

## **SUMMARY OF PRODUCT CHARACTERISTICS**

### **1 NAME OF THE MEDICINAL PRODUCT**

*Duerta* 20 microgram/hour, transdermal patch.

### **2 QUALITATIVE AND QUANTITATIVE COMPOSITION**

Each transdermal patch contains 20 mg of buprenorphine in a 25 cm<sup>2</sup> area releasing a nominal 20 micrograms of buprenorphine per hour over a period of 7 days.

For the full list of excipients, see section 6.1.

### **3 PHARMACEUTICAL FORM**

Transdermal patch.

Square, beige coloured patch with rounded corners marked: *Duerta* 20 µg/h

### **4 CLINICAL PARTICULARS**

#### **4.1 Therapeutic indications**

Treatment of non-malignant pain of moderate intensity when an opioid is necessary for obtaining adequate analgesia.

*Duerta* is not suitable for the treatment of acute pain.

*Duerta* is indicated in adults.

#### **4.2 Posology and method of administration**

Posology

*Duerta* should be administered every 7th day.

*Patients aged 18 years and over*

The lowest *Duerta* dose (*Duerta* 5 microgram/hour transdermal patch) should

be used as the initial dose. Consideration should be given to the previous opioid history of the patient (see section 4.5) as well as to the current general condition and medical status of the patient.

Prior to starting treatment with opioids, a discussion should be held with patients to put in place a strategy for ending treatment with buprenorphine in order to minimise the risk of addiction and drug withdrawal syndrome (see section 4.4).

### *Titration*

During initiation of treatment with **Duerta**, short-acting supplemental analgesics may be required (see section 4.5) as needed until analgesic efficacy with **Duerta** is attained.

During the titration process, the dose may be adjusted every 3-days (72 hours). Thereafter, the 7-day dosing interval should be maintained. Subsequent dosage increases may then be titrated based on the need for supplemental pain relief and the patient's analgesic response to the patch.

To increase the dose, a larger patch should replace the patch that is currently being worn, or a combination of patches should be applied in different places to achieve the desired dose. It is recommended that no more than two patches are applied at the same time, up to a maximum total dose of 40 microgram/hour **Duerta**. A new patch should not be applied to the same skin site for the subsequent 3-4 weeks (see section 5.2). Patients should be carefully and regularly monitored to assess the optimum dose and duration of treatment.

In the absence of adequate pain control, the possibility of hyperalgesia, tolerance and progression of underlying disease should be considered (see section 4.4). A **Duerta** dose reduction or discontinuation of **Duerta** treatment or treatment review may be indicated.

### *Conversion from opioids*

**Duerta** can be used as an alternative to treatment with other opioids. Such patients should be started on the lowest available dose (**Duerta** 5 microgram/hour transdermal patch) and continue taking short-acting supplemental analgesics (see section 4.5) during titration, as required.

### *Paediatric population*

The safety and efficacy of **Duerta** in children below 18 years of age has not been established. No data are available.

### *Elderly*

No dosage adjustment of **Duerta** is required in elderly patients.

### *Renal impairment*

No special dose adjustment of **Duerta** is necessary in patients with renal impairment.

### *Hepatic impairment*

There is no need for dosage adjustment of **Duerta** in patients with mild to moderate hepatic impairment.

Buprenorphine is metabolised in the liver. The intensity and duration of its action may be affected in patients with impaired liver function. Therefore, such patients should be carefully monitored during treatment with **Duerta**.

Patients with severe hepatic impairment may accumulate buprenorphine during **Duerta** treatment. Consideration of alternate therapy should be considered, and **Duerta** should be used with caution, if at all, in such patients.

### Method of administration

#### *Route of administration*

**Transdermal patch to be worn for 7 days. The patch must not be divided or cut into pieces.**

#### *Patch application*

In order to ensure effective analgesia of buprenorphine and to minimise the potential of skin reactions (see section 4.4), the following directions of use should be followed:

**Duerta** should be applied to non-irritated, intact skin of the upper outer arm, upper chest, upper back or the side of the chest, but not to any parts of the skin with large scars. **Duerta** should be applied to a relatively hairless or nearly hairless skin site. If none are available, the hair at the site should be cut with scissors, not shaven.

