

Co-codamol 15mg/500mg Film-coated Tablets

(Codeine Phosphate Hemihydrate and Paracetamol)

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

This medicine contains codeine, which is an opioid, which can cause addiction. You can get withdrawal symptoms if you stop taking it suddenly.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Co-codamol is and what it is used for
2. What you need to know before you take Co-codamol
3. How to take Co-codamol
4. Possible side effects
5. How to store Co-codamol
6. Contents of the pack and other information

1. What is Co-codamol and what it is used for

The name of your medicine is co-codamol 15/500 Tablets (called Co-codamol throughout this leaflet). This medicine has been prescribed for you for the relief of moderate pain. Co-codamol contains two different medicines called codeine and paracetamol. Codeine belongs to a class of medicines called opioids, which are ‘pain relievers’. This medicine has been prescribed to you and should not be given to anyone else. Opioids can cause addiction and you may get withdrawal symptoms if you stop taking it suddenly. Your prescriber should have explained how long you will be taking it for and when it is appropriate to stop, how to do this safely.

Co-codamol can be used in children over 12 years of age for the short-term relief of moderate pain that is not relieved by other painkillers such as paracetamol or ibuprofen alone.

2. What you need to know before you take Co-codamol Important things you should know about Co-codamol

- Do not take for longer than you doctor tells you to.
- This medicine contains paracetamol. Do not take anything else containing paracetamol while taking this medicine.
- Taking a painkiller for headaches too often or for too long can make them worse.

Taking this medicine regularly, particularly for a long time, can lead to addiction. Your prescriber should have explained how long you will be taking it for and when it is appropriate to stop, how to do this safely.

Rarely, increasing the dose of this medicine can make you more sensitive to pain. If this happens, you need to speak to your prescriber about your treatment.

Addiction can cause withdrawal symptoms when you stop taking this medicine. Withdrawal symptoms can include restlessness, difficulty sleeping, irritability, agitation, anxiety, feeling your heartbeat (palpitations), increased blood pressure, feeling or being sick, diarrhoea, loss of appetite, shaking, shivering or sweating. Your prescriber will discuss with you how to gradually reduce your dose before stopping the medicine. It is important that you do not stop taking the medicine suddenly as you will be more likely to experience withdrawal symptoms.

Opioids should only be used by those they are prescribed for. Do not give your medicine to anyone else. Taking higher doses or more frequent doses of opioid, may increase the risk of addiction. Overuse and misuse can lead to overdose and/or death.

Warning and precautions:

Do not take Co-codamol and tell your doctor if:

- You are allergic to the active substances or any of the other ingredients in your medicine (listed in section 6). Signs of an allergic reaction include a rash and breathing problems. There can also be swelling of the legs, arms, face, throat or tongue.
- You have severe asthma attacks or severe breathing problems
- You have recently had a head injury
- You have been told by your doctor that you have increased pressure in your head. Signs of this include: headaches, being sick (vomiting) and blurred eyesight
- You experience severe upper abdominal pain possibly radiating to the back, nausea, vomiting or fever as this could be symptoms associated with inflammation of the pancreas (pancreatitis) and the biliary tract system.
- You are taking medicine to treat depression called MAOIs (Monoamine Oxidase Inhibitors). MAOIs are medicines such as moclobemide, phenelzine or tranylcypromine (see ‘other medicines and cocodamol’).
- You consume excessive amounts of alcohol on a regular basis.
- You are under 18 years of age and have had your tonsils or adenoids removed due to obstructive sleep apnoea syndrome
- You know that you metabolise very rapidly codeine into morphine
- You are breast-feeding.

Do not take co-codamol if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking co-codamol.

Children

Co-codamol must not be given to children under 12 years of age.

Take special care and check with your doctor before taking co-codamol if:

- You are or have ever been addicted to opioids, alcohol, prescription medicines, or illegal drugs
- You have previously suffered from withdrawal symptoms such as agitation, anxiety, shaking or sweating, when you have stopped taking alcohol or drugs
- You feel you need to take more co-codamol to get the same level of pain relief, this may mean you are becoming tolerant to the effects of this medicine or are becoming addicted to it. Speak to your prescriber who will discuss your treatment and may change your dose or switch you to an alternative pain reliever.
- You have severe kidney or liver problems
- You have problems passing water or prostate problems
- You have a bowel problem such as colitis or Crohn’s disease or a blockage of your bowel

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

The following side effects may happen with this medicine:

Important side-effects you should know about co-codamol

- Taking a painkiller for headaches too often or for too long can make them worse.
- Unknown frequency: dependence and addiction (see section “How do I know if I am addicted?”).

