



Risperdal Consta commonly raises levels of a hormone called "prolactin". This may cause side effects such as menstrual disorders or fertility problems in women, breast swelling in men (see Possible side effects). If such side effects occur, evaluation of the prolactin level in the blood is recommended.

During an operation on the eye for cloudiness of the lens (cataract), the pupil (the black circle in the middle of your eye) may not increase in size as needed. Also, the iris (the coloured part of the eye) may become floppy during surgery and that may lead to eye damage. If you are planning to have an operation on your eye, make sure you tell your eye doctor that you are using this medicine.

Elderly with dementia

Risperdal Consta is not for use in elderly people with dementia. Medical treatment should be sought straight away if you or your caregiver notice a sudden change in your mental state or sudden weakness or numbness of your face, arms or legs, especially on one side, or slurred speech, even for a short period of time. These may be signs of a stroke.

People with kidney or liver problems

Although oral risperidone has been studied, Risperdal Consta has not been studied in patients with kidney or liver problems. Risperdal Consta should be administered with caution in this patient group.

Other medicines and Risperdal Consta

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

It is especially important to talk to your doctor or pharmacist if you are taking any of the following

- Medicines that work on your brain to help you calm down (benzodiazepines), or some medicines for pain (opiates), medicines for allergy (some antihistamines), as risperidone may increase the sedative effect of all of these
- Medicines that may change the electrical activity of your heart, such as medicines for malaria, heart rhythm problems, allergies (antihistamines), some antidepressants or other medicines for mental problems
- Medicines that cause a slow heart beat
- Medicines that cause low blood potassium (such as certain diuretics)
- Medicines for Parkinson's disease (such as levodopa)
- Medicines that increase the activity of the central nervous system (psychostimulants, such as methylphenidate)
- Medicines to treat raised blood pressure. Risperdal Consta can lower blood pressure
- Water tablets (diuretics) used for heart problems or swelling of parts of your body due to a build up of too much fluid (such as furosemide or chlorothiazide). Risperdal Consta taken by itself or with furosemide, may have an increased risk of stroke or death in elderly people with dementia.

The following medicines may reduce the effect of risperidone

- Rifampicin (a medicine for treating some infections)
- Carbamazepine, phenytoin (medicines for epilepsy)
- Phenobarbital.

If you start or stop taking such medicines you may need a different dose of risperidone.

The following medicines may increase the effect of risperidone

- Quinidine (used for certain types of heart disease)
 - Antidepressants such as paroxetine, fluoxetine, tricyclic antidepressants
 - Medicines known as beta-blockers (used to treat high blood pressure)
 - Phenothiazines (such as medicines used to treat psychosis or to calm down)
 - Cimetidine, ranitidine (blockers of the acidity of stomach)
 - Itraconazole and ketoconazole (medicines for treating fungal infections)
 - Certain medicines used in the treatment of HIV/AIDS, such as ritonavir
 - Verapamil, a medicine used to treat high blood pressure and/or abnormal heart rhythm
 - Sertraline and fluvoxamine, medicines used to treat depression and other psychiatric disorders.
- If you start or stop taking such medicines you may need a different dose of risperidone

If you are not sure if any of the above applies to you, talk to your doctor or pharmacist before using Risperdal Consta.

Risperdal Consta with food, drink and alcohol

You should avoid drinking alcohol when using Risperdal Consta.

Pregnancy, breast-feeding and fertility

- If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before using this medicine. Your doctor will decide if you can use it.
- The following symptoms may occur in newborn babies, of mothers that have used Risperdal Consta in the last trimester (last three months of their pregnancy): shaking, muscle stiffness, and/or weakness, sleepiness, agitation, breathing problems, and difficulty in feeding. If your baby develops any of these symptoms you may need to contact your doctor.
- Risperdal Consta can raise your levels of a hormone called "prolactin" that may impact fertility (see Possible side effects).

Driving and using machines

Dizziness, tiredness, and vision problems may occur during treatment with Risperdal Consta. Do not drive or use any tools or machines without talking to your doctor first.

Risperdal Consta contains sodium

This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.

