

## **SUMMARY OF PRODUCT CHARACTERISTICS**

### **1 NAME OF THE MEDICINAL PRODUCT**

Midodrine Hydrochloride 10 mg Tablets

### **2 QUALITATIVE AND QUANTITATIVE COMPOSITION**

Each tablet contains 10 mg of midodrine hydrochloride.

Excipient with known effect:

Each tablet contains 1.6 mg Sunset Yellow Lake (E110).

For the full list of excipients, see section 6.1.

### **3 PHARMACEUTICAL FORM**

Tablet.

Orange, round tablet with MX debossed on one side and plain on the other side.

### **4 CLINICAL PARTICULARS**

#### **4.1 Therapeutic indications**

Midodrine hydrochloride 10 mg tablets are indicated in adults for the treatment of severe orthostatic hypotension due to autonomic dysfunction when corrective factors have been ruled out and other forms of treatment are inadequate.

#### **4.2 Posology and method of administration**

##### Posology

Initial dose: 2.5 mg three times a day (Midodrine hydrochloride 2.5 mg tablets are also available). Depending on the results of supine and standing blood pressure recordings, this dose may be increased weekly up to a dose of 10 mg three times a day. This is the usual maintenance dosage.

A careful evaluation of the response to treatment and of the overall balance of the expected benefits and risks needs to be undertaken before any dose increase and advice to continue therapy for long periods.

The last daily dose should be taken at least 4 hours before bedtime in order to prevent supine hypertension (see also section 4.4).

Midodrine hydrochloride 10 mg tablets may be taken with food (see section 5.2).

#### *Paediatric population*

The safety and efficacy of midodrine hydrochloride in children have not been established. No data are available.

#### *Elderly population*

There is limited data on dosing in the elderly and there are no specific studies which have focused on a possible dose reduction in the elderly population. Cautious dose titration is recommended.

#### *Patients with renal impairment*

There are no specific studies that have focused on a possible dose reduction in patients with renal impairment. Typically, midodrine hydrochloride is contraindicated in patients with acute renal impairment and severe renal impairment (see section 4.3).

#### *Patients with hepatic impairment*

There are no specific studies in this patient population (see also section 4.4).

#### Method of administration

For oral use.

### **4.3 Contraindications**

- Severe organic heart disease (e.g. bradycardia, heart attack, congestive heart failure, cardiac conduction disturbances or aortic aneurysm).
- Hypertension.
- Serious obliterative blood vessel disease, cerebrovascular occlusions and vessel spasms.
- Acute kidney disease.
- Severe renal impairment (creatinine clearance of less than 30 ml/min).
- Serious prostate disorder.

- Urinary retention.
- Proliferative diabetic retinopathy.
- Pheochromocytoma.
- Hyperthyroidism.
- Narrow angle glaucoma.
- Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

#### **4.4 Special warnings and precautions for use**

##### Severe orthostatic hypotension with supine hypertension

Regular monitoring of supine and standing blood pressure is necessary due to the risk of hypertension in the supine position, e.g. at night. Patients should be told to report symptoms of supine hypertension immediately such as chest pain, palpitations, shortness of breath, headache and blurred vision, and should be monitored for these side effects by the treating physician. Supine hypertension may often be controlled by an adjustment to the dose. If supine hypertension occurs, which is not overcome by reducing the dose, treatment with midodrine hydrochloride must be stopped.

The time of administration of the drug is important in this context. Avoid administration in the late evening. The last daily dose should be taken at least 4 hours before bedtime in order to prevent supine hypertension. The risk of supine hypertension occurring during the night can be reduced by elevating the head.

##### Severe disturbances of the autonomic nervous system

In patients suffering from a severe disturbance of the autonomic nervous system, administration of midodrine hydrochloride may lead to a further reduction of blood pressure when standing. If this occurs, further treatment with midodrine hydrochloride should be stopped.

##### Atherosclerotic disease

Caution must be observed in patients with atherosclerotic disease especially with symptoms of intestinal angina or claudication of the legs.

