux suppressants', which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort. Gaviscon Peppermint Liquid Relief is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur, for example, following meals or during pregnancy.

Before using Gaviscon Peppermint Liquid Relief

Do not take this product if:

- You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list of ingredients).

Take special care before treatment with Gaviscon Peppermint Liquid Relief:

This medicine contains 285.2 mg (12.4 mmol) of sodium per 20 ml dose. If you have been advised to follow a low sodium (salt) diet ask your doctor before taking this product. The maximum recommended daily dose of this medicinal product contains 1140.8 mg sodium (found in table salt). This is equivalent to 57% of the adult recommended maximum daily dietary intake for sodium. Talk to your doctor or pharmacist if you need this product on a daily basis for a prolonged period, especially if you have been advised to follow a low salt (sodium) diet.

This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed). You can take this product if you are pregnant or breast feeding.

Taking Other Medicines

Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparations, antifungals such as ketoconazole, digoxin and beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for inflammatory and autoimmune disorders), neuroleptics (for mental illness), thyroid hormones, chloroquine (for malaria), oestrogenic (for prostate cancer) and bisphosphonates (for osteoporosis).

3078598

How to take Gaviscon Peppermint Liquid Relief

Take after meals and at bedtime, up to 4 times a day. Check that the cap seal is unbroken before first using this product. For oral use. Shake well before use.

Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls).

Children under 12 years: Should be given only on medical advice.

If you take too much of this product you may feel bloated and experience some abdominal discomfort. It is unlikely to cause you any harm, but please consult your doctor or pharmacist. If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Peppermint Liquid Relief:

If symptoms persist after 7 days consult your doctor.

Possible side effects:

Very rarely (less than 1 in 10,000 patients treated) an allergic reaction to the ingredients may occur. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat.

If you experience these or any other side-effects stop taking the product and consult your doctor or pharmacist.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: <http://www.mhra.gov.uk/yellowcard> or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

How to store Gaviscon Peppermint Liquid Relief

Keep all medicines out of the reach and sight of children. Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C. Do not refrigerate or freeze.

Further information:

Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients. The other ingredients are carboxymethyl (E218) and propyl (E216) parahydroxybenzoates, sodium saccharin, peppermint oil, sodium hydroxide and water. This product does not contain sugar or gluten.

Gaviscon Peppermint Liquid Relief is available in bottles of 150, 200, 300 and 600ml. Not all pack sizes may be marketed.

Product License Holder and Manufacturer: Reckitt Benckiser Healthcare (UK) Limited, Danem Lane, Hull, HU8 7DS.

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Text revised: July 2019

3078598

CUSTOMER INFO:
Minimum Point Size = 7.00pt
(Leaflet text is a minimum of 9 pt)

TBR2645-D8340700 - English

Gaviscon Peppermint Liquid Relief

197mm

WHAT IS THE PRODUCT? Each 10ml of oral suspension contains 500mg sodium alginate, 267mg sodium bicarbonate and 160mg calcium carbonate as the active ingredients. This product is sugar free and gluten free. You can take this product if you are pregnant or breast feeding.

For oral use. Shake well before use. Adults and children 12 years and over: Take 10-20ml

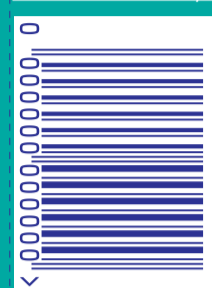
(two to four 5ml spoonfuls) after meals and at bedtime.

Children under 12 years: Should be given only on medical advice.

Contains sodium, methyl (E218) and propyl (E216)

parahydroxybenzoates.

High in sodium – see the leaflet for further information.



Peel here. Do not remove.

GAVISCON

PEPPERMINT LIQUID

RELIEF

ORAL SUSPENSION

Sodium alginate
Sodium bicarbonate
Calcium carbonate
Heartburn & Indigestion

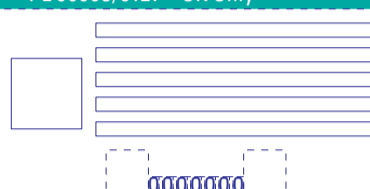
e500ml

Do not store above 30°C.
Do not refrigerate or freeze.
KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.

