

PATIENT INFORMATION LEAFLET  
**FLOMAXTRA XL 400 micrograms TABLETS**  
**(tamsulosin hydrochloride)**

Your medicine is known as Flomaxtra XL 400 micrograms Tablets but will be referred to as Flomaxtra XL throughout the following patient information leaflet.

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, pharmacist or nurse.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

**What is in this leaflet:**

1. What Flomaxtra XL is and what it is used for
2. What you need to know before you use Flomaxtra XL
3. How to use Flomaxtra XL
4. Possible side effects
5. How to store Flomaxtra XL
6. Contents of the pack and other information

## 1. WHAT FLOMAXTRA XL IS AND WHAT IT IS USED FOR

### What is Flomaxtra XL

Flomaxtra XL contains the active substance tamsulosin hydrochloride. It acts by relaxing the muscles in the prostate and urethra (the tube that carries urine to the outside), and lets urine pass more readily through the urethra and aids urination.

In the prostate gland, bladder and urethra there are specialised cells containing  $\alpha_{1A}$ -receptors that cause the muscles in the urethra to tighten. Flomaxtra XL is an  $\alpha_{1A}$ -adrenoceptor blocker, which reduces the action of these specialised cells and relaxes the muscles making it easier to pass water.

### What Flomaxtra XL is used for

Flomaxtra XL is used to treat the symptoms associated with benign prostatic hyperplasia (BPH) which is enlargement of the prostate gland. These symptoms include difficulty in starting to pass water, frequent trips to the toilet to pass water, a feeling of not completely emptying the bladder and having to get up several times in the night to pass water.

## 2. WHAT YOU NEED TO KNOW BEFORE YOU USE FLOMAXTRA XL

### Do not use Flomaxtra XL if you

- are **allergic to tamsulosin or any of the other ingredients of Flomaxtra XL** (listed in section 6)
- have a **severe liver condition**
- have **ever fainted or felt dizzy when suddenly sitting or standing up**. Dizziness can sometimes occur when taking Flomaxtra XL, particularly if you are also taking other  $\alpha_1$ -blockers. If you do feel weak or dizzy make sure you sit or lie down straight away until the symptoms have disappeared.

## Warnings and precautions

Talk to your doctor before using Flomaxtra XL

- If you have kidney problems
- If you are undergoing or have been scheduled for eye surgery because of cloudiness of the lens (cataract) or increased pressure in the eye (glaucoma).

Please inform your eye specialist that you have previously used, are using or are planning to use tamsulosin hydrochloride. The specialist can then take appropriate precautions with respect to medication and surgical techniques to be used. Ask your doctor whether or not you should postpone or temporarily stop taking this medicine when undergoing eye surgery because of a cloudy lens (cataract) or increased pressure in the eye (glaucoma).

## Children and adolescents

Do not give this medicine to children or adolescents under 18 years because it does not work in this population.

## Other medicines and Flomaxtra XL

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. This is because Flomaxtra XL can affect the way that some other medicines work and some other medicines can affect the way that Flomaxtra XL works.

In particular tell your doctor or pharmacist if you are taking:

- Medicines to lower your blood pressure such as verapamil and diltiazem
- Medicines to treat HIV such as ritonavir or indinavir.
- Medicines to treat a fungal infection such as ketoconazole or itraconazole
- Other alpha blockers such as doxazosin, indoramin, prazosin or alfuzosin
- Erythromycin, an antibiotic used to treat infections

Please inform your doctor that you are on Flomaxtra XL before any operation or dental procedure as there is a potential that your medicine may interfere with the effects of the anaesthetic.

## Pregnancy, breast-feeding and fertility

Flomaxtra XL is not indicated for use in women.

In men, abnormal ejaculation has been reported (ejaculation disorder). This means that the semen does not leave the body via the urethra, but instead goes into the bladder (retrograde ejaculation) or the ejaculation volume is reduced or absent (ejaculation failure). This phenomenon is harmless.

## Driving and using machines

There is no information available on whether Flomaxtra XL affects the ability to drive or to operate machinery or equipment. However, it is known that Flomaxtra XL may cause drowsiness, blurred vision, dizziness and fainting. If you suffer from these do not drive or operate machinery.

