

5. HOW TO STORE SECURON SR

- **Keep out of the sight and reach of children.**
- Store in the original package.
- Do not store above 25°C.
- If the tablet becomes discoloured or shows any other signs of deterioration, you should seek the advice of your pharmacist who will tell you what to do.
- Do not take Securon SR after the expiry date which is stated on the blister label or carton after EXP. The expiry date refers to the last day of that month.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Securon SR contains

- Each modified release tablet contains 240 mg verapamil hydrochloride.
- The other ingredients are: sodium alginate, povidone, microcrystalline cellulose, magnesium stearate, hypromellose, macrogol 400, macrogol 6000, talc, titanium dioxide (E171), quinoline yellow (E104), indigo carmine (E132) and montan glycol wax.

What Securon SR looks like and contents of the pack

- Securon SR 240 mg Modified-release Tablets are oblong, pale green, scored on both sides and embossed with two Knoll logos (triangles) on one side.
- Securon SR tablets are available as either a pack of 20 or 30 tablets.

Manufacturer and Licence Holder

Manufactured by FAMAR A.V.E. ANTHOUSSA PLANT, Anthoussa Avenue 7, Anthoussa Attiki, 15349, Greece and is procured from within the EU and repackaged by the Product Licence Holder: Lexon (UK) Limited, Unit 18, Oxleasow Road, East Moons Moat, Redditch, Worcestershire, B98 0RE.

If you have any questions or are not sure about anything, ask your doctor or pharmacist. They will have additional information about this medicine and will be able to advise you.

POM

PL 15184/1821 Securon SR 240 mg
Modified-release
Tablets

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Is this leaflet hard to see
or read? Phone Lexon
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Tel: 01527 505414 to
obtain the leaflet in a
format suitable for you**

PATIENT INFORMATION LEAFLET SECURON® SR 240 MG MODIFIED-RELEASE TABLETS

(verapamil hydrochloride)

IMPORTANT INFORMATION

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

Your medicine is called Securon SR 240 mg Modified-release Tablets but will be referred to as Securon SR throughout the leaflet.

What is in this leaflet

1. What Securon SR is and what it is used for
2. What you need to know before you take Securon SR
3. How to take Securon SR
4. Possible side effects
5. How to store Securon SR
6. Contents of the pack and other information

1. WHAT SECURON SR IS AND WHAT IS IT USED FOR

Securon SR contains the active substance verapamil hydrochloride.

Securon SR tablets belong to a group of medicines called calcium channel blockers. Calcium channel blockers change the amount of calcium getting into the muscle cells in your heart and blood vessels. This can change the strength and speed with which your heart beats. It also opens up the blood vessels so blood can be pumped around the body more easily. This helps more oxygen to get to your heart muscle and can lower your blood pressure.

Securon SR tablets are used to treat hypertension (high blood pressure) and to prevent angina (chest pain) attacks. The tablets may also be prescribed following a heart attack, to prevent another attack occurring.

2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE SECURON SR

Do not take Securon SR:

- If you are allergic to verapamil hydrochloride or any of the other ingredients of this medicine (listed in section 6).
- If you have had a heart attack with shock.
- If you had a heart attack, particularly if a slow heartbeat, low blood pressure or a type of heart failure called 'left ventricular failure'.
- If you have an abnormally slow or irregular heartbeat. If you have second- or third-degree atrioventricular block or sino-atrial block. This is a disorder where parts of your heart may beat at the wrong time causing it not to pump blood around the body very well (unless a permanent pacemaker is in place).
- If you have a problem where your heart beats very slowly (bradycardia), unless you have been fitted with a pacemaker.
- Do you have or have you ever suffered from heart problems such as heart failure or the heart condition called Wolff-Parkinson-White syndrome?
- If you are currently being treated with ivabradine (for heart conditions)?

Warnings and Precautions

Talk to your doctor or pharmacist before using Securon SR

- If you are pregnant or planning to become pregnant, or you are breast feeding.
- If you have liver or kidney problems.
- If you have very low blood pressure.
- If you are currently receiving lipid lowering agents (e.g., simvastatin, atorvastatin or lovastatin)
- If you have a condition where the nerve to muscle transmission is affected e.g. myasthenia gravis, Lambert-Eaton syndrome, advanced Duchenne muscular dystrophy.

Take special care with Securon SR

Tell your surgeon or dentist that you are taking Securon SR if surgery is planned as it may affect the anaesthetic used.

Other medicines and Securon SR

Tell your doctor or pharmacist if you are taking any medicines with or without a prescription or have recently taken any of the following medicines:

- beta-blockers such as atenolol, propranolol and metoprolol (used to treat high blood pressure and heart conditions)
- alpha blockers such as prazosin and terazosin (used to treat high blood pressure and heart conditions)
- diuretics (also called 'water pills')
- medicines known as "statins" such as atorvastatin, lovastatin, simvastatin (used to lower cholesterol levels)
- quinidine, flecainide, disopyramide, digoxin and digitoxin (used to treat high blood pressure or an abnormal heart beat (arrhythmia))
- Dabigatran (used to thin blood) and direct oral anticoagulants (DOACs)
- Ivabradine (used to treat certain heart diseases)
- medicines used to treat depression, anxiety or psychosis. These include the herbal product St John's Wort or imipramine, buspirone and lithium
- medicines known as immunosuppressants such as cyclosporine, sirolimus, everolimus and tacrolimus (used to prevent organ transplant rejection)
- glyburide (glibenclamide), medicine used to treat certain types of diabetes
- aspirin (a non-steroidal anti-inflammatory painkiller (NSAID) used to relieve pain and reduce fever)
- almotriptan (used to treat migraine)
- midazolam (used as a sedative or anaesthetic)
- theophylline (used to treat asthma)
- doxorubicin (an anti-cancer medicine)
- cimetidine (used to treat indigestion or stomach ulcers)
- rifampicin (used to treat tuberculosis and other types of infection)
- carbamazepine, phenytoin or phenobarbital (phenobarbitone), medicines used as anti-convulsants
- ritonavir (used to treat HIV)
- erythromycin, clarithromycin and telithromycin (used to treat types of infection)
- colchicine or sulfapyrazone (used to treat gout)
- metformin. Verapamil may decrease the glucose-lowering effect of metformin.
- antihypertensives (used to treat hypertension)
- vasodilators (open (dilate) blood vessels)