Manufacturer and PL Holder in UK:
Reckitt Benckiser Healthcare (UK) Ltd.,
Hull, HU8 7DS.

Gaviscon is a trade mark of the Reckitt group.

PL 00063/0127 UK Only



75 mm

27.5mm

80.5mm

60mm

56.5mm

30 mm

PATIENT INFORMATION LEAFLET GAVISCON PEPPERMINT LIQUID RELIEF

Sodium alginate, Sodium bicarbonate, Calcium carbonate

Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.

What is Gaviscon Peppermint Liquid Relief and what is it used for?

Gaviscon Peppermint Liquid Relief belongs to a group of medicines called 'reflux suppressants', which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort. It is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur, for example, following meals or during pregnancy.

Before using Gaviscon Peppermint Liquid Relief

Do not take this product if:

• You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list of ingredients).

Take special care before treatment with Gaviscon Peppermint Liquid Relief

This medicine contains 285.2 mg (12.4 mmol) of sodium per 20 ml dose. If you have been advised to follow a low sodium (salt) diet ask your doctor before taking this product. The maximum recommended daily dose of this medicinal product contains 1140.8 mg sodium (found in table salt). This is equivalent to 57 % of the adult recommended maximum daily dietary intake for sodium. Talk to your doctor or pharmacist if you need this product on a daily basis for a prolonged period, especially if you have been advised to follow a low salt (sodium) diet.

This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed). You can take this product if you are pregnant or breast feeding.

Taking Other Medicines

Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals such as ketoconazole, digoxin and beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for inflammatory and autoimmune disorders), neuroleptics (for mental illness), thyroid hormones, chloroquine (for malaria), estramustine (for prostate cancer) and bisphosphonates (for osteoporosis).

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How to take Gaviscon Peppermint Liquid Relief

Check that the cap seal is unbroken before first using this product. For oral use. Shake well before use.

Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime, up to four times a day.

Children under 12 years: Should be given only on medical advice.

If you take too much of this product you may feel bloated and experience some abdominal discomfort. It is unlikely to cause you any harm, but please consult your doctor or pharmacist. If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Peppermint Liquid Relief:

If symptoms persist after 7 days consult your doctor.

Possible side effects

Very rarely (less than 1 in 10,000 patients

treated) an allergic reaction to the ingredients may occur. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side-effects stop taking the product and consult your doctor or pharmacist.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: "<http://www.mhra.gov.uk/yellowcard>" or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

How to store Gaviscon Peppermint Liquid Relief

Keep all medicines out of the reach and sight of children. Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C.

Do not refrigerate or freeze.

Further information

Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients.

The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoates, sodium saccharin, peppermint oil, sodium hydroxide and water. This product does not contain sugar or gluten. Gaviscon Peppermint Liquid Relief is available in bottles of 100, 150, 200, 250, 300, 500 and 600ml. Not all pack sizes may be marketed.

Product License Holder and Manufacturer: Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS.

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Text revised: August 2023

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PPTDD1022/3

PRINTING
READS
This Way



English

TBR2645-D8340700



gaviscon peppermint liquid relief

BARCODE INFO

Barcode Type: EAN 13
Code Value: 0000000000000
Magnification: 100 %
Overall Height: 25.98 mm
Bar Height: 22.9 mm
BWR Applied: 59 Micrometre

What is it, how does it work? Each 10ml of oral suspension contains 500mg sodium alginate, 267mg sodium bicarbonate and 160mg calcium carbonate as the active ingredients. This product is sugar free and gluten free. You can take this product if you are pregnant or breast feeding.

How to use: For oral use. Shake well before use. Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime. Children under 12 years: Should be given only on medical advice. Contains sodium, methyl (E218) and propyl (E216) parahydroxybenzoates. High in sodium – see the leaflet for further information.

