110mm

PHARMACODE READING DIRECTION

ALMUS

Package leaflet: Information for the User

Almus Hayfever 2% w/v Eye Drops, solution

Sodium cromoglicate

Read all of this leaflet carefully before you start using this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What Almus Hayfever 2% w/v Eye Drops, Solution is and what it is used for
2. Before you use Almus Hayfever 2% w/v Eye Drops, Solution
3. How to use Almus Hayfever 2% w/v Eye Drops, Solution
4. Possible side effects
5. How to store Almus Hayfever 2% w/v Eye Drops, Solution
6. Further information

1. WHAT ALMUS HAYFEVER 2% w/v EYE DROPS, SOLUTION IS AND WHAT IT IS USED FOR

Almus Hayfever 2% w/v Eye Drops, Solution contains a medicine called sodium cromoglicate. This belongs to a group of medicines called anti-allergics.
It works by stopping the release of the natural substances in your eyes that can lead to an allergic reaction. Signs of an allergic reaction include itchy, watery, red or inflamed eyes and puffy eyelids. Almus Hayfever 2% w/v Eye Drops, Solution is used for the relief and treatment of eye allergies.

These allergies can happen:

- At any time of the year and is called 'perennial allergic conjunctivitis'
- In different seasons of the year caused by different pollens. This is called 'seasonal allergic conjunctivitis' or hay fever

2. BEFORE YOU USE ALMUS HAYFEVER 2% w/v EYE DROPS, SOLUTION

Do not use Almus Hayfever 2% w/v Eye Drops, Solution

- if you are allergic (hypersensitive) to sodium cromoglicate or any of the other ingredients of Almus Hayfever 2% w/v Eye Drops, Solution (listed in Section 6: Further information)

Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of your lips, face, throat, tongue and worsening of redness, itching or swelling of the eye or eyelid

Do not use this medicine if the above applies to you. If you are not sure, talk to your doctor or pharmacist before using these eye drops.

Take special care with Almus Hayfever 2% w/v Eye Drops, Solution if:

- You wear soft contact lenses. You should not wear contact lenses while using these drops

If you are not sure if the above applies to you, talk to your doctor or pharmacist before using Almus Hayfever 2% w/v Eye Drops, Solution.

Using other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Pregnancy and breast-feeding

Talk to your doctor before using this medicine if you are pregnant, might become pregnant or think you may be pregnant.

If you are breast-feeding or planning to breast-feed, talk to your doctor or pharmacist before taking or using any medicine.

Driving and using machines

Almus Hayfever 2% w/v Eye Drops, Solution may interfere with your ability to drive and use machines. You may have blurred eyesight straight after using this medicine. If this happens, do not drive or use any tools or machines until you can see clearly.

Important information about some of the ingredients of Hayfever 2% w/v Eye Drops

Almus Hayfever 2% w/v Eye Drops, Solution contains 0.1 mg benzalkonium chloride in each ml of solution. Benzalkonium chloride may be absorbed by soft contact lenses and may change the colour of the contact lenses. You should remove contact lenses before using this medicine and put them back 15 minutes afterwards.

Benzalkonium chloride may also cause eye irritation, especially if you have dry eyes or disorders of the cornea (the clear layer at the front of the eye). If you feel abnormal eye sensation, stinging or pain in the eye after using this medicine, talk to your doctor

3. HOW TO USE ALMUS HAYFEVER 2% w/v EYE DROPS, SOLUTION

Always use Almus Hayfever 2% w/v Eye Drops, Solution exactly as your doctor has told you.

Adults and Children over 6 years: One or two drops to be administered into each eye four times daily.

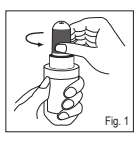
Children under 6 years: Almus Hayfever 2% w/v Eye Drops, Solution should not be used in children under 6 years of age.

Elderly: There is no evidence to suggest that a different dose is needed for elderly patients. You should check with your doctor or pharmacist if you are not sure.

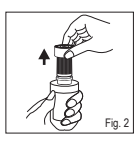
Opening the dropper container before first use

Note: Do not use the bottle if the tamper-proof base ring with cap is broken before you first use it.

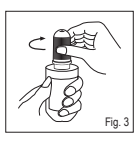
1. Turn the cap in counter clockwise direction. This will break the tamper-proof base ring (Fig.1).



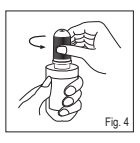
2. Remove the tamper-proof base ring by retaining the cap on the container (Fig.2).