##### Prostate disorders

Caution is advised in patients with prostate disorders. Use of the drug may cause urinary retention.

##### Renal and hepatic function

This medicinal product is contraindicated in patients with acute renal impairment or severe renal impairment (see Section 4.3). Treatment with midodrine hydrochloride

has not been studied in patients with hepatic impairment. It is therefore recommended to evaluate the renal and hepatic parameters before starting treatment with midodrine hydrochloride and on a regular basis.

#### Heart rate

Slowing of the heart rate may occur after midodrine hydrochloride administration, due to vagal reflex. Caution is advised when midodrine hydrochloride is used concomitantly with cardiac glycosides (such as digitalis preparations) and other agents that directly or indirectly reduce heart rate. Patients should be monitored for signs or symptoms suggesting bradycardia.

#### Sunset yellow lake (E110)

Midodrine hydrochloride 10 mg tablets contain sunset yellow lake (E110), which may cause allergic reactions.

### **4.5 Interaction with other medicinal products and other forms of interaction**

#### Sympathomimetics and other vasopressor agents

Concomitant treatment with sympathomimetics and other vasoconstrictive substances such as reserpine, guanethidine, tricyclic antidepressants, antihistamines, thyroid hormones and MAO-inhibitors, including treatments that are available without prescription, should be avoided as a pronounced increase in blood pressure may occur.

#### Alpha-adrenergic antagonists

As with other specific  $\alpha$ -adrenergic agonists, the effect of midodrine hydrochloride is blocked by  $\alpha$ -adrenergic antagonists such as prazosin and phentolamine.

#### Heart rate reducing drugs

Monitoring is recommended if midodrine hydrochloride is combined with other drugs that directly or indirectly reduce the heart rate.

#### Glycosides

Simultaneous use of digitalis preparations is not recommended, as the heart rate reducing effect may be potentiated by midodrine hydrochloride and heart block may occur.

#### Corticosteroid preparations

Midodrine hydrochloride may potentiate or enhance the hypertensive effects of corticosteroid preparations. Patients being treated with midodrine hydrochloride in combination with mineralocorticoids or glucocorticoids (e.g. fludrocortisone) may be at increased risk of glaucoma/increased intraocular pressure, and should be carefully monitored.

#### Potential pharmacokinetic interactions

The potential for pharmacokinetic interaction is limited as the metabolic pathways do not involve cytochrome P450 enzymes (see section 5.2). However, decreased clearance of medicinal products metabolised by CYP2D6 (e.g. promethazine) has been reported.

#### Potential effect of other drugs on midodrine

No studies to evaluate the effect of other drugs on the pharmacokinetics of midodrine or the active metabolite desglymidodrine have been conducted. In vitro data indicate that desglymidodrine is a substrate of CYP2D6. Concomitant administration of drugs that inhibit this enzyme (e.g. quinidine, paroxetine, fluoxetine and bupropion) may cause increased plasma levels of desglymidodrine with a potential risk of increased adverse events.

#### Potential effect of midodrine on other drugs

Midodrine is an inhibitor of CYP2D6 and may affect the metabolism of other drugs. This may be of clinical relevance for active substances that are mainly metabolized by CYP2D6, e.g. tricyclic antidepressants, beta blockers, selective serotonin reuptake inhibitors (SSRI), antiarrhythmics (including class 1A, 1B and 1C) and monoamine oxidase inhibitors (MAO inhibitors) type B, especially if the active substance also has a narrow therapeutic index.

#### Falsely elevated plasma metanephrine

Patients taking midodrine may have falsely elevated plasma metanephrine as a result of analytical interference when measured by HILIC-based HPLC-MS/MS. This potential for interference should be considered in cases where patients taking midodrine require biochemical investigation for potential pheochromocytomas and paragangliomas.

## **4.6 Fertility, pregnancy and lactation**

### Pregnancy

There are no data from the use of midodrine hydrochloride in pregnant women. Studies in animals have shown reproductive toxicity at maternally toxic doses.

