

Package Information Leaflet

Rhinolast® Allergy 0.1% w/v Nasal Spray

Azelastine hydrochloride

Read all of this leaflet carefully before you start using this medicine

- This medicine is available without prescription. However, you still need to use it carefully to get the best results.
- Keep this leaflet. You may need to read it again.
- Ask your doctor or pharmacist if you need more information or advice.
- You must contact your doctor if your symptoms do not improve.
- Spray will be called Rhinolast Allergy.

What is in this leaflet:

1. What Rhinolast Allergy is for
2. Before you use Rhinolast Allergy
3. How to use Rhinolast Allergy
4. Possible side effects
5. How to store Rhinolast Allergy
6. Further information

1. What Rhinolast Allergy is for

Rhinolast Allergy belongs to a group of medicines called antihistamines. These work by preventing the effects of histamine that the body produces as part of an allergic reaction.

Rhinolast Allergy is used to treat allergic rhinitis. This is an allergy which may affect you only at certain times of the year (for example, allergy to pollen called hayfever), or all year round (for example, allergy to the house dust mite or dog and cat hairs).

Usually it affects you by causing a runny nose, sneezing, itching or blocked nose. Rhinolast Allergy should help control these symptoms. If you are not sure that you are suffering from an allergy consult your pharmacist before using this medicine. Do not use it to relieve the symptoms of colds or flu.

This product may be used by adults and children aged 5 years and over.

2. Before you use Rhinolast Allergy

Do not use Rhinolast Allergy if:

- You are allergic to azelastine hydrochloride or any of the other ingredients of Rhinolast Allergy (listed in Section 6). If this applies to you, talk to your doctor or pharmacist.
- You are not sure that you are suffering from an allergy. Consult your pharmacist.
- You have cold or flu symptoms

Rhinolast Allergy should not to be used to relieve the symptoms of Upper Respiratory Tract Infection.

Pregnancy and breast-feeding

If you are pregnant, trying to become pregnant or are breast-feeding ask your doctor or pharmacist for advice before using Rhinolast Allergy.

3. How to use Rhinolast Allergy

Adults and children aged 5 years and over.

How much to use

- The usual dose is one squirt into each nostril in the morning and then again in the evening.

How to use the spray

1. Blow your nose first.
2. Remove the protective cap (Diagram 1).
3. Before first using, press the pump several times until an even spray emerges (Diagram 2).
4. Spray once into each nostril **keeping head upright. Do not tilt head backwards** (Diagram 3).
5. Wipe the pump nozzle and replace the protective cap.



Diagram 1

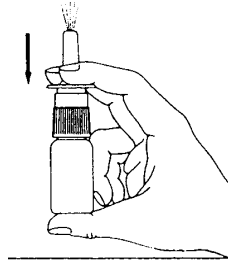


Diagram 2

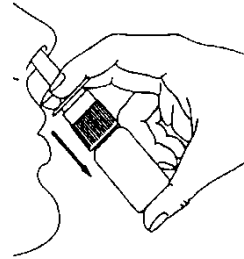


Diagram 3

If you use more Rhinolast Allergy than you should

If you spray too much Rhinolast Allergy into your nose you are unlikely to have any problems. Contact your doctor if you are worried.

If anyone, especially a child, accidentally drinks Rhinolast Allergy, contact your doctor or local hospital casualty department immediately.

If you accidentally get Rhinolast Allergy in your eyes, bathe them with plenty of water. They may sting for a while.

Rhinolast Allergy should not be used continuously for longer than four weeks. If symptoms persist consult your doctor.

Rhinolast Allergy will last for 8 days at the standard dose.

If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

If you forget to use Rhinolast S

Use the spray as soon as you remember, then take the next dose at the usual time. Do not take a double dose to make up for a missed dose.

If you have any other questions about using this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

These effects include:

Common (1 to 10 of 100 patients treated)

An unpleasant taste in your mouth especially if you tilt your head backwards when you are using the nasal spray. In rare cases the unpleasant taste may cause you to feel sick.

Uncommon (1 to 10 of 1,000 patients treated):

Slight irritation of the inside of the nose (stinging, itching), sneezing and epistaxis.

Very rare (less than 1 of 10,000 patients treated):

Hypersensitivity reactions (such as rash, pruritus, urticaria)

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard

By reporting side effects you can help provide more information on the safety of this medicine.

Rhinolast Allergy is not known to react badly with any other medicines or any types of food or drink.

5. How to store Rhinolast Allergy

Keep out of the reach and sight of children.

Do not use your spray after the expiry date which is printed on both the bottle label and the carton.

The expiry date refers to the last day of that month.

Once you have opened the bottle do not use it for longer than six months.

Do not store Rhinolast Allergy in the fridge or below 8°C.

Medicines should not be disposed of via wastewater or household waste. Return any medicine you no longer need to your pharmacist.

6. Contents of the pack and other information

What Rhinolast Allergy Nasal Spray contains

The active substance is azelastine hydrochloride 0.1% w/v. Each squirt contains 0.14 mg of azelastine hydrochloride. The other ingredients are hypromellose, disodium edetate, citric acid anhydrous, disodium phosphate dodecahydrate, sodium chloride and purified water

What Rhinolast Allergy looks like

Rhinolast Allergy is a clear spray solution. It comes in a glass bottle with a spray attachment containing 5ml of nasal spray solution.

Marketing Authorisation Holder

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Manufacturer

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This leaflet was last revised in March 2021.

If this leaflet is difficult to see or read or you would like it in a different format, please contact Mylan Products Ltd., Station Close, Potters Bar, Hertfordshire, EN6 1TL, UK.