3. Tighten the cap on the nozzle so that the edge of the cap and the edge of bottle neck are totally aligned. Turning the screw cap clockwise will pierce the tip of the dropper container (Fig.3).



4. To open the dropper container, remove the cap by turning it in the counter clockwise direction (Fig.4).



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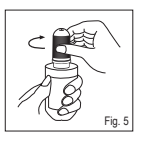
Front Side

420 mm

110mm

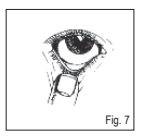
5. Tighten the cap on the container after every use (Fig.5).



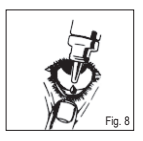
How to use this medicine

6. Wash your hands, tilt your head back and look at the ceiling (Fig.6).

7. Gently pull the lower eyelid down to form a small pocket between the eyelid and the eye (Fig. 7).

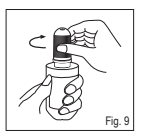


8. Turn the dropper container upside down and squeeze it gently to release one drop into each eye that needs treatment. Do not touch your eye or eyelid with the dropper tip (Fig. 8). If a drop misses your eye, try again.



Close your eye after placing the drop(s) in your eye. Wipe away any excess liquid from the eyes with a clean tissue

9. Reclose the dropper container after use (Fig.9). Repeat in the other eye if needed. The next time you need to apply the drops follow steps 6-9



How much to use

- One or two drops in each eye four times a day, or as directed by your doctor
- If your symptoms worsen or do not improve, talk to your doctor or pharmacist

If you use more of Almus Hayfever 2% w/v Eye Drops, Solution than you should

Contact your doctor if you use the eye drops more frequently than the recommended dose, or continously for more than three months.

If you stop using Almus Hayfever 2% w/v Eye Drops, Solution

You should keep using these drops if you are still around the things that you are allergic to. If you stop using Almus Hayfever 2% w/v Eye Drops, Solution your allergy symptoms may come back.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Almus Hayfever 2% w/v Eye Drops, Solution can cause side effects, although not everybody gets them.

Stop using Almus Hayfever 2% w/v Eye Drops, Solution and see a doctor as soon as possible if:

- The itching, redness or swelling gets worse. You may be allergic to these drops.

Talk to your doctor or pharmacist if any of the side effects gets serious or lasts longer than a few days, or if you notice any side effects not listed in this leaflet:

- Stinging or burning in your eyes or blurring of eyesight. This should only last for a short time and occurs immediately after using the eye drops
- Mild eye irritation

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store By reporting side effects you can help provide more information on the safety of this medicine.

5. HOW TO STORE ALMUS HAYFEVER 2% w/v EYE DROPS, SOLUTION

Keep out of the sight and reach of children.

Do not use Almus Hayfever 2% w/v Eye Drops, Solution after the expiry date which is stated on the bottle label and carton after EXP. The expiry date refers to the last day of that month.

This medicinal product does not require any special storage conditions before opening the bottle and after opening the bottle "Do not store above 25°C". Almus Hayfever 2% w/v Eye Drops, Solution is sterile when you buy it, so you must not keep it for more than four weeks after opening the bottle.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION

What Almus Hayfever 2% w/v Eye Drops, Solution contains

- The active substance is sodium cromoglicate. Each 1ml of eye drops contains 20mg of sodium cromoglicate (2.0% w/v). One drop contains 0.7mg of sodium cromoglicate.
- The other ingredients are disodium edetate, benzalkonium chloride and water for injections.

What Almus Hayfever 2% w/v Eye Drops, Solution looks like and contents of the pack

Almus Hayfever 2% w/v Eye Drops, Solution is a clear colourless to pale yellow solution supplied in either a 5 ml or 10 ml plastic dropper bottle with a white plastic screw cap having a tamper-proof base ring.

Marketing Authorisation Holder and Manufacturer

Brown & Burk UK Ltd
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Hounslow West
Middlesex, TW4 5DQ, UK

This leaflet was last approved in 05/2023.

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Back Side

PHARMACODE READING DIRECTION

420 mm

PHARMACODE READING DIRECTION
3214

DIMENSIONS 296 x 210mm

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CUTTER GUIDE

This scale measures 100mm when artwork is 100%
0 10 20 30 40 50 60 70 80 90 100

Queries regarding this artwork, please contact: Steve Hobbs

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Modifications:

Draft 1: Change of product name throughout PIL. SHould now read "Almus Hayfever 2% w/v Eye Drops, Solution"