

Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder:

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3908946

STEP BY STEP GUIDE TO USING ARIXTRA

Types of safety syringe

There are two types of safety syringes used for Arixtra, designed to protect you from needle stick injuries following injection. One type of syringe has an **automatic** needle protection system and the other type has a **manual** needle protection system.

Parts of the syringes:

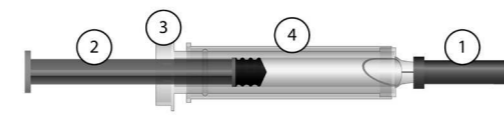
- ① Needle shield
- ② Plunger
- ③ Finger-grip
- ④ Security sleeve

Picture 1. Syringe with an **automatic** needle protection system

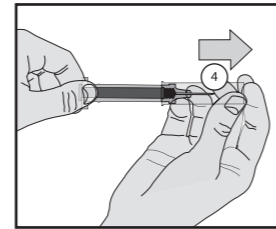


Syringe with a **manual** needle protection system

Picture 2. Syringe with a **manual** needle protection system



Picture 3. Syringe with a **manual** needle protection system showing security sleeve being pulled over needle **AFTER USE**

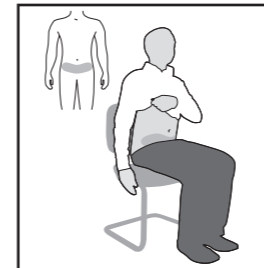


Instructions for use

These instructions are for both types of syringes (automatic and manual needle protection system). Where the instruction for a syringe is different this is clearly stated.

- 1. Wash your hands thoroughly** with soap and water and dry them with a towel.
- 2. Remove the syringe from the carton and check that:**
 - the expiry date has not passed
 - the solution is clear and colourless to slightly yellow and doesn't contain particles
 - the syringe has not been opened or damaged

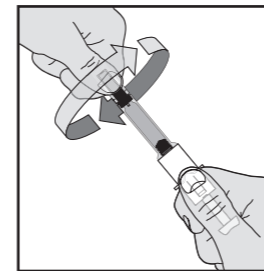
- 3. Sit or lie down in a comfortable position.** Choose a place in the lower abdominal (tummy) area, at least 5 cm below your belly button (picture A). **Alternate the left and right side** of the lower abdominal area at each injection. This will help to reduce the discomfort at the injection site.



Picture A

- 4. Clean the injection area with an alcohol wipe.**

- 5. Remove the needle shield,** by first twisting it (picture B1), and then pulling it in a straight line away from the body of the syringe (picture B2). **Discard the needle shield.**

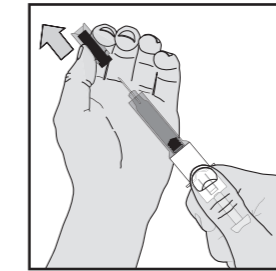


Picture B1

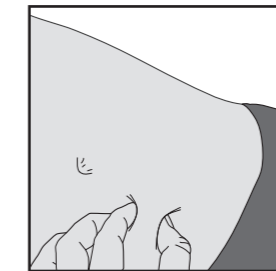
Important note

- **Do not touch the needle** or allow it to touch any surface before the injection.
- It is normal to see a small air bubble in this syringe. **Do not try to remove this air bubble before making the injection** - you may lose some of the medicine if you do.

- 6. Gently pinch the skin that has been cleaned to make a fold.** Hold the fold between the thumb and the forefinger during the entire injection (picture C).

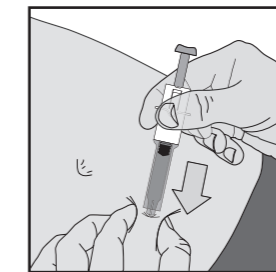


Picture B2



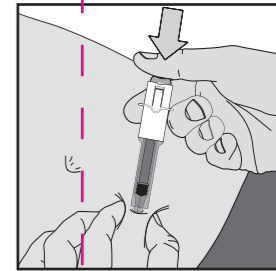
Picture C

- 7. Hold the syringe firmly by the finger grip.** Insert the full length of the needle at right angles into the skin fold (picture D).



Picture D

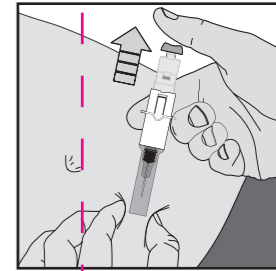
- 8. Inject ALL of the contents of the syringe by pressing down on the plunger as far as it goes** (picture E).



Picture E

Syringe automatic system

- 9. Release the plunger** and the needle will automatically withdraw from the skin and go back into the security sleeve where it will be locked permanently (picture F).



Picture F

Syringe manual system

- 9.** After the injection hold the syringe in one hand by gripping the security sleeve, use the other hand to hold the finger grip and pull firmly back. This unlocks the sleeve. Slide the sleeve up the body of the syringe until it locks into position over the needle. This is shown in Picture 3 at the beginning of these instructions

Do not dispose of the used syringe in the household waste. Dispose of it as your doctor or pharmacist has instructed.

325157

		Date: 12-SEP-2025		Time: 11:00	
Description	Arixtra, 10 mg / 0.8 mL, 7.5 mg / 0.6 mL, 5 mg / 0.4 mL, 10	Site Barcode/DataMatrix	325157	No. of colours	3
Component Type	Leaflet (Insert)	Site Barcode/DataMatrix	325157	Page Count	2 of 2
Affiliate Item Code	3908946	Viartis SAP No.	400557890; 400557889; 400557887	Colours	Black Cyan Magenta
Superseded Affiliate Item Code	ART-5428-02	Vendor Job No.	NA	Non-Print Colours	Keyline
TrackWise Job No.	3908946	Artwork Proof No.	2	Equate CMYK with	
MA No.	PLGB 46302/0232, PLGB 46302/0233, PLGB 46302/0229	Client Market	United Kingdom	Main Font	Frutiger Next
Supplier SAP No.	NA	Market Barcode Info	NA	Body Text Size	8 pt
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Superseded Supplier Code	324258	GTIN/PC	NA	Min Text Size used	8 pt