If the application site must be cleaned, it should be done with clean water only. Soaps, alcohol, oils, lotions or abrasive devices must not be used. The skin must be dry before the patch is applied. **Duerta** should be applied immediately after removal from the sealed sachet. Following removal of the protective layer, the transdermal patch should be pressed firmly in place with the palm of the hand for approximately 30 seconds, making sure the contact is complete, especially around the edges. If the edges of the patch begin to peel off, the edges may be taped down with suitable skin tape to ensure a 7 day period of wear. The patch should be worn continuously for 7 days. Bathing, showering, or swimming should not affect the patch. If a patch falls off, a new one should be applied and worn for 7 days.

#### *Duration of administration*

**Duerta** should under no circumstances be administered for longer than absolutely necessary. If long-term pain treatment with **Duerta** is necessary in view of the nature and severity of the illness, then careful and regular monitoring should be carried out (if necessary with breaks in treatment) to establish whether and to what extent further treatment is necessary.

#### *Treatment goals and Discontinuation*

Before initiating treatment with **Duerta**, a treatment strategy including treatment duration and treatment goals, and a plan for end of the treatment, should be agreed together with the patient, in accordance with pain management guidelines. During treatment, there should be frequent contact between the physician and the patient to evaluate the need for continued treatment, consider discontinuation and to adjust dosages if needed. When a patient no longer requires therapy with **Duerta**, it may be advisable to taper the dose gradually to prevent symptoms of withdrawal. In absence of adequate pain control, the possibility of hyperalgesia, tolerance and progression of underlying disease should be considered (see section 4.4).

After removal of the patch, buprenorphine serum concentrations decrease gradually and thus the analgesic effect is maintained for a certain amount of time. This should be considered when therapy with **Duerta** is to be followed by other opioids. As a general rule, a subsequent opioid should not be administered within 24 hours after removal of the patch. At present, only limited information is available on the starting dose of other opioids administered after discontinuation of the transdermal patch (see section 4.5).

#### *Patients with fever or exposed to external heat*

While wearing the patch, patients should be advised to avoid exposing the application site to external heat sources, such as heating pads, electric blankets, hot water bottles, heat lamps, sauna, hot tubs, and heated water beds, etc, as an increase in absorption of buprenorphine may occur. When treating febrile patients, one should be aware that fever may also increase absorption resulting in increased plasma concentrations of buprenorphine and thereby increased risk of opioid reactions.

#### *Duration of treatment*

**Duerta** should not be used longer than necessary.

### **4.3 Contraindications**

**Duerta** is contraindicated in:

Duerta is contra-indicated in:

- patients with known hypersensitivity to the active substance buprenorphine or to any of the excipients (see section 6.1)
- opioid dependent patients and for narcotic withdrawal treatment
- conditions in which the respiratory centre and function are severely impaired or may become so
- patients who are receiving MAO inhibitors or have taken them within the last two weeks (see section 4.5)
- patients suffering from myasthenia gravis
- patients suffering from delirium tremens

#### 4.4 Special warnings and precautions for use

*Duerta* should be used with particular caution in patients with:

- Respiratory depression
- CNS depressants co-administration (see below and section 4.5)
- Serotonergic agents (see below and section 4.5)
- Psychological dependence [addiction], abuse profile and history of substance and/or alcohol abuse (see below)
- Sleep apnoea
- Acute alcohol intoxication
- Head injury, intracranial lesions or increased intracranial pressure, shock, a reduced level of consciousness of uncertain origin
- Severely impaired hepatic function (see section 4.2)
- Constipation

##### Respiratory depression

Significant respiratory depression has been associated with buprenorphine, particularly by the intravenous route. A number of overdose deaths have occurred when addicts have intravenously abused buprenorphine, usually with benzodiazepines concomitantly. Additional overdose deaths due to ethanol and benzodiazepines in combination with buprenorphine have been reported. (see Section 4.9). Caution should be exercised when prescribing *Duerta* to patients known to have, or suspected of having, problems with drug or alcohol abuse or serious mental illness.

Concomitant use of opioids such as buprenorphine and sedative medicines such as benzodiazepines or related drugs may result in sedation, respiratory depression, coma and death. Because of these risks, concomitant prescribing with these sedative medicines should be reserved for patients for whom alternative treatment options are not possible. If a decision is made to prescribe buprenorphine concomitantly with sedative medicines, the lowest effective dose should be used, and the duration of treatment should be as short as possible.

The patients should be followed closely for signs and symptoms of respiratory depression and sedation. In this respect, it is strongly recommended to inform

patients and their caregivers to be aware of these symptoms (see section 4.5).

