

## **SUMMARY OF PRODUCT CHARACTERISTICS**

### **1 NAME OF THE MEDICINAL PRODUCT**

Colesevelam Hydrochloride 625 mg Film-Coated Tablets

### **2 QUALITATIVE AND QUANTITATIVE COMPOSITION**

Each tablet contains 625 mg colesevelam hydrochloride.

For the full list of excipients, see section 6.1.

### **3 PHARMACEUTICAL FORM**

Film-coated tablet (tablet).

Off white to light yellow, capsule shaped coated tablets with approximate dimensions of 19.3 mm x 9.9 mm, imprinted with 083 in black ink on one side and plain on other side and free from physical defects.

### **4 CLINICAL PARTICULARS**

#### **4.1 Therapeutic indications**

Colesevelam hydrochloride co-administered with a 3-hydroxy-3-methyl-glutaryl-coenzyme A (HMG-CoA) reductase inhibitor (statin) is indicated as adjunctive therapy to diet to provide an additive reduction in low-density lipoprotein cholesterol (LDL-C) levels in adult patients with primary hypercholesterolaemia who are not adequately controlled with a statin alone.

Colesevelam hydrochloride as monotherapy is indicated as adjunctive therapy to diet for reduction of elevated total-cholesterol and LDL-C in adult patients with primary hypercholesterolaemia, in whom a statin is considered inappropriate or is not well-tolerated.

Colesevelam hydrochloride can also be used in combination with ezetimibe, with or without a statin, in adult patients with primary hypercholesterolaemia, including patients with familial hypercholesterolaemia (see section 5.1).

## 4.2 Posology and method of administration

### Posology

#### *Combination therapy*

The recommended dose of colesevelam hydrochloride for combination with a statin with or without ezetimibe is 4 to 6 tablets per day. The maximum recommended dose is 6 tablets per day taken as 3 tablets twice per day with meals or 6 tablets taken once per day with a meal. Clinical trials have shown that colesevelam hydrochloride and statins can be co-administered or dosed apart, and that colesevelam hydrochloride and ezetimibe can be co-administered or dosed apart.

#### *Monotherapy*

The recommended starting dose of colesevelam hydrochloride is 6 tablets per day taken as 3 tablets twice per day with meals or 6 tablets once per day with a meal. The maximum recommended dose is 7 tablets per day.

During therapy, the cholesterol-lowering diet should be continued, and serum total-C, LDL-C and triglyceride levels should be determined periodically during treatment to confirm favourable initial and adequate long-term responses.

When a drug interaction cannot be excluded with a concomitant medicinal product for which minor variations in the therapeutic level would be clinically important, or where no clinical data are available on co-administration, colesevelam hydrochloride should be administered at least four hours before or at least four hours after the concomitant medication in order to minimize the risk of reduced absorption of the concomitant medication (see section 4.5).

#### *Elderly population*

There is no need for dose adjustment when colesevelam hydrochloride is administered to elderly patients.

#### *Paediatric population*

The safety and efficacy of colesevelam hydrochloride in children aged 0 to 17 years have not yet been established. Currently available data are described in section 5.1 but no recommendation on a posology can be made.

### Method of administration

Colesevelam hydrochloride tablets should be taken orally with a meal and liquid.

The tablets should be swallowed whole and not broken, crushed or chewed.

### 4.3 Contraindications

- Hypersensitivity to the active substance or to any of the excipients listed in section 6.1
- Bowel or biliary obstruction

### 4.4 Special warnings and precautions for use

#### Secondary causes of hypercholesterolaemia

Prior to initiating therapy with colesevelam hydrochloride, if secondary causes of hypercholesterolaemia (i.e., poorly controlled diabetes mellitus, hypothyroidism, nephrotic syndrome, dysproteinaemias, obstructive liver disease) are considered, these should be diagnosed and properly treated.

#### Interaction with ciclosporin

*For patients on ciclosporin starting or stopping colesevelam hydrochloride or patients on colesevelam hydrochloride with a need to start ciclosporin:*

colesevelam hydrochloride reduces the bioavailability of ciclosporin (see also section 4.5). Patients starting on ciclosporin already taking colesevelam hydrochloride should have their ciclosporin blood concentrations monitored as normal and their dose adjusted as normal. Patients starting on colesevelam hydrochloride already taking ciclosporin should have their blood concentrations monitored prior to combination therapy and frequently monitored immediately starting co-therapy with the ciclosporin dose adjusted accordingly. It should be noted that stopping colesevelam hydrochloride therapy will result in increased ciclosporin blood concentrations. Therefore, patients taking both ciclosporin and colesevelam hydrochloride should have their blood concentrations monitored prior to and frequently after when colesevelam hydrochloride therapy is stopped with their ciclosporin dose adjusted accordingly.