3 How to use Risperdal Consta

Always use this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

Risperdal Consta is given as an intramuscular injection either in the arm or buttock every two weeks, administered by a health care professional. Injections should be alternated between the right and left sides, and should not be given intravenously.

The recommended dose is as follows:

Adults

Starting dose

If your daily dose of oral (e.g. tablets) risperidone was 4 mg or less for the last two weeks, your starting dose should be 25 mg Risperdal Consta.

If your daily dose of oral (e.g. tablets) risperidone was more than 4 mg for the last two weeks, you may be given 37.5 mg Risperdal Consta as a starting dose.

If you are currently treated with other oral antipsychotics than risperidone, your starting dose of Risperdal Consta will depend on your current treatment. Your doctor will choose Risperdal Consta 25 mg or 37.5 mg.

Your doctor will decide on the dose of Risperdal Consta that is right for you.

Maintenance dose

- The usual dose is 25 mg every two weeks as an injection.
- A higher dose of 37.5 or 50 mg may be necessary. Your doctor will decide on the dose of Risperdal Consta that is right for you.
- Your doctor may prescribe oral Risperdal for the first three weeks following your first injection.

If you are given more Risperdal Consta than you should

- People who have been given more Risperdal Consta than they should have experienced the following symptoms: sleepiness, tiredness, abnormal body movements, problems with standing and walking, dizziness from low blood pressure, and abnormal heart beats. Cases of abnormal electrical conduction in the heart and convulsion have been reported.
- See a doctor right away.

If you stop using Risperdal Consta

You will lose the effects of the medicine. You should not stop this medicine unless told to do so by your doctor as your symptoms may return. Be sure not to miss your appointments when you are supposed to receive your injections every two weeks. If you cannot keep your appointment, be sure to contact your doctor right away to discuss another date when you can come in for your injection.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

Use in children and adolescents

Risperdal Consta is not for people who are under 18 years old.

4 Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Tell your doctor immediately if you experience any of the following uncommon side effects (may affect up to 1 in 100 people):

- Have dementia and experience a sudden change in your mental state or sudden weakness or numbness of your face, arms or legs, especially on one side, or slurred speech, even for a short period of time. These may be signs of a stroke
- Experience tardive dyskinesia (twitching or jerking movements that you cannot control in your face, tongue, or other parts of your body). Tell your doctor immediately if you experience involuntary rhythmic movements of the tongue, mouth and face. Withdrawal of Risperdal Consta may be needed

Tell your doctor immediately if you experience any of the following rare side effects (may affect up to 1 in 1,000 people):

- Experience blood clots in the veins, especially in the legs (symptoms include swelling, pain, and redness in the leg), which may travel through blood vessels to the lungs causing chest pain and difficulty breathing. If you notice any of these symptoms seek medical advice immediately
- Experience fever, muscle stiffness, sweating or a lowered level of consciousness (a disorder called "Neuroleptic Malignant Syndrome"). Immediate medical treatment may be needed
- Are a man and experience prolonged or painful erection. This is called priapism. Immediate medical treatment may be needed
- Experience severe allergic reaction characterised by fever, swollen mouth, face, lip or tongue, shortness of breath, itching, skin rash or drop in blood pressure. Even if you have previously tolerated oral risperidone, rarely allergic reactions occur after receiving injections of Risperdal Consta.

The following other side effects may also happen:

Very common side effects (may affect more than 1 in 10 people)

- Common cold symptoms
- Difficulty falling or staying asleep
- Depression, anxiety
- Parkinsonism: This condition may include: slow or impaired movement, sensation of stiffness or tightness of the muscles (making your movements jerky), and sometimes even a sensation of movement "freezing up" and then restarting. Other signs of parkinsonism include a slow shuffling walk, a tremor while at rest, increased saliva and/or drooling, and a loss of expression on the face.
- Headache.