#### Serotonin syndrome

Concomitant administration of *Duerta* and other serotonergic agents, such as MAO inhibitors, selective serotonin re-uptake inhibitors (SSRIs), serotonin norepinephrine re-uptake inhibitors (SNRIs) or tricyclic antidepressants may result in serotonin syndrome, a potentially life-threatening condition (see section 4.5). If concomitant treatment with other serotonergic agents is clinically warranted, careful observation of the patient is advised, particularly during treatment initiation and dose increases.

Symptoms of serotonin syndrome may include mental-status changes, autonomic instability, neuromuscular abnormalities, and/or gastrointestinal symptoms.

If serotonin syndrome is suspected, a dose reduction or discontinuation of therapy should be considered depending on the severity of the symptoms.

Buprenorphine is a  $\mu$ -opioid agonist, acting as a full agonist with respect to analgesia and as a partial agonist with respect to its respiratory depressant properties (see section 5.1).

#### Drug dependence, tolerance and potential for abuse

For all patients, prolonged use of this product may lead to drug dependence (addiction), even at therapeutic doses. The risks are increased in individuals with current or past history of substance misuse disorder (including alcohol misuse) or mental health disorder (e.g. major depression).

Additional support and monitoring may be necessary when prescribing for patients at risk of opioid misuse.

A comprehensive patient history should be taken to document concomitant medications, including over-the-counter medicines and medicines obtained on-line, and past and present medical and psychiatric conditions.

Patients may find that treatment is less effective with chronic use and express a need to increase the dose to obtain the same level of pain control as initially experienced. Patients may also supplement their treatment with additional pain relievers. These could be signs that the patient is developing tolerance. The risks of developing tolerance should be explained to the patient.

Overuse or misuse may result in overdose and/or death. It is important that patients only use medicines that are prescribed for them at the dose they have been prescribed and do not give this medicine to anyone else.

Patients should be closely monitored for signs of misuse, abuse, or addiction.

The clinical need for analgesic treatment should be reviewed regularly.

#### Drug withdrawal syndrome

Prior to starting treatment with any opioids, a discussion should be held with patients to put in place a withdrawal strategy for ending treatment with buprenorphine.

Drug withdrawal syndrome may occur upon abrupt cessation of therapy or dose reduction. When a patient no longer requires therapy, it is advisable to taper the dose gradually to minimise symptoms of withdrawal. Tapering from a high dose may take weeks to months.

The opioid drug withdrawal syndrome is characterised by some or all of the following: restlessness, lacrimation, rhinorrhoea, yawning, perspiration, chills, myalgia, mydriasis and palpitations. Other symptoms may also develop including irritability, agitation, anxiety, hyperkinesia, tremor, weakness, insomnia, anorexia, abdominal cramps, nausea, vomiting, diarrhoea, increased blood pressure, increased respiratory rate or heart rate.

If women take this drug during pregnancy, there is a risk that their newborn infants will experience neonatal withdrawal syndrome.

#### Hyperalgesia

Hyperalgesia may be diagnosed if the patient on long-term opioid therapy presents with increased pain. This might be qualitatively and anatomically distinct from pain related to disease progression or to breakthrough pain resulting from development of opioid tolerance. Pain associated with hyperalgesia tends to be more diffuse than the pre-existing pain and less defined in quality. Symptoms of hyperalgesia may resolve with a reduction of opioid dose.

#### Sleep-related breathing disorders

Opioids can cause sleep-related breathing disorders including central sleep apnoea (CSA) and sleep-related hypoxemia. Opioid use increases the risk of CSA in a dose-dependent fashion. In patients who present with CSA, consider decreasing the total opioid dosage.

#### Skin reactions at application site

To minimise the risk of occurrence of application site skin reactions, it is important to follow the posology instructions (see section 4.2).

Application site reactions with **Duerta** are usually presented by a mild or moderate skin inflammation (contact dermatitis), and their typical appearance may include erythema, oedema, pruritus, rash, small blisters (vesicles), and painful/burning sensation at the application site. Most commonly the cause is skin irritation (irritant contact dermatitis), and these reactions resolve spontaneously after **Duerta** removal.

Patients and caregivers should be instructed accordingly to monitor the application sites for such reactions. If allergic contact dermatitis is suspected, relevant diagnostic procedures should be performed to determine if sensitisation has occurred and its actual cause (buprenorphine and/or other ingredients of the patch).

Since CYP3A4 inhibitors may increase concentrations of buprenorphine (see section 4.5), patients already treated with CYP3A4 inhibitors should have their dose of *Duerta* carefully titrated since a reduced dosage might be sufficient in these patients.

