Package leaflet: Information for the user

Lanacane Creme, 3% w/w, Emulsion creme in an aluminium tube, Benzocaine

Read all of this leaflet carefully because it contains important information for you.
This medicine is available without prescription. However, you still need to use Lanacane carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve after one week.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

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1.What Lanacane is and what it is used for

Lanacane is an anaesthetic cooling cream. The active ingredient is benzocaine. It is formulated to provide fast relief from itching and irritation from conditions such as insect bites and stings, nettle stings, everyday cuts and scrapes, skin chafe, external vaginal and external anal (back passage) itching.

Benzocaine works below the skin surface to anaesthetise sensory nerves, to stop itching and irritation fast and eliminate the urge to scratch.

2. Before you use Lanacane

Do not use LANACANE:

- If you are allergic (hypersensitive) to benzocaine or to any of the other ingredients in this product or any local anaesthetics (butacaine and procaine) or para-aminobenzoic acid, parabens or paraphenylenediamine or to commercial hair dyes. See ‘what Lanacane contains’ for the full list of ingredients.
- If you are under 12 years of age.
- On large areas of skin, skin rash, sunburnt, infected or broken skin or on the mouth or eyes. Avoid inhalation.
- If you have a slow or irregular heart beat.
- If you have a history of or are suspected to have methemoglobinemia, a rare blood disorder that affects how red blood cells deliver oxygen.
- With sulphonamides, cholinesterase inhibitors or if you have reduced cholinesterase activity.

Take special care with Lanacane:
Medicines are not always suitable for everyone. Before you use Lanacane you

should consult your doctor if you have general itching all over your body.

Taking other medicines
Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Pregnancy and breast-feeding
- Do not use Lanacane if you are pregnant or breast-feeding without first consulting a doctor.
- Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines
- There are no effects on ability to drive and use machines.

Important information about some of the ingredients of Lanacane

Lanacane contains sulfonated castor oil which may cause skin reactions. Lanacane contains perfume with citronellol, benzyl benzoate, geraniol, benzyl alcohol, citral, cinnamal, alcohol, linalool and d-limonene that may cause allergic reactions. Benzyl benzoate and benzy alcohol may cause local irritation.

3. How to use Lanacane

Always use Lanacane exactly as detailed in the instructions. You should check with your doctor or pharmacist if you are not sure how to use the product.

Lanacane is for external use on the skin by adults and children aged 12 years and above.

Before use, pierce the tube seal using the spike on the cap. Apply the cream to the affected area. You can repeat the treatment as needed up to 3 times daily for up to one week. If symptoms persist for more than one week, consult your doctor.

If you accidentally swallow Lanacane, it is unlikely to be harmful, but contact your doctor or pharmacist if you are worried.

If you use/apply more Lanacane than recommended, you may experience symptoms such as shortness of breath, headaches, feeling unwell, fatigue, blue or grey skin or lips, dizziness and confusion. If you experience these symptoms, stop using Lanacane and consult your doctor.

If you forget to use Lanacane, do not use a double application to make up for a forgotten treatment. When you remember, apply the cream and continue with the treatment.

You should check with your doctor or pharmacist if you are not sure.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible Side Effects

Like all medicines, Lanacane can cause side effects, although not everybody gets them. On very rare occasions, the use of Lanacane can result in a skin reaction called sensitivity. Sensitivity can be recognised by reddening of the skin, minor swelling, blistering, or the itch and/or irritation becoming more intense. In the unlikely event that you experience these symptoms, **stop using Lanacane and**

consult your doctor for advice. If you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How To Store Lanacane

Keep out of the sight and reach of children.
Store at room temperature (below 25°C).
Do not use after the expiry date which is stated on the packaging and on the seal of the tube. The expiry date refers to the last day of that month.
Medicines should not be disposed of via wastewater or household waste.
Ask your pharmacist how to dispose of medicines no longer required.
These measure will help to protect the environment.

6. Further Information

What Lanacane contains
The active substance is benzocaine 3.0% E.P. Each gram of cream contains 30mg benzocaine (3% w/w).
The other ingredients are: chlorothymol, diethylene glycol monoethyl ether,docusate sodium, perfume (contains citronellol, benzyl benzoate, geraniol,benzyl alcohol, citral, cinnamal, alcohol, linalool and d-limonene), glycerine,glycerol monostearate, isopropyl alcohol, stearic acid, sulfonated castor oil, trolamine, purified water, zinc oxide.

What Lanacane looks like and contents of the pack
Lanacane is an emulsion cream supplied in decorated sealed aluminium tubes of 30g and 60g with white caps, overpacked in printed folding cardboard unit cartons.

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