Common side effects (may affect up to 1 in 10 people)

- Pneumonia, infection of the chest (bronchitis), sinus infection
- Urinary tract infection, feeling like you have the flu, anaemia
- Raised levels of a hormone called "prolactin" found in a blood test (which may or may not cause symptoms). Symptoms of high prolactin occur uncommonly and may include in men breast swelling, difficulty in getting or maintaining erections, decreased sexual desire or other sexual dysfunction. In women they may include breast discomfort, leakage of milk from the breasts, missed menstrual periods, or other problems with your cycle or fertility problems.
- High blood sugar, weight gain, increased appetite, weight loss, decreased appetite
- Sleep disorder, irritability, decreased sexual drive, restlessness, feeling sleepy, or less alert
- Dystonia. This is a condition involving slow or sustained involuntary contraction of muscles. While it can involve any part of the body (and may result in abnormal posture), dystonia often involves muscles of the face, including abnormal movements of the eyes, mouth, tongue or jaw.
- Dizziness
- Dyskinesia: This is a condition involving involuntary muscle movements, and can include repetitive, spastic or writhing movements, or twitching.
- Tremor (shaking)
- Blurry vision
- Rapid heart rate
- Low blood pressure, chest pain, high blood pressure
- Shortness of breath, sore throat, cough, stuffy nose
- Abdominal pain, abdominal discomfort, vomiting, nausea, stomach or intestinal infection, constipation, diarrhea, indigestion, dry mouth, toothache
- Rash
- Muscle spasms, bone or muscle ache, back pain, joint pain
- Incontinence (lack of control) of urine
- Erectile dysfunction
- Loss of menstrual periods
- Leakage of milk from the breasts
- Swelling of the body, arms or legs, fever, weakness, fatigue (tiredness)
- Pain
- A reaction at the injection site, including itching, pain or swelling
- Increased liver transaminases in your blood, increased GGT (a liver enzyme called gamma-glutamyltransferase) in your blood
- Fall.

Uncommon side effects (may affect up to 1 in 100 people)

- Infection of the breathing passages, bladder infection, ear infection, eye infection, tonsillitis, fungal infection of the nails, infection of the skin, an infection confined to a single area of skin or part of the body, viral infection, skin inflammation caused by mites, abscess under the skin
- White blood cell count decreased, decrease in platelets (blood cells that help you stop bleeding), decrease in red blood cells
- Allergic reaction
- Sugar in the urine, diabetes or worsening of diabetes
- Loss of appetite resulting in malnutrition and low body weight
- High blood triglycerides (a fat), increased cholesterol in your blood
- Elated mood (mania), confusion, inability to reach orgasm, nervousness, nightmares
- Loss of consciousness, convulsion (fits), fainting
- A restless urge to move parts of your body, balance disorder, abnormal coordination, dizziness upon standing, disturbance in attention, problems with speech, loss or abnormal sense of taste, reduced sensation of skin to pain and touch, a sensation of tingling, pricking, or numbness of skin
- Eye infection or "pink eye", dry eye, increased tears, redness of the eyes
- Sensation of spinning (vertigo), ringing in the ears, ear pain
- Atrial fibrillation (an abnormal heart rhythm), an interruption in conduction between the upper and lower parts of the heart, abnormal electrical conduction of the heart, prolongation of the QT interval from your heart, slow heart rate, abnormal electrical tracing of the heart (electrocardiogram or ECG), a fluttering or pounding feeling in your chest (palpitations)
- Low blood pressure upon standing (consequently, some people using Risperdal Consta may feel faint, dizzy, or may pass out when they stand up or sit up suddenly)
- Fast, shallow breathing, congestion of breathing passages, wheezing, nosebleeds
- Stool incontinence, difficulty swallowing, excessive passing of gas or wind
- Itching, hair loss, eczema, dry skin, skin redness, skin discolouration, acne, flaky, itchy scalp or skin
- An increase of CPK (creatine phosphokinase) in your blood, an enzyme which is sometimes released with muscle breakdown
- Joint stiffness, joint swelling, muscle weakness, neck pain
- Frequent passing of urine, inability to pass urine, pain when passing urine
- Ejaculation disorder, a delay in menstrual periods, missed menstrual periods or other problems with your cycle (females), development of breasts in men, sexual dysfunction, breast pain, breast discomfort, vaginal discharge
- Swelling of the face, mouth, eyes, or lips
- Chills, an increase in body temperature
- A change in the way you walk
- Feeling thirsty, feeling unwell, chest discomfort, feeling "out of sorts"
- Hardening of the skin
- Increased liver enzymes in your blood
- Procedural pain.