*Duerta* is not recommended for analgesia in the immediate post-operative period or in other situations characterised by a narrow therapeutic index or a rapidly varying analgesic requirement. Prolonged release opioids should not be used for acute post-operative pain owing to the increased risk of persistent post-operative opioid use (PPOU) and opioid-induced ventilatory impairment (OIVI).

Buprenorphine may lower the seizure threshold in patients with a history of seizure disorder.

Severe febrile illness may increase the rate of buprenorphine absorption from *Duerta* transdermal patches.

#### Endocrine system

Opioids may influence the hypothalamic-pituitary-adrenal or –gonadal axes. Some changes that can be seen include an increase in serum prolactin, and decreases in plasma cortisol and testosterone. Clinical symptoms may be manifest from these hormonal changes.

*Duerta* should not be used at higher doses than recommended.

### **4.5 Interaction with other medicinal products and other forms of interaction**

#### Effect of other active substances on the pharmacokinetics of buprenorphine

Buprenorphine is primarily metabolised by glucuronidation and to a lesser extent (about 30%) by CYP3A4. Concomitant treatment with CYP3A4 inhibitors may lead to elevated plasma concentrations with intensified efficacy of buprenorphine.

Studies with the CYP3A4 inhibitor ketoconazole did not produce clinically relevant increases in mean maximum ( $C_{max}$ ) or total (AUC) buprenorphine exposure following *Duerta* with ketoconazole as compared to *Duerta* alone.

The interaction between buprenorphine and CYP3A4 enzyme inducers has not been studied. Co-administration of *Duerta* and enzyme inducers (e.g. phenobarbital, carbamazepine, phenytoin and rifampicin) could lead to increased clearance which might result in reduced efficacy.

Reductions in hepatic blood flow induced by some general anaesthetics (e.g. halothane) and other medicinal products may result in a decreased rate of hepatic elimination of buprenorphine.

#### Pharmacodynamic interactions

*Duerta* must not be used concomitantly with MAOIs or in patients who have

received MAOIs within the previous two weeks (see section 4.3).

**Duerta** should be used cautiously when co-administered with:

Serotonergic medicinal products, such as MAO inhibitors, selective serotonin re-uptake inhibitors (SSRIs), serotonin norepinephrine re-uptake inhibitors (SNRIs) or tricyclic antidepressants as the risk of serotonin syndrome, a potentially life-threatening condition, is increased (see section 4.4).

Other central nervous system depressants: other opioid derivatives (analgesics and antitussives containing e.g. morphine, dextropropoxyphene, codeine, dextromethorphan or noscapine). Certain antidepressants, sedative H1-receptor antagonists, alcohol, anxiolytics, neuroleptics, clonidine and related substances. These combinations increase the CNS depressant activity.

The concomitant use of **Duerta** with gabapentinoids (gabapentin and pregabalin) may result in respiratory depression, hypotension, profound sedation, coma or death (see section 4.4).

Concomitant administration of buprenorphine with anticholinergics or medications with anticholinergic activity (e.g. tricyclic antidepressants, antihistamines, antipsychotics, muscle relaxants, anti-Parkinson drugs) may result in increased anticholinergic adverse effects.

Sedative medicines such as benzodiazepines or related drugs as concomitant use increases the risk of sedation, respiratory depression, coma and death because of additive CNS depressant effect. The dose and duration of concomitant use should be limited (see section 4.4). Such agents include sedatives or hypnotics, general anaesthetics, other opioid analgesics, phenothiazines, centrally acting anti-emetics, benzodiazepines and alcohol.

At typical analgesic doses buprenorphine is described to function as a pure mu receptor agonist. In **Duerta** clinical studies subjects receiving full mu agonist opioids (up to 90 mg oral morphine or oral morphine equivalents per day) were transferred to **Duerta**. There were no reports of abstinence syndrome or opioid withdrawal during conversion from entry opioid to **Duerta** (see section 4.4).

## 4.6 Fertility, pregnancy and lactation

### Pregnancy

There are no or limited amounts of data from the use of **Duerta** in pregnant women. Studies in animals have shown reproductive toxicity (see section 5.3). The potential risk for humans is unknown.

Buprenorphine crosses the placenta and buprenorphine and the active metabolite norbuprenorphine can be detected in newborn serum, urine and meconium following in utero exposure.

Towards the end of pregnancy high doses of buprenorphine may induce respiratory depression in the neonate even after a short period of administration. Therefore, *Duerta* should not be used during pregnancy and in women of childbearing potential who are not using effective contraception unless the potential benefit justifies the potential risk to the foetus.