#### Effects on triglyceride levels

Caution should be exercised when treating patients with triglyceride levels greater than 3.4 mmol/L due to the triglyceride increasing effect with colesevelam hydrochloride. Safety and efficacy are not established for patients with triglyceride levels greater than 3.4 mmol/L, since such patients were excluded from the clinical studies.

The safety and efficacy of colesevelam hydrochloride in patients with dysphagia, swallowing disorders, severe gastrointestinal motility disorders, inflammatory bowel disease, liver failure or major gastrointestinal tract surgery have not been established. Consequently, caution should be exercised when colesevelam hydrochloride is used in patients with these disorders.

#### Constipation

Colesevelam hydrochloride can induce or worsen present constipation. The risk of constipation should especially be considered in patients with coronary heart disease and angina pectoris.

#### Anticoagulants

Anticoagulant therapy should be monitored closely in patients receiving warfarin or similar agents, since bile acid sequestrants, like colesevelam hydrochloride, have been shown to reduce absorption of vitamin K and therefore interfere with warfarin's anticoagulant effect (see also section 4.5).

#### Oral contraceptives

Colesevelam hydrochloride can affect the bioavailability of the oral contraceptive pill when administered simultaneously. It is important to ensure that colesevelam hydrochloride is administered at least 4 hours after the oral contraceptive pill to minimise the risk of any interaction (see also section 4.5).

### **4.5 Interaction with other medicinal products and other forms of interaction**

#### *In general*

Colesevelam hydrochloride may affect the bioavailability of other medicinal products. Therefore when a drug interaction cannot be excluded with a concomitant medicinal product for which minor variations in the therapeutic level would be clinically important, colesevelam hydrochloride should be administered at least four hours before or at least four hours after the concomitant medication to minimize the risk of reduced absorption of the concomitant medication. For concomitant medications which require administration via divided doses, it should be noted that the required dose of colesevelam hydrochloride can be taken once a day.

When administering medicinal products for which alterations in blood levels could have a clinically significant effect on safety or efficacy, physicians should consider monitoring serum levels or effects.

Interaction studies have only been performed in adults.

In interaction studies in healthy volunteers, colesevelam hydrochloride had no effect on the bioavailability of digoxin, metoprolol, quinidine, valproic acid, and warfarin. Colesevelam hydrochloride decreased the C<sub>max</sub> and AUC of sustained-release verapamil by approximately 31% and 11%, respectively. Since there is a high degree of variability in the bioavailability of verapamil, the clinical significance of this finding is unclear.

Co-administration of colesevelam and olmesartan decreases the exposure of olmesartan. Olmesartan should be administered at least 4 hours prior to colesevelam.

There have been very rare reports of reduced phenytoin levels in patients who have received colesevelam hydrochloride administered with phenytoin.

#### *Anticoagulant therapy*

Anticoagulant therapy should be monitored closely in patients receiving warfarin or similar agents, since bile acid sequestrants, like colesevelam hydrochloride, have been shown to reduce absorption of vitamin K and therefore interfere with warfarin's anticoagulant effect. Specific clinical interaction studies with colesevelam and vitamin K have not been performed.

#### *Levothyroxine*

In an interaction study in healthy volunteers, colesevelam hydrochloride reduced the AUC and C<sub>max</sub> of levothyroxine when administered either concomitantly or after 1 hour. No interaction was observed when colesevelam hydrochloride was administered at least four hours after levothyroxine.

#### *Oral contraceptive pill*

In an interaction study in healthy volunteers, colesevelam hydrochloride reduced the C<sub>max</sub> of norethindrone as well as the AUC and C<sub>max</sub> of ethinylestradiol when administered simultaneously with the oral contraceptive pill. This interaction was also observed when colesevelam hydrochloride was administered one hour after the oral contraceptive pill. However no interaction was observed when colesevelam hydrochloride was administered four hours after the oral contraceptive pill.

#### *Ciclosporin*

In an interaction study in healthy volunteers, co-administration of colesevelam hydrochloride and ciclosporin significantly reduced the AUC<sub>0-inf</sub> and C<sub>max</sub> of ciclosporin by 34% by 44%, respectively. Therefore advice is given to closely monitor ciclosporin blood concentrations (see also section 4.4). In addition, based on theoretical grounds colesevelam hydrochloride should be administered at least 4 hours after ciclosporin in order to further minimise the risks related to the concomitant administration of ciclosporin and colesevelam hydrochloride. Furthermore, colesevelam hydrochloride should always be administered at the same times consistently since the timing of intake of colesevelam hydrochloride and ciclosporin could theoretically influence the degree of reduced bioavailability of ciclosporin.

