

# SUMMARY OF PRODUCT CHARACTERISTICS

## 1 NAME OF THE MEDICINAL PRODUCT

Nelsons Sulfur 30c Pillules

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Sulfur 30c

Also contains

Lactose 15% w/w

Sucrose 85% w/w

For a full list of excipients, see section 6.1

## 3 PHARMACEUTICAL FORM

Pillules

White to off-white spherical

## 4 CLINICAL PARTICULARS

### 4.1 Therapeutic indications

A HOMEOPATHIC MEDICINAL PRODUCT used within the homeopathic tradition for the symptomatic relief of pimples and spots of mild acne that are not infected or inflamed, and skin prone to eczema, irritation and itching.

### 4.2 Posology and method of administration

**Adults, the elderly and children (over 2 years):** Take 2 pillules every 2 hours for the first 6 doses, then 4 times daily until symptoms improve for up to a maximum of 7 days.

Pillules should either be chewed or placed under the tongue until dissolved and are to be taken between meals.

Press base twice to release 2 pillules into cap. Unscrew the cap. Place pillules directly into mouth without touching them.

If symptoms persist or worsen after using the product for 7 days, a doctor or a qualified healthcare practitioner should be consulted.

Not for use in children under 2 years of age.

#### **4.3 Contraindications**

Hypersensitivity to Sulfur preparations or any of the excipients.

Do not use for infected spots or inflamed spots associated with infection.

#### **4.4 Special warnings and precautions for use**

Do not use if seal is broken.

Handle carefully, homeopathic medicine in an inner glass vial.

Do not use to treat acute erythroderma, acute inflammatory, oozing or infected skin lesions. If not treated adequately, acne may cause scarring. A doctor or qualified healthcare practitioner should be consulted if the skin is broken or infected.

If symptoms persist or worsen after using the product for 7 days, a doctor or a qualified healthcare practitioner should be consulted.

Contains lactose and sucrose - Patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine.

#### **4.5 Interaction with other medicinal products and other forms of interaction**

None known

#### **4.6 Fertility, pregnancy and lactation**

Pregnancy: There is no evidence of the safety of the product in human pregnancy, nor is there any evidence from animal studies. Although no adverse events have been observed, the use of this product during pregnancy should be avoided unless under the guidance of a doctor.

Lactation: There is no evidence to suggest that the product should not be used during lactation.

#### **4.7 Effects on ability to drive and use machines**

Sulfur 30c pillules has no influence on the ability to drive and use machines.

#### **4.8 Undesirable effects**

There are no known adverse effects.

If any adverse effects are experienced, a doctor or pharmacist should be consulted.

#### **Reporting of suspected adverse reactions**

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard).

#### **4.9 Overdose**

None known.

## **5 PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group – other therapeutic products

ATC code V03

### **5.2 Pharmacokinetic properties**

Not applicable.

### **5.3 Preclinical safety data**

Not applicable.

## **6 PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

Lactose

Sucrose

**6.2 Incompatibilities**

None known.

**6.3 Shelf life**

60 months.

**6.4 Special precautions for storage**

Do not store above 25<sup>0</sup>C

**6.5 Nature and contents of container**

Container: Type I neutral glass with polypropylene outer.

Closure: Polypropylene dispenser mechanism with tamper – evident seal.

Pack size: 84 pillules.

**6.6 Special precautions for disposal**

Return any unused medicine to your pharmacist for safe disposal.

**7 MARKETING AUTHORISATION HOLDER**

A Nelson & Co Limited

5-9 Endeavour Way

Wimbledon

London

SW19 8UH

**8 MARKETING AUTHORISATION NUMBER(S)**

NR 01175/0186

**9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

19/02/2013

**10 DATE OF REVISION OF THE TEXT**

17/03/2016