Rare side effects (may affect up to 1 in 1,000 people)

- Decrease in the type of white blood cells that help to protect you against infection
- Inappropriate secretion of a hormone that controls urine volume
- Low blood sugar
- Excessive drinking of water
- Sleep walking
- Sleep-related eating disorder
- Not moving or responding while awake (catatonia)
- Lack of emotion
- Low level of consciousness
- Shaking of the head
- Problems with movement of your eyes, eye rolling, oversensitivity of the eyes to light
- Eye problems during cataract surgery. During cataract surgery, a condition called intraoperative floppy iris syndrome (IFIS) can happen if you use or have used Risperdal Consta. If you need to have cataract surgery, be sure to tell your eye doctor if you use or have used this medicine
- Irregular heart beat
- Dangerously low numbers of a certain type of white blood cell needed to fight infection in your blood, increase in eosinophils (a type of white blood cell) in your blood
- Trouble breathing during sleep (sleep apnea)
- Pneumonia caused by inhaling food, lung congestion, crackly lung sounds, voice disorder breathing passage disorder
- Inflammation of the pancreas, a blockage in the bowels
- Very hard stool
- Rash on skin-related to drug
- Hives (or "nettle rash"), thickening of skin, dandruff, skin disorder, skin lesion
- Breakdown of muscle fibers and pain in muscles (rhabdomyolysis)
- Abnormal posture
- Breast enlargement, discharge from the breasts
- Decreased body temperature, discomfort
- Yellowing of the skin and the eyes (jaundice)
- Dangerously excessive intake of water
- Increased insulin (a hormone that controls blood sugar levels) in your blood
- Blood vessel problems in the brain
- Unresponsive to stimuli
- Coma due to uncontrolled diabetes
- Sudden loss of vision or blindness
- Glaucoma (increased pressure within the eyeball), eyelid margin crusting
- Flushing, swollen tongue
- Chapped lips
- Enlargement of the glands in your breasts
- A decrease in body temperature, coldness in arms and legs
- Symptoms of drug withdrawal.



Very rare side effects (may affect up to 1 in 10,000 people)

- Life-threatening complications of uncontrolled diabetes
- Serious allergic reaction with swelling that may involve the throat and lead to difficulty breathing
- Lack of bowel muscle movement that causes blockage.

Not known: frequency cannot be estimated from the available data

- Severe or life-threatening rash with blisters and peeling skin that may start in and around the mouth, nose, eyes, and genitals and spread to other areas of the body (Stevens-Johnson syndrome or toxic epidermal necrolysis).

The following side effect has been seen with the use of another medicine called paliperidone that is very similar to risperidone, so these can also be expected with Risperdal Consta: Rapid heartbeat upon standing.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via

Yellow Card Scheme

Website: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store

By reporting side effects you can help provide more information on the safety of this medicine.

5 How to store Risperdal Consta

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton. The expiry date refers to the last day of that month.

Store the entire dose pack in the refrigerator (2-8°C). If refrigeration is unavailable, the pack can be stored below 25°C for a maximum of 7 days before use. Use within 6 hours of reconstitution (if stored at or below 25°C).

Store in the original package in order to protect from light.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6 Contents of the pack and other information

What Risperdal Consta contains

The active substance is risperidone.

Each Risperdal Consta powder and solvent for prolonged-release suspension for injection contains either 25 mg, 37.5 mg or 50 mg of risperidone.

The other ingredients are:

Powder :

[poly-(d, l-lactide-co-glycolide).

Solvent (solution):

Polysorbate 20, Carmellose sodium, Disodium hydrogen phosphate dihydrate, Citric acid anhydrous, Sodium chloride, Sodium hydroxide, Water for injection.

What Risperdal Consta looks like and contents of the pack

- One small bottle containing the powder (within this powder is the active substance, risperidone). One syringe filled with 2 ml of clear, colourless liquid to be added to the powder for prolonged-release suspension for injection.
- One vial adapter for reconstitution
- Two Terumo SurGuard®3 needles for intramuscular injection (a 21G UTW 1-inch (0.8 mm × 25 mm) safety needle with needle protection device for deltoid administration and a 20G TW 2-inch (0.9 mm × 51 mm) safety needle with needle protection device for gluteal administration).