Stop taking co-codamol and see a doctor or go to a hospital straight away if:

- You get swelling of the hands, feet, ankles, face, lips or throat which may cause difficulty in swallowing or breathing.
- You get serious skin reactions, very rare cases have been reported
- You have a fit (seizure).
- You have difficulty breathing and you feel dizzy.

Talk to your doctor straight away if you notice the following serious side effect:

- Severe stomach pain, which may reach through to your back. This could be a sign of inflammation of the pancreas (pancreatitis). This is a very rare side effect

Tell your doctor or pharmacist if any of the following side effects gets serious or lasts longer than a few days:

- Constipation
- Feeling sick (nausea), being sick (vomiting), dry mouth
- Dizziness, light-headedness, drowsiness, confusion
- Feeling overly happy (euphoria)
- A feeling of unease or dissatisfaction
- Excessive constriction (shrinking) of the pupil of your eye
- Difficulty in passing water
- Becoming dependent on codeine
- You get infections or bruise more easily than usual. This could be because of a blood problem

Not known (frequency cannot be estimated from the available data):

- A serious condition that can make blood more acidic (called metabolic acidosis), patients with severe illness using paracetamol (see section 2).
- Problem affecting a valve in the intestines (sphincter of Oddi dysfunction)

Drug Withdrawal

When you stop taking co-codamol, you may experience drug withdrawal symptoms, which include restlessness, difficulty sleeping, irritability, agitation, anxiety, feeling your heartbeat (palpitations), increased blood pressure, feeling or being sick, diarrhoea, shaking, shivering or sweating.

How do I know if I am addicted?

If you notice any of the following signs whilst taking co-codamol, it could be a sign that you have become addicted.

- You need to take the medicine for longer than advised by your prescriber
- You feel you need to use more than the recommended dose
- You are using the medicine for reasons other than prescribed
- When you stop taking the medicine you feel unwell, and you feel better once taking the medicine again

If you notice any of these signs, it is important you talk to your prescriber

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Co-codamol 15mg/500mg Tablets

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date shown on the pack. The expiry date refers to the last day of that month.
- Store this medicine in a safe and secure storage space, where other people cannot access it. It can cause serious harm and can be fatal to people when it has not been intended for them.
- This medicine does not require any special storage conditions
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Co-codamol Tablets contain

The active substances are codeine phosphate hemihydrate and paracetamol. Each tablet contains 15mg of codeine phosphate hemihydrate and 500mg of paracetamol.

The other ingredients are Pregelatinised Starch, Povidone (K-30), Microcrystalline Cellulose PH102, Maize Starch, Crospovidone XL 10, Colloidal Anhydrous Silica, Magnesium Stearate, Polyvinyl Alcohol Part Hydrolyzed, Titanium dioxide (E171), Talc (E553b), Lecithin (Soya) (E322), Xanthan Gum (E415).

What Co-codamol Tablets look like and contents of the pack

Co-codamol 15mg/500mg Film-coated Tablets are white to off white oblong shaped, biconvex, film coated tablets with break line on one side and plain on other side.

Co-codamol 15mg/500mg Tablets are available in packs of 100 tablets.



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To listen to or request a copy of this leaflet in Braille, large print or audio please call,
01293 827819 (UK only)

Please be ready to give the following information:

Product name

Co-codamol 15mg/500mg Tablets

Reference number

PL 49565/0094

This leaflet was last revised in January 2026.

- You have a disease of the adrenal gland called Addison’s disease
- You have a condition called myasthenia gravis which weakens the muscles.
- You suffer from hypothyroidism
- You are elderly
- You are taking a benzodiazepine (used for treatment of anxiety or sleep disorders), e.g. diazepam, clobazam, lorazepam, chlordiazepoxide, oxazepam, temazepam, nitrazepam, loprazolam, lormetazepam or clonazepam)
- You suffer from seizures.

During treatment with Co-codamol, tell your doctor straight away if:

- If you have severe illness, including severe renal impairment or sepsis (when bacteria and their toxins circulate in the blood leading to organ damage), or you suffer from malnutrition, chronic alcoholism or if you are also taking flucloxacillin (an antibiotic). A serious condition called metabolic acidosis (a blood and fluid abnormality) has been reported in patients in these situations when paracetamol is used at regular doses for a prolonged period or when paracetamol is taken together with flucloxacillin. Symptoms of metabolic acidosis may include: serious breathing difficulties with deep rapid breathing, drowsiness, feeling sick (nausea) and being sick (vomiting).
- You experience pain or increased sensitivity to pain (hyperalgesia) which does not respond to a higher dosage of your medicine.