600ml

GAVISCON

PEPPERMINT LIQUID
RELIEF
ORAL SUSPENSION

Sodium alginate
Sodium bicarbonate
Calcium carbonate
Heartburn & Indigestion

Do not store above 30°C.
Do not refrigerate or freeze.
KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.

Manufacturer and PL Holder in UK:
Reckitt Benckiser Healthcare (UK) Ltd.,
Hull, HU8 7DS.

PL 00063/0127

5 000158 065581

Peel here. Do not remove.

3093970

**PATIENT INFORMATION LEAFLET
GAVISCON PEPPERMINT LIQUID
RELIEF**

Sodium alginate, Sodium bicarbonate, Calcium carbonate

Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.

What is Gaviscon Peppermint Liquid Relief and what is it used for?
Gaviscon Peppermint Liquid Relief belongs to a group of medicines called 'reflux suppressants', which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort. It is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur, for example, following meals or during pregnancy.

Before using Gaviscon Peppermint Liquid Relief
Do not take this product if:
• You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list of ingredients).
Take special care before treatment with Gaviscon Peppermint Liquid Relief
This medicine contains 285.2 mg (12.4 mmol) of sodium per 20 ml dose. If you have been advised to follow a low sodium (salt) diet ask your doctor before taking this product. The maximum recommended daily dose of this medicinal product contains 1140.8 mg sodium (found in table salt). This is equivalent to 57 % of the adult recommended maximum daily dietary intake for sodium. Talk to your doctor or pharmacist if you need this product on a daily basis for a prolonged period, especially if you have been advised to follow a low salt (sodium) diet.

This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed). You can take this product if you are pregnant or breast feeding.

Taking Other Medicines
Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals such as ketoconazole, digoxin and beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for inflammatory and autoimmune disorders), neuroleptics (for mental illness), thyroid hormones, chloroquine (for malaria), estramustine (for prostate cancer) and bisphosphonates (for osteoporosis).

3093970

How to take Gaviscon Peppermint Liquid Relief
Check that the cap seal is unbroken before first using this product. For oral use. Shake well before use.
Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime, up to four times a day.
Children under 12 years: Should be given only on medical advice.
If you take too much of this product you may feel bloated and experience some abdominal discomfort. It is unlikely to cause you any harm, but please consult your doctor or pharmacist. If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Peppermint Liquid Relief:
If symptoms persist after 7 days consult your doctor.

Possible side effects
Very rarely (less than 1 in 10,000 patients treated) an allergic reaction to the ingredients may occur. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side-effects stop taking the product and consult your doctor or pharmacist.
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at:
"http://www.mhra.gov.uk/yellowcard" or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

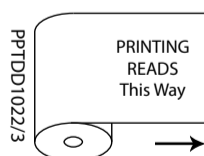
How to store Gaviscon Peppermint Liquid Relief
Keep all medicines out of the reach and sight of children. Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C.

Do not refrigerate or freeze.

Further information
Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients.
The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoates, sodium saccharin, peppermint oil, sodium hydroxide and water. This product does not contain sugar or gluten. Gaviscon Peppermint Liquid Relief is available in bottles of 150, 200, 300 and 600ml. Not all pack sizes may be marketed.

Product License Holder and Manufacturer:
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Text revised: July 2019

3093970



CUSTOMER INFO:
Minimum Point Size = 7.00pt
(Centre of FOP only)
Leaflet & label text is a minimum of 9 pt

TBR2647-D8340705 - English

Gaviscon Peppermint
Liquid Relief

What is it? Each 10ml of oral suspension contains 500mg sodium alginate, 267mg sodium bicarbonate and 160mg calcium carbonate as the active ingredients. This product is sugar free and gluten free. You can take this product if you are pregnant or breast feeding.

For oral use. Shake well before use.

Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime.

Children under 12 years: Should be given only on medical advice.

