PACKAGING LEAFLET: INFORMATION FOR THE PATIENT

Alverine citrate 120mg Capsules

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.
Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.
- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

What is in this leaflet
1. What Alverine citrate capsules are and what they are used for
2. What you need to know before you take Alverine citrate capsules
3. How to take Alverine citrate capsules
4. Possible side effects
5. How to store Alverine citrate capsules
6. Contents of the pack and other information

1. What Alverine citrate capsules are and what they are used for

Alverine Citrate 120mg Capsules (called Alverine citrate capsules throughout this leaflet) are an anti-spasmodic medicine. It relaxes the muscles in the intestine (gut) and uterus (womb). This helps stop the pain you feel when the muscles become tense.
Alverine citrate capsules are also used to help people who have Irritable Bowel Syndrome (IBS).
Some of the symptoms of IBS are:
- abdominal pains like cramp which come and go
- diarrhoea
- constipation
- feeling full and bloated
- wanting to go to the toilet urgently.

Sometimes these symptoms are worse if you are worried or under stress.
Alverine citrate capsules are also used for a condition of the large intestine called painful diverticular disease of the colon. It is also used to relieve period pains.

2. What you need to know before you take Alverine citrate capsules

Do not take Alverine citrate capsules:
- if you are **allergic (hypersensitive)** to the active substance (Alverine citrate) or any of the other ingredients of this medicine (listed in section 6)
- if your doctor has told you that you have **obstruction of the gut** or that your **small bowel is not working properly.**
- you are pregnant and/or breast- feeding.

You should not take Alverine citrate capsules if any of the above applies to you. If you are unsure speak to your doctor or pharmacist.

Warnings and precautions
If this is the first time you have had these symptoms, consult your doctor before using any treatment. Do not take Alverine citrate capsules if any of the following apply to you, it may not be the right treatment for you. See your doctor as soon as possible if:
- you are aged 40 years or over
- you have passed blood from the bowel
- you are feeling sick or vomiting
- you have lost your appetite or lost weight
- you are looking pale and feeling tired
- you are suffering from severe constipation
- you have a fever
- you have recently travelled abroad
- you have abnormal vaginal bleeding or discharge
- you have difficulty or pain passing urine.

If any of the above applies to you speak to your doctor before taking Alverine citrate capsules.

Consult your doctor if you have developed new symptoms, or if your symptoms worsen, or if they do not improve after 2 of weeks treatment.

Children and adolescents
Alverine citrate capsules are not suitable for children under 12 years old.

Other medicines and Alverine citrate capsules
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

Alverine citrate capsules with food
It does not matter if you take Alverine citrate capsules with or without food.

Pregnancy, breastfeeding and fertility
You should not use this medicine if you are pregnant or if you are breastfeeding.
If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.
Alverine citrate capsules should not be taken by pregnant women, unless your doctor decides otherwise.
Breast-feeding is not recommended whilst taking Alverine citrate capsules.

Driving and using machines
If you experience dizziness while taking Alverine citrate capsules you should avoid driving or operating machinery.

3. How to take Alverine citrate capsules

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.
Adults (including the elderly):
The usual dose is 60 mg or 120 mg taken up to 3 times a day.

Children (under the age of 12)
Alverine citrate capsules are not suitable for children under 12 years old.

Method of administration
Swallow the capsule with a glass of water.

Duration of treatment

Consult your doctor if you have developed new symptoms, or if your symptoms worsen, or if they do not improve after 2 weeks of treatment.

If you take more Alverine citrate capsules than you should
If you or someone else takes too many Alverine citrate capsules, contact your doctor or nearest hospital emergency department immediately. Take the box and any capsules that are left over with you if you can. The symptoms of an overdose may include low blood pressure (hypotension), and atropine-like toxic effects (such as fast heart rate, dizziness, dry mouth, nausea, blurred vision, dilated pupils, confusion and hallucinations).

The doctor will assess your condition and decide how to treat an overdose.

If you forget to take Alverine citrate capsules
Do not take a double dose to make up for a forgotten dose.
Take it when you remember. If you forget for more than 4 hours, just take the next dose when you remember it is due.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Stop taking Alverine citrate capsules and tell your doctor straight away if you notice any of the following serious side effects:
- rash or allergic reaction such as itching, swollen lips/tongue or wheezing/shortness of breath,
- yellowing of the whites of the eyes and the skin, as inflammation of the liver (hepatitis) has been known to occur.

Tell your doctor or pharmacist if any of the following side effects occur or worsen.
Not known (frequency cannot be estimated from the available data):
- feeling sick (nausea)
- dizziness
- headache

Reporting of side effects
If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme Website: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects, you can help provide more information on the safety of this medicine.

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5. How to store Alverine citrate capsules

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the blister pack and on the carton. The expiry date refers to the last day of that month.

This medicinal product does not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Alverine citrate 120mg Capsules contains
- The active substance (the ingredient that makes the tablets work) is alverine citrate. Each capsule contains 120 mg of the active substance.
- The other ingredients are: Maize starch, Pregelatinized maize starch, Magnesium stearate

Capsule shell components:

Body
- Indigo carmine (E 132),
- Titanium dioxide (E 171),
- Gelatin.

Cap
- Iron oxide black (E 172),
- Titanium dioxide (E 171),
- Gelatin.

Printing ink components:
- Shellac (E 904),
- Propylene glycol (E 1520),
- Black iron oxide (E 172),
- Potassium hydroxide (E 525).

What Alverine citrate 120mg Capsules looks like and contents of the pack

Alverine citrate 120mg Capsules

Size 1 hard gelatin capsules opaque grey cap and opaque blue body with “L” printed on cap and “120” printed on body filled with white to off white color granular powder.

Alverine citrate 120mg Capsules is available in PVC/PVDC Alum inium blisters.
Each pack contains 2, 10, 20, 30, 60 or 90 capsules.
Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer:

NOUMED LIFE SCIENCES LIMITED
Noumed House, Shoppenhangers Road,
Maidenhead, Berkshire, SL6 2RB, United Kingdom

This leaflet was last revised in November 2024.

Other sources of information:
To listen to or request a copy of this leaflet in braille, large print or audio please call, 020 33998960 (UK only)

Please be ready to give the following information:

Product name:
Alverine citrate 120mg Capsules

Reference number:
PL 44041/0120

Black

Signature of Author:	
Signature of RA:	

Font Type & Size	
	Heading
	Times New Roman - Bold- 12 pts
	Body
	Times New Roman - Regular -9 pts

Product	**Alverine 120mg Capsules - PIL**			Specification:	
Customer	**NOUMED LIFE SCIENCES LIMITED, UK**				
Reason for Issue				Colours:	**Single - Black**
PL No.	**PL 44041/0120**	Pharmacode No.		Dimensions:	**170 x 340 mm (Open size)**
Item Code	**LALV04/01**	Layout No.:		No. of Folds (only for PIL)	