#### *Statins*

When colesevelam hydrochloride was co-administered with statins in clinical studies, an expected add-on LDL-C lowering effect was observed, and no unexpected effects were observed. Colesevelam hydrochloride had no effect on the bioavailability of lovastatin in an interaction study.

#### *Antidiabetic agents*

Co-administration of colesevelam hydrochloride and metformin extended-release (ER) tablets increases the exposure of metformin. Patients receiving concomitant

metformin ER and colestevam should be monitored for clinical response as is usual for the use of anti-diabetes drugs.

Colestevam hydrochloride binds to glimepiride and reduces glimepiride absorption from the gastrointestinal tract. No interaction was observed when glimepiride was taken at least 4 hours before colestevam hydrochloride.

Therefore glimepiride should be administered at least 4 hours prior to colestevam hydrochloride.

Co-administration of colestevam hydrochloride and glipizide decreases the exposure of glipizide. Glipizide should be administered at least 4 hours prior to colestevam hydrochloride.

Co-administration of colestevam hydrochloride and glyburide (also known as glibenclamide) caused a decrease in the AUC<sub>0-inf</sub> and C<sub>max</sub> of glyburide by 32% and 47%, respectively. No interaction was observed when colestevam hydrochloride was administered four hours after glyburide.

Co-administration of colestevam hydrochloride and repaglinide had no effect on the AUC and caused a 19% reduction in the C<sub>max</sub> of repaglinide, the clinical significance of which is unknown. No interaction was observed when colestevam hydrochloride was administered one hour after repaglinide.

No interaction was observed when colestevam hydrochloride and pioglitazone were administered simultaneously in healthy volunteers

#### *Ursodeoxycholic acid*

Colestevam hydrochloride predominantly binds hydrophobic bile acids. In a clinical study colestevam hydrochloride did not affect the faecal excretion of endogenous (hydrophilic) ursodeoxycholic acid. However, formal interaction studies with ursodeoxycholic acid have not been performed. As noted in general, when a drug interaction cannot be excluded with a concomitant medicinal product, colestevam hydrochloride should be administered at least four hours before or at least four hours after the concomitant medication to minimise the risk of reduced absorption of the concomitant medication. Monitoring of the clinical effects of treatment with ursodeoxycholic acid should be considered.

#### *Other forms of interaction*

Colestevam hydrochloride did not induce any clinically significant reduction in the absorption of vitamins A, D, E or K during clinical studies of up to one year. However, caution should be exercised when treating patients with a susceptibility to vitamin K or fat-soluble vitamin deficiencies, such as patients with malabsorption. In these patients, monitoring vitamin A, D and E levels and assessing vitamin K status through the measurement of coagulation parameters is recommended and the vitamins should be supplemented if necessary.

## 4.6 Fertility, pregnancy and lactation

### Pregnancy

No clinical data are available on the use of colesevelam hydrochloride in pregnant women. Animal studies do not indicate direct or indirect harmful effects with respect to pregnancy, embryonic/foetal development, parturition or postnatal development (see section 5.3). Caution should be exercised when prescribing to pregnant women.

### Breast-feeding

The safety of colesevelam hydrochloride has not been established in breast-feeding women. Caution should be exercised when prescribing to breast-feeding women.

### Fertility

There are no data on the effect of colesevelam hydrochloride on fertility in humans. A study conducted in rats did not result in any differences in reproductive parameters between the groups that might imply reproductive effects attributable to colesevelam hydrochloride.

## 4.7 Effects on ability to drive and use machines

Colesevelam hydrochloride has no or negligible influence on the ability to drive and use machines.

## 4.8 Undesirable effects

### Summary of the safety profile

The most frequently occurring adverse reactions are flatulence and constipation, found within the gastrointestinal disorders system organ class.

### Tabulated list of adverse reactions

In controlled clinical studies involving approximately 1400 patients and during post-approval use, the following adverse reactions were reported in patients given colesevelam hydrochloride.

The reporting rate is classified as very common ( $\geq 1/10$ ), common ( $\geq 1/100$  to  $< 1/10$ ), uncommon ( $\geq 1/1,000$  to  $< 1/100$ ), rare ( $\geq 1/10,000$  to  $< 1/1,000$ ), very rare ( $< 1/10,000$ ) and not known (cannot be estimated from the available data).

