

Xatral® XL 10mg prolonged release tablets

(alfuzosin hydrochloride)

2361
23.06.25[17]

PATIENT INFORMATION LEAFLET

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

Your medicine is available using the above name but will be referred to as Xatral XL throughout this leaflet.

What is in this leaflet:

1. What Xatral XL is and what it is used for
2. What you need to know before you take Xatral XL
3. How to take Xatral XL
4. Possible side effects
5. How to store Xatral XL
6. Contents of the pack and other information

1. WHAT XATRAL XL IS AND WHAT IT IS USED FOR

The name of your tablets is Xatral XL. This belongs to a group of medicines called alpha-blockers.

Xatral XL can be used to treat the symptoms of **Benign Prostatic Hyperplasia**. This is when the prostate gland enlarges (hyperplasia) but the growth is not cancerous (it is benign). It can cause problems in passing water (urine). This happens mainly in older men.

- The prostate gland lies underneath the bladder. It surrounds the urethra. This is the tube that takes your water to the outside of the body.
- If the prostate gets bigger, it presses on the urethra making it smaller. This makes it difficult to pass water.
- Your tablets work by relaxing the prostate gland muscle. This allows the urethra to get bigger and so makes it easier to pass water.

In a few patients with benign prostatic hyperplasia, the prostate gland gets so big that it stops the flow of urine completely.

This is called **Acute Urinary Retention**.

- This is very painful and you may need a short stay in hospital
- A thin, flexible tube (catheter) is passed into the bladder. This drains the water and relieves the pain.
- During this time, Xatral XL may be used to help the water to flow again. This has only been shown to help in men aged over 65.

2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE XATRAL XL

Do not take Xatral XL if:

- You are allergic (hypersensitive) to alfuzosin or any of the other ingredients of this medicine (listed in section 6).
- You are taking another alpha-blocker. See section below on 'Other medicines and Xatral XL'.
- You have something called orthostatic hypotension. This is a drop in blood pressure which usually happens when you stand up. It can make you feel dizzy, light-headed or faint when you stand or sit up quickly.
- You have liver problems.
- You are taking Ritonavir alone or in combination with ombitasvir/paritaprevir, lopinavir, nirmatrelvir. See section "Other medicines and Xatral XL" below.

If you are not sure if any of these apply to you do not take and talk to your doctor.

Take special care with Xatral XL

Check with your doctor or pharmacist before taking your medicine if:

- You have chest pain (angina).
- You have a condition where your kidneys are hardly working at all.
- You have heart problems, or if your heart suddenly stopped pumping efficiently (acute cardiac failure)
- You have hereditary problems with the way your heart beats (congenital QTc prolongation)
- You are over 65. This is due to the increased sensitivity to develop hypotension and related adverse reactions in elderly patients.
- You ever get painful erections of the penis, unrelated to sexual activity that will not go away, before or during treatment.

Other medicines and Xatral XL

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicine.

This is because Xatral XL can affect the way some other medicines work. Some medicines can also have an effect on the way that Xatral XL works.

Do not take Xatral XL if you are taking:

- Other alpha-blockers such as doxazosin, indoramin, prazosin, terazosin, tamsulosin, or phenoxybenzamine.
- Ritonavir (a medicine used for treatment of Chronic Hepatitis C infection) alone or as a combination drug of ombitasvir/paritaprevir. These medicines will lead to more quantity of alfuzosin in blood due to decrease of liver function to remove alfuzosin from the body.

Check with your doctor or pharmacist before taking your medicine if:

- In the past, you have had a large fall in blood pressure while taking an alpha-blocker (this could include previous use of alfuzosin. See paragraph immediately above for examples of other alpha-blockers).
- You are taking a medicine for high blood pressure, as you may get dizzy, weak or start sweating within a few hours of taking this medicine. If this happens, lie down until the symptoms have completely gone. Tell your doctor as he or she may decide to change the dose of your medicine.
- You are taking medicines for chest pain (angina)
- You are taking medicines for fungal infections (such as itraconazole).
- You are taking medicines for HIV (such as ritonavir).
- You are taking medicines for bacterial infections (such as clarithromycin, telithromycin).
- You are taking medicines for treatment of depression (such as nefazodone).
- You are taking ketoconazole tablets (used to treat Cushing's syndrome - when the body produces an excess of cortisol).

Operations and tests while taking Xatral XL

- If you are going to have an operation on the eye because of cataract (cloudiness of the eye), tell your eye specialist you are using or have used Xatral XL in the past. This is because Xatral XL may cause complications during your operation. This can be managed if your eye specialist knows before carrying out the operation.
- If you are being treated for high blood pressure, your doctor should measure your blood pressure regularly, especially at the start of treatment.
- If you are going to have an operation that needs a general anaesthetic, tell your doctor you are taking Xatral XL before the operation. Your doctor may decide to stop you having Xatral XL 24 hours before the operation. This is because it can be dangerous as it can lower your blood pressure.

Xatral XL with food and drink

- Take Xatral XL after a meal.
- You may feel dizzy and weak while taking Xatral XL. If this happens do not drink any alcohol.

Driving and using machines

You may feel dizzy and weak while taking Xatral XL. If this happens do not drive or operate any tools or machines.