Codeine is transformed to morphine in the liver by an enzyme. Morphine is the substance that produces pain relief. Some people have a variation of this enzyme and this can affect people in different ways. In some people, morphine is not produced or produced in very small quantities, and it will not provide enough pain relief. Other people are more likely to get serious side effects because a very high amount of morphine is produced. If you notice any of the following side effects, you must stop taking this medicine and seek immediate medical advice: slow or shallow breathing, confusion, sleepiness, small pupils, feeling or being sick, constipation, lack of appetite.

Children and adolescents

Use in children and adolescents after surgery:

Co-codamol should not be used for pain relief in children and adolescents after removal of their tonsils or adenoids due to obstructive sleep apnoea syndrome.

Use in children with breathing problems:

Co-codamol is not recommended in children with breathing problems since the symptoms of morphine toxicity may be worse in these children.

If you are not sure if the above apply to you, talk to your doctor or pharmacist before taking co-codamol.

Other medicines and Co-codamol

Tell your doctor or pharmacist if you are taking or have recently taken any other medicines.

This includes medicines obtained without a prescription, including herbal medicines.

This is because co-codamol can affect the way some other medicines work. Also, some other medicines can affect the way co-codamol works.

Tell your doctor or pharmacist if you are taking any of the following medicines, or have taken them in the past two weeks:

- Monoamine oxidase inhibitors (MAOIs) such as moclobemide, phenelzine used in the treatment of depression
- Medicines which make you drowsy or sleepy (CNS depressants or a benzodiazepine) such as medicines used to treat anxiety or anaesthetics.
- Medicines for depression such as dosulepin, mirtazapine (tricyclic) or chlorpromazine (phenothiazines).
- Medicines known as tranquillisers, or hypnotics.
- Sleeping tablets, sedatives and some antihistamines.
- Gabapentin or pregabalin to treat epilepsy or pain due to nerve problems (neuropathic pain)

You may experience more drowsiness if you take these medicines with co-codamol.

Concomitant use of co-codamol and sedative medicines such as benzodiazepines or related drugs increases the risk of drowsiness, difficulties in breathing (respiratory depression), coma and may be life-threatening. Because of this, concomitant use should only be considered when other treatment options are not possible. However, if your doctor does prescribe co-codamol together with sedative medicines the dose and duration of concomitant treatment should be limited by your doctor.

Please tell your doctor about all sedative medicines you are taking and follow your doctor’s dose recommendation closely. It could be helpful to inform friends or relatives to be aware of the signs and symptoms stated above. Contact your doctor when experiencing such symptoms.

While taking co-codamol you should not take any other medicines which contain paracetamol.

This includes some painkillers, cough and cold remedies. It also includes a wide range of other medicines available from your doctor and more widely in shops.

Tell your doctor or pharmacist if you are taking:

- Flucloxacillin (an antibiotic), due to a serious risk of blood and fluid abnormality (called metabolic acidosis) that must have urgent treatment (see section 2)

Tell your doctor or pharmacist if you are taking any other medicines:

- Medicines used to thin the blood such as warfarin.
- Chloramphenicol- an antibiotic used for infections.
- Metoclopramide or domperidone- used to stop you feeling sick (nausea) or being sick (vomiting).
- Colestyramine- for lowering blood cholesterol levels.
- The oral contraceptive pill.

If you are not sure, if any of the above apply to you, talk to your doctor or pharmacist before taking co-codamol.

Sleep-related breathing disorders

Co-codamol can cause sleep-related breathing disorders such as sleep apnoea (breathing pause during sleep) and sleep-related hypoxemia (low level of oxygen in the blood). The symptoms can include breathing pauses during sleep, night awakening due to shortness of breath, difficulties to maintain sleep or excessive drowsiness during the day. If you or another person observe these symptoms, contact your doctor. A dose reduction may be considered by your doctor.

Tolerance, dependence, and addiction

This medicine contains codeine which is an opioid medicine. It can cause dependence and/or addiction.

Repeated use of opioids can result in the drug being less effective (you become accustomed to it, known as tolerance). Repeated use of [product name] can also lead to dependence, abuse and addiction, which may result in life-threatening overdose. The risk of these side effects can increase with a higher dose and longer duration of use.

Dependence or addiction can make you feel that you are no longer in control of how much medicine you need to take or how often you need to take it.

The risk of becoming dependent or addicted varies from person to person. You may have a greater risk of becoming dependent on or addicted to Co-codamol if:

- You or anyone in your family have ever abused or been dependent on alcohol, prescription medicines or illegal drugs (“addiction”)
- You are a smoker
- You have ever had problems with your mood (depression, anxiety, or a personality disorder) or have been treated by a psychiatrist for other mental illnesses.

