

145mm

10mm

40mm

32mm

40mm

32mm

NUMARK+
Muscle Rub
 Eases aching joints and muscles
 Relieves pain in lumbago and sciatica



New safety information - see label



40g e

NUMARK+
Muscle Rub
 Relieves pain in lumbago and sciatica



Fire hazard. Do not smoke or go near naked flames; clothing & bedding with this product dried on them can catch fire easily.

40g e

NUMARK+ Muscle Rub

Numark Muscle Rub
About this product: Numark Muscle Rub is a topical ointment to relieve pain in aching joints and muscles.
Directions for use: Adults, elderly and children over 5 years of age: Massage gently into the affected area two or three times daily. Always try on a small area first. Wash hands before and after use. Cover if necessary to protect clothing.
Do not apply to broken or irritated skin.
 Avoid contact with eyes and mucous membranes. Discontinue use if redness or irritation occurs.

Consult a doctor if symptoms worsen, or persist after two weeks.
Warnings: Do not use if you are allergic (e.g. skin reactions or asthma) to any of the ingredients or eucalyptol or painkillers such as Aspirin, Ibuprofen and other NSAIDs. Not to be used on a child who has ever had a seizure.
Consult your doctor before use if you are asthmatic or have an active peptic ulcer.
Pregnancy or breast-feeding: use not recommended.
Children or teenagers: do not use during or immediately after chicken pox,

flu or other viral infections. There is a theoretical risk of developing Reyes Syndrome because this product contains Aspirin (Salicylate).
Children under 5 years of age: use not recommended.
Consult a doctor if joint pain with swelling of the joints, redness or fever occurs. Eye contact with unwashed hands may cause irritation.
Using other medicines: Consult your doctor before use if you are taking any anticoagulant medicines such as warfarin.

Tell your doctor or pharmacist if you are taking any other medicines obtained with or without a prescription including any other painkillers.
Use this medicine only on your skin. Do not use more medicine than the carton tells you to.
Do not to smoke or go near naked flames - risk of severe burns. Fabric (clothing, bedding, dressings etc) that has been in contact with this product burns more easily and is a serious fire hazard. Washing clothing and bedding may reduce product build-up but not totally remove it.

Possible side effects: Skin irritation may rarely occur. Consult a doctor if you experience any other side effects.
Reporting of side effects: If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed above. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.
Active Ingredients: Each g contains: Cajuput Oil 0.12%v/w, Eucalyptus Oil 1%v/w, Levomenthol 0.5%w/w, Methyl Salicylate 9.12%w/w.
Other Ingredients: Paraffin Wax and White Soft Paraffin.

Storage: Keep out of the sight and reach of children. Store below 30°C.
Manufacturer and Product Licence Holder: Bell, Sons & Co. (Druggists) Ltd., Southport, PR9 9AL, UK.
Produced for: Numark, Amber Close, Tamworth, Staffordshire, B77 4RP, UK.

PL 03105/0022
 C51-0310 Ver: D
 Revised June 2019
 MA 187/00601
 PIP 298-1199



5 010441 011812 >

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MA 187/00601

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PL 03105/0022
 C51-0310 Ver. D
 Revised June 2019
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 PIP 298-1199



5 010441 011812 >

32mm

MA 187/00601

143mm

shoulder

78.5mm

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Children 5+ and teenagers: do not use during or immediately after chicken pox, flu or other viral infections.

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Produced for: Numark, Amber Close, Tamworth, Staffordshire, B77 4RP, UK. PL 03105/0022 C36-0235 Ver. D Revised June 2019 MA 187/00601

front centre

tube centre

back centre

open end

23mm crimp area

TEXT

TEXT - ARIAL NARROW 7pt