

# Package leaflet: Information for the patient

## Olsalazine Sodium 250 mg Capsules

Your medicine is known by the above name but will be referred to as **Olsalazine Capsules** throughout this leaflet.

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

### What is in this leaflet:

1. What Olsalazine Capsules are and what it is used for
2. What you need to know before you take Olsalazine Capsules
3. How to take Olsalazine Capsules
4. Possible side effects
5. How to store Olsalazine Capsules
6. Content of the pack and other information

## 1. What Olsalazine Capsules are and what it is used for

Olsalazine Capsules belongs to a group of medicines called aminosalicylates.

Olsalazine Capsules works by reducing pain and swelling (inflammation) in the intestine. It reduces the actions of substances in the body that cause inflammation.

Olsalazine Capsules is used to treat an inflammation of your large intestine (colon) called ulcerative colitis. It is used for short-term (acute) attacks (called "flare-ups"), and at a lower dose to maintain the improvement (maintenance treatment) and keep away further "flare-ups".

If untreated, a severe attack of ulcerative colitis may cause death due to dehydration and bursting of the colon (peritonitis).

## 2. What you need to know before you take Olsalazine Capsules

### Do not take Olsalazine Capsules if you:

- are allergic to olsalazine sodium or any of the other ingredients of this medicine (listed in section 6)
- have ever had an allergic reaction to any salicylates (e.g. aspirin and aspirin-containing products, including those bought over the counter)
- have severe kidney disease

If any of the above apply to you talk to your doctor or pharmacist.

### Warning and precautions

Before you start taking Olsalazine Capsules your doctor will do a blood test. This will be repeated every three months for the first year, every six months for the next four years and then once a year. This is to see how well your liver and kidneys are functioning.

You should also check for signs of worsening of allergies such as asthma.

**Tell your doctor immediately** if you develop unexplained bruising or bleeding accompanied with fever, dizziness, sore throat and mouth ulcers. You could have developed a blood disorder.

### Children and adolescents

Do not take Olsalazine Capsules if you are under 12 years of age.

### Other medicines and Olsalazine Capsules

Tell your doctor or pharmacist if you are taking, have recently taken or might have taken any of the following medicines:

- Aspirin or any other aspirin-containing medicines or salicylates
- Other drugs to treat ulcerative colitis
- Blood thinning agents such as warfarin or heparin or heparinoids
- Drugs that treat irritable bowel syndrome and cancer such as thioguanine and 6 mercaptopurine
- If you have recently had chickenpox vaccination (taking Olsalazine Capsules may cause a greater risk of Reye's syndrome; a life threatening condition)
- Any other medicine, including medicines obtained without a prescription.

### Olsalazine Capsules with food and drink

Always take Olsalazine Capsules with a glass of water **after** food.

### Pregnancy, breast-feeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

### Driving and using machines

Olsalazine Capsules contain olsalazine. If you experience dizziness and/or blurred vision whilst taking Olsalazine Capsules do not drive or use machinery.

## 3. How to take Olsalazine Capsules

Always use this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are unsure.

**Important: Your doctor will choose the dose that is right for you. Your dose will be shown clearly on the label that your pharmacist puts on your medicine. If it does not, or you are not sure, ask your doctor or pharmacist.**

Remember: Your medicine should always be taken **after** food.

### Adults, children over 12 and the elderly

#### Acute "flare-ups"

- The usual starting dose is two capsules twice a day (two in the morning, two in the evening at the end of a meal).
- Your doctor may increase your dose until your condition improves.
- You must not take more than twelve capsules a day or more than four capsules at a time
- If a "flare-up" is severe you are likely to be given additional medicines.

#### Maintenance treatment

- Once the "flare-up" is controlled your doctor may gradually reduce your dose to two capsules twice a day (two in the morning, two in the evening at the end of a meal).
- This is to prevent further "flare-ups"
- You may remain on this treatment, provided it remains effective, for a long period of time.

### If you take more Olsalazine Capsules than you should

Do not take more Olsalazine Capsules than you should. If you have taken too much, immediately go to the nearest hospital casualty department or your doctor. Take your capsules and this leaflet with you.

Signs of taking too much Olsalazine Capsules include nausea, vomiting and diarrhoea.

### If you forget to take Olsalazine Capsules

Do not take a double dose to make up for a forgotten dose. If you forget a dose take the next one as usual.

### If you stop taking Olsalazine Capsules

Do not stop taking Olsalazine Capsules without first talking to your doctor even if your symptoms have improved.

If you have any further questions about the use of this medicine, ask your doctor or pharmacist.

## 4. Possible side effects

Like all medicines this medicine can cause side effects, although not everybody gets them.

**Seek immediate medical help if you have any of the following symptoms (the frequency of these side effects is unknown):**

- Swelling of face, lips, tongue or throat which may cause difficulty in swallowing/breathing
- Blood disorders (reduced number of blood cells) where you could have the following symptoms: bruise or bleed easily, have a persistent sore throat, mouth ulcers, dizziness and feeling tired and feverish
- Pancreatitis where you could have the following symptoms: severe stomach pain, fever, feeling sick/being sick

- Liver disease where you could have the following symptoms: feeling sick/being sick, loss of appetite, feeling generally unwell, itching and the whites of the eyes may become yellow.

#### **Other possible side effects:**

##### **Common: may affect up to 1 in 10 people**

- Headache
- Diarrhoea. It does not usually last very long, but taking your medicine at the end of a meal helps to reduce diarrhoea.
- Feeling sick
- Rash
- Joint pain

##### **Uncommon: may affect up to 1 in 100 people**

- Fever
- Being sick
- Indigestion
- Raised liver enzymes (tests your doctor may perform will show changed liver function)
- Itching and/or hives, a nettle-like rash
- Unusual hair loss
- Light sensitivity.
- Increased heart rate
- Shortness of breath
- Muscle pain
- Pins and needles
- Depression
- Dizziness

##### **Not known: frequency cannot be estimated from the available data**

- Altered breakdown of blood cells in the liver which could result in jaundice (yellowing of skin/eyes)
- Stomach pain
- Inflammation of heart muscle
- Awareness of your heartbeat
- Inflammation of sac around heart muscle
- Pain in passing urine or blood in the urine
- Difficulty in breathing
- Blurred vision
- Loss of touch sensation/numbness

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

#### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the **Google Play** or **Apple App Store**.

By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store Olsalazine Capsules**

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date on the carton. The expiry date refers to the last day of that month.
- Do not store above 25°C. Store in the original packaging.

If your capsules show signs of deterioration or discolouration seek the advice of your pharmacist who will tell you what to do.

Do not throw away medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. Content of the pack and other information**

### **What Olsalazine Capsules contains**

Each capsule contains 250 mg olsalazine sodium. Also includes magnesium stearate, caramel (E150), titanium dioxide (E171), iron oxide (E172) and gelatin.

### **What Olsalazine Capsules looks like and content of the pack**

Beige capsules marked 'DIPENTUM 250mg' in black ink on the cap.

Available in plastic bottles containing 100 capsules.

Manufactured by Waymade plc, Sovereign House, Miles Gray Road, Basildon, Essex, SS14 3FR, UK.

Procured from within the EU and repackaged by Product Licence Holder Uni Health Distribution Limited, Unit G4 Riverside Industrial Estate, Riverside Way, Dartford, Kent, DA1 5BS.

PLGB 45396/0330

**POM**

Leaflet date: 13 March 2023

Ref: Ols250N/UT1

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