Regular use during pregnancy may cause drug dependence in the foetus, leading to withdrawal symptoms in the neonate.

If opioid use is required for a prolonged period in a pregnant woman, advise the patient of the risk of neonatal opioid withdrawal syndrome and ensure that appropriate treatment will be available.

Administration during labour may depress respiration in the neonate and an antidote for the child should be readily available.

#### Breastfeeding

Administration to nursing women is not recommended as buprenorphine is secreted in breast milk and may cause respiratory depression in the infant. Studies in rats have shown that buprenorphine may inhibit lactation. Available pharmacodynamic/toxicological data in animals has shown excretion of buprenorphine in milk (see section 5.3). A risk to the newborn/infants cannot be excluded. *Duerta* should be used with caution during breast-feeding.

#### Fertility

No human data on the effect of buprenorphine on fertility are available. In a fertility and early embryonic development study, no effects on reproductive parameters were observed in male or female rats (see section 5.3).

### **4.7 Effects on ability to drive and use machines**

*Duerta* has a major influence on the ability to drive and use machines. Even when used according to instructions, *Duerta* may affect the patient's reactions to such an extent that road safety and the ability to operate machinery may be impaired. This

applies particularly in the beginning of treatment and in conjunction with other centrally acting substances including alcohol, tranquillisers, sedatives and hypnotics. An individual recommendation should be given by the physician. A general restriction is not necessary in cases where a stable dose is used.

Patients who are affected and experience side effects (e.g. dizziness, drowsiness, blurred vision) during treatment initiation or titration to a higher dose should not drive or use machines for at least 24 hours after the patch has been removed.

This medicine can impair cognitive function and can affect a patient's ability to drive safely. This class of medicine is in the list of drugs included in regulations under 5a of the Road Traffic Act 1988. When prescribing this medicine, patients should be told:

- The medicine is likely to affect your ability to drive.
- Do not drive until you know how the medicine affects you.
- It is an offence to drive while you have this medicine in your body over a specified limit unless you have a defence (called the 'statutory defence').
- This defence applies when:
  - The medicine has been prescribed to treat a medical or dental problem; and
  - You have taken it according to the instructions given by the prescriber and in the information provided with the medicine.
- Please note that it is still an offence to drive if you are unfit because of the medicine (i.e. your ability to drive is being affected)."

Details regarding a new driving offence concerning driving after drugs have been taken in the UK may be found here: <https://www.gov.uk/drug-driving-law>

## 4.8 Undesirable effects

Serious adverse reactions that may be associated with *Duerta* therapy in clinical use are similar to those observed with other opioid analgesics, including respiratory depression (especially when used with other CNS depressants) and hypotension (see section 4.4).

The following undesirable effects have occurred:

Very common ( $\geq 1/10$ ), common ( $\geq 1/100$ ,  $< 1/10$ ), uncommon ( $\geq 1/1000$ ,  $< 1/100$ ), rare ( $\geq 1/10,000$ ,  $< 1/1000$ ), very rare ( $< 1/10,000$ ), not known (cannot be estimated from the available data).

System organ class MedDRA	Very common ( $\geq 1/10$ )	Common ( $\geq 1/100$ , <1/10)	Uncommon ( $\geq 1/1000$ , <1/100)	Rare ( $\geq 1/10,000$ , <1/1000)	Very rare ( $< 1/10,000$ )	Not known (cannot be estimated from the available data)

System organ class MedDRA	Very common (≥1/10)	Common (≥1/100, <1/10)	Uncommon (≥1/1000, <1/100)	Rare (≥1/10,000, <1/1000)	Very rare (<1/10,000)	Not known (cannot be estimated from the available data)
<u>Immune system disorders</u>			Hypersensitivity	Anaphylactic reaction		Anaphylactoid reaction
<u>Metabolic and nutritional disorders</u>		Anorexia		Dehydration		
<u>Psychiatric disorders</u>		Confusion Depression Insomnia Nervousness Anxiety	Affect lability Sleep disorder Restlessness Agitation Euphoric mood Hallucinations Decreased libido Nightmares Aggression	Psychotic disorder	Mood swings	Drug dependence (see section 4.4) Depersonalisation
<u>Nervous system disorders</u>	Headache Dizziness Somnolence	Tremor	Sedation Dysgeusia Dysarthria Hypoesthesia Memory impairment Migraine Syncope Abnormal coordination Disturbance in attention Paraesthesia	Balance disorder Speech disorder	Involuntary muscle contractions	Seizures, Sleep apnoea syndrome, Hyperalgesia
<u>Eye disorders</u>			Dry eye Blurred vision	Visual disturbance Eyelid oedema Miosis		
<u>Ear and labyrinth disorders</u>			Tinnitus Vertigo		Ear pain	
<u>Cardiac disorders</u>			Palpitations Tachycardia	Angina pectoris		
<u>Vascular disorders</u>			Hypotension Circulatory collapse Hypertension Flushing	Vasodilatation Orthostatic hypotension		
<u>Respiratory, thoracic and mediastinal disorders</u>		Dyspnoea	Cough Wheezing Hiccups	Respiratory depression Respiratory failure Asthma aggravated Hyperventilation Rhinitis		

