

Package leaflet: Information for the user Suboxone® 2 mg/0.5 mg sublingual tablets Suboxone® 8 mg/2 mg sublingual tablets Suboxone® 16 mg/4 mg sublingual tablets buprenorphine / naloxone Read all of this leaflet carefully before you start taking this medicine because it contains important information for you. - Keep this leaflet. You may need to read it again. - If you have any further questions, ask your doctor or pharmacist. - This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours. - If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4. What is this leaflet - What Suboxone is and what it is used for - What you need to know before you take Suboxone - How to take Suboxone - Possible side effects - How to store Suboxone - Contents of the pack and other information This medicine contains buprenorphine which is an opioid, which can cause addiction. You can get withdrawal symptoms if you stop taking it suddenly. 1. What Suboxone is and what it is used for Suboxone is used to treat dependence on opioid (narcotic) drugs such as heroin or morphine in drug addicts who have agreed to be treated for their addiction. Suboxone is used in adults and adolescents over 15 years of age, who are also receiving medical, social and psychological support. This medicine contains buprenorphine which belongs to a class of medicines called opioids. This medicine has been prescribed to you and should not be given to anyone else. Opioids can cause addiction and you may get withdrawal symptoms if you stop taking it suddenly. Your prescriber should have explained how long you will be taking it for and when it is appropriate to stop, how to do this safely. 2. What you need to know before you take Suboxone Do not take Suboxone - if you are allergic to buprenorphine, naloxone or any of the other ingredients of this medicine (listed in section 6) - if you have serious breathing problems - if you have serious problems with your liver - if you are intoxicated due to alcohol or have trembling, sweating, anxiety, confusion, or hallucinations caused by alcohol. - if you are taking naltrexone or nalmefene for the treatment of alcohol or opioid dependence. Warnings and precautions Talk to your doctor before taking Suboxone if you have: - seizures, fits or convulsions - asthma or other breathing problems - problems with your liver such as hepatitis - low blood pressure - recently suffered a head injury or brain disease - a urinary disorder (especially linked to enlarged prostate in men) - any kidney disease - thyroid problems - adrenocortical disorder (e.g. Addison's disease) - depression or other conditions that are treated with antidepressants. The use of these medicines together with Suboxone can lead to serotonin syndrome, a potentially life-threatening condition (see "Other medicines and Suboxone"). Important things to be aware of: - An emergency unit should be contacted immediately in case of accidental ingestion or suspicion of ingestion. Additional monitoring You may be more closely monitored by your doctor if you are over the age of 65. Misuse, abuse and diversion This medicine can be a target for people who abuse prescription medicines and should be kept in a safe place to protect it from theft (see section 5). Opioids should only be used by those they are prescribed for. Do not give your medicine to anyone else. Taking higher doses or more frequent doses of opioid may increase the risk of addiction. Overuse and misuse can lead to overdose and/or death. Breathing problems Some people have died from respiratory failure (inability to breathe) because they misused buprenorphine or have taken it in combination with other central nervous system depressants, such as alcohol, benzodiazepines (tranquilisers), or other opioids. This medicine may cause severe, possibly fatal, respiratory depression (reduced ability to breathe) in children and non-dependent people who accidentally or deliberately take it. Addiction and Withdrawal symptoms Taking this medicine regularly, particularly for a long time, can lead to addiction. Addiction can cause withdrawal symptoms when you stop taking this medicine. See section 3 'stopping treatment'. Withdrawal symptoms include restlessness, difficulty sleeping, irritability, agitation, anxiety, feeling your heartbeat (palpitations), increased blood pressure, feeling or being sick, diarrhoea, loss of appetite, shaking, shivering or sweating. Your prescriber will discuss with you how to gradually reduce your dose before stopping the medicine. It is important that you do not stop taking the medicine suddenly as you will be more likely to experience withdrawal symptoms. This medicine can cause opioid withdrawal symptoms if you take it too soon after taking opioids. You should leave at least 6 hours after you use a short-acting opioid (e.g. morphine, heroin) or at least 24 hours after you use a long-acting opioid such as methadone. Liver damage Liver damage has been reported after taking Suboxone, especially when the medicine is misused. This could also be due to viral infections (e.g. chronic hepatitis C), alcohol abuse, anaemia or use of other medicines with the ability to harm your liver (see section 4). Regular blood tests may be conducted by your doctor to monitor the condition of your liver. Tell your doctor if you have any liver problems before you start treatment with Suboxone. Blood pressure This medicine may cause your blood pressure to drop suddenly, causing you to feel dizzy if you get up too quickly from