

## PACKAGE LEAFLET: INFORMATION FOR THE USER

**Ciprofibrate 100 mg Tablets****Read all of this leaflet carefully before you start taking this medicine**

- Keep this leaflet. You may need to read it again
- If you have any further questions, ask your doctor or pharmacist
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- Your doctor may have given you this medicine before from another company. It may have looked slightly different. However, either brand will have the same effect

**In this leaflet:**

1. What Ciprofibrate is and what it is used for
2. Before you take Ciprofibrate
3. How to take Ciprofibrate
4. Possible side effects
5. How to store Ciprofibrate
6. Further information

**1. WHAT CIPROFIBRATE IS AND WHAT IT IS USED FOR**

The name of your medicine is Ciprofibrate 100mg Tablets (called Ciprofibrate throughout this leaflet).

This belongs to a group of medicines commonly known as 'fibrates'. These medicines are used to lower the level of fats (lipids) in the blood. For example the fats known as triglycerides.

Ciprofibrate is used alongside a low fat diet and other non-medical treatments such as exercise and weight loss, to lower levels of fats in the blood.

**2. BEFORE YOU TAKE CIPROFIBRATE****Do not take Ciprofibrate if:**

- You are allergic (hypersensitive) to Ciprofibrate or any of the other ingredients of Ciprofibrate (see Section 6: Further information) Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of your lips, face, throat or tongue.
- You are pregnant, might become pregnant or think you may be pregnant (see "Pregnancy and breast-feeding" section below)
- You are breast-feeding (see "Pregnancy and breast-feeding" section below)
- You have severe liver or kidney problems
- You are taking 'fibrates' (such as clofibrate, bezafibrate, fenofibrate or gemfibrozil)- used to treat high blood fat levels

Do not take this medicine if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking ciprofibrate.

**Take special care with Ciprofibrate. Check with your doctor or pharmacist before taking Ciprofibrate if you:**

- have unexpected muscle pains, tenderness or weakness
- have liver or kidney problems
- have an under-active thyroid gland
- are over 70 years of age
- or a member of your family have had muscle problems in the past.

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking Ciprofibrate.

**Blood Tests**

- Taking Ciprofibrate may affect the results of some blood tests. During treatment your doctor may do blood tests to check how your liver is working
- If you are going to have any other blood tests, it is important to tell the person taking the test that you are taking Ciprofibrate.

**Taking other medicines**

Please tell your doctor or pharmacist if you are taking or have recently taken, any other medicines.

This includes medicines you buy without a prescription, including herbal medicines. This is because Ciprofibrate can affect the way some other medicines work. Also some medicines can affect the way Ciprofibrate works.

Tell your doctor if you are taking any of the following medicines:

- Statins (such as simvastatin, atorvastatin, pravastatin, fluvastatin and rosuvastatin) - used to treat high blood fat levels
- Warfarin - used for thinning the blood
- Insulin or Metformin - used for diabetes
- Contraceptive medicines (such as 'The Pill') or hormone replacement therapy (HRT)

**Taking Ciprofibrate with alcohol**

One of the side effects of this medicine is muscle problems. Drinking a lot of alcohol may increase the chance of muscle problems. This means that you must limit the amount of alcohol you drink while you are taking Ciprofibrate. Ask your doctor for more advice.

**Pregnancy and breast-feeding**

Do not take Ciprofibrate if you are:

- Pregnant, might become pregnant, or think you may be pregnant
- Breast-feeding or planning to breast-feed.

This is because small amounts of Ciprofibrate may pass into the mother's milk.

Ask your doctor or pharmacist for advice before taking any medicine if you are pregnant or breast-feeding.

**Driving and using machines**

If you get dizzy, drowsy and tired while taking Ciprofibrate, then you should not drive or use any tools or machinery.

**Important information about some of the ingredients of Ciprofibrate**

Ciprofibrate 100 mg tablets contain lactose. If you have been told by your doctor that you have an intolerance to some sugars contact your doctor before taking this medicinal product.

This medicine contains less than 1mmol sodium (23mg) per dose, that is to say essentially 'sodium free'.

