

ASPAR
Aspar Dispersible Aspirin 300mg

Docment Information

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Patient Information Leaflet for
Dispersible Aspirin Tablets 300mg

Read this leaflet carefully before taking these tablets.

It does not contain all the information about your medicine that you may need to know, so ask your doctor or pharmacist if you have any questions.

This leaflet only applies to Dispersible Aspirin Tablets 300mg



1. What these tablets do

These tablets contain Aspirin, which is a type of painkiller. It is used to relieve pain, swelling and high temperature. It can be used to treat headaches, migraine, neuralgia, toothache, sore throat, period pains and for the relief of sprains, strains, rheumatic pain, sciatica, lumbago, muscle aches, fibrositis, joint swelling and stiffness.



2. Check before you take

Do not take these tablets if you:

- Are allergic to Aspirin, NSAIDs which includes those when in attacks of asthma, angioedema, urticaria or rhinitis have been precipitated by aspirin or any other NSAID or any of the other ingredients listed in section 6
- Have a stomach ulcer or have had problems with ulcers in the past.
- Suffer from haemophilia or any other bleeding condition.
- Suffer from gout or had in the past.
- Are in the last 3 months of pregnancy or are breast feeding. (See section “Pregnancy, breast-feeding and fertility”)

Important warning:

Do not give this medicine to children under the age of 16 unless your doctor tells you.

This is because there is a possible association between Aspirin and Reye's Syndrome when given to children. Reye's syndrome is a very rare disease, which can be fatal.

Take special care and tell your doctor if you:

- Have asthma or have ever had it in the past
- Have dehydration
- Have been told you are deficient in glucose-6-phosphate dehydrogenase

Tell your doctor or pharmacist if you are already taking any of the following medicines, as their effectiveness may be influenced by aspirin if they are taken at the same time.

- Metoclopramide (for sickness and digestive disorders)
- Blood thinning medicines such as Heparin, Warfarin or nicoumalone
- Corticosteroids e.g. hydrocortisone (which can be used for arthritis, asthma and inflammatory conditions)
- Anti-inflammatory medicines or steroids for pain and inflammation e.g. ibuprofen
- High blood pressure medicines e.g diuretic/water tablets, Angio-II receptor antagonists or ACE inhibitors
- Epilepsy medicines e.g. Phenytoin, Sodium valproate
- Methotrexate (for psoriasis, arthritis or tumours)
- Antacids for indigestion
- Probenecid or sulphinyprazone for gout
- Antidepressants e.g. citalopram

Before using aspirin inform your doctor about the medicines you are taking. If you are using aspirin regularly seek advice of your doctor before taking any other medicine (including other medicines that you have bought).

Pregnancy, breast-feeding and fertility

Ask your doctor or pharmacist for advice before taking this medicine. Aspirin should not be taken in the last three months of pregnancy.

If you continue or start treatment with Dispersible Aspirin 300 mg Tablets during pregnancy per instruction of the physician, then use Dispersible Aspirin 300 mg tablets as advised by your doctor and do not use a higher dose than is recommended.

Pregnancy – last trimester

Do not take Dispersible Aspirin 300 mg Tablets if you are in the last 3 months of pregnancy as it could harm your unborn child or cause problems at delivery. It can cause kidney and heart problems in your unborn baby. It may affect your and your baby's tendency to bleed and cause labour to be later or longer than expected.

Pregnancy – first and second trimester

You should not take Dispersible Aspirin 300 mg Tablets during the first 6 months of pregnancy unless absolutely necessary and advised by your doctor. If you need treatment during this period or while you are trying to get pregnant, the lowest dose for the shortest time possible should be used. If taken for more than a few days from 20 weeks of pregnancy onward, Dispersible Aspirin 300 mg Tablets can cause kidney problems in your unborn baby that may lead to low

levels of amniotic fluid that surrounds the baby (oligohydramnios) or narrowing of a blood vessel (ductus arteriosus) in the heart of the baby. If you need treatment for longer than a few days, your doctor may recommend additional monitoring.

Breast-feeding

Do not take this medicine if you are breastfeeding.

Dispersible Aspirin 300 mg Tablets contain Lactose and Sodium

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

This medicine contains less than 1 mmol sodium (23 mg) per 600 mg tablet, that is to say essentially 'sodium-free'.



3. How to take the Tablets

Do not take these tablets without discussing it with your doctor first.

Dosage in adults, the elderly and children over the age of 16 years:

Take 1 to 3 tablets with water, every 4 hours. Do not take more than 4 doses in any 24 hours. A lower dose is recommended for the elderly.

When taking this medicine, it is important to remember the following:

- The tablets must be dissolved in a glass of water before taking
- Do not give to children aged under 16 years unless told to by your doctor
- Do not exceed the stated dose
- Seek medical attention **IMMEDIATELY** if you accidentally take too many tablets
- If you miss a dose, do not take a double dose to make up for the missed dose
- If symptoms persist for more than 3 days consult your doctor



4. Possible side effects

Most people will not have problems, but some may get some.

If you get any of these serious side effects, stop taking the tablets. **See a doctor at once:**

- You are sick and it contains blood or dark particles that look like coffee grounds
- Pass blood in your stools or pass black tarry stools
- Stomach problems including pain, indigestion or heartburn
- Allergic reactions such as skin rash, swelling of the face, neck or throat, worsening of asthma, difficulty in breathing
- Bleeding on the brain which may cause a severe headache or stroke

These other effects are less serious.

If they bother you talk to a pharmacist:

- Feeling sick, being sick, changes to the stomach lining (swelling or ulcers)
- Increased bleeding time when you cut yourself, bleeding under the skin which may look like bruising
- Nose bleeds (if a nose bleed is severe or lasts for a long time, talk to a doctor straight away)
- Hearing problems (e.g. ringing in the ears) feeling dizzy (vertigo), feeling confused

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme, Website: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.



5. Storing your medicine

Keep your medicine in a safe place where children cannot see or reach it.

Do not store above 25°C. Store in the original packaging to protect from light and moisture.

Do not use this medicine after the expiry date printed on the packaging.



6. More about your medicine

The active ingredient in these tablets is aspirin 300mg.

The inactive ingredients are lactose, sodium saccharin, potato starch, citric acid, sodium lauryl sulphate, talc and calcium carbonate (*see section 2 for Important information about some of the ingredients of Dispersible aspirin 300mg tablets*).

The product licence holder and manufacturer is Aspar Pharmaceuticals Ltd.,

Albany House, Acrewood Way, St Albans, Hertfordshire, AL4 0JY, UK.

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Dispersible Aspirin 300mg tablets are available in blister packs of 2, 4, 8, 12, 16, 24, 32, 48, 50, 96 or 100 tablets and they are also available in container packs of 8, 16, 25, 32, 50, 100, 250, 500, 1000 or 5000 tablets (Not all pack sizes are marketed).

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