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SPACE FOR PHARMA CODE 10mmx10mm
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P3045T

Package leaflet: Information for the patient

Carbocisteine 375mg Hard Capsules

Carbocisteine

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.
- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Carbocisteine 375mg Hard Capsules is and what it is used for
2. What you need to know before you take Carbocisteine 375mg Hard Capsules
3. How to take Carbocisteine 375mg Hard Capsules
4. Possible side effects
5. How to store Carbocisteine 375mg Hard Capsules
6. Contents of the pack and other information

1. What Carbocisteine 375mg Hard Capsules is and what it is used for

Carbocisteine 375mg Hard Capsules contain a medicine called carbocisteine. This belongs to a group of medicines called 'mucolytics'.
It works by making mucus (phlegm) less sticky. This makes the mucus easier to cough up.
The capsules are used for problems with the breathing passages (respiratory tract).
These problems happen when too much mucus is made or the mucus is too sticky.

2. What you need to know before you take Carbocisteine 375mg Hard Capsules

Do not take Carbocisteine 375mg Hard Capsules if:
- you are allergic to carbocisteine or any of the other ingredients of this medicine (listed in section 6).
  Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue
- you have an ulcer in your stomach or gut

Warnings and precautions
Talk to your doctor or pharmacist before taking this medicine if:
- you are elderly.
- have had an ulcer in your stomach or gut.
- you are taking other medicines known to cause bleeding in the stomach.

Pregnancy and breast-feeding
Carbocisteine 375mg Hard Capsules is not recommended during pregnancy or breast-feeding.

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines
Carbocisteine 375mg Hard Capsules has no or negligible influence on the ability to drive and use machines.

Carbocisteine 375mg Hard Capsules contains lactose
If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

Information on sodium content
This medicine contains less than 1 mmol sodium (23mg) per capsule, that is to say essentially 'sodium-free'.

3. How to take Carbocisteine 375mg Hard Capsules

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Taking this medicine
- Take this medicine by mouth.
- If you feel that this medicine is too weak or too strong, do not change the dose yourself, but ask your doctor.

How much to take
Adults (including the elderly)
- Usual dose is two capsules, 3 times each day.
- If your symptoms improve, your dose should be lowered to one capsule, 4 times, each day.

Use in children
- Carbocisteine 375mg Hard Capsules are not recommended for children. A syrup form of this medicine is available for use in children. Ask your doctor or pharmacist.

If you take more Carbocisteine 375mg Hard Capsules than you should
If you take more Capsules than you should, tell a doctor or go to a hospital casualty department straight away. Take the medicine pack with you. This is so the doctor knows what you have taken. If you take too many Capsules, it is likely that you will get an upset stomach (gastrointestinal disturbance).

Crescent PHARMA LIMITED

Product:	Carbocisteine 375 mg Hard Capsules
Item Code:	P3045T
Size:	190 x 320 mm
Min. Point size:	11pt
O. Artwork	26/09/24
Proof No.	1
Amendment Date	

Colours Used	
	Process Black
	Keyline - does not print

10.00 mm
10.00 mm
10.00 mm
10.00 mm
SPACE FOR PHARMA CODE 10mmx10mm
000

If you forget to take Carbocisteine 375mg Hard Capsules
If you forget to take a dose at the usual time, take it as soon as you remember, unless it is time to take your next dose.

Do not take a double dose to make up for a forgotten dose.
If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Stop taking this medicine and see a doctor or go to a hospital straight away if:
- You have an allergic reaction. The signs may include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue.
- You have blistering or bleeding of the skin, including around your lips, eyes, mouth, nose and genitals. You may also have flu-like symptoms and fever. This may be something called 'Stevens-Johnson syndrome'.
- You have blood in your vomit or black tarry stools.

Tell your doctor or pharmacist if any of the following side effects get serious or lasts longer than a few days:
- Feeling sick (nausea) or being sick (vomiting)
- Diarrhoea
- Stomach pain.

Reporting of side effects
If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme Website: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Carbocisteine 375mg Hard Capsules

- Keep this medicine out of the sight and reach of children.
- This medicinal product does not require any special storage conditions.
- Do not use this medicine after the expiry date which is stated on the label after EXP. The expiry date refers to the last day of that month.
- For bottle packs only: Use within 30 days after first opening.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Carbocisteine 375mg Hard Capsules contains
- The active substance is Carbocisteine. Each gelatin capsule contains 375mg of the active substance, carbocisteine.
- The other ingredients are lactose monohydrate, colloidal anhydrous silica, sodium lauryl sulfate, magnesium stearate. The capsule shell contains yellow iron oxide (E172), titanium dioxide (E171), gelatin, sodium lauryl sulfate. The printing ink contains shellac, propylene glycol, strong ammonia solution, black iron oxide (E172)

What Carbocisteine 375mg Hard Capsules looks like and contents of the pack
- Carbocisteine 375mg Hard Capsules are yellow and printed '375' in black.

The capsules are available in:
- white opaque HDPE bottles with either polypropylene white plain or screw caps, containing 30 or 100 capsules in a carton along with a PIL.
- white opaque PVC/PVDC/aluminium hard foil blister packs of 6, 18, 20, 30 or 120 capsules in a carton along with a PIL.

Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer
Crescent Pharma Ltd., Key House, Sarum Hill, Basingstoke, RG21 8SR, UK.

This leaflet was last revised in September 2024.

P3045T

Crescent PHARMA LIMITED

Product:	Carbocisteine 375 mg Hard Capsules
Item Code:	P3045T
Size:	190 x 320 mm
Min. Point size:	11pt
O. Artwork	26/09/24
Proof No.	1
Amendment Date	

Colours Used	
	Process Black
	Keyline - does not print

Package leaflet: Information for the patient

P3673T

Carbocisteine 375mg Hard Capsules

Carbocisteine

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297 mm

210 mm

Crescent PHARMA LIMITED

Product:	Carbocisteine 375 mg Hard Capsules (Yiling Pharma)
Item Code:	P3673T
Size:	297 x 210 mm
Min. Point size:	11pt
O. Artwork	19/12/25
Proof No.	1
Amendment Date	

Colours Used	
	Process Black
	Keyline - does not print

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Crescent PHARMA LIMITED

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Item Code:	P3673T
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Min. Point size:	11pt
O. Artwork	19/12/25
Proof No.	1
Amendment Date	

Colours Used	
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