Risperdal Consta is available in packs containing 1 or 5 (bundled) packs.

Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

The marketing authorisation is held by:

Janssen-Cilag Ltd
50-100 Holmers Farm Way
High Wycombe
Buckinghamshire
HP12 4EG
UK

Risperdal Consta is made by:

Janssen Pharmaceutica NV
Turnhoutseweg 30, B-2340
Beerse
Belgium
or
McGregor Cory Ltd
Middleton Close
Banbury
OX16 4RS
UK

For information in large print, tape, CD or Braille, phone 0800 7318450

This leaflet was last revised in September 2020.

IMPORTANT INFORMATION FOR HEALTHCARE PROFESSIONALS

Important information

RISPERDAL CONSTA requires close attention to these step-by-step Instructions for Use to help ensure successful administration.

Use components provided

The components in this dose pack are specifically designed for use with RISPERDAL CONSTA. RISPERDAL CONSTA must be reconstituted only in the diluent supplied in the dose pack.

Do not substitute ANY components of the dose pack.

Do not store suspension after reconstitution

Administer dose as soon as possible after reconstitution to avoid settling.

Proper dosing

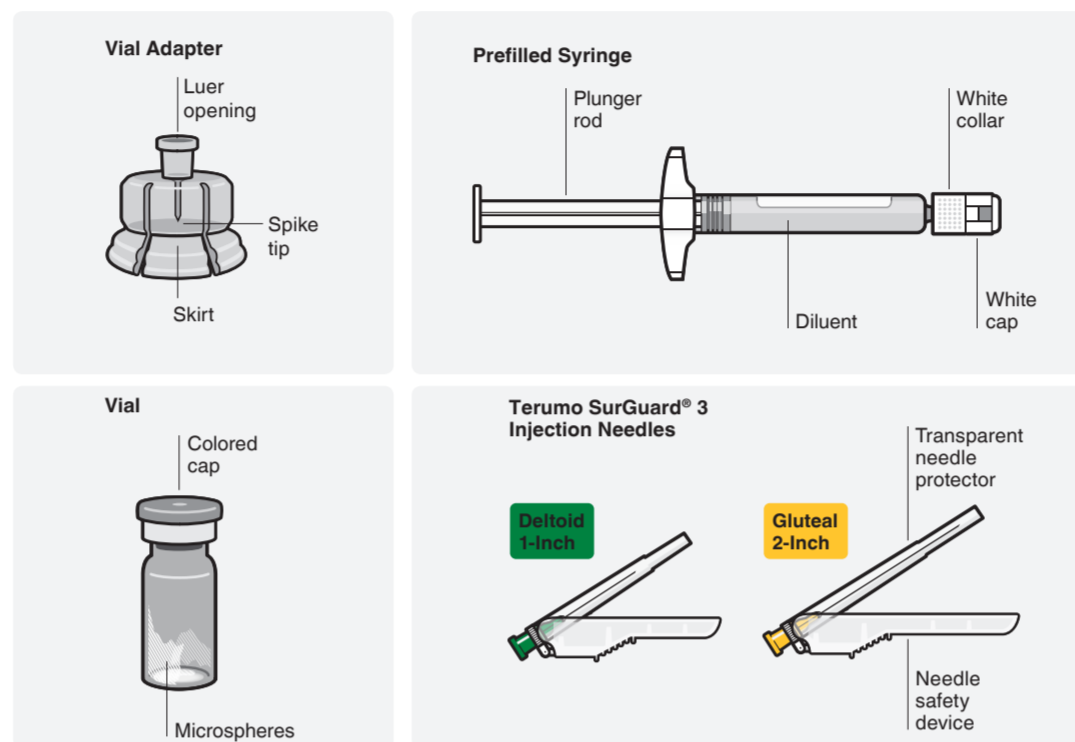
The entire contents of the vial must be administered to ensure intended dose of RISPERDAL CONSTA is delivered.