**3. HOW TO TAKE CIPROFIBRATE**

Always take Ciprofibrate exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

**Taking this medicine**

- Take this medicine by mouth
- Do not give to children under 12 years
- It is important while you are taking Ciprofibrate to keep to any special diet you have been given
- If you feel the effect of your medicine is too weak or too strong, do not change the dose yourself, but ask your doctor.

**How much to take**

- The usual dose for adults is 1 tablet every day
- Do not take any more than 1 tablet each day
- If you have kidney problems, only take 1 tablet **every other day**.

**If you take more Ciprofibrate than you should**

If you take more of this medicine than you should, talk to a doctor or go to a hospital straight away. Take the medicine pack with you.

**If you forget to take Ciprofibrate**

- If you forget a dose, take it as soon as you remember it.
- However, if it is time for the next dose, skip the missed dose.
- Do not take a double dose to make up for a forgotten dose.

**If you stop taking Ciprofibrate**

Keep taking your medicine until your doctor tells you to stop. Do not stop taking Ciprofibrate just because you feel better. If you stop, your illness may get worse.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

## 4. POSSIBLE SIDE EFFECTS

Like all medicines, Ciprofibrate can cause side effects, although not everybody gets them.

**Stop taking your medicine and see a doctor or go to a hospital straight away - you may need urgent medical treatment.**

- Muscle problems, such as cramps, pain or tenderness. This can lead to kidney failure.

**Tell your doctor as soon as possible if you have any of the following side effects:**

- An allergic reaction. The signs may include: a rash (which may be itchy and lumpy), itching and being more sensitive to the sun than usual.
- Inflammation of the lungs which causes breathlessness, cough and raised temperature.
- Scarring of the lungs which causes shortness of breath.
- Liver problems. This may cause the eyes or skin to go yellow (jaundice).
- Severe pain in the upper right corner of your stomach, which could reach through to your back. You may also have a fever and feel or be sick. This could be a sign of biliary colic or gallstones.

**Other side effects are:**

**Common (may affect up to 1 in 10 people):**

- Hair loss, balding.
- Headache, balance problems.
- Feeling dizzy, drowsy or tired.
- Feeling sick (nausea) or being sick (vomiting).
- Diarrhoea, indigestion or stomach pains.
- Pain in your muscles.

**Not Known (frequency cannot be estimated from the available data):**

- Impotence
- You may bruise more easily than usual. This could be because of a blood disorder (thrombocytopenia).
- Muscle weakness, cramps, stiffness and spasm.
- Inflammation of your muscles.

**Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the **Google Play** or **Apple App Store**. By reporting side effects, you can help provide more information on the safety of this medicine.

## 5. HOW TO STORE CIPROFIBRATE

- **KEEP OUT OF THE SIGHT AND REACH OF CHILDREN.**
- Do not store above 25°C.
- Store in the original package.
- Do not use this medicine after the expiry date that is stated on the labels after Expiry. The expiry date refers to the last day of that month.
- If the medicine becomes discoloured or shows any other signs of deterioration, you should seek the advice of your pharmacist who will tell you what to do.
- Do not throw any medicines via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## 6. FURTHER INFORMATION

**What Ciprofibrate contains**

- The active ingredient is Ciprofibrate.  
Each tablet contains 100 mg of Ciprofibrate.
- The other ingredients are maize starch, lactose monohydrate, microcrystalline cellulose (E460), methylhydroxypropylcellulose (E464), Sterotex K (hydrogenated vegetable oil (contains hydrogenated soya-bean oil)) and sodium lauryl sulfate.

**What Ciprofibrate looks like and contents of the pack**

- Ciprofibrate Tablets are white to off-white, round tablets with a breakline on one side and the inscription "S170" on the other side.
- The tablets are available in blister packs of 28 tablets and 98 tablets.

**Product Licence holder**

Procured from within the EU and repackaged by the Product Licence holder: S&M Medical Ltd., Chemilines House, Alperton Lane, Wembley, HA0 1DX.

**Manufacturer**

This product is manufactured by Sanofi-Aventis Sp. z o.o., Ul. Lubelska 52, 35-233, Rzeszów, Poland.

**POM** PL: 19488/1885

**Leaflet revision date: 31 May 2024**

**Blind or partially sighted? Is this leaflet hard to see or read? Call 02087997607 to obtain the leaflet in large print, tape, CD or Braille.**

*S1885 Leaflet Ciprofibrate 20240531*