

Betnovate® N Ointment

Betamethasone valerate 1mg/g and Neomycin sulphate 5mg/g Ointment

(betamethasone valerate and neomycin sulphate)

Your medicine is known by the above names, but will be referred to as Betamethasone/Neomycin Ointment throughout this leaflet:

Patient Information Leaflet

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

- 1) What Betamethasone/Neomycin Ointment is and what it is used for
- 2) What you need to know before you use Betamethasone/Neomycin Ointment
- 3) How to use Betamethasone/Neomycin Ointment
- 4) Possible side effects
- 5) How to store Betamethasone/Neomycin Ointment
- 6) Contents of the pack and other information

1) What Betamethasone/Neomycin Ointment is and what it is used for

Betamethasone/Neomycin Ointment contains two different medicines called betamethasone valerate and neomycin sulfate.

- Betamethasone valerate belongs to a group of medicines called steroids. It helps to reduce swelling and irritation.
- Neomycin sulfate is a type of anti-infective medicine. It fights bacterial infections of the skin.

This medicine is used to help reduce the redness and itchiness of certain skin problems. These skin problems include eczema, psoriasis, dermatitis or insect bites, where an infection may be a problem.

2) What you need to know before you use Betamethasone/Neomycin Ointment

Do not use Betamethasone/Neomycin Ointment:

- if you are allergic to betamethasone valerate, neomycin sulfate or any of the other ingredients (listed in section 6)
- on a child under 2 years old
- to treat any of the following skin problems, it could make them worse:
 - acne
 - severe flushing of skin on and around your nose (rosacea)
 - spotty red rash around your mouth (perioral dermatitis)
 - itching around your back passage or private parts - unless your doctor has told you to do so
- viral infections, such as cold sores, herpes or chicken pox
- fungal infections, such as ringworm, athlete's foot or thrush
- skin blisters or sores that are caused by an infection
- outer ear infections.

If any of the above apply to you, speak to your doctor or pharmacist.

Warnings and precautions

Talk to your doctor or pharmacist before using Betamethasone/Neomycin Ointment if

- you are applying the ointment under an airtight dressing, including a child's nappy. These dressings make it easier for the active ingredient to pass through the skin. It is possible to accidentally end up using too much ointment
- you have psoriasis, your doctor will want to see you more often
- you have kidney problems; your doctor may decide to change the amount or number of times you apply the ointment.

If there is a worsening of your condition during use consult your prescriber – you may be experiencing an allergic reaction, have an infection or your condition requires a different treatment. If you experience a recurrence of your condition shortly after stopping treatment, within 2 weeks, do not restart using the ointment without consulting your prescriber unless your prescriber has previously advised you to do so. If your condition has resolved and on recurrence the redness extends beyond the initial treatment area and you experience a burning sensation, please seek medical advice before restarting treatment.

Do not smoke or go near naked flames - risk of severe burns. Fabric (clothing, bedding, dressings etc) that has been in contact with this product burns more easily and is a serious fire hazard. Washing clothing and bedding may reduce product build-up but not totally remove it.

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before using this medicine.

Other medicines and Betamethasone/Neomycin Ointment

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. This includes medicines obtained without a prescription and herbal products.

If Betamethasone/Neomycin Ointment is absorbed into the body in large amounts, the effects of medicines used to relax muscles during surgery can last longer or even be increased. If you are having surgery you should tell the doctor that you have used Betamethasone/Neomycin Ointment.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines

Betamethasone/Neomycin Ointment is unlikely to affect your ability to operate machinery or to drive.

Corticosteroid creams, ointments and other topical preparations come in four different potencies or strengths. These are known as mild, moderately potent, potent or very potent. Healthcare professionals will usually refer to topical corticosteroid potency rather than strength. A potent or strong corticosteroid has a much stronger effect than a mild corticosteroid when using the same amount. The percentage of active ingredient that is sometimes included on product packaging does not indicate potency. Betamethasone/Neomycin Ointment is classed as a strong corticosteroid. Your healthcare professional will prescribe or advise a steroid of the appropriate potency for your condition.

3) How to use Betamethasone/Neomycin Ointment

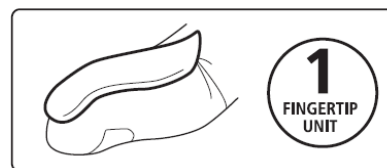
Always use this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

Using this medicine

- You usually apply the ointment 2 or 3 times a day. This may be reduced as your skin begins to get better.
- **If your skin problem does not improve after 7 days talk to your doctor.**
- This ointment is for use on your skin only.
- Do not use on large areas of the body for a long time (such as every day for many weeks or months) - unless your doctor tells you to.
- The germs that cause infections like warm and moist conditions under dressings so always clean the skin before a fresh dressing is put on.
- If you are applying the ointment on someone else make sure you wash your hands after use or wear disposable plastic gloves.
- Do not mix with any other creams or ointments.

Guidance on how to apply the ointment

1. Wash your hands.
2. Gently rub the correct amount of ointment into the skin until it has all disappeared. You can measure how much ointment to use with your fingertip. This picture shows one fingertip unit.