## 3. HOW TO USE FLOMAXTRA XL

Always take this medicine exactly as your doctor, pharmacist or nurse has told you. Check with your doctor, pharmacist or nurse if you are not sure. The recommended dose for adults and the elderly is one tablet each day. It can be taken with or without food. Swallow the tablet whole. Do not crunch or chew. Your doctor may want to examine you from time to time whilst you are taking this medicine.

### If you take more Flomaxtra XL than you should

If you have taken too many tablets, contact your doctor immediately or go to the nearest hospital casualty department taking any remaining medication and this patient information leaflet with you.

#### **If you forget to take Flomaxtra XL**

You may take your tablet later the same day if you have forgotten to take it earlier. If you have missed a day, just continue to take your daily tablet from the next day. Do not take a double dose to make up for a missed dose.

If you have any further questions on the use of this product, ask your doctor, pharmacist or nurse.

#### **4. POSSIBLE SIDE EFFECTS**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

**Stop taking this medicine and consult your doctor immediately if any of the following occur – you may need medical treatment.**

##### **Rare (affects less than 1 in 1000 people)**

- Swelling of the face, throat or tongue with breathing problems linked to allergy

##### **Very rare (affects less than 1 in 10,000 people)**

- Persistent painful erection usually unrelated to sexual activity.
- Rash, inflammation and blistering of the skin and/or mucous membranes of the lips, eyes, mouth, nasal passages or genitals (Stevens-Johnson syndrome).
- Abnormal irregular heart rhythm (atrial fibrillation, arrhythmia, tachycardia), difficult breathing (dyspnoea).

**The following side effects have also been reported:**

##### **Common (affects less than 1 in 10 people)**

- dizziness
- abnormal ejaculation (ejaculation disorder). This means that semen does not leave the body via the urethra, but instead goes into the bladder (retrograde ejaculation) or the ejaculation volume is reduced or absent (ejaculation failure). This phenomenon is harmless.

##### **Uncommon (affects less than 1 in 100 people)**

- weakness
- headache
- runny or blocked nose
- dizziness as you sit or stand up
- palpitations (rapid or irregular heart beat)
- gastro-intestinal symptoms such as nausea and vomiting (feeling or being sick), diarrhoea or constipation
- hypersensitivity reactions such as rash, itching, redness, local swelling and breathing problems

##### **Rare (affects less than 1 in 1000 people)**

- fainting

**Not known (frequency cannot be estimated from the available data):**

- blurred vision
- impaired vision
- nose bleeds (epistaxis)
- serious skin rashes (erythema multiforme, dermatitis exfoliative)
- dry mouth

As with other medicines of this type, drowsiness, blurred vision or swelling of the hands and feet can occur.

#### **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard).

By reporting side effects you can help provide more information on the safety of this medicine.

#### **5. HOW TO STORE FLOMAXTRA XL**

- **KEEP OUT OF THE SIGHT AND REACH OF CHILDREN.**
- Do not store above 30°C. Store in the original package.
- Do not use after the expiry date printed on the carton label or blister strip.
- If your doctor tells you to stop using the medicine, please take it back to the pharmacist for safe disposal. Only keep the medicine if your doctor tells you to.
- If the medicine becomes discoloured or shows any other signs of deterioration, you should seek the advice of your pharmacist who will tell you what to do.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

#### **6. CONTENTS OF THE PACK AND OTHER INFORMATION**

##### **What Flomaxtra XL contains**

- Each film-coated tablet contains 400 micrograms of tamsulosin hydrochloride, equivalent to 367 micrograms tamsulosin, in prolonged-release formulation.
- Flomaxtra XL Tablets also contain the following inactive ingredients: macrogol 7000000, macrogol 8000, magnesium stearate, butylhydroxytoluene, colloidal anhydrous silica (551), hypromellose (E464) and yellow iron oxide (E172).

##### **What Flomaxtra XL looks like and contents of the pack**

- The prolonged release tablets are round, yellow and film-coated and marked '04' on one side and plain on the other.
- Flomaxtra XL tablets are available as blister packs of 30 tablets.

##### **Product Licence holder**

Procured from within the EU and repackaged by the Product Licence holder: S&M Medical Ltd, Chemilines House, Alperton Lane, Wembley, HA0 1DX.

##### **Manufacturer**

This product is manufactured by Astellas Pharma Europe B.V, Sylviusweg 62, 2333 BE Leiden, The Netherlands.

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