sitting or lying down. Diagnosis of unrelated medical conditions This medicine may mask pain symptoms that could assist in the diagnosis of some diseases. You must tell your doctor that you take this medicine. Children and adolescents Do not give this medicine to children under the age of 15. If you are between 15 and 18 years old your doctor may monitor you more closely during treatment, because of the lack of data in this age group. Other medicines and Suboxone Tell your doctor if you are taking, have recently taken or might take any other medicines. Some medicines may increase the side effects of Suboxone, these can be serious. Do not take any other medicines whilst taking Suboxone without first talking to your doctor, especially: Benzodiazepines (used to treat anxiety or sleep disorders) such as diazepam, temazepam, alprazolam. Concurrent use of Suboxone and sedative medicines such as benzodiazepines or related drugs increases the risk of drowsiness, difficulties in breathing (respiratory depression), coma and may be life-threatening. Because of this, concomitant use should only be considered when other treatment options are not possible. However if your doctor does prescribe Suboxone together with sedative medicines the dose and duration of concomitant treatment should be limited by your doctor. Please tell your doctor about all sedative medicines you are taking, and follow your doctor's dose recommendation closely. It could be helpful to inform friends or relatives to be aware of the signs and symptoms stated above. Contact your doctor when experiencing such symptoms. Gabapentin or pregabalin to treat epilepsy or pain due to nerve problems (neuropathic pain). Other medicines that may make you feel sleepy which are used to treat illnesses such as anxiety, sleeplessness, convulsions/seizures, pain. These types of medicines may reduce your alertness levels making it difficult for you to drive and use machines. They may also cause central nervous system depression, which is very serious. Below is a list of examples of these types of medicines: - Other opioid containing medicines such as methadone, certain painkillers and cough suppressants - Antidepressants (used to treat depression) such as isocarboxozid, phenelzine, selegiline, tranylcypromine and valproate may increase the effects of this medicine. - Sedative H1 receptor antagonists (used to treat allergic reactions) such as diphenhydramine and chlorpheniramine. - Barbiturates (used to cause sleep or sedation) such as phenobarbital, secobarbital - Tranquillisers (used to cause sleep or sedation) such as chloralhydrate. Anti-depressants such as moclobemide, tranylcypromine, citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, duloxetine, venlafaxine, amitriptyline, doxepine, or trimipramine. These medicines may interact with Suboxone and you may experience symptoms such as involuntary, rhythmic contractions of muscles, including the muscles, that control movement of the eye, agitation, hallucinations, coma, excessive sweating, tremor, exaggeration of reflexes, increased muscle tension, body temperature above 38°C. Contact your doctor when experiencing such symptoms. - Clonidine (used to treat high blood pressure) may extend the effects of this medicine. - Anti-retroviral drugs used to treat HIV) such as ritonavir, nevirapin, indinavir may increase the effects of this medicine. - Some antifungal agents (used to treat fungal infections) such as ketconazole, itraconazole, certain antibiotics, may extend the effects of this medicine. - Some medicines may decrease the effect of Suboxone. These include medicines used to treat epilepsy (such as carbamazepine and phenytoin), and medicines used to treat tuberculosis (rifampicin). - Naltrexone and nalmefene (medicines used to treat addictive disorders) may prevent the therapeutic effects of Suboxone. They should not be taken at the same time as Suboxone treatment, because you may experience a sudden onset of prolonged and intense withdrawal. Suboxone with food, drink and alcohol Do not have alcohol whilst being treated with this medicine. Alcohol may increase drowsiness and may increase the risk of respiratory failure if taken with Suboxone. Do not swallow or consume food or any drink until the tablet is completely dissolved. Pregnancy and breast-feeding If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor for advice before taking this medicine. The risks of using Suboxone in pregnancy are not known. Do not take Suboxone if you are pregnant or think you might be pregnant unless you have discussed this with your prescriber and the benefits of treatment are considered to outweigh the potential harm to the baby. Your doctor will decide if your treatment should be continued with an alternative medicine.	