



Information for breast-feeding women can be found in section 2 "Before you take Zellela 75 micrograms Tablets" in the paragraph "Pregnancy and breast-feeding". Your doctor can also advise you.

**After a miscarriage or an abortion**  
Your doctor will advise you.

**If you forget to take Zellela 75 micrograms Tablets**

- If you are less than 12 hours late:**  
Take the missed tablet as soon as you remember and take the next one at the usual time. Zellela 75 micrograms Tablets will still protect you from pregnancy.
- If you are more than 12 hours late:**  
If you are more than 12 hours late in taking any tablet, you may not be completely protected against pregnancy. The more consecutive tablets you have missed, the higher the risk that you might fall pregnant. Take a tablet as soon as you remember and take the next one at the usual time. This may mean taking two in one day. Continue to take your tablets as usual but you must also use an extra method, such as a condom, for the next 7 days. If you missed one or more tablets in the very first week of tablet-intake and had intercourse in the week before missing the tablets, you may fall pregnant. Ask your doctor for advice.

**If you vomit or have diarrhoea**  
Follow the advice for forgotten tablets in the section above. If you vomit within 3-4 hours after taking your Zellela 75 micrograms Tablets or have severe diarrhoea, the active ingredient may not have been completely absorbed.

**If you take more Zellela 75 micrograms Tablets than you should**  
There have been no reports of serious harmful effects from taking too many Zellela 75 micrograms Tablets at one time. Symptoms that may occur are nausea, vomiting and in young girls, slight vaginal bleeding. For more information ask your doctor for advice.

**If you stop taking Zellela 75 micrograms Tablets**  
You can stop taking Zellela 75 micrograms Tablets whenever you want. From the day you stop you are no longer protected against pregnancy. If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, Zellela 75 micrograms Tablets can cause side effects, although not everybody gets them. Tell your doctor if you notice any unwanted effect, especially if severe or persistent.

**Serious side effects** associated with the use of Zellela 75 micrograms Tablets are described in section 2 "Before you take Zellela 75 micrograms Tablets". Please read this section for additional information on 'Breast cancer' and 'Thrombosis', and consult your doctor at once where appropriate.

**Vaginal bleeding may occur at irregular intervals** while using Zellela 75 micrograms Tablets. This may be just slight staining which may not even require a pad, or heavier bleeding, which looks rather like a scanty period. You may need to use tampons or sanitary towels. You may also not have any bleeding at all. Irregular bleeding is not a sign that Zellela 75 micrograms Tablets is not working. In general, you need not take any action; just continue to take Zellela 75 micrograms Tablets. **If bleeding is heavy or prolonged you should consult your doctor.**

**How often are other possible side effects seen?**

- Common** (affecting less than 1 in 10 women): mood changes, depressed mood, decreased sexual drive (libido), headache, nausea, acne, breast pain, irregular or no periods, weight increase.
- Uncommon** (affecting less than 1 in 100 women) infection of the vagina, difficulties in wearing contact lenses, vomiting, hair loss, painful periods, ovarian cysts, tiredness.
- Rare** (affecting less than 1 in 1000 women) skin conditions such as: rash, hives, painful blue-red skin lumps (erythema nodosum)
- Not known** (cannot be estimated from the available data) allergic reaction

Apart from these side effects, breast secretion or leakage may occur.

You should see your doctor immediately if you experience symptoms of angioedema, such as (i) swollen face, tongue or pharynx; (ii) difficulty to swallow; or (iii) hives and difficulties to breathe

If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Zellela 75 micrograms Tablets

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date stated on the package. The expiry date refers to the last day of that month.

Zellela 75 micrograms Tablets do not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

**What Zellela 75 micrograms Tablets contains**  
The active substance is desogestrel. Each tablet contains 75 micrograms of desogestrel. The other ingredients are: Lactose anhydrous, all-rac- $\alpha$ -tocopherol, Povidone, Potato starch, Silica colloidal anhydrous, Stearic acid.

(See also 'Important information about some of the ingredients of Zellela 75 micrograms Tablets' in section 2).

**What Zellela 75 micrograms Tablets look like and contents of the pack**  
Each tablet is round, uncoated, biconvex, debossed with '152' on one side and other side plain. Each box of Zellela 75 micrograms Tablets contains 1, 3, 6 or 13 strips of 28 tablets each. Each carton contains blisters packed separately in an aluminium laminated sachet. Packs may be marketed with or without a desiccant. Not all pack sizes may be marketed.

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**This leaflet was last revised in June 2024.**