

Saline® Steri-Neb 0.9% w/v Nebuliser Solution

(sodium chloride)

Patient Information Leaflet

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

Your medicine is called Saline Steri-Neb 0.9% w/v Nebuliser solution but will be referred to as Saline Steri-Neb throughout the leaflet.

What is in this leaflet

- 1 What Saline Steri-Neb is and what it is used for
- 2 What you need to know before you use Saline Steri-Neb
- 3 How to use Saline Steri-Neb
- 4 Possible side effects
- 5 How to store Saline Steri-Neb
- 6 Contents of the pack and other information

1 What Saline Steri-Neb is and what it is used for

Saline Steri-Neb is used to dilute nebuliser solutions. The nebuliser turns the solution into a fine mist which you can breathe in. You should carefully read the leaflet supplied with the nebuliser solutions before using them with Saline Steri-Neb.

2 What you need to know before you use Saline Steri-Neb

Do NOT use Saline Steri-Neb

- if you are allergic to sodium chloride or any of the other ingredients of this medicine (listed in section 6).

Other medicines and Saline Steri-Neb

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines

Saline Steri-Neb is not expected to affect your ability to drive or operate machinery.

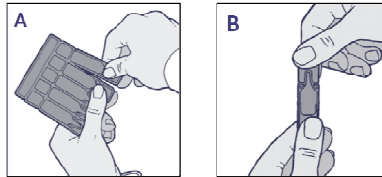
3 How to use Saline Steri-Neb

Always use Saline Steri-Neb exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

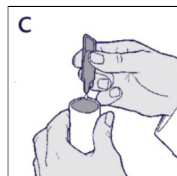
You must only use Saline Steri-Neb in a nebuliser. Do not swallow the solution or use it in injections.

Read the manufacturer's instructions and make sure you know how to use the nebuliser before you take your medicine.

- Prepare your nebuliser for use according to the manufacturer's instructions
- Empty the solution that needs diluting into the nebuliser following the manufacturer's instructions
- Remove a Steri-Neb from the labelled strip by twisting and pulling (diagram A)
- Hold the Steri-Neb upright and twist off the cap (diagram B)



- Squeeze the contents into the reservoir of your nebuliser (diagram C)



- Following the manufacturer's instructions, use your nebuliser
- After you have used your nebuliser, throw away any solution that is left in the reservoir
- Clean your nebuliser thoroughly.

Adults, children and the elderly

Follow your doctor's instructions when you are diluting nebuliser solutions.

Mix up a fresh batch of the solution before each dose and use as directed by your doctor.

If you use more Saline Steri-Neb than you should

If you (or someone else) swallow any of the solution, or if you think a child has swallowed any of the solution, contact your nearest hospital casualty department or your doctor immediately. Please take this leaflet, any remaining solution, and the container with you to the hospital or doctor so that they know which solution has been consumed.

If you forget to use Saline Steri-Neb

If you forget to use the nebuliser, use it as soon as you remember, unless it is nearly time to use it again. Do not take a double dose of your medicine to make up for a forgotten dose.

If you stop using Saline Steri-Neb

Do not stop taking your medicine without talking to your doctor first even if you feel better.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4 Possible side effects

Like all medicines, the medicine you breathe in with Saline Steri-Neb can cause side effects, although not everybody gets them.

The leaflet that comes with that medicine will give you more information on this.

Tell your doctor if you notice any side effects.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the **Google Play** or **Apple App Store**. By reporting side effects, you can help provide more information on the safety of this medicine.

5 How to store Saline Steri-Neb

- KEEP OUT OF THE SIGHT AND REACH OF CHILDREN.
- Do not store above 25°C. Do not refrigerate or freeze
- For single use only.
Discard any unused portion.
- Use immediately after opening the ampoule.
Discard any unused portion.
- Do not use this medicine after the expiry date which is stated on the carton and Steri-Neb unit.
The expiry date refers to the last day of the month.
- If your medicine becomes discoloured or shows any other signs of deterioration, consult your pharmacist who will tell you what to do.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6 Contents of the pack and information

What Saline Steri-Neb contains

Each ampoule contains 2.5ml of 0.9% w/v sodium chloride. The other ingredient is water for injections.

What Saline Steri-Neb looks like and contents of the pack

Saline Steri-Neb is a clear, colourless solution in a clear, plastic single dose ampoule.

Strips of 5 Steri-Neb are packed into foil laminate pouches, which in turn are packed into boxes containing 20 (Steri-Neb).