Using Suboxone Take Suboxone exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure. Your treatment is prescribed and monitored by doctors who are experienced in the treatment of drug dependence. Your doctor will determine the best dose for you. During your treatment, the doctor may adjust the dose, depending upon your response to treatment. Your prescriber should discuss your treatment and whether you need to continue taking tablets or regular injections with you and your prescriber decide to stop treatment, a plan will be put in place to gradually reduce the dose and stop taking the medicine to minimise the risk of withdrawal effects. Starting treatment The recommended starting dose for adults and adolescents over the age of 15 years is usually two Suboxone 2 mg/0.5 mg sublingual tablets. Your dose may be repeated to twice on day 1 depending on your needs. You should be aware of the clear signs of withdrawal before taking your first dose of Suboxone. Your doctor will tell you when to take your first dose: - Starting treatment of Suboxone whilst dependent on heroin - If you are dependent upon heroin or a short acting opioid, your first dose should be taken when signs of withdrawal appear, at least 6 hours after you last used opioid. - Starting treatment of Suboxone whilst dependent on methadone - If you have been taking methadone or a long acting opioid, the dose of methadone should ideally be reduced to below 30 mg/day before beginning Suboxone therapy. The first dose of Suboxone should be taken when signs of withdrawal appear, and at least 24 hours after you last used methadone.	Taking Suboxone - Take the dose once a day by placing the tablets under the tongue. - Keep the tablets in place under the tongue until they have completely dissolved. This may take 5-10 minutes. - Do not chew or swallow the tablets, as the medicine will not work and you may get withdrawal symptoms. Do not consume any food or drink until the tablets have completely dissolved. How to remove the tablet from the blister - Do not push the tablet through the foil. - Remove just one section from the blister pack, tearing it along the perforated line. - Starting from the edge where the seal is lifted, pull back the foil on the back to remove the tablet If the blister is damaged, discard the tablet. Dose adjustment and maintenance therapy: During the days after you start treatment, your doctor may increase the dose of Suboxone you take according to your needs. If you think that the effect of Suboxone is too strong or too weak, talk to your doctor or pharmacist. The maximum daily dose is 24 mg buprenorphine. After a time of successful treatment, you may agree with your doctor to reduce the dose gradually to a lower maintenance dose. Stopping treatment Do not suddenly stop taking this medicine. If you want to stop taking this medicine, discuss this with your prescriber first. They will tell you how to do this safely by reducing the dose gradually so that any unpleasant withdrawal effects are kept to a minimum. Withdrawal symptoms such as restlessness, difficulty sleeping, irritability, agitation, anxiety, feeling your heartbeat (palpitations), increased blood pressure, feeling or being sick, diarrhoea, shaking, shivering or sweating may occur if you suddenly stop taking this medicine. Do not change the treatment in any way or stop treatment without the agreement of the doctor who is treating you. If you take more Suboxone than you should If you or someone else takes too much of this medicine, you must go or be taken immediately to an emergency centre or hospital for treatment as overdose with Suboxone may cause serious and life-threatening breathing problems. Symptoms of overdose may include feeling sleepy and uncoordinated with slowed reflexes, blurred vision, and/or reduced speech. You may be able to think clearly, and may breathe much slower than is normal for you. If you forget to take Suboxone Tell your doctor as soon as possible if you miss a dose. If you stop taking Suboxone Do not change the treatment in any way or stop treatment without the agreement of the doctor who is treating you.
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Tell your doctor immediately or seek urgent medical attention if you experience side effects, such as: - swelling of the face, lips, tongue or throat which may cause difficulty in swallowing or breathing, severe hives/urticaria rash. These may be signs of a life-threatening allergic reaction. - feeling sleepy and uncoordinated, have blurred vision, have slurred speech, cannot think well or clearly, or your breathing gets much slower than is normal for you. Also tell your doctor immediately if you experience side effects such as: - severe tiredness, itching with yellowing of skin or eyes. - These may be symptoms of liver damage. - seeing or hearing things that are not there (hallucinations).	MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.			
Side effects reported with Suboxone <i>Very common side effects (may affect more than one in 10 people):</i> Insomnia (inability to sleep), constipation, nausea, excessive sweating, headache, drug withdrawal syndrome <i>Common side effects (may affect up to 1 in 10 people):</i> Weight loss, swelling of the hands and feet, drowsiness, anxiety, nervousness, tingling, depression, decreased sexual drive, increase in muscle tension, abnormal thinking, increased tearing (watering eyes) or other tearing disorders, blurred vision, flushing, increased blood pressure, migraines, runny nose, sore throat and painful swallowing, increased cough, upset stomach or other stomach discomfort, diarrhoea, abnormal liver function, flatulence, vomiting, rash, itching, hives, pain, joint pain, muscle pain, leg cramps (muscle spasms), difficulty in getting or keeping an erection, urine abnormality, abdominal pain, back pain, weakness, infection, chills, chest pain, fever, flu-like symptoms, feeling of general discomfort, accidental injury caused by loss of alertness or co-ordination, faintness and dizziness. <i>Uncommon side effects (may affect up to 1 in 100 people):</i> Swollen glands (lymph nodes), agitation, tremor, abnormal dream, excessive muscle activity, depersonalisation (not feeling like