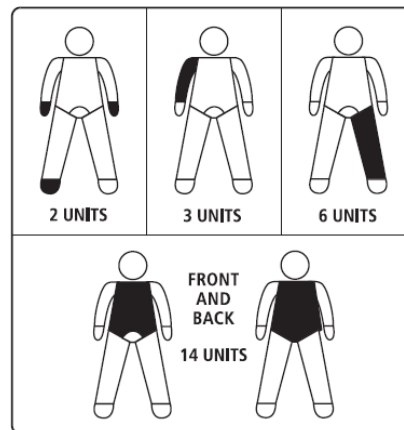
3. Unless you are meant to apply the ointment to your hands as a part of the treatment, wash them again after using the ointment.

For an adult

You should find that:

- two fingertips of ointment will cover both hands or one foot
- three fingertips of ointment will cover one arm
- six fingertips of ointment will cover one leg
- fourteen fingertips of ointment will cover the front and back of the body.

Do not worry if you find you need a little more or a little less than this. It is only a rough guide.



For a child

- Do not use it on children under 2 years of age.
- The smaller the child the less you will need to use.
- A child of 4 years needs about a third of the adult amount.
- A course of treatment for a child should not normally last more than 5 days, unless your doctor has told you to use it for longer.

If you have psoriasis

If you have thick patches of psoriasis on your elbows or knees, your doctor may suggest applying the ointment under an airtight dressing. It will only be at night to help the ointment to start working. After a short period of time you will then apply the ointment as normal.

If you apply Betamethasone/Neomycin Ointment to your face

You should only apply the ointment to your face if your doctor tells you to. The ointment should not be used for too long as the skin on your face thins easily. **Do not let the ointment get into your eyes.** If it does, wash it out with plenty of water.

If you use more Betamethasone/Neomycin Ointment than you should

If, by mistake on a few occasions you use more than you should, do not worry. If you apply a lot or if a lot is accidentally swallowed, it could make you ill. Talk to your doctor or go to your hospital as soon as possible.

If you forget to use Betamethasone/Neomycin Ointment

If you forget to use the ointment, use it as soon as you remember, but if it is almost time for your next dose, skip the missed dose and continue as usual.

Do not use a double dose to make up for a forgotten dose.

If you stop using Betamethasone/Neomycin Ointment

If you use this medicine regularly make sure you talk to your doctor before you stop using it.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4) Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

STOP using this medicine and tell your doctor as soon as possible if:

- you find that your skin problem gets worse or becomes swollen during treatment. You may be allergic to the ointment or need other treatment.

Other side effects you may notice when using Betamethasone/Neomycin Ointment include:

- a feeling of burning, irritation or itching where the ointment is applied
- if you have psoriasis you may get raised bumps with pus under the skin. This can happen during or after the treatment and is known as pustular psoriasis.

Side effects if you use Betamethasone/ Neomycin Ointment for a long time, or you use a lot each time you apply it, or you apply it under an airtight dressing or a nappy:

- stretch marks may develop
- veins under the surface of your skin may become more noticeable
- increased hair growth and changes in skin colour
- thinning of your skin that may also damage more easily
- weight gain, rounding of the face and high blood pressure. These are more likely to happen in infants and children.

Steroid withdrawal reaction: If used continuously for prolonged periods a withdrawal reaction may occur on stopping treatment with some or all of the following features: redness of the skin which can extend beyond the initial area treated, a burning or stinging sensation, intense itching, peeling of the skin, oozing open sores.

If you absorb or swallow Betamethasone/Neomycin Ointment in large quantities, it can affect your hearing, nerves and kidneys. This is unlikely when you use the ointment normally.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the **Google Play** or **Apple App Store**. By reporting side effects you can help provide more information on the safety of this medicine.

5) How to store Betamethasone/Neomycin Ointment

- **Keep out of the sight and reach of children.**
- Do not use this medicine after the expiry date which is stated on the carton and tube label after EXP. The expiry date refers to the last day of that month.
- Do not store above 30°C.
- If the medicine becomes discoloured or show any other signs of deterioration, you should seek the advice of your pharmacist who will tell you what to do.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6) Contents of the pack and other information

What Betamethasone/Neomycin Ointment contains

- The active ingredients are betamethasone valerate and neomycin sulphate. Each 1g of ointment contains 1mg (0.1% w/w) betamethasone (as valerate) and 5mg (0.5% w/w) neomycin sulphate.
- The other ingredients are: white soft paraffin and liquid paraffin.

What Betamethasone/Neomycin Ointment looks like and contents of the pack

Within each carton is a tube with a white plastic screw cap, which contains 15g of a smooth off white translucent ointment.

It is available in packs containing 1 or 2 tubes.

PL 46420/0036 Betnovate® N Ointment
Betamethasone valerate 1mg/g and
Neomycin sulphate 5mg/g Ointment

POM

Who makes and repackages your medicine?

Your medicine is manufactured by Delpharm Poznań Spółka Akcyjna, ul. Grunwaldzka 189, 60-322 Poznań, Poland. Procured from within the EU and repackaged by the Product Licence holder: Suerte Pharma Ltd, 4/5 Northolt Trading Estate, Belvue Road, Northolt, Middlesex, UB5 5QS.

Betnovate is a registered trademark of Glaxo Group Limited, UK.

Leaflet date: 16.01.2026

Blind or Partially Sighted? Is this leaflet hard to see or read? Call 020 8839 3000 to obtain the leaflet in a format suitable for you.