PHARMACODE

Package leaflet: Information for the user

Sodium Fluoride 2800 ppm Toothpaste

fluoride (as sodium fluoride)

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.
- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your dentist or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your dentist or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

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1. What Sodium Fluoride 2800 ppm Toothpaste is and what it is used for

Sodium Fluoride 2800 ppm Toothpaste is used to treat and help prevent dental caries (tooth decay) in children aged 10 years and over and adults, particularly amongst patients at risk from multiple caries. This toothpaste contains fluoride as sodium salt, which belongs to a group of medicines called caries preventing agents.

2. What you need to know before you use Sodium Fluoride 2800 ppm Toothpaste

Do not use Sodium Fluoride 2800 ppm Toothpaste
- If you are allergic (hypersensitive) to sodium fluoride or any of the other ingredients of this medicine listed in section 6.
- If you are a child aged under 10 years.

Warnings and precautions
Talk to your doctor, dentist, or pharmacist before using Fluoride Toothpaste.

Sodium Fluoride 2800 ppm Toothpaste has high fluoride content. Fluoride tablets, drops, chewing gum, gels or varnishes, as well as fluoridated water or salt, should be avoided during the use of Sodium Fluoride 2800 ppm Toothpaste.
In order to prevent accumulation of fluoride, your total intake must be assessed before using this fluoride toothpaste. Ask your dentist, pharmacist or oral hygienist concerning this matter.

Children and adolescents
Sodium Fluoride 2800 ppm Toothpaste is not intended for use in children under 10 years old.

Other medicines and Sodium Fluoride 2800 ppm Toothpaste
No interactions with other medicines are known. Tell your dentist or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

Sodium Fluoride 2800 ppm Toothpaste with food and drink
Fluoridated water and salt should be avoided during the use of this toothpaste.

Food and drink, if taken immediately after brushing, may have an inhibitory effect on the remineralisation of the teeth. Therefore brush your teeth with Sodium Fluoride 2800 ppm Toothpaste after meals.

Pregnancy, breast-feeding and fertility
There is no experience with the use of Sodium Fluoride in pregnant women. If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby ask your doctor, dentist or pharmacist for advice before using this toothpaste.

Driving and using machines
Sodium Fluoride 2800 ppm Toothpaste has no or negligible influence on the ability to drive or use machines.

Sodium Fluoride 2800 ppm Toothpaste contains sorbitol solution (E420), sodium benzoate (E211) and propylene glycol (E1520)
- This medicine contains 231 mg sorbitol solution (E420) in each 1 g. Sorbitol may cause gastrointestinal discomfort and mild laxative effect.
- This medicine contains 1 mg sodium benzoate (E211) in each 1 g which is equivalent to 0.1 % w/w. Sodium benzoate may cause local irritation.
- This medicine contains a maximum of 1.25 mg propylene glycol (E1520) in each 1 g which is equivalent to 0.125% w/w. Propylene glycol may cause skin irritation.

3. How to use Sodium Fluoride 2800 ppm Toothpaste

Sodium Fluoride 2800 ppm Toothpaste is only for use by persons aged ten years and older.

Always use this medicine exactly as described in this leaflet or as your doctor, dentist, or pharmacist has told you. Check with your doctor, dentist or pharmacist if you are not sure.

Use daily instead of the normal toothpaste. Brush carefully and thoroughly, for one minute, morning and evening:
- apply a 1 cm ribbon of toothpaste onto the toothbrush for each brushing
- brush teeth vertically, from the gum to the tip of the teeth
- careful brushing takes approximately one minute
- Spit out excess foam and do not swallow
- for best results do not drink or rinse for 30 minutes

Use in children and adolescents
This toothpaste is not for use by children aged less than 10 years.

If you use more Sodium Fluoride 2800 ppm Toothpaste than you should, or if you have swallowed the toothpaste
If you swallow a large amount of toothpaste by mistake, and if you experience digestive problems such as: vomiting, diarrhoea, and abdominal pain, you must tell a doctor immediately as treatment may be required. Please take this leaflet with you.

If you constantly swallow too much of the toothpaste over several months and years, you may experience dental fluorosis (stained or speckled appearance of the dental enamel and enamel fragility) or bone fluorosis (osteosclerosis; increased density of your bones).

If you forget to use Sodium Fluoride 2800 ppm Toothpaste
Simply use as soon as you remember. Do not use a double dose to make up for a forgotten dose. Continue treatment as usual after the next meal.

If you have any further questions on the use of this product, ask your dentist or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

In some rare cases (i.e. less than 1 in 1000 people treated) allergic (hypersensitivity) reactions can occur e.g. rash, itching swelling and redness.

Burning oral sensation has also been reported.

Reporting of side effects
If you get any side effects, talk to your doctor, dentist or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme Website: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Sodium Fluoride 2800 ppm Toothpaste

Keep this medicine out of the sight and reach of children.

Place the cap back on the tube after use.

Do not use Sodium Fluoride Toothpaste after the expiry date which is stated on the tube and carton after "EXP". The expiry date refers to the last day of that month.

Discard 6 months after opening.

Do not store above 25°C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

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6. Contents of the pack and other Information

What Sodium Fluoride 2800 ppm Toothpaste contains

- The active substance is fluoride (as sodium fluoride). Each 1 g of toothpaste contains 2.8 mg fluoride (as sodium fluoride), corresponding to 2800 ppm fluoride.
- The other ingredients are glycerol (E422), sodium benzoate (E211), sorbitol solution (E420) (70%) (non-crystallising), precipitated silica, macrogol 600, sodium lauryl sulphate, carmellose sodium, mint flavour (propylene glycol (E1520)), titanium dioxide (E171), sodium saccharin (E954) and purified water.

What Sodium Fluoride 2800 ppm Toothpaste looks like and contents of the pack

Sodium Fluoride 2800 ppm Toothpaste is a white, smooth, semisolid homogenous paste.

75 ml of toothpaste filled in white coloured lami tube fitted with white coloured flip top cap enclosed in an outer carton.

Marketing Authorisation Holder

Dawa Limited,
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Manufacturer

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This leaflet was last revised in August 2026.

Blind or partially sighted?
Is this leaflet hard to see or read?
Call 020 8423 2111 to obtain the leaflet in a format suitable for you.