System organ class MedDRA	Very common (≥1/10)	Common (≥1/100, <1/10)	Uncommon (≥1/1000, <1/100)	Rare (≥1/10,000, <1/1000)	Very rare (<1/10,000)	Not known (cannot be estimated from the available data)
<u>Gastrointestinal disorders</u>	Constipation Nausea Vomiting	Abdominal pain Diarrhoea Dyspepsia Dry mouth	Flatulence	Dysphagia Ileus		Diverticulitis
<u>Hepatobiliary disorders</u>						Biliary colic
<u>Skin and subcutaneous tissue disorders</u>	Pruritus Erythema	Rash Sweating Exanthema	Dry skin Urticaria	Face oedema	Pustules Vesicles	Dermatitis contact, Application skin discolouration
<u>Musculoskeletal and connective tissue disorders</u>		Muscular weakness	Myalgia Muscle spasms			
<u>Renal and urinary disorders</u>			Urinary incontinence Urinary retention Urinary hesitation			
<u>Reproductive system and breast disorders</u>				Erectile dysfunction Sexual dysfunction		
<u>General disorders and administration site conditions</u>	Application site reactions <sup>1*</sup>	Tiredness Asthenic conditions Peripheral oedema	Fatigue Pyrexia Rigors Oedema Drug withdrawal syndrome Chest pain	Influenza like illness		Drug withdrawal syndrome neonatal Drug tolerance
<u>Investigations</u>			Alanine aminotransferase increased Weight decreased			
<u>Injury, poisoning and procedural complications</u>			Accidental injury Fall			

<sup>1</sup> Includes common signs and symptoms of contact dermatitis (irritative or allergic): erythema, oedema, pruritus, rash, vesicles, painful/burning sensation at the application site.

\*In some cases delayed local allergic reactions (allergic contact dermatitis) occurred with marked signs of inflammation. Mechanical injuries during patch removal (e.g. laceration) are also possible in patients with fragile skin. Chronic inflammation may lead to long-lasting sequelae, such as post inflammatory hyper- and hypopigmentation, as well as dry and thick scaly skin lesions, which may closely

resemble scars. In such cases treatment with *Duerta* should be terminated (see sections 4.3 and 4.4).

#### Drug dependence

Repeated use of *Duerta* can lead to drug dependence, even at therapeutic doses. The risk of drug dependence may vary depending on a patient's individual risk factors, dosage, and duration of opioid treatment (see section 4.4).

After discontinuation of *Duerta*, withdrawal symptoms are uncommon. This may be due to the very slow dissociation of buprenorphine from the opioid receptors and to the gradual decrease of buprenorphine plasma concentrations (usually over a period of 30 hours after removal of the last patch).

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store.

## **4.9 Overdose**

#### Symptoms

Symptoms similar to those of other centrally acting analgesics are to be expected. These may include respiratory depression, including apnoea, sedation, drowsiness, nausea, vomiting, cardiovascular collapse and marked miosis.

Patients should be informed of the signs and symptoms of overdose and to ensure that family and friends are also aware of these signs and to seek immediate medical help if they occur.

#### Treatment

Remove any patches from the patient's skin.

Establish and maintain a patent airway, assist or control respiration as indicated and maintain adequate body temperature and fluid balance. Oxygen, intravenous fluids, vasopressors and other supportive measures should be employed as indicated.

A specific opioid antagonist such as naloxone may reverse the effects of buprenorphine, although naloxone may be less effective in reversing the effects of buprenorphine than other  $\mu$ -opioid agonists. Treatment with continuous intravenous naloxone should begin with the usual doses but high doses may be required.