<b>Nervous system disorders</b>
<i>Common:</i> Headache
<b>Gastrointestinal disorders</b>

<i>Very common:</i> Flatulence*, constipation*
<i>Common:</i> Vomiting, diarrhoea*, dyspepsia*, abdominal pain, abnormal stools, nausea, abdominal distension
<i>Uncommon:</i> <i>Dysphagia</i>
<i>Very rare:</i> Pancreatitis
<i>Not known:</i> Intestinal obstruction*,**
<b>Musculoskeletal and connective tissue disorders</b>
<i>Uncommon:</i> Myalgia
<b>Investigations</b>
<i>Common:</i> Serum triglycerides increased
<i>Uncommon:</i> Serum transaminases increased

\* see section below for further information

\*\* adverse reactions from post-marketing experience

#### Description of selected adverse events

The background incidence of flatulence and diarrhoea were higher in patients receiving placebo in the same controlled clinical studies. Only constipation and dyspepsia were reported by a higher percentage among those receiving colesevelam hydrochloride, compared with placebo.

The incidence of intestinal obstruction is likely to be increased among patients with a history of bowel obstruction or removal.

Colesevelam hydrochloride in combination with statins and in combination with ezetimibe was well tolerated and the adverse reactions observed were consistent with the known safety profile of statins or ezetimibe alone.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store.

## **4.9 Overdose**

Since colesevelam hydrochloride is not absorbed, the risk of systemic toxicity is low. Gastrointestinal symptoms could occur. Doses in excess of the maximum recommended dose (4.5 g per day (7 tablets)) have not been tested.

Should overdosage occur, however, the chief potential harm would be obstruction of the gastrointestinal tract. The location of such potential obstruction, the degree of obstruction and the presence or absence of normal gut motility would determine treatment.

## 5 PHARMACOLOGICAL PROPERTIES

### 5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Lipid modifying agent, bile acid sequestrants, ATC code: C10A C 04 Mechanism of action

The mechanism of action for the activity of colestevlam hydrochloride, the active substance in colestevlam hydrochloride tablets, has been evaluated in several *in vitro* and *in vivo* studies. These studies have demonstrated that colestevlam hydrochloride binds bile acids, including glycocholic acid, the major bile acid in humans. Colestevlam hydrochloride is the sole precursor of bile acids. During normal digestion, bile acids are secreted into the intestine. A major portion of bile acids is then absorbed from the intestinal tract and returned to the liver via the enterohepatic circulation.

Colestevlam hydrochloride is a non-absorbed, lipid-lowering polymer that binds bile acids in the intestine, impeding their reabsorption. The LDL-C lowering mechanism of bile acid sequestrants has been previously established as follows: As the bile acid pool becomes depleted, the hepatic enzyme, cholesterol 7- $\alpha$ -hydroxylase, is upregulated, which increases the conversion of cholesterol to bile acids. This causes an increased demand for cholesterol in the liver cells, resulting in the dual effects of increasing transcription and activity of the cholesterol biosynthetic enzyme, hydroxymethyl-glutaryl-coenzyme A (HMG-CoA) reductase, and increasing the number of hepatic low-density lipoprotein receptors. A concomitant increase in very low density lipoprotein synthesis can occur. These compensatory effects result in increased clearance of LDL-C from the blood, resulting in decreased serum LDL-C levels.

In a 6-month dose-response study in patients with primary hypercholesterolaemia receiving 3.8 or 4.5 g colestevlam hydrochloride daily, a 15 to 18% decrease in LDL-C levels was observed, which was evident within 2 weeks of administration. In addition, Total-C decreased 7 to 10%, HDL-C increased 3% and triglycerides increased 9 to 10%. Apo B decreased by 12%. In comparison, in patients given placebo, LDL-C, Total-C, HDL-C and Apo-B were unchanged, while triglycerides increased 5%. Studies examining administration of colestevlam hydrochloride as a single dose with breakfast, a single dose with dinner, or as divided doses with breakfast and dinner did not show significant differences in LDL-C reduction for different dosing schedules. However, in one study triglycerides tended to increase more when colestevlam hydrochloride was given as a single dose with breakfast.

In a 6 week study 129 patients with mixed hyperlipidaemia were randomised to fenofibrate 160 mg plus 3.8 g colestevlam hydrochloride or fenofibrate alone. The fenofibrate plus colestevlam hydrochloride group (64 patients) demonstrated a 10% reduction on LDL-C levels versus 2% increase for the fenofibrate group (65 patients). Reductions were also seen for non-HDL-C, Total-C and Apo B. A small 5%, non-significant increase in triglycerides was noted. The effects of combination of fenofibrate and colestevlam hydrochloride on the risks of myopathy or hepatotoxicity are not known.

Multi-centre, randomised, double-blind, placebo-controlled studies in 487 patients demonstrated an additive reduction of 8 to 16% in LDL-C when 2.3 to 3.8 g colessevelam hydrochloride and a statin (atorvastatin, lovastatin or simvastatin) were administered at the same time.

The effect of 3.8 g colessevelam hydrochloride plus 10 mg ezetimibe versus 10 mg ezetimibe alone on LDL-C levels was assessed in a multicentre, randomised, double-blind, placebo-controlled, parallel-group study in 86 patients with primary hypercholesterolaemia over a 6-week treatment period. The combination of ezetimibe 10 mg and colessevelam hydrochloride 3.8 g daily therapy in the absence of a statin resulted in a significant combined effect for LDL-C lowering by 32% demonstrating an additional effect of 11% LDL-C lowering with colessevelam hydrochloride and ezetimibe compared to ezetimibe alone.

The addition of colessevelam hydrochloride 3.8 g daily to maximally-tolerated statin and ezetimibe therapy was assessed in a multi-centre, randomised, double-blind, placebo-controlled study in 86 patients with familial hypercholesterolaemia. A total of 85% of the patients were on either atorvastatin (50% of whom received 80 mg dose) or rosuvastatin (72% of whom received 40 mg dose). Colessevelam hydrochloride resulted in a statistically significant LDL-C reduction of 11% and 11% at 6 and 12 weeks vs an increase of 7% and 1% in the placebo group; mean baseline levels were 3.75 mmol/L and 3.86 mmol/L, respectively. Triglycerides in the colessevelam hydrochloride group increased by 19% and 13% at 6 and 12 weeks vs an increase of 6% and 13% in the placebo group, but the increases were not significantly different. HDL-C and hsCRP levels were also not significantly different compared to placebo at 12 weeks.

#### Paediatric population

In the paediatric population, the safety and efficacy of 1.9 or 3.8 g/day colessevelam hydrochloride was assessed in an 8 week multi-centre, randomised, double-blind, placebo-controlled study in 194 boys and postmenarchal girls, aged 10-17 years, with heterozygous FH on a stable dose of statins (47 patients, 24%) or treatment-naïve to lipid-lowering therapy (147 patients, 76%). For all patients, colessevelam hydrochloride resulted in a statistically significant LDL-C reduction of 11% at 3.8 g/day and 4% at 1.9 g/day, versus a 3% increase in the placebo group. For statin-naïve patients on monotherapy, colessevelam hydrochloride resulted in a statistically significant LDL-C reduction of 12% at 3.8 g/day and 7% at 1.9 g/day, versus a 1% reduction in the placebo group (see section 4.2). There were no significant effects on growth, sexual maturation, fat-soluble vitamin levels or clotting factors, and the adverse reaction profile for colessevelam hydrochloride was comparable to that seen with placebo.

Colessevelam hydrochloride has not been compared directly to other bile acid sequestrants in clinical trials.

So far, no studies have been conducted that directly demonstrate whether treatment with colessevelam hydrochloride as monotherapy or combination therapy has any effect on cardiovascular morbidity or mortality.

## **5.2 Pharmacokinetic properties**

Colesevelam hydrochloride is not absorbed from the gastrointestinal tract.

## **5.3 Preclinical safety data**

Effects in non-clinical studies were observed only at exposures considered sufficiently in excess of the maximum human exposure indicating little relevance to clinical use.

# **6 PHARMACEUTICAL PARTICULARS**

## **6.1 List of excipients**

### Tablet core:

Microcrystalline Cellulose (E460)

Colloidal Silicon Dioxide (E551)

Magnesium Stearate (E470b)

Hypromellose (E464)

### Film-coating:

Hypromellose (E464)

Polyethylene Glycol (E1521)

### Printing ink:

Ferrosoferric Oxide/Black iron oxide (E172)

Shellac (E904)

Propylene glycol (E1521)

n-butyl alcohol

Ammonium Hydroxide (E527)

## **6.2 Incompatibilities**

Not applicable.

**6.3 Shelf life**

2 years.

**6.4 Special precautions for storage**

Keep the bottle tightly closed in order to protect from moisture.

**6.5 Nature and contents of container**

High density polyethylene bottles containing Oxygen Absorber sachets with a polypropylene cap without outer carton. Package size is: 180 tablets (1 X 180)

**6.6 Special precautions for disposal**

Any unused medicinal product or waste material should be disposed of in accordance with local requirements.

**7 MARKETING AUTHORISATION HOLDER**

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