Manufacturer and Licence Holder

This medicine is manufactured by Ivax Pharmaceuticals UK, Aston Lane North, Whitehouse Vale industrial Estate, Preston Brook, Runcorn, Cheshire, WA7 3FA, UK and is procured from within the EU and repackaged by the Product Licence Holder: Lexon (UK) Limited, Unit 18, Oxleasow Road, East Moons Moat, Redditch, Worcestershire, B98 0RE.

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Leaflet revision date: 07/02/22

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Is this leaflet hard to see
or read? Phone Lexon
(UK) Limited, Tel: 01527
505414 for help.**

Ref:1867/070222/1/B

Sodium chloride 0.9% w/v Nebuliser Solution

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- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

Your medicine is called Sodium Chloride 0.9% w/v Nebuliser solution but will be referred to as Sodium Chloride throughout the leaflet.

What is in this leaflet:

- 1 What Sodium Chloride is and what it is used for
- 2 What you need to know before you use Sodium Chloride
- 3 How to use Sodium Chloride
- 4 Possible side effects
- 5 How to store Sodium Chloride
- 6 Contents of the pack and other information

1 What Sodium Chloride is and what it is used for

Sodium Chloride is used to dilute nebuliser solutions. The nebuliser turns the solution into a fine mist which you can breathe in. You should carefully read the leaflet supplied with the nebuliser solutions before using them with Sodium Chloride.

2 What you need to know before you use Sodium Chloride

Do NOT use Sodium Chloride

- if you are allergic to sodium chloride or any of the other ingredients of this medicine (listed in section 6).

Other medicines and Sodium Chloride

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines

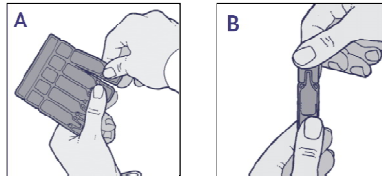
Sodium Chloride is not expected to affect your ability to drive or operate machinery.

3 How to use Sodium Chloride

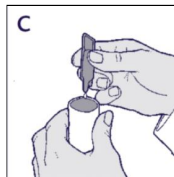
Always use Sodium Chloride exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

You must only use Sodium Chloride in a nebuliser. Do not swallow the solution or use it in injections. Read the manufacturer's instructions and make sure you know how to use the nebuliser before you take your medicine.

- Prepare your nebuliser for use according to the manufacturer's instructions
- Empty the solution that needs diluting into the nebuliser following the manufacturer's instructions
- Remove an ampoule from the labelled strip by twisting and pulling (diagram A)
- Hold the ampoule upright and twist off the cap (diagram B)



- Squeeze the contents into the reservoir of your nebuliser (diagram C)



- Following the manufacturer's instructions, use your nebuliser
- After you have used your nebuliser, throw away any solution that is left in the reservoir
- Clean your nebuliser thoroughly.

Adults, children and the elderly

Follow your doctor's instructions when you are diluting nebuliser solutions.

Mix up a fresh batch of the solution before each dose and use as directed by your doctor.

If you use more Sodium Chloride than you should

If you (or someone else) swallow any of the solution, or if you think a child has swallowed any of the solution, contact your nearest hospital casualty department or your doctor immediately. Please take this leaflet, any remaining solution, and the container with you to the hospital or doctor so that they know which solution has been consumed.

If you forget to use Sodium Chloride

If you forget to use the nebuliser, use it as soon as you remember, unless it is nearly time to use it again. Do not take a double dose of your medicine to make up for a forgotten dose.

If you stop using Sodium Chloride

Do not stop taking your medicine without talking to your doctor first even if you feel better. If you have any further questions on the use of this product, ask your doctor or pharmacist.

4 Possible side effects

Like all medicines, the medicine you breathe in with Sodium Chloride can cause side effects, although not everybody gets them. The leaflet that comes with that medicine will give you more information on this. Tell your doctor if you notice any side effects.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the **Google Play** or **Apple App Store**. By reporting side effects, you can help provide more information on the safety of this medicine.

5 How to store Sodium Chloride

- KEEP OUT OF THE SIGHT AND REACH OF CHILDREN.
- Do not store above 25°C. Do not refrigerate or freeze
- For single use only. Discard any unused portion.
- Use immediately after opening the ampoule. Discard any unused portion.
- Do not use this medicine after the expiry date which is stated on the carton and ampoule unit. The expiry date refers to the last day of the month.
- If your medicine becomes discoloured or shows any other signs of deterioration, consult your pharmacist who will tell you what to do.
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6 Contents of the pack and other information

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What Sodium Chloride looks like and contents of the pack

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