yourself), medicine dependence and addiction, amnesia (memory disturbance), loss of interest, exaggerated feeling of wellbeing, seizure, convulsion (fits), speech disorder, small pupil size, difficulty urinating, eye inflammation or infection, rapid or slow heartbeat, low blood pressure, palpitations, heart attack, chest tightness, shortness of breath, asthma, yawning, pain and sores in mouth, tongue discoloration, acne, skin nodule, hair loss, dry or scaling skin, inflammation of joints, urinary tract infection, abnormal blood tests, blood in urine, abnormal ejaculation, menstrual or vaginal problems, kidney stone, protein in your urine, painful or difficult urination, sensitivity to heat or cold, heat stroke, loss of appetite, feelings of hostility. <i>Not known (frequency cannot be estimated from the available data):</i> Sudden withdrawal syndrome caused by taking Suboxone too soon after use of illicit opioids, drug withdrawal syndrome in new-born babies, slow or difficult breathing, dental caries, liver injury with or without jaundice, hallucinations, swelling of face and throat or life threatening allergic reactions, drop in blood pressure on changing position from sitting or lying down to standing. Misusing this medicine by injecting it can cause withdrawal symptoms, infections, other skin reactions and potentially serious liver problems (see Warnings and precautions). Drug Withdrawal When you stop taking Suboxone, you may experience drug withdrawal symptoms, which include restlessness, difficulty sleeping, irritability, agitation, anxiety, feeling your heartbeat (palpitations), increased blood pressure, feeling or being sick, diarrhoea, shaking, shivering or sweating. Reporting of side effects If you get any side-effects, talk to your doctor or pharmacist. This includes any possible side-effects not listed in this leaflet. You can also report side-effects directly via the Yellow Card Scheme website: www.mhra.gov.uk/yellowcard or search for	5. How to store Suboxone Keep this medicine out of the sight and reach of children and other household members. It can cause serious harm and be fatal to people who may take this medicine by accident, or intentionally when it has not been prescribed for them. Do not use this medicine after the expiry date which is stated on the carton. The expiry date refers to the last day of that month This medicine does not require any special storage conditions. However, Suboxone can be a target for people who abuse prescription medicine. Keep this medicine in a safe place to protect it from theft. Store the blister safely. Never open the blister in advance. Do not take this medicine in front of children. An emergency unit should be contacted immediately in case of accidental ingestion or suspicion of ingestion. Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.	6. Content of the pack and other information What Suboxone contains The active substances are buprenorphine and naloxone. Each 2 mg/0.5 mg sublingual tablet contains 2 mg buprenorphine (as hydrochloride) and 0.5 mg naloxone (as hydrochloride dihydrate). Each 8 mg/2 mg sublingual tablet contains 8 mg buprenorphine (as hydrochloride) and 2 mg naloxone (as hydrochloride dihydrate). Each 16 mg/4 mg sublingual tablet contains 16 mg buprenorphine (as hydrochloride) and 4 mg naloxone (as hydrochloride dihydrate). The other ingredients are lactose monohydrate, mannitol, maize starch, povidone K30, citric acid anhydrous, sodium citrate, magnesium stearate, acesulfame potassium and natural lemon and lime flavour. What Suboxone looks like and contents of the pack Suboxone 2 mg/0.5 mg sublingual tablets are white hexagonal biconvex tablets of 6.5 mm with "N2" debossed on one side. Suboxone 8 mg/2 mg sublingual tablets are white hexagonal biconvex tablets of 11 mm with "N8" debossed on one side. Suboxone 16 mg/4 mg sublingual tablets are white round biconvex tablets of 10.5 mm with "N16" debossed on one side. Packed in packs of 7 and 28 tablets. Not all pack sizes may be marketed. Marketing Authorisation Holder Indivior UK Limited The Chapleo Building Henry Boot Way Priony Park Hull HU14 7DY United Kingdom Manufacturer Reckitt Benckiser Healthcare (UK) Ltd, Dansom Lane, Hull, East Yorkshire HU8 7DS, United Kingdom. For any information about this medicine, please contact the Marketing Authorisation Holder: Indivior UK Limited Tel: 0800 234 9243 e-mail: PatientSafetyRoW@indivior.com This leaflet was last revised in	Text Free Area Text Free Area	
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and Print Specification

Trident Reference No:

TRIN03303870

ZEN Ref:

TR2400946

Action:

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Brand:

Suprathemione

Category:

Treatment

Segment Group:

Subzone

Size:

2.8 x 8.6 mmg

Pack Size:

28x Pack

Market/Country:

UK

Date:

18/2/2024

PHBT Contact:

Sam Norman

Artwork Type:

Submission

Component Code (if relevant):

SM01655

Parent Technical Packaging Specification:

1007452

Supplier Code:

000000

Supply Point:

RB

Pharmcode No/NE:

011 10

Edgemark Position:

N/A

CAD Cam Ref:

Sub-III-0374542-490x300mm

Printer:

MOJO Digital Ltd., Lomely Works, Lincs

Substrate:

Paper White

Technical & Non Printing Items

Guides

Dieline 2 (if applicable)

Dielines

Guides 2 (if applicable)

Colours

Black

White

Barcode Type:

PHARMACODE STANDARD

Barcode Number:

10

Magnification:

100%

Full Height:

N/A

Bar Height (minimum bar):

8

BWR:

N/A

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