## 5 PHARMACOLOGICAL PROPERTIES

### 5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Analgesics, opioids; ATC code: N02 AE01

Buprenorphine is a  $\mu$ -opioid agonist, acting as a full agonist with respect to analgesia and as a partial agonist with respect to its respiratory depressant properties. It also has antagonistic activity at the kappa opioid receptor.

#### Other pharmacologic effects

*In vitro* and animal studies indicate various effects of natural opioids, such as morphine, on components of the immune system; the clinical significance of these findings is unknown. Whether buprenorphine, a semisynthetic opioid, has immunological effects similar to morphine is unknown.

Like other opioid analgesics, buprenorphine has a potential risk of respiratory depression. However, evidence suggests that buprenorphine is a partial agonist with respect to its respiratory depressant activity and a ceiling effect has been reported following intravenous doses of greater than 2  $\mu\text{g}/\text{kg}$ . Respiratory depression appears to be a rare occurrence at therapeutic doses of the transdermal preparation [up to 40  $\mu\text{g}/\text{h}$ ].

Efficacy has been demonstrated in seven pivotal phase III studies of up to 12 weeks duration in patients with non-malignant pain of various aetiologies. These included patients with moderate and severe OA and back pain. **Duerta** demonstrated clinically significant reductions in pain scores (approximately 3 points on the BS-11 scale) and significantly greater pain control compared with placebo.

A long term, open-label extension study (n=384) has also been performed in patients with non-malignant pain. With chronic dosing, 63% of patients were maintained in pain control for 6 months, 39% of patients for 12 months, 13% of patients for 18 months and 6% for 21 months. Approximately 17% were stabilised on the 5 mg dose, 35% on the 10 mg dose and 48% on the 20 mg dose.

### 5.2 Pharmacokinetic properties

There is evidence of enterohepatic recirculation.

Studies in non-pregnant and pregnant rats have shown that buprenorphine passes the blood-brain and placental barriers. Concentrations in the brain (which contained only unchanged buprenorphine) after parenteral administration were 2-3 times higher than after oral administration. After intramuscular or oral administration buprenorphine apparently accumulates in the foetal gastrointestinal lumen – presumably due to biliary excretion, as enterohepatic circulation has not fully developed.

Each patch provides a steady delivery of buprenorphine for up to seven days. Steady state is achieved during the first application. After removal of *Duerta*, buprenorphine concentrations initially decline at a rate of approximately 50% in 12 hours . Thereafter, mean elimination half-lives have been reported to be between 30 and 45 hours.

### Absorption

Following *Duerta* application, buprenorphine diffuses from the patch through the skin. In clinical pharmacology studies, the median time for *Duerta* 10 microgram/hour to deliver detectable buprenorphine concentrations (25 picograms/ml) was approximately 17 hours. Analysis of residual buprenorphine in patches after 7-day use shows 15% of the original load delivered. A study of bioavailability, relative to intravenous administration, confirms that this amount is systemically absorbed. Buprenorphine concentrations remain relatively constant during the 7-day patch application.

### Application site

A study in healthy subjects demonstrated that the pharmacokinetic profile of buprenorphine delivered by *Duerta* is similar when applied to upper outer arm, upper chest, upper back or the side of the chest (midaxillary line, 5th intercostal space). The absorption varies to some extent depending on the application site and the exposure is at the most approximately 26% higher when applied to the upper back compared to the side of the chest.

In a study of healthy subjects receiving *Duerta* repeatedly to the same site, an almost doubled exposure was seen with a 14 day rest period. For this reason, rotation of application sites is recommended, and a new patch should not be applied to the same skin site for 3-4 weeks.

In a study of healthy subjects, application of a heating pad directly on the transdermal patch caused a transient 26-55% increase in blood concentrations of buprenorphine. Concentrations returned to normal within 5 hours after the heat was removed. For this reason, applying direct heat sources such as hot water bottles, heat pads or electric blankets directly to the patch is not recommended. A heating pad applied to a *Duerta* site immediately after patch removal did not alter absorption from the skin depot

### Distribution

Buprenorphine is approximately 96% bound to plasma proteins.

Studies of intravenous buprenorphine have shown a large volume of distribution, implying extensive distribution of buprenorphine. In a study of intravenous buprenorphine in healthy subjects, the volume of distribution at steady state was 430 l, reflecting the large volume of distribution and lipophilicity of the active substance.

Following intravenous administration, buprenorphine and its metabolites are secreted into bile, and within several minutes, distributed into the cerebrospinal fluid. Buprenorphine concentrations in the cerebrospinal fluid appear to be approximately 15% to 25% of concurrent plasma concentrations.

