

## PACKAGE LEAFLET: INFORMATION FOR THE USER

### Menthol and Eucalyptus Inhalation BP 1980

Menthol 2.0% w/v

Eucalyptus Oil 10.0% v/v

**Read all of this leaflet carefully before you start using this medicine because it contains important information for you.**

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse.

#### What is in this leaflet

1. What Menthol and Eucalyptus Inhalation is and what it is used for
2. What you need to know before you use Menthol and Eucalyptus Inhalation
3. How to use Menthol and Eucalyptus Inhalation
4. Possible side effects
5. How to store Menthol and Eucalyptus Inhalation
6. Contents of the pack and other information

#### 1. WHAT MENTHOL AND EUCALYPTUS INHALATION IS AND WHAT IT IS USED FOR

The active ingredients in this product are menthol and eucalyptus oil which are decongestants and help ease breathing difficulties.

Menthol and Eucalyptus Inhalation is used for the relief of coughs, colds and blocked noses.

#### 2. WHAT YOU NEED TO KNOW BEFORE YOU USE MENTHOL AND EUCALYPTUS INHALATION

##### Do NOT use:

- if you are allergic (hypersensitive) to the active ingredients or any of the other ingredients listed in Section 6
- in children under 3 months of age.

##### Other medicines and Menthol and Eucalyptus Inhalation

There are no known interactions with other medicines. If you are unsure ask your doctor or pharmacist before using this product.

##### Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

#### 3. HOW TO USE MENTHOL AND EUCALYPTUS INHALATION

##### For inhalation use only

##### Adults, including the elderly, and children (3 months and older):

- Shake the bottle well before use. Use within 6 months of opening.
- Not to be taken by mouth.
- Add one 5ml spoonful to a pint of hot but not boiling water.

- Inhale the vapour.
- The dose may be repeated every four hours if required.

Not suitable for use in children under 3 months of age unless instructed by a doctor.

If symptoms persist talk to your doctor or pharmacist.

If anyone accidentally swallows some see a doctor straight away. Take the product with you so that it can be identified.

#### **4. POSSIBLE SIDE EFFECTS**

Like all medicines, Menthol and Eucalyptus Inhalation can cause side effects although not everybody gets them.

**Tell a doctor straight away if you or your child get any of the following:**

- Breathing difficulties or collapse in a child
- Hypersensitivity or allergic reactions such as skin rash, swelling of the face, lips or throat, difficulty breathing.

#### **Other side effects**

- Inflammation of the skin with rash or irritation (contact dermatitis)

#### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine.

#### **5. HOW TO STORE MENTHOL AND EUCALYPTUS INHALATION**

- Keep out of the sight and reach of children.
- Do not store above 25°C.
- Do not use after the expiry date. The expiry date refers to the last day of that month.

#### **6. CONTENTS OF THE PACK AND OTHER INFORMATION**

##### **What Menthol and Eucalyptus Inhalation contains:**

The active ingredients are menthol 2% w/v and eucalyptus oil 10.0% v/v.

The other ingredients are light magnesium carbonate and potable water.

##### **What Menthol and Eucalyptus Inhalation looks like and contents of the pack:**

Menthol and Eucalyptus Inhalation is a white suspension.

It is available in amber glass bottles as a dispensing pack of 500 ml and a patient pack of 100ml. Not all packs may be marketed.

**Marketing Authorisation Holder:** Wise Pharmaceuticals Limited, Hani Wells Business Park, Hardicker Street, Manchester M19 2RB

**Manufacturer:** William Ransom & Son Plc, Hitchin, Hertfordshire SG5 1LY England

**This leaflet was last revised in November 2017.**