If you notice any of the following signs whilst taking Co-codamol, it could be a sign that you have become dependent or addicted:

- You need to take the medicine for longer than advised by your doctor
- You need to take more than the recommended dose
- You might feel that you need to carry on taking your medicine, even when it doesn't help to relieve your pain
- You are using the medicine for reasons other than prescribed, for instance, ‘to stay calm’ or ‘help you sleep’
- You have made repeated, unsuccessful attempts to quit or control the use of medicine
- When you stop taking the medicine, you feel unwell, and you feel better once taking the medicine again (withdrawal effects)

If you notice any of these signs, speak to your doctor to discuss the best treatment pathway for you, including when it is appropriate to stop and how to stop safely (See Section 3, if you stop taking Co-codamol)

Co-codamol with alcohol

You should not drink alcohol while you are taking these tablets. This is because taking co-codamol can change the way alcohol affects you.

Pregnancy and breast-feeding

- Do not take co-codamol if you are pregnant or think you might be pregnant unless you have discussed this with your prescriber and the benefits of treatment are considered to outweigh the potential harm to the baby.
- If you use co-codamol during pregnancy, your baby may become dependent and experience withdrawal symptoms after the birth which may need to be treated.
- If your doctor has prescribed this medicine, you should use the lowest possible dose that reduces your pain and/or your fever and use it for the shortest time possible. Contact your doctor or midwife if the pain and/or fever are not reduced or if you need to take the medicine more often.
- Do not take co-codamol while you are breast-feeding as Codeine passes into breast milk and will affect your baby.

Driving and using machines

Co-codamol may affect your ability to drive as it may make you sleepy or dizzy.

- Do not drive while taking this medicine until you know how it affects you.
- It is an offence to drive if this medicine affects your ability to drive.
- However, you would not be committing an offence if:
 - o The medicine has been prescribed to treat a medical or dental problem and
 - o You have taken it according to the instructions given by the prescriber or in the information provided with the medicine and
 - o It was not affecting your ability to drive safely.

Talk to your doctor or pharmacist if you are not sure whether it is safe for you to drive while taking this medicine.

3. How to take Co-codamol

Your prescriber should have discussed with you, how long the course of tablets will last. They will arrange a plan for stopping treatment. This will outline how to gradually reduce the dose and stop taking the medicine.

Always take co-codamol exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

Before starting treatment and regularly during treatment, your doctor will discuss with you what you may expect from using Co-codamol, when and how long you need to take it, when to contact your doctor, and when you need to stop it (see also, If you stop taking Co-codamol).

- **Do not take more than the recommended dose**
- **Do not take for longer than your doctor tells you to**
- **Swallow the tablets whole with a drink of water**

Adults: 2 tablets every 4 to 6 hours when necessary up to a maximum of 8 tablets in 24 hours. Elderly people may be prescribed a lower dose.

Use in children and adolescents

Children aged 16 – 18 years: 1-2 tablets every 6 hours when necessary up to a maximum of 4 tablets in 24 hours.

Children aged 12 – 15 years: 1 tablet every 6 hours when necessary up to a maximum of 4 tablets in 24 hours.

Children under 12 years: Co-codamol should not be taken by children under 12 years of age, due to the risk of severe breathing problems.

This medicine should not be taken for more than 3 days. If the pain does not improve after 3 days, talk to your doctor for advice. Co-codamol should be used for the shortest duration necessary to relieve symptoms. If no effective pain relief is achieved while taking the medicine, you should seek advice of a physician.

If you take more Co-codamol than you should

- Talk to a doctor at once if you take too much of this medicine even if you feel well. This is because too much paracetamol can cause delayed, serious liver damage.
- Remember to take any remaining tablets and the pack with you. This is so the doctor knows what you have taken

If you forget to take Co-codamol

If you forget to take a dose at the right time, take it as soon as you remember. However, do not take a double dose to make up for the forgotten dose. Remember to leave at least 4 hours between doses.

If you stop taking Co-codamol

Do not suddenly stop taking this medicine. If you want to stop taking this medicine, discuss this with your prescriber first. They will tell you how to do this, usually by reducing the dose gradually so that any unpleasant withdrawal effects are kept to a minimum. Withdrawal symptoms such as restlessness, difficulty sleeping, irritability, agitation, anxiety, feeling your heartbeat (palpitations), increased blood pressure, feeling or being sick, diarrhoea, shaking, shivering or sweating may occur if you suddenly stop taking this medicine.

Co-Codamol 15-500mg Tablets - PIL

Dimension: 160 x 500 mm (Open size)

Co-Codamol 15-500mg

Font type: Times New Roman

Headings: 13pt (Bold)

Sub-Heading: 8.5pt (Bold)

Normal Text: 8.5pt (Regular)



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