

Package leaflet: Information for the user

Pyridoxine Hydrochloride 10mg Tablets

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.
- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

The full name of your medicine is Pyridoxine Hydrochloride 10mg Tablets. It is referred to as Pyridoxine Tablets in the rest of this leaflet

What is in this leaflet

1. What Pyridoxine Tablets is and what it is used for
2. What you need to know before you take Pyridoxine Tablets
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4. Possible side effects
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1. What Pyridoxine Tablets is and what it is used for

The active ingredient in Pyridoxine Tablets is pyridoxine hydrochloride, which is Vitamin B6.
Pyridoxine Tablets are used to treat damage to the nerves (peripheral neuritis) caused by isoniazid, a drug used to treat tuberculosis.
Pyridoxine Tablets are also used to treat low levels of Vitamin B6 in the body.

2. What you need to know before you take Pyridoxine tablets

Do not take PyridoxineTablets :
- If you are allergic to pyridoxine hydrochloride or any of the other ingredients of this medicine (listed in section 6).

Children
Pyridoxine Tablets are not recommended for use in children under 12 years old.

Other medicines and Pyridoxine Tablets
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines:
- Levodopa, a drug used in the treatment of Parkinson's disease
- Isoniazid, used to treat tuberculosis
- Cycloserine, used to treat tuberculosis or urinary tract infections
- Oral contraceptives (“the pill”)
- Penicillamine, used to treat arthritis and other conditions.
- Hydralazine, used to treat high blood pressure and heart failure
- Phenytoin or phenobarbitone used to treat epilepsy

Pyridoxine Tablets with food and drink
You can take Pyridoxine Tablets with or without food and drink.

Pregnancy, breast-feeding and fertility
If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines
Pyridoxine Tablets do not affect the ability to drive or operate machinery.

Pyridoxine Tablets contains sodium
This medicine contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially 'sodium-free'.

3. How to take Pyridoxine Tablets

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose in adults and elderly:
- to prevent nerve damage (peripheral neuritis) caused by isoniazid is one tablet per day,
- to treat nerve damage (peripheral neuritis) caused by isoniazid is 5 tablets three times per day,
- to treat low levels of Vitamin B6 in the body is 2 to 5 tablets up to three times per day.

Use in children over 12 years:
The recommended dose:
- to prevent nerve damage (peripheral neuritis) caused by isoniazid is one tablet per day,
- to treat nerve damage (peripheral neuritis) caused by isoniazid is 3 to 5 tablets two to three times per day,
- to treat low levels of Vitamin B6 in the body is 2 to 5 tablets up to three times per day.

Pyridoxine Tablets are not recommended for use in children under 12 years old.

If you take more Pyridoxine Tablets than you should
If you accidentally take too many tablets contact your doctor or pharmacist. If possible take the tablets, the blister, carton and this leaflet with you to show the doctor. If you take too many tablets you may get a headache.

If you forget to take Pyridoxine Tablets
If you forget to take a dose, take a tablet as soon as you remember. If it is almost time for your next dose, then do not take the missed tablet. Do not take a double dose to make up for a forgotten tablet.

If you stop taking Pyridoxine Tablets
You should continue to take Pyridoxine Tablets for as long as your doctor tells you to. Do not stop taking the medicine without talking to your doctor first.
If you have any further questions on the use of this medicine, ask your doctor or pharmacist .

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.
If you take large doses of Pyridoxine Tablets for a long time you may develop problems with your nerves (peripheral neuritis). One of the symptoms of peripheral neuritis can be pins and needles.

Reporting of side effects
If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Pyridoxine Tablets

Keep this medicine out of the sight and reach of children.
Do not use this medicine after the expiry date which is stated on the blister and carton after 'EXP'. The expiry date refers to the last day of that month.
Do not store above 30°C.
Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

6. Contents of the pack and other information

What Pyridoxine Tablets contains
- The active substance in Pyridoxine tablets is pyridoxine hydrochloride. Each tablet contains 10 milligrams of pyridoxine hydrochloride.

The other ingredients are: cellulose microcrystalline, colloidal anhydrous silica, sodium starch glycolate, anhydrous citric acid and magnesium stearate.

What Pyridoxine Tablets look like and contents of the pack
Pyridoxine tablets are white to off white, circular, flat face, bevelled edges, uncoated tablets having break line on one side and plain on other side.(Diameter: approx. 7.00mm.)

Pyridoxine Tablets are available in amber colour PVC/PE/PVDC-Aluminium blister packs of 28 tablets

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