#### Biotransformation and elimination

Buprenorphine metabolism in the skin following *Duerta* application is negligible. Following transdermal application, buprenorphine is eliminated via hepatic metabolism, with subsequent biliary excretion and renal excretion of soluble metabolites. Hepatic metabolism, through CYP3A4 and UGT1A1/1A3 enzymes, results in two primary metabolites, norbuprenorphine and buprenorphine 3-O-glucuronide, respectively.

Norbuprenorphine is glucuronidated before elimination. Buprenorphine is also eliminated in the faeces. In a study in post-operative patients, the total elimination of buprenorphine was shown to be approximately 55 l/h.

Norbuprenorphine is the only known active metabolite of buprenorphine.

#### Effect of buprenorphine on the pharmacokinetics of other active substances

Based on in vitro studies in human microsomes and hepatocytes, buprenorphine does not have the potential to inhibit metabolism catalysed by the CYP450 enzymes CYP1A2, CYP2A6 and CYP3A4 at concentrations obtained with use of *Duerta* 20 µg/h transdermal patch. The effect on metabolism catalysed by CYP2C8, CYP2C9 and CYP2C19 has not been studied.

### **5.3 Preclinical safety data**

#### Reproductive and developmental toxicity

No effect on fertility or general reproductive performance was observed in rats treated with buprenorphine.

In embryofoetal developmental toxicity studies conducted in rats and rabbits using buprenorphine, no embryofoetal toxicity effects were observed. In a rat pre- and post-natal developmental toxicity study with buprenorphine there was pup mortality, decreased pup body weight and concomitant maternal reduced food consumption and clinical signs.

### Genotoxicity

A standard battery of genotoxicity tests indicated that buprenorphine is non-genotoxic.

### Carcinogenicity

In long-term studies in rats and mice there was no evidence of any carcinogenic potential relevant for humans.

### Systemic toxicity and dermal toxicity

In single- and repeat-dose toxicity studies in rats, rabbits, guinea pigs, dogs and mini pigs, *Duerta* caused minimal or no adverse systemic events, whereas skin irritation was observed in all species examined.

Toxicological data available did not indicate a sensitising potential of the additives of the transdermal patches.

## **6 PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

Adhesive matrix (containing buprenorphine):

[(Z)-octadec-9-en-1-yl] (Oleyl oleate),

Povidone K90,

4-oxopentanoic acid, (Levulinic Acid)

Poly[acrylic acid-co-butylacrylate-co-(2-ethylhexyl)acrylate-co-vinylacetate]  
(5:15:75:5), cross-linked (DuroTak 387-2054)

Adhesive matrix (without buprenorphine):

Poly[acrylic acid-co-butylacrylate-co-(2-ethylhexyl) acrylate-co-vinylacetate] (5:15:75:5), not cross-linked (DuroTak 387-2051).

Separating foil between the adhesive matrices with and without buprenorphine:  
Poly(Ethyleneterephthalate) – foil.

Backing layer:

Poly(Ethyleneterephthalate) – tissue.

Release liner (on the front covering the adhesive matrix containing buprenorphine)  
(to be removed before applying the patch):

Poly(Ethyleneterephthalate) – foil, siliconised, coated on one side with aluminium.

## **6.2 Incompatibilities**

Not applicable

## **6.3 Shelf life**

2 years

## **6.4 Special precautions for storage**

Do not store above 25°C.

## **6.5 Nature and contents of container**

Sealed child resistant sachet, composed of identical top and bottom layers of heat-sealable laminate, comprising (from outside to inside) paper, PET, polyethylene-based copolymer, aluminium and poly(acrylic acid-co-ethylene).

Pack Sizes: 1, 2, 3, 4, 5, 8, 10 and 12 transdermal patches.

Not all pack sizes may be marketed.

## **6.6 Special precautions for disposal**

The patch should not be used if the seal is broken.

Disposal after use:

When changing the patch, the used patch should be removed, the adhesive layer folded inwards on itself, and the patch disposed of safely and out of sight and reach of children.

## **7 MARKETING AUTHORISATION HOLDER**

Mundipharma Corporation (Ireland) Limited  
United Drug House Magna Drive  
Magna Business Park  
Citywest Road  
Dublin 24  
Ireland

## **8 MARKETING AUTHORISATION NUMBER(S)**

PLGB 59242/0003

## **9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

30/07/2024

## **10 DATE OF REVISION OF THE TEXT**

10/04/2025