SINGLE-USE DEVICE

Do not reuse

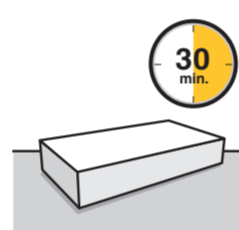
Medical devices require specific material characteristics to perform as intended. These characteristics have been verified for single use only. Any attempt to re-process the device for subsequent re-use may adversely affect the integrity of the device or lead to deterioration in performance.

Dose pack contents



Step 1 Assemble components

Take out dose pack

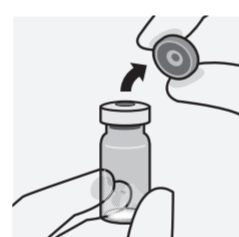


Wait 30 minutes

Remove dose pack from the refrigerator and allow to sit at room temperature for at least 30 minutes before reconstituting.

Do not warm any other way.

Connect vial adapter to vial

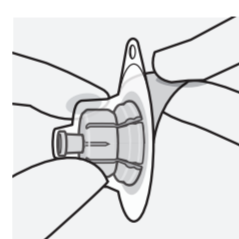


Remove cap from vial

Flip off coloured cap from vial.

Wipe top of the grey stopper with an alcohol swab. Allow to air dry.

Do not remove grey rubber stopper.



Prepare vial adapter

Hold sterile blister as shown.

Peel back and remove paper backing.

Do not remove vial adapter from blister.

Do not touch spike tip at any time. This will result in contamination.

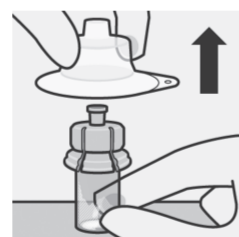


Connect vial adapter to vial

Place vial on a hard surface and hold by the base. Center vial adapter over the grey rubber stopper. Push vial adapter straight down onto vial top until it snaps securely into place.

Do not place vial adapter on at an angle or diluent may leak upon transfer to the vial.

Connect prefilled syringe to vial adapter



Remove sterile blister

Remove vial adapter from sterile blister only when you are ready to remove the white cap from the prefilled syringe.

Keep vial vertical to prevent leakage.

Hold base of vial and pull up on the sterile blister to remove.

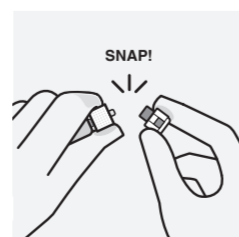
Do not shake.

Do not touch exposed luer opening on vial adapter. This will result in contamination.

Use proper grip

Hold by white collar at the tip of the syringe.

Do not hold syringe by the glass barrel during assembly.



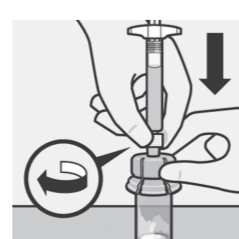
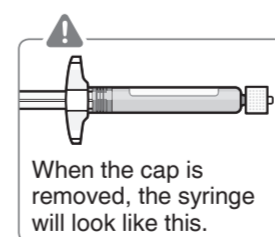
Remove cap

Holding the white collar, snap off the white cap.

Do not twist or cut off the white cap.

Do not touch syringe tip. This will result in contamination.

The broken-off cap can be discarded.



Connect syringe to vial adapter

Hold vial adapter by skirt to keep stationary.

Hold syringe by white collar then insert tip into the luer opening of the vial adapter.

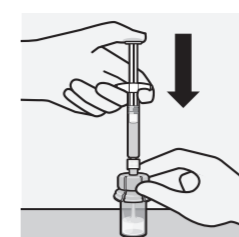
Do not hold the glass syringe barrel.

This may cause the white collar to loosen or detach.

Attach the syringe to the vial adapter with a firm **clockwise twisting motion** until it feels snug.

Do not over-tighten. Over-tightening may cause the syringe tip to break.

Step 2 Reconstitute microspheres



Inject diluent

Inject entire amount of diluent from syringe into the vial.