3. HOW TO TAKE XATRAL XL

Always take this medicine exactly as your doctor or pharmacist has told you. You should check with your doctor or pharmacist if you are not sure.

- Swallow your tablets whole with plenty of water.
- Do not break, crush or chew your tablets. This can affect the release of your medicine into the body.
- Take this medicine after a meal.

Benign Prostatic Hyperplasia

The usual dose is one Xatral XL tablet once a day.

Acute Urinary Retention

- Xatral XL will be given to you by your doctor on the day you have the catheter inserted.
- You should continue taking Xatral XL once a day.
- You should stop taking Xatral XL the day after the catheter is removed (3-4 days in total).

If you take more Xatral XL than you should

Contact your local hospital Accident and Emergency department straight away. Tell the doctor how many tablets you have taken. Lie down as much as possible to help stop the side effects. Do not try to drive to the hospital yourself.

If you forget to take Xatral XL

Do not take a double dose to make up for a forgotten tablet.

If you stop taking Xatral XL

Keep taking your tablets, even if your symptoms improve. Only stop if your doctor tells you to. The symptoms are better controlled if you continue taking the same dose of this medicine.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines, this medicine can cause side effects, although not everybody gets them. These side effects are most likely to happen at the start of treatment.

Chest pain (angina)

Normally, this only happens if you have had angina before. **If you get chest pain stop taking your tablets and contact a doctor or go to a hospital immediately.** This happens in less than 1 in 10,000 people.

Allergic reactions

You could notice symptoms of angioedema, such as a red and lumpy skin rash, swelling (on the eyelids, face, lips, mouth and tongue), difficulty in breathing or swallowing. These are symptoms of an allergic reaction. **If this happens, stop taking your tablets and contact a doctor or go to a hospital immediately.** This happens in less than 1 in 10,000 people.

Painful erection of the penis (priapism)

If you get painful erections of the penis, unrelated to sexual activity, that will not go away **stop taking your tablets and contact a doctor or go to a hospital immediately.**

Frequency not known.

Other side effects include:

Common (affects less than 1 in 10 people)

- Feeling dizzy or faint
- Headache.
- Feeling sick (nausea).
- Stomach pain.
- Weakness or tiredness.

Uncommon (affects less than 1 in 100 people)

- Feeling dizzy, lightheaded, or faint when you stand or sit up quickly (postural hypotension).
- Fast heartbeat (tachycardia) and palpitations (pounding in the chest and uneven heartbeat).
- Chest Pain.
- Drowsiness.
- Diarrhoea.
- Dry mouth.
- Rash and itching.
- Flushes.
- Water retention (may cause swollen arms or legs).
- Runny nose, itching, sneezing, and stuffy nose.
- General feeling of being unwell.
- Problems with your vision.

Very rare side effects (affects less than 1 in 10,000 people)

- Itchy, lumpy rash also called hives or nettle rash (urticaria).

Other side effects (frequency not known) which may occur are:

- Liver problems. Signs may include yellowing of your skin or the whites of your eyes.
- If you are having an operation on your eyes because of cataracts (where the lens of the eye is cloudy) and are already taking or have taken Xatral XL in the past, the pupil may dilate poorly and the iris (the coloured part of the eye) may become floppy during the procedure. This only happens during the operation and it is important for the eye specialist to be aware of this as the operation may need to be carried out differently (see section 'Take special care with Xatral XL').
- You may get more infections than usual. This could be caused by a decrease in the number of white blood cells (neutropenia).
- Being sick (vomiting).
- Increased risk of bleeding (including nose bleeds and/or bleeding gums) and bruising. This could be a blood problem called 'thrombocytopenia' which is a reduced number of platelets in the blood.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via Yellow Card Scheme Website: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

5. HOW TO STORE XATRAL XL

- Keep out of the sight and reach of children.
- Do not use Xatral XL after the expiry date which is stated on the carton. The expiry date refers to the last day of that month.
- This medicinal product does not require any special storage conditions.
- If your doctor tells you to stop taking the tablets, please take them back to your pharmacist for safe disposal.
- If your tablets show any signs of deterioration, consult your pharmacist who will advise you what to do.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Contents of the pack and other information

What Xatral XL contains

The active substance is 10 mg alfuzosin hydrochloride.

The other ingredients are ethyl cellulose, hydrogenated castor oil, hypromellose, yellow iron oxide (E172), magnesium stearate, microcrystalline cellulose, povidone K30, silicon dioxide hydrated and mannitol.

What Xatral XL looks like and contents of the pack

Xatral XL are round biconvex, three layer tablets: one white layer between two yellow layers.

Available in blister packs of 30, 50, 60 and 100 tablets.

Manufacturer and product licence holder

Manufactured by Sanofi Winthrop Industrie, 20 Avenue Raymond Aron, 92160 Antony, France.

Procured from within the EU by the product licence holder Tenolol Ltd, 5 Sandridge Close, Harrow, Middlesex HA1 1XD. Repackaged by Servipharm Ltd.

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Xatral is a trademark of Sanofi-Aventis.

This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

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Is this leaflet hard to see or read?
Call 020 8423 2111 to obtain the
leaflet in a format suitable for you.**