Midodrine hydrochloride 10 mg tablets are not recommended during pregnancy and in women of childbearing potential not using contraception.

### Breast-feeding

It is unknown whether midodrine hydrochloride and its metabolites are excreted in human milk.

A risk to newborns/infants cannot be excluded. Midodrine hydrochloride 10 mg tablets should not be used during breast-feeding.

### Fertility

Animal studies are insufficient with respect to the assessment of fertility.

#### 4.7 Effects on ability to drive and use machines

Midodrine hydrochloride 10 mg tablets have negligible influence on the ability to drive and use machines.

However patients who experience dizziness or light-headedness should refrain from driving or operating machinery.

#### 4.8 Undesirable effects

##### Summary of the safety profile

The most frequent and very common adverse reactions related to midodrine hydrochloride therapy are piloerection, pruritus of the scalp and dysuria.

##### Tabulated list of adverse reactions

| <b>Organ Class</b>                      | <b>Very Common<br/>(&gt; 1/10)</b> | <b>Common<br/>(&gt; 1/100, &lt;<br/>1/10)</b>            | <b>Uncommon<br/>(&gt; 1/1,000,<br/>&lt; 1/100)</b> | <b>Rare<br/>(&gt;<br/>1/10,000,<br/>&lt; 1/1,000)</b>         | <b>Frequency not<br/>known (cannot<br/>be estimated<br/>from available<br/>data)</b> |
|---|------------------------------------|--|--|---|--|
| <b>Psychiatric<br/>disorders</b>        |                                    |  | Sleep<br>disorders<br>Insomnia                     |   | Anxiety<br>Confusional<br>state  |
| <b>Nervous<br/>system<br/>disorders</b> |                                    | Paraesthesia<br>Paraesthesia of<br>the scalp<br>Headache | Restlessness<br>Excitability<br>Irritability       |   |  |
| <b>Cardiac<br/>disorders</b>            |                                    |  | Reflex<br>bradycardia                              | Tachycard<br>ia<br>Palpitatio<br>ns                           |  |
| <b>Vascular<br/>disorders</b>           |                                    | Supine<br>hypertension<br>(dose<br>dependent<br>effect)  |  |   |  |
| <b>Gastrointesti<br/>nal disorders</b>  |                                    | Nausea<br>Dyspepsia<br>Stomatitis                        |  |   | Abdominal pain<br>Vomiting<br>Diarrhoea  |
| <b>Hepatobiliar<br/>y disorders</b>     |                                    |  |  | Abnormal<br>hepatic<br>function<br>Raised<br>liver<br>enzymes |  |

|   |   |  |                 |  |  |
|---|---|--|-----------------|--|--|
| <b>Skin and subcutaneous tissue disorders</b> | Piloerection (goose bumps)<br>Pruritus of the scalp | Pruritus<br>Chills<br>Flushing<br>Rash |                 |  |  |
| <b>Renal and Urinary disorders</b>            | Dysuria   | Urinary retention                      | Urinary urgency |  |  |

### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the Yellow Card Scheme (website: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard)) or search for MHRA Yellow Card in the Google Play or Apple App Store.

## 4.9 Overdose

The symptoms of overdose are the same as experienced with side effects. The following in particular may occur: hypertension, piloerection (goose bumps) and feeling cold, bradycardia (reflex bradycardia) and urinary retention.

Treatment: In addition to the main general “life support” measures, induced vomiting and the administration of an  $\alpha$ -sympatholytic agent (e.g. nitroprusside, phentolamine, nitro-glycerine) is recommended, based on the pharmacology of the drug.

Bradycardia and bradycardic conduction disturbances can be blocked by atropine.

The active metabolite desglymidodrine is dialysable.