Securon SR with drink and alcohol

- Do **NOT** drink grapefruit juice whilst taking Securon SR as it can affect the absorption of this medicine. This does not occur with other fruit juices such as orange, apple or tomato juice.
- Securon SR will increase the time your body takes to get rid of alcohol. This means that you may not have to drink as much for your blood alcohol levels to be above the legal limit to drive.

It will also take you longer to sober up.

Pregnancy, breast-feeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor for advice before taking this medicine.

Sodium

Securon SR: This medicine contains 37.1 mg sodium (main component of cooking/table salt) in each tablet. This is equivalent to 1.9% of the recommended maximum daily dietary intake of sodium for an adult.

Half Securon SR: This medicine contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially 'sodium-free'.

Driving and using machines



Do **NOT** drive, operate machinery or do anything that requires you to be alert, until you know how the tablets affect you.



Securon SR can make some people feel dizzy, especially when they first start to take the tablets.

3. HOW TO TAKE SECURON SR

ALWAYS take this medicine exactly as your doctor has told you. Check with your doctor if you are not sure.



TAKE YOUR TABLETS with a glass of water. You should swallow the tablets without chewing or crushing them. It does not matter if you have not eaten.

The number of tablets that you will need to take will depend on what you are being treated for:

ADULTS:

Hypertension (high blood pressure)

The recommended dose is one Securon SR 240 mg tablet a day. If you have not taken Securon SR 240 mg before, your doctor may prescribe a lower dose such as a Half Securon SR 120 mg tablet each day. The maximum dose to treat high blood pressure is 480 mg each day. This is usually taken as one Securon 240 mg tablet in the morning and one in the evening, leaving a gap of about 12 hours between each dose.

Angina (chest pain)

The usual starting dose for angina is one Securon SR 240 mg tablet taken twice a day. You should

take one tablet in the morning and one in the evening, with a gap of about 12 hours in between them. Your doctor may prescribe a lower dose according to your symptoms.

Following a heart attack

The usual dose following a heart attack is 360 mg each day. This may be taken as one Securon SR 240 mg tablet in the morning and a Half Securon SR 120 mg tablet in the evening or as one Half Securon SR 120 mg tablet taken three times a day. The doctor will usually wait at least a week after your heart attack before prescribing these tablets.

CHILDREN:

Securon SR is **NOT** recommended for children under 12 years of age.

Elderly

The dose will be the same as that for adults. If you have kidney or liver problem, your doctor may lower your dose.

If you take more Securon SR than you should

If you take more tablets than prescribed (an overdose) you should contact a doctor or go to the nearest hospital casualty department **IMMEDIATELY** taking your tablets with you.

If you forget to take Securon SR

If you forget to take your tablets take them as soon as you remember, unless it is almost time for your next dose. If it is, do not take the missed dose at all. Do not take double dose to make up for a forgotten tablet.

If you stop taking Securon SR

If you stop taking your tablets your condition may get worse. It is important that you keep taking these tablets until your doctor tells you to stop. Do **NOT** stop just because you feel better.

Other things to remember about Securon SR

- Securon SR 240 mg tablets may be broken in half if your doctor advises you to do so (e.g. if a lower dose has been prescribed).
- The tablets should **NOT** be crushed, chewed or sucked, as this will affect the modified-release formulation of the product.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS

As with all medicines, Securon SR can cause side effects, although not everyone will suffer from

them. **If you experience any other unusual symptoms whilst taking your tablets, tell your doctor or pharmacist.**

Tell your doctor IMMEDIATELY if you experience any of the following side effects:

- Yellowing of the skin or eyes, a fever or tenderness around the middle. These are signs that your liver may not be functioning as well as usual
- Palpitations, chest pains for the first time or chest pains becoming more frequent, swollen ankles, hot and painful hands or feet
- Swelling of the limbs
- Unexpected wheezing, difficulty breathing, swelling of the mouth, lips or tongue or severe skin rash

The most common side effect is constipation.

Other side effects include abnormal heart beat, flushing of the face or neck, headaches, feeling or being sick, abdominal pain or discomfort, dizziness, vertigo, tinnitus (ringing or buzzing in the ears), tiredness, tremor, movement disorders, muscle weakness, aches and pains in the joints and/or muscles, skin rash or itching, a tingling or prickling feeling on the skin, numbness and hair loss. Impotence may occur rarely.

Other side effects might occur if Securon SR is used for a long time. **Tell your doctor** if you develop swollen gums which start to spread over your teeth, or if your breasts swell (males) or start to produce milk (males and females). These effects are rare and are resolved upon stopping taking the tablets.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.