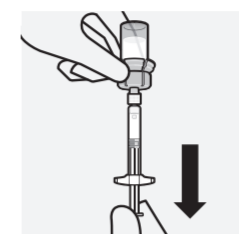
Vial contents will now be under pressure. **Keep holding the plunger rod down with thumb.**



Suspend microspheres in diluent

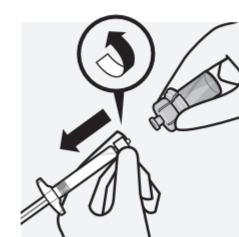
Continuing to hold down the plunger rod, **shake vigorously for at least 10 seconds**, as shown.

Check the suspension. When properly mixed, the suspension appears uniform, thick and milky in colour. Microspheres will be visible in the liquid. Immediately proceed to the next step so suspension does not settle.



Transfer suspension to syringe

Invert vial completely. Slowly pull plunger rod down to withdraw entire contents from the vial into the syringe.

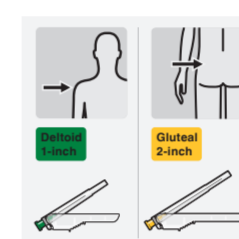


Remove vial adapter

Hold white collar on the syringe and unscrew from vial adapter. Tear section of the vial label at the perforation. Apply detached label to the syringe for identification purposes.

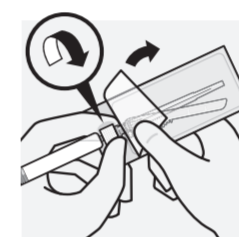
Discard both vial and vial adapter appropriately.

Step 3 Attach needle



Select appropriate needle

Choose needle based on injection location (gluteal or deltoid).

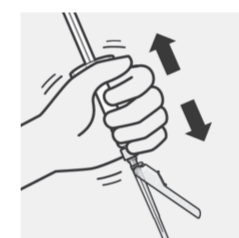


Attach needle

Peel blister pouch open part way and use to grasp the base of the needle, as shown.

Holding the white collar on the syringe, attach syringe to needle luer connection with a firm **clockwise twisting motion** until snug.

Do not touch needle luer opening. This will result in contamination.

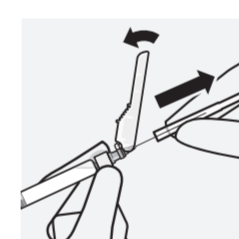


Resuspend microspheres

Fully remove the blister pouch.

Just before injection, shake syringe vigorously again, as some settling will have occurred.

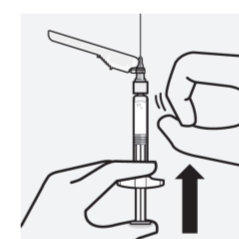
Step 4 Inject dose



Remove transparent needle protector

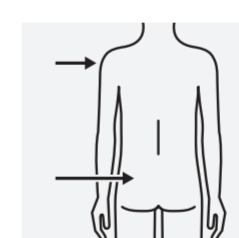
Move the needle safety device back towards the syringe, as shown. Then hold white collar on syringe and carefully pull the transparent needle protector straight off.

Do not twist transparent needle protector, as the luer connection may loosen.



Remove air bubbles

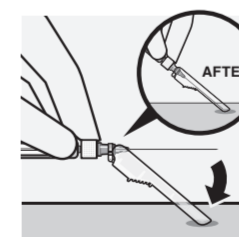
Hold syringe upright and tap gently to make any air bubbles rise to the top. Slowly and carefully press plunger rod upward to remove air.



Inject

Immediately inject entire contents of syringe intramuscularly (IM) into the gluteal or deltoid muscle of the patient. Gluteal injection should be made into the upper-outer quadrant of the gluteal area.

Do not administer intravenously.



Secure needle in safety device

Using one hand, place needle safety device at a 45 degree angle on a hard, flat surface. Press down with a firm, quick motion until needle is fully engaged in safety device.

Avoid needle stick injury:

Do not use two hands.

Do not intentionally disengage or mishandle the needle safety device.

Do not attempt to straighten the needle or engage the safety device if the needle is bent or damaged.

Properly dispose of needles

Check to confirm needle safety device is fully engaged.

Discard in an approved sharps container.

Also discard the unused needle provided in the dose pack.