

PATIENT INFORMATION LEAFLET

Ascorbic Acid Tablets 100 mg

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. Nevertheless, you still need to use Ascorbic Acid Tablets 100 mg carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What Ascorbic Acid Tablets 100mg are and what they are used for.
2. Before you take Ascorbic Acid Tablets 100mg.
3. How to take Ascorbic Acid Tablets 100mg.
4. Possible side effects
5. How to Store Ascorbic Acid Tablets 100mg
6. Further information

1. What Ascorbic Acid Tablets 100 mg are and what they are used for:

- Each tablet contains 100 mg of the active ingredient, ascorbic acid.
- Ascorbic Acid (vitamin C) is a nutritional supplement. Ascorbic Acid tablets are for oral administration and are intended for the prevention of scurvy or for use where vitamin C deficiency might be expected.

2. Before you take Ascorbic Acid Tablets 100 mg:

Do not take Ascorbic Acid:

- If you are allergic to any of the ingredients contained in the tablets.

Take special care with Ascorbic acid:

- If you suffer from hyperoxaluria (a condition where too much oxalate is present in the urine).
- This medicine contains lactose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

If any of the above applies to you, speak to your doctor before taking these tablets.

Taking other medicines:

- Very high doses might adversely affect the action of the anti-clotting agent warfarin.

Please note that these statements may also apply to products used some time ago or at some time in the future.

Please inform your doctor or pharmacist if you are taking, or have recently taken, any other medicine- even those not prescribed.

Pregnancy/Breast-feeding:

- Do not take more than the recommended dose of these tablets if you are pregnant or breast feeding.

Ask your doctor or pharmacist for advice before taking any medicine.

3. How to take Ascorbic Acid Tablets 100 mg:

The tablets may be chewed, sucked or swallowed with a drink of water.

Dose:

In the treatment of scurvy:

Children, adults & the elderly: One tablet three times a day.

Possible deficiency:

One tablet daily.

Do not exceed the daily dose.

Consult your doctor immediately if you have taken too many tablets.

If you have missed a dose, do not double-up on a dose to make up for the one you have missed.

4. Possible side effects:

In most cases, taking Ascorbic Acid Tablets as recommended does not cause any problems. However, like all medicines, Ascorbic Acid can have side effects.

Too many tablets may cause diarrhoea or they may have a diuretic effect (passing water frequently). If you experience these or any other unusual effect, stop taking the tablets and tell your doctor or pharmacist at once.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. How to store Ascorbic Acid Tablets 100 mg:

- Store in a dry place below 20°C.
- Do not use after the expiry date shown on the package.
- Keep out of the reach and sight of children

6. Further Information

What Ascorbic Acid Tablets 100 mg contain

The active substance is Ascorbic Acid. The other ingredients are lactose, potato starch, syrup, microcrystalline cellulose, Stearic acid, talc and magnesium stearate.

What Ascorbic Acid Tablets 100 mg look like and contents of the pack

Ascorbic Acid Tablets are plain white bi-convex tablets.

Ascorbic Acid Tablets are available in tubs of 100,500 or 1000 tablets and blister packs of 28 tablets.

Marketing Authorisation Holder:

Noumed Life Sciences Limited, Noumed House,
Shoppenhangers Road, Maidenhead, Berkshire, SL6 2RB, United Kingdom

Manufacturer:

Norbrook Laboratories United, Newry, Co. Down, Northern Ireland.

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