

**PACKAGE LEAFLET:  
INFORMATION FOR THE PATIENT**

**Simple Eye  
Ointment**  
(yellow soft paraffin/liquid  
paraffin/wool fat)

**Read all of this leaflet carefully before you start using this medicine because it contains important information for you.**

Always use this medicine exactly as described in this leaflet or as your pharmacist or doctor has told you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse.

**What is in this leaflet:**

1. What Simple Eye Ointment is and what it is used for
2. What you need to know before you use Simple Eye Ointment
3. How to use Simple Eye Ointment
4. Possible side effects
5. How to store Simple Eye Ointment
6. Contents of the pack and other information

**1. What Simple Eye Ointment is and what it is used for**

Simple Eye Ointment belongs to a group of medicines known as eye lubricants (ocular lubricants).

It is used to lubricate and protect the eye in a wide range of conditions such as inflammation or injury to the cornea (the front surface of the eye) or during surgery. It is also used at night for dry and sticky eyes, and to soften and remove crusts from the eyelids and around the eyes in blepharitis (inflammation of the eyelids).

**2. What you need to know before you use Simple Eye Ointment**

**Do not use Simple Eye Ointment**

- if you are allergic to yellow soft paraffin, liquid paraffin or particularly wool fat (lanolin)
- if you are wearing contact lenses

**Warnings and precautions:**

- Do not touch the tube nozzle on the eyelid or any other surface

**Use in children and older people**

There are no age restrictions for using this eye ointment.

**Other medicines and Simple Eye Ointment**

There are no known interactions between Simple Eye Ointment and other medicines. This ointment may be used during treatment with other medicines.

**Pregnancy and breast-feeding**

Simple Eye Ointment is suitable for use during pregnancy and breast-feeding.

**Driving and using machines**

Your vision will become blurred for a short time (5-10 minutes) after using the ointment, and you should wait until you can see clearly again before driving or using machines.

Simple Eye Ointment contains lanolin (wool fat)

Lanolin (wool fat) may cause local skin reactions (e.g. contact dermatitis).

**3. How to use Simple Eye Ointment**

**Always use Simple Eye Ointment exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.**

**Instructions for use**

- Before opening a new tube of Simple Eye Ointment, please check that the safety strip on the cap of the tube is unbroken
- Wash your hands before and after applying the ointment. It is important to keep the eye clean
- Sit down in front of a mirror so that you can see what you are doing
- Gently pull down the lower eyelid and carefully squeeze a ribbon of ointment about half an inch (1 centimetre) in the gap between the lower eyelid and the eye



- Try not to let the tip of the tube touch any part of the eye. Now release the lower lid
- After you have used the ointment replace the cap on the tube
- Repeat the application each morning and night, or as directed by your doctor

**If you use more Simple Eye Ointment than you should**

It will not cause you any harm. If you are worried then talk to your doctor or pharmacist.

**If you forget to use Simple Eye Ointment**

Use it as soon as you remember and keep on as before.

**If you accidentally swallow Simple Eye Ointment**

If you feel unwell, contact your doctor, taking the tube or carton with you.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

**4. Possible side effects**

Like all medicines, Simple Eye Ointment can cause side effects, although not everybody gets them.

Possible side effects:

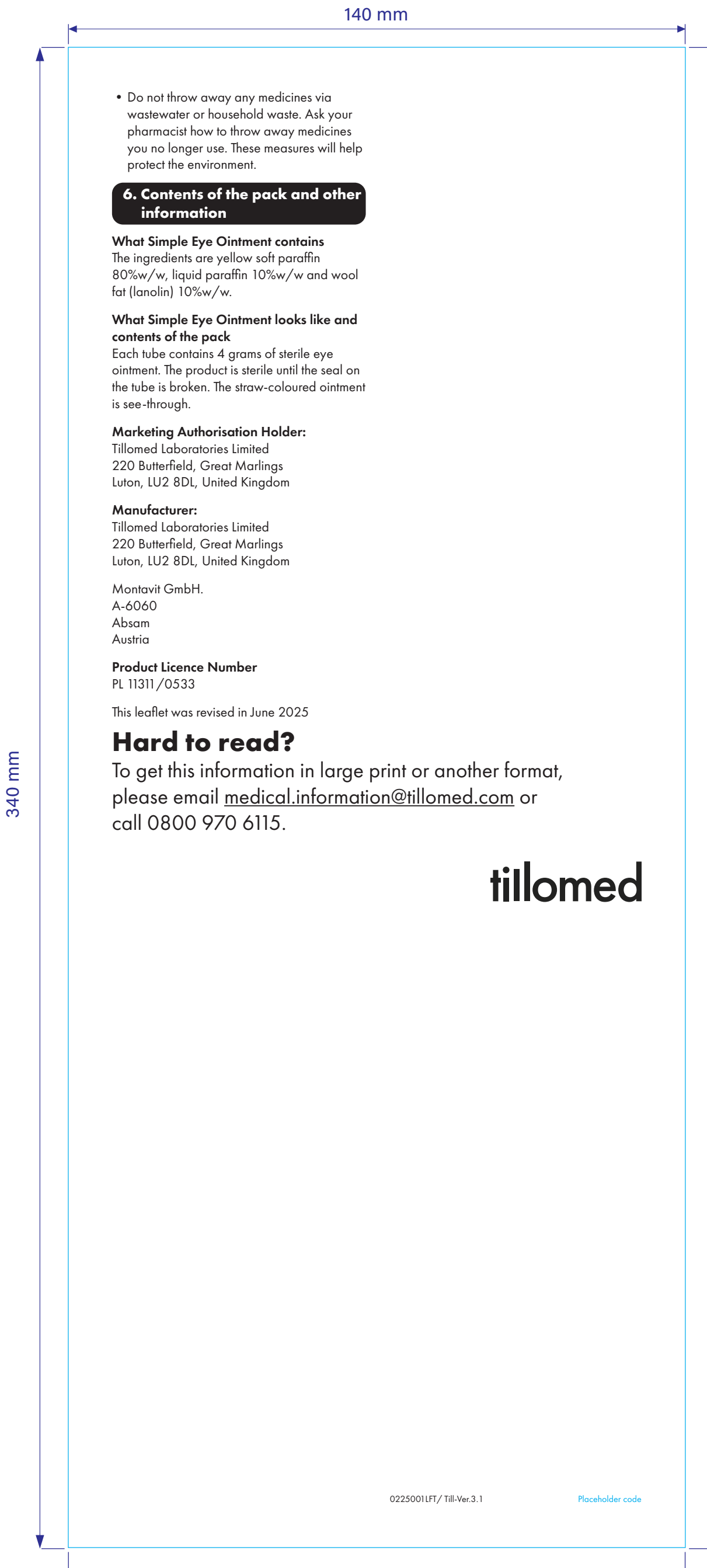
Blurred vision (for a short time (5-10 minutes) after using the ointment)

**Reporting of side effects:**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

**5. How to store Simple Eye**

- Keep out of the sight and reach of children.
- Do not use the ointment after the expiry date which is printed on the carton and the crimp seal of the tube. The expiry date refers to the last day of that month.
- Do not store above 25°C.
- Discard 28 days after first opening.



- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

**6. Contents of the pack and other information**

**What Simple Eye Ointment contains**  
 The ingredients are yellow soft paraffin 80%w/w, liquid paraffin 10%w/w and wool fat (lanolin) 10%w/w.

**What Simple Eye Ointment looks like and contents of the pack**  
 Each tube contains 4 grams of sterile eye ointment. The product is sterile until the seal on the tube is broken. The straw-coloured ointment is see-through.

**Marketing Authorisation Holder:**  
 Tillomed Laboratories Limited  
 220 Butterfield, Great Marlings  
 Luton, LU2 8DL, United Kingdom

**Manufacturer:**  
 Tillomed Laboratories Limited  
 220 Butterfield, Great Marlings  
 Luton, LU2 8DL, United Kingdom

Montavit GmbH.  
 A-6060  
 Absam  
 Austria

**Product Licence Number**  
 PL 11311/0533

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**Hard to read?**

To get this information in large print or another format, please email [medical.information@tillomed.com](mailto:medical.information@tillomed.com) or call 0800 970 6115.



0225001LFT/ Till-Ver.3.1

Placeholder code

Product Name	Simple Eye Ointment	Sap code :	Till-Ver.3.1	Reference Artwork	NA
Packaging Material	Package leaflet	Reason of change :	TW163719 (design)	Proof 1	13/02/2025
Size : Foil Width		Country :	UK	Proof 2	19/02/2025
Size : Foil Repeat Length		Pack Size :	All	Proof 3	29/05/2025
Size : Strip Size		Barcode No. :	[NA]		
Size : Pl - Open Size	140 mm (w) x 340 mm (L)	Pharmacode :	TBA		
Size : Carton/Label		No. of colours :	1		
PM Style/Type :		Min. Font Size :	9 points (Reg text)		
Remark (If any) :					