## 5 PHARMACOLOGICAL PROPERTIES

### 5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Cardiac Therapy, Adrenergic and dopaminergic agents

ATC-code: C01C A17

Midodrine hydrochloride is the rapidly absorbed pro-drug of the pharmacologically active constituent desglymidodrine. Desglymidodrine is a sympathomimetic agent with a direct and selective effect on the peripheral  $\alpha$ 1-adrenergic receptors. This  $\alpha$ 1-

stimulative effect induces vasoconstriction of the venous system (causing a reduction in venous pooling). The  $\alpha$ 1-adrenergic effects of desglymidodrine are almost wholly attributable to the (-) enantiomer of desglymidodrine. After taking midodrine hydrochloride, which is a racemic mixture, (+) desglymidodrine is also present, though this contributes almost nothing to the desired effect.

Desglymidodrine increases the peripheral arterial resistance, resulting in an increase in arterial blood pressure.

Only limited data is available on the long-term effects of taking midodrine hydrochloride.

Stimulation of the  $\alpha$ -adrenergic receptors of the bladder and the ureter increases the sphincter muscle tone.

Desglymidodrine has no  $\beta$ -adrenergic effects.

## 5.2 Pharmacokinetic properties

### Absorption

After oral administration, midodrine hydrochloride is rapidly absorbed. Peak plasma concentrations are reached after approximately 30 minutes, and the plasma concentration of the active metabolite, desglymidodrine, peaks after approximately 1 hour.

AUC and C<sub>max</sub> increase proportionally to the dose across a dosage range of 2.5 – 22.5 mg. Administration with food increases the AUC by approximately 25%, and the C<sub>max</sub> decreases by approximately 30%. The pharmacokinetics of desglymidodrine are not affected.

### Distribution

Neither midodrine hydrochloride nor desglymidodrine are bound to plasma proteins to any significant extent (less than 30%). Desglymidodrine diffuses poorly across the blood-brain barrier. Diffusion across the placenta has been reported. It is not known whether this drug is excreted in human milk.

### Metabolism

Midodrine hydrochloride is partially hydrolysed before absorption (in the intestines), and partially after absorption (in plasma) by the separation of glycine, herewith generating the active metabolite, desglymidodrine. The elimination of desglymidodrine is primarily caused by an oxidating metabolism, followed by (partial) conjugation.

### Excretion

Midodrine hydrochloride (8%), desglymidodrine (40%), and their degradation products (55%) are excreted in the urine by more than 90% within 24 hours in conjugated or non-conjugated forms. The plasma elimination half-life for midodrine hydrochloride is approximately 30 minutes, and is approximately 3 hours for desglymidodrine. Elimination of the active (-) enantiomer of desglymidodrine is slower than the elimination of the inactive (+) enantiomer.

## **5.3 Preclinical safety data**

Safety Pharmacology studies and repeat-dose toxicity studies with animals did not show any indications of a safety risk for humans at therapeutic doses. Studies in the rat and rabbit show that at maternally toxic doses, midodrine hydrochloride is embryotoxic. There is no evidence of teratogenicity.

Midodrine hydrochloride is not genotoxic and after long term studies in rats (104 weeks) and mice (78 weeks), there was no evidence that midodrine hydrochloride was carcinogenic at doses of up to 10 mg/kg/day and up to 15 mg/kg/day, respectively, compared to a maximum patient daily dose of 30 mg (~0.5 mg/kg/day).

## **6 PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

Microcrystalline cellulose

Maize starch

Magnesium stearate

Silica colloidal anhydrous

Sunset yellow lake (E110)

Talc

### **6.2 Incompatibilities**

Not applicable.

### **6.3 Shelf life**

2 years.

**6.4 Special precautions for storage**

Do not store above 25°C.

**6.5 Nature and contents of container**

Clear PVC-PVDC-aluminium foil blisters containing 7, 10, 14, 20, 28, 30, 56, 60, 84, 90, 100, 112 or 120 tablets.

Not all packs may be marketed.

**6.6 Special precautions for disposal**

Any unused medicinal product or waste material should be disposed of in accordance with local requirements.

**7 MARKETING AUTHORISATION HOLDER**

Morningside Healthcare Ltd.

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UK

**8 MARKETING AUTHORISATION NUMBER**

PL 20117/0427

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12/02/2024

**10 DATE OF REVISION OF THE TEXT**

12/02/2024