Contains sodium, methyl (E218) and propyl (E216) parahydroxybenzoates. High in sodium – see the leaflet for further information.

600ml

GAVISCON

PEPPERMINT LIQUID
RELIEF
ORAL SUSPENSION

Sodium alginate
Sodium bicarbonate
Calcium carbonate

Heartburn & Indigestion

Do not store above 30°C. Do not refrigerate or freeze. KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.

Manufacturer and PL Holder in UK: Reckitt Benckiser Healthcare (UK) Ltd., Hull, HU8 7DS.

PL 00063/0127

5 000158 065581

Peel here. Do not remove.

PATIENT INFORMATION LEAFLET GAVISCON PEPPERMINT LIQUID RELIEF

Sodium alginate, Sodium bicarbonate, Calcium carbonate

Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.

What is Gaviscon Peppermint Liquid Relief and what is it used for?

Gaviscon Peppermint Liquid Relief belongs to a group of medicines called 'reflux suppressants', which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort. It is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur, for example, following meals or during pregnancy.

Before using Gaviscon Peppermint Liquid Relief

Do not take this product if:

- You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list of ingredients).

Take special care before treatment with Gaviscon Peppermint Liquid Relief

This medicine contains 285.2 mg (12.4 mmol) of sodium per 20 ml dose. If you have been advised to follow a low sodium (salt) diet ask your doctor before taking this product. The maximum recommended daily dose of this medicinal product contains 1140.8 mg sodium (found in table salt). This is equivalent to 57% of the adult recommended maximum daily dietary intake for sodium. Talk to your doctor or pharmacist if you need this product on a daily basis for a prolonged period, especially if you have been advised to follow a low salt (sodium) diet.

This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed). You can take this product if you are pregnant or breast feeding.

Taking Other Medicines

Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals such as ketoconazole, digoxin and beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for inflammatory and autoimmune disorders), neuroleptics (for mental illness), thyroid hormones, chloroquine (for malaria), estramustine (for prostate cancer) and bisphosphonates (for osteoporosis).

3093970

How to take Gaviscon Peppermint Liquid Relief

Check that the cap seal is unbroken before first using this product. For oral use. Shake well before use.

Adults and children 12 years and over: Take 10-20ml (two to four 5ml spoonfuls) after meals and at bedtime, up to four times a day.

Children under 12 years: Should be given only on medical advice.

If you take too much of this product you may feel bloated and experience some abdominal discomfort. It is unlikely to cause you any harm, but please consult your doctor or pharmacist. If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

After taking Gaviscon Peppermint Liquid Relief:

If symptoms persist after 7 days consult your doctor.

Possible side effects

Very rarely (less than 1 in 10,000 patients treated) an allergic reaction to the ingredients may occur. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side-effects stop taking the product and consult your doctor or pharmacist.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: <http://www.mhra.gov.uk/yellowcard> or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

How to store Gaviscon Peppermint Liquid Relief

Keep all medicines out of the reach and sight of children. Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C.

Do not refrigerate or freeze.

Further information

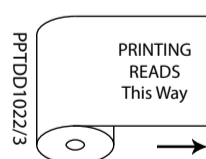
Each 10 ml oral suspension contains 500 mg sodium alginate, 267 mg sodium bicarbonate and 160 mg calcium carbonate as the active ingredients.

The other ingredients are carbomer, methyl (E218) and propyl (E216) parahydroxybenzoates, sodium saccharin, peppermint oil, sodium hydroxide and water. This product does not contain sugar or gluten. Gaviscon Peppermint Liquid Relief is available in bottles of 150, 200, 300 and 600ml. Not all pack sizes may be marketed.

Product License Holder and Manufacturer: Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS. Gaviscon and the sword and circle are trade marks.

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CUSTOMER INFO:
Minimum Point Size = 7.00pt
(Centre of FOP only)
Leaflet & label text is
a minimum of 9 pt

